



Allegany County HEALTH DEPARTMENT

“Healthy People, Healthy Communities”

DIRECTORY OF PROGRAMS AND SERVICES

ALLEGANY COUNTY HEALTH DEPARTMENT

12501-12503 Willowbrook Road SE

Cumberland, MD 21502

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www.alleganyhealthdept.com



Photo by Lisa Lyons

ABOUT US

The Health Department of Allegany County, Maryland was established in 1923 and exists by law as a state public agency under the Maryland Department of Health.

The organization is under the direction of the County Health Officer who, together with the entire staff of the Health Department, is dedicated to assessing and assuring that the health of community residents is protected and optimized.

The Allegany County Health Department is made up of several major divisions, including Administration, Environmental Health, Behavioral Health (Addictions & Mental Health), the Mental Health System's Office, Nutrition/WIC, Dental Health, Physical Health, and Public Health Preparedness. Services are provided through clinics; school and home visitation; evaluations; consultations; counseling; outpatient and residential treatment centers; educational presentations and campaigns; health inspections and licensing; and financial certification for specialized services. The Health Department is funded through county, state, and federal revenues and the annual budget requires the approval of both county and state governments.

Fees are charged for most services. Chargeable services are provided based on a sliding fee scale according to income. No one is denied care or treatment because of inability to pay. Health Department services are listed in the telephone directory under Allegany County Government.

VISION: *Healthy people, healthy communities.*

MISSION: *Promote physical, behavioral, and environmental health, and prevent disease and disabilities of people in Allegany County.*

VALUES: *This mission is a community-wide public health partnership achieved through:*

- *Building safe and healthful communities for people in Allegany County.*
- *Assuring needed services are available and accessible through:*
 - ✓ *Assessing and monitoring health status;*
 - ✓ *Networking and building community partnerships;*
 - ✓ *Advocating and developing policy to resolve health needs.*
- *Delivering appropriate direct services in a manner that is:*
 - ✓ *Consistent with highest professional standards;*
 - ✓ *Sensitive to local values and community acceptance;*
 - ✓ *Responsive to client needs;*
 - ✓ *Respectful of client dignity and freedom of choice;*
 - ✓ *Comprehensive by addressing the physical, emotional, and social needs of the client and significant caretaker;*
 - ✓ *Empowering people toward independence and individual responsibility.*
- *Promoting personal and community health through education and outreach.*

ADMINISTRATION

The Administrative Division contributes to the overall operation and management of the entire Health Department. Led by the Health Officer, Medical Deputy Health Officer, and Administrator, this division is responsible for collecting data and monitoring public health in our communities. This planning function works to improve availability and access to needed services for county residents by partnering with relevant organizations and agencies.

Administrative functions include Human Resources; Purchasing; Accounting and Fiscal Management; Information Technology, Timekeeping and Payroll; and Vital Records (responsible for issuing birth and death certificates, and maintenance of vital statistics and records for Allegany County).

BEHAVIORAL HEALTH SERVICES

Our mission is to provide comprehensive, high-quality mental health, addiction and prevention services to adults and adolescents. Services are personalized, accessible, efficient and effective. We work with the community we serve in achieving our mission.

ADDICTIONS SERVICES

Mission and Staff:

The Addictions Programs provides prevention and treatment services to individuals and families at risk as well as to those experiencing substance use disorders.

Prevention & Promotion: 301-759-5050

Services are provided at the Brook Building, 12503 Willowbrook Road.

- Tobacco, Alcohol & Drug Use Prevention Education and Presentations
- TIPs Training for Alcohol Servers on Premises
- Tobacco Cessation: Free Quit Smoking/Tobacco Program
- Community Events & Initiatives

Outpatient Addictions: 301-759-5050

Outpatient Addictions services are provided at the Brook Building to individuals and families experiencing substance use disorders.

Hours of Operation: Monday and Friday 8 a.m. to 5 p.m.; Tuesday, Wednesday, and Thursday 8 a.m. to 6:30 p.m. Walk-in evaluation clinic Monday through Friday 8:30 a.m. to 3 p.m. (no appointment necessary).

Programs and Services:

- Outpatient Addictions
- Adolescent Program
- Intensive Outpatient Program
- Continuing Care (to assist patients after traditional treatment has ended)
- Overdose Response Program
- Buprenorphine Treatment
- DWI Services (12-hour DWI education)
- Jail Substance Abuse Program (JSAP): Allegany County Detention Center
- Substance Abuse Evaluation & Assessment
- Group Counseling
- Individual Counseling
- Family/Couples Counseling
- Alcohol & Drug Education
- Dual Diagnosis Counseling
- Crisis Intervention
- Referral for Inpatient Treatment
- Gambling Counseling
- Peer Counseling
- Toxicology Screening
- HIV/AIDS, Sexually Transmitted Diseases, Hepatitis Education

Allegany House (Halfway House): 301-777-2497

Allegany House is a 14 bed (8 male and 6 female) halfway house for adults recovering from drugs and alcohol who are in need of a structured, supportive living environment that encourages positive growth toward maintaining sobriety and achieving self-sufficiency. Allegany House is staffed 24 hours per day/7 days per week. Services include the following:

- 5 hours of treatment per week (individual, group, family, relapse prevention & life skills training)
- Assistance with gainful employment
- Financial planning for independence
- Support by staff to further education, if desired

Joseph S. Massie Unit: 301-777-2285

Massie Unit is a 45-bed residential treatment facility for adults experiencing the devastating effects of drugs and alcohol. The unit is located at the Finan Center, Country Club Road, Cumberland, Maryland. Services include the following:

- Individual, Group and Family Therapy
- Medical Services
- Psychiatric Evaluation and Counseling
- HIV Education, Testing and Counseling

- Aftercare Planning
- Alcohol, Drug, and Tobacco Education
- Self-Help Groups
- Pastoral Counseling upon request
- Gambling Assessment and Counseling
- Family Educational Groups
- Relapse Prevention
- Peer Support Groups

MENTAL HEALTH SERVICES

Mission and Staff:

The center offers an array of mental health services to meet the individualized needs of patients of all ages, including those patients requiring intensive outpatient care. Our staff assists clients in accessing and coordinating appropriate community resources. Staff includes psychiatrists, licensed master's degree counselors, registered nurses, and support staff.

Adult Services:

- Specialty groups such as dual diagnosis, panic-anxiety disorder, impulse control, depression and codependency group
- Individual and family therapy
- Intensive Outpatient Program
- Medication services

Child and Adolescent Services:

- K.I.D.S. – Kids Intensive Day Services (Intensive Outpatient Program)
- Individual, Family, and Group Therapy
- School-based services
- Medication services

Hours of Operation:

Monday, 8 a.m. to 5 p.m.
Tuesday through Thursday, 8 a.m. to 6:30 p.m.
Friday, 8 a.m. to 5 p.m.
After-hours and weekend crisis coverage.
In-school and home-based services provided.

General Information & Appointment Scheduling: 301-759-5280.

BEHAVIORAL HEALTH SYSTEM'S OFFICE

Mission and Staff:

The Behavioral Health System's Office is the designated county authority responsible for planning, managing and monitoring the county's publicly funded mental health services. Maryland's Public Behavioral Health System provides behavioral health services to individuals with Medical Assistance and to individuals who are uninsured and meet established criteria. Additionally, the BHSO provides a number of mental health support services described below. The BHSO is located on the first floor of the Willowbrook Office Complex, near Administration.

BHSO Core Services: 301-759-5070

- Planning, managing and monitoring the development and delivery of services provided through both Maryland's fee-for-service system and through purchase of service contracts with local providers.
- Supporting and promoting mental health wellness, recovery and resilience and providing public education and stigma reducing activities.
- Providing advocacy services for individuals within the public mental health system to assist them with accessing needed services.

Community Criminal Justice New Horizons Re-Entry Program: 301-759-5096

Assessment, release planning and aftercare services for inmates with a mental illness who are being released from the Allegany County Detention Center.

Projects for Assistance in Transition from Homelessness: 301-759-5215

Provides assistance in locating housing resources to individuals with mental illness who are eligible for Maryland's Public Behavioral Health System and who are homeless and/or being released from incarceration.

Who Is Eligible:

- Education and referral services are available to anyone involved with or interested in knowing about Maryland's Public Behavioral Health System.
- All other services are available to individuals with Medical Assistance and/or who are uninsured and meet eligibility criteria for the public behavioral health system.

DENTAL HEALTH PROGRAM

Mission & Staff:

To promote preventive dental programs for children in Allegany County, to provide quality dental services for children in Allegany County who have an active MA/MCO card, to deliver dental services in a positive environment with high professional standards, and to offer services with patience, empathy, respect and tolerance to promote a positive dental experience for each child who visits the clinic.

Staff includes licensed dentists, dental hygienists, and dental assistants. The dental clinic is located in the Brook Building, Entrance Door #4. Appointments are scheduled for all clinics.

Services Provided:

- Dental clinical services including cleaning of the teeth, fluoride treatments, sealants, radiography, space maintainers, restorative care (fillings), root canals, and extractions.
- School screenings of first graders in Allegany County.
- Dental health education for the community and educational materials available for community use.
- School-based dental sealant program for first, second, and third graders in targeted schools.
- Adult extraction clinic.

Who Is Eligible:

- Pregnant women and any child in Allegany County up to and including 20 years of age who has a valid Maryland Medical Assistance Maryland Healthy Smiles card with whom the Health Department has an active contract.
- Allegany County resident who is identified as needing urgent or immediate treatment by the school screening process. Siblings of these children are also eligible after the first grader has initiated treatment.
- Dental care is provided for the Boys Forestry residents.
- Extractions are offered to low income adults on a sliding fee scale including adults who have a MCO/MA card or Medical Assistance card. The clinic is held the second and fourth Tuesday of each month.

Hours of Operation:

Monday through Friday, 8 a.m. to 5 p.m.

General Information: 301-759-5030

ENVIRONMENTAL HEALTH

Mission and Staff:

The Environmental Health program is dedicated to providing a safe and healthful environment for the residents and visitors of Allegany County. The Environmental Health office is located in the Willowbrook Office Complex on the ground floor.

Services Provided:

- **Wells:** Sampling of newly constructed wells, issuing permits, and construction inspections.
- **Non-Community Water Supplies:** Regulatory sampling, inspections and evaluations.
- **Water Quality:** Information and complaint investigation.
- **Swimming Pools, Spas, Bathing Beaches:** Regulatory inspections and complaint investigations.
- **Soil Evaluation and Percolation Tests** for new lot construction and subdivisions.
- **Individual Sewage Systems:** Inspections and evaluations.
- **Food Sanitation for Permanent and Temporary Food Service Facilities:** Licensing, inspections, plan reviews, investigation of food-borne illness and food safety complaints.
- **Rabies Control:** Case investigation. Rabies vaccination clinics twice per year.
- **Psittacosis Control:** Issuing permits, inspections and complaint investigations
- **Residential and Commercial Burning Permits** and Site Inspections.
- **Sanitary Surveys** and Site Inspections.
- **Radon and Indoor Air Quality:** Public education.
- **Waste Disposal:** Inspections and public education on home medical waste disposal and disposal of household hazardous waste.
- **Camps and Mobile Home Parks:** Issuing permits, regulatory inspections and complaint investigations.
- **Day Care, Foster Care and Adoption Homes:** Site evaluations.
- **Tattoo Establishments:** Issuing permits and regulatory inspections.

General Information: 301-759-5040

E-Mail: achd.eh@maryland.gov

NUTRITION SERVICES

Mission and Staff:

The Nutrition Department promotes wellness and provides nutrition education programs for Allegany County residents. Offices are located on the first floor of the Willowbrook Office Complex.

WIC - Special Supplemental Nutrition Program for Women, Infants, & Children: 301-759-5020

Health assessments and referrals, nutrition education, breastfeeding support and supplemental foods for qualified families. Services available free of charge to eligible women who are pregnant or breastfeeding and families who have babies or children up to age five. We have four locations within Allegany County.

Breastfeeding Education and Support Services: 301-759-5023

Staff provides education for women and their support persons. Call for a schedule of upcoming classes. Staff are also available to assist moms and babies in getting off to a good start, providing guidance and support along the way. Staff can address any questions you may have about breastfeeding your baby. Services available to Allegany County residents and moms who deliver in Allegany County.

Hours of Operation:

Monday through Friday, 8 a.m. – 4:30 p.m.
Other times available by appointment only.

PHYSICAL HEALTH SERVICES

Mission and Staff:

Physical Health Services are designed to promote healthy people in healthy communities through a variety of programs designed to serve all ages: children, adolescents, adults, and the elderly. Offices are located on the first floor of the Willowbrook Office Complex (WOC) building. Depending on the program, services are provided in clinics at the WOC location, in client homes, and in public schools.

Adult Services

- **Adult Evaluation and Review Services (AERS): 301-759-5210**
Provides assistance to aged and functionally disabled individuals who are at risk of institutionalization. AERS staff conducts a comprehensive evaluation to identify services available to help the individual to remain in

the community, or in the least restrictive environment, while functioning at the highest possible level of independence and personal well-being. AERS also administers the **Nurse Monitoring Program** for Community Personal Assistance Services (CPAS), Community First Choice (CFC), and Community Options Waiver (COW) participants.

- **Breast and Cervical Cancer Services: 301-759-5083**
Provides breast and cervical cancer screening services to low income, uninsured women aged 40 and older. Must reside in Maryland and meet income requirements. Provides payment for screenings (breast exam, mammogram, Pap test), and diagnostic testing if needed. Will also provide treatment services for breast cancer diagnosed within last 9 months. Also provides the same services to persons with health insurance in order to assist clients with completion of screenings and can provide transportation to and from appointments if necessary.
- **Colorectal Cancer Screening Program: 301-759-5083**
Provides colorectal cancer education, screening, diagnostic, and treatment services to low income persons aged 50 and older. Will provide services to persons younger than 50-must have a referral from a healthcare provider. Must reside in Maryland and meet income requirements. Program also provides the same services to persons with health insurance in order to assist client with completion of screenings and can provide transportation to and from appointments if necessary.
- **Family Planning Services: 301-759-5086**
Provides emergency contraception and pregnancy testing, Monday through Friday, 8 a.m. to 11:30 a.m. and 1 p.m. to 4 p.m. No appointment needed.
- **HIV/AIDS Services: 301-759-5138**
Provides free confidential HIV counseling and testing Monday through Friday from 8 a.m. to 12 p.m. and 1 p.m. to 3:30 p.m. Quick testing with results determined in 15 minutes.
- **HIV Clinic and Case Management 301-759-5085**
Provides medical case management services to Maryland residents who test positive for HIV. Coordinates a Johns Hopkins University clinic 2 days per month to provide HIV specialty care to Allegany and Garrett County clients living with HIV/AIDS.
- **Lung Cancer Screening Program 301-759-5083**
Provides lung cancer education, screening, diagnostic and treatment services to low income persons aged 50-80 who presently smoke or recently quit smoking. Must have a long history of smoking. Must reside in Maryland. Program will provide payment to see a healthcare provider to discuss lung cancer screening and a low dose CT scan. Must be uninsured, or have health insurance that does not cover lung cancer screening.

Persons with lung disease, environmental exposure to radon or other chemicals or a family history of lung cancer may also qualify for a no cost lung cancer screening.

- **Maryland Cancer Fund:** 301-759-5083
Provides grants to assist Maryland Residents with payment for cancer treatment or for diagnostic testing to rule out cancer. Cancer must have been diagnosed in the last 6 months. Must meet income requirements. This fund is made possible through Maryland taxpayer donations.
- **Overseas Immunization Clinic:** 301-759-5080
Mondays by appointment. Review and provision of immunizations for overseas travel. If possible, call at least one month prior to travel to schedule an appointment.
- **Skin Cancer Screening Program** 301-759-5083
Provides skin cancer education, screening, diagnostic and treatment services to low income persons aged 19 and older who have a personal history or family history of skin cancer, or who have skin changes such as mole that has grown in size, changed in color, or has jagged edges/is irregular in shape. Must reside in Maryland. Must be uninsured, or have insurance that does not cover skin cancer screening. Program will pay for a visit with a dermatologist for a skin cancer exam.
- **STD (Sexually Transmitted Diseases) Clinic:** 301-759-5125
Confidential STD/HIV testing and treatment. Walk-in clinic every Tuesday from 8 a.m. to 10:45 a.m. and 1 p.m. to 2:30 p.m.

Additional Clinical Information: 301-759-5112

Children and Adolescent Services

- **Administrative Care Coordination Unit (ACCU) Ombudsman:** 301-759-5094
Provides help to Medical Assistance clients with understanding and access to the managed care system; follow-up of non-compliant clients. Provide education to Maryland Medical Assistance patients including enrollment into Healthchoice MCOs, coverage, and benefits. Ombudsman handles more complex issues, hard-to-reach clients, and non-compliance issues.
- **Children and People with Special Health Care Needs (CPSHCN):** 301-759-5077
Telephonic care coordination services for special needs children and youth ages 3-21 who have or are at increased risk for any chronic physical, developmental, or emotional condition.
- **Genetics:** 301-759-5077
Provides genetic consultation, diagnosis and monitoring for Special needs children/youth. Clinical services are provided by the University of Maryland Hospital Center and ACHD staff.

- **Healthy Families Allegany County:** 301-759-5079
Voluntary home visiting program for expectant mothers in their first trimester up to two weeks after delivery. The program is designed to help parents of newborns get their children off to a healthy start. The program promotes positive parenting as well as child health and development.
- **Infants and Toddlers:** 301-759-5081
Collaborative effort with the Allegany County Board of Education and the Allegany County Department of Social Services. The program provides home visits for OT, PT, speech, special instruction, and service coordination to developmentally delayed children birth to 4 years of age.
- **Lead Screening:** 301-759-5077
Case management services for lead poisoned children in Allegany County.
- **Maryland Medical Assistance Eligibility Unit:** 301-759-5076
Assists clients with the online application process in the Maryland Health connection. Assists with resolving eligibility and certification problems for MCHP, Medicaid, and Qualified Health Plans. Health care coverage plans are available for income-qualifying children, pregnant women, and adults under age 65.
- **School Health:** 301-759-5088
The School Nurse Program provides students and faculties in 22 schools with a multitude of health and medical services, including: caring for the sick and injured, administering and monitoring medications, health counseling, education and screening.
- **Surveillance and Quality Initiatives Program** (formerly known as Improved Pregnancy Outcome Program): 301-759-5077
Facilitates the local Fetal/Infant Mortality Review Board with evaluation of all fetal and infant demises. Facilitates the local Child Fetal Review Board with the evaluation of child deaths referred by the state medical examiner. Provides community education regarding the promotion of healthy pregnancy and infant care.

Elderly Services

- **Senior Care Program:** 301-759-5210
A program designed to help people 65 or older, who are at risk of entering a nursing home, to remain safely in the community in their own homes for as long as possible. Senior Care provides a case manager to secure and 'gap filling funds' to purchase services for individuals who meet program eligibility requirements.
- **National Family Caregiver Support Program (NFCSP):** 301-759-5210
As support to caregivers, the NFCSP provides short term services to eligible individuals aged 60 and older.

Chronic Disease Prevention: 301-759-5093

The Chronic Disease Prevention Program implements evidence-based strategies to prevent and control obesity, diabetes, heart disease, and stroke. Staff partner with worksites, food retailers, recreational facilities, and community organizations to promote healthy nutrition and physical activity practices. They also work with healthcare providers to identify individuals at risk of developing chronic conditions and help them to live healthier lifestyles.

Communicable Disease: 301-759-5112

Investigation, consultation, and disaster response. Services available 24 hours/day, 7 days/week.

Prevention Services:

Prevention Services is an 'umbrella' of programs with the goal of reducing injury and disease through public education and awareness. The staff includes one registered nurse and an outreach worker.

- **Lead Awareness Program:** 301-759-5077
Provides case management of children with elevated blood lead levels and public awareness of the lead poisoning problem.

Hours of Operation:

Physical Health staff is available during regular business hours, Monday through Friday from 8 a.m. to 4:30 p.m. However, hours and days for specific services may vary. Please call for information on specific programs and services.

PUBLIC HEALTH PREPAREDNESS

Mission and Staff:

The Public Health Preparedness Office serves the community by providing timely information, preventive measures, and preparedness planning for a wide variety of natural and man-made public health emergencies. This office coordinates with local emergency responders to protect the community from contagious diseases or other health threats. It is also a community resource for education, training, and information on preparedness for emergencies.

Staff includes the Director of Public Health Emergency Preparedness, the Health Department's Public Information Coordinator, and support staff. Offices are located in the Willowbrook Office Complex (WOC) building, first floor.

Information Hotline: In a public health emergency, our information hotline may be activated. The hotline (301-759-5055) **will only be activated as needed and is not normally staffed or checked for messages.** In a public health emergency, check the

ACHD web site (www.alleganyhealthdept.com) and watch local media for announcements about hotline activation.

Hours of Operation:

Normal office hours are Monday through Friday, 8 a.m. to 4:30 p.m.

General Information: 301-759-5019

VITAL RECORDS

Birth Certificates:

Birth certificates are available at the Allegany County Health Department for a \$20.00 fee. An acceptable government issued (driver's license or MVA issued) photo I.D. or U.S. Passport is required. All identification must have an issue and expiration date; no expired I.D. will be accepted. Birth certificates are provided to the person whose birth record is requested or the person's parents. Birth certificates before 1940 must be obtained from the Division of Vital Records in Baltimore, Maryland. All legal documents (i.e. court orders, power of attorney, or notarized letter) must be sent to Baltimore with an application to obtain a birth certificate.

Death Certificates:

Death certificates are issued to funeral directors for deaths that occurred after January 1, 2015. Deaths that occurred prior to January 1, 2015 can only be obtained through the Baltimore office of vital records.

Certified death certificates can be issued to immediate family members for 30 days from the date of death if they are listed as the informant on the certificate. They must present a valid driver's license, MVA-issued photo ID card, or United States Passport. All identification must have an issue and expiration date. The cost of a death certificate is \$18.00 for the first copy and \$20.00 for each additional copy.

After 30 days, a death certificate requested by a family member must be requested from the Division of Vital Records, 6764 B Reisterstown Road, Baltimore, MD 21215. The fee is \$10.00 for the first copy and \$12.00 for each additional copy in the same transaction when applying to the Baltimore office.

Assistance will be offered for other individuals seeking a copy of a death certificate.

Hours of Operation:

Monday through Friday, 8 a.m. to 3 p.m.

General Information or to Obtain Copies of Records: 301-759-5052