**Community Based Peer Support**

Peer Support services involve the development of a collaborative relationship between an individual seeking or maintaining their recovery and an individual in long-term recovery. This relationship will assist in developing healthy living skills, the acquisition and enhancement of recovery self-management skills, and will simultaneously reduce the isolation experienced by many individuals with behavioral health concerns.

*Services include: providing outreach to individuals in need of behavioral health services, developing a recovery plan, identifying resources that reduce barriers to recovery, accompanying individuals to appointments/meetings and leisure activities, providing assistance with completing paperwork for social services and other support services, providing assistance/preparation for employment such as shopping for work related clothing, coaching to prepare for an interview.*

**Recovery Community Centers**

Recovery Community is a term used to convey the sense of shared identity and mutual support of created between individuals who are in recovery.

These centers are designed to be a safe haven for those in recovery to convene and a place where individuals who are interested in recovery can obtain a multitude of services to support a healthy and recovering lifestyle.

*Services include: mutual support meetings, meditation sessions, peer support groups and recovery coaching, wellness and holistic health activities, computer access for vocational purposes, along with other vital supports.*

**Wellness Recovery Centers**

Wellness Recovery Centers are non-profit peer-operated organizations that provide community-based support to individuals who may be opposed to using traditional clinical services. These centers provide recovery support services to individuals with mental health and co-occurring concerns.

*Services include: One-on-one and group peer support, WRAP groups, treatment referrals, benefits application support, housing and vocational support, self-advocacy support, isolation reduction activities, training and educational programs, and other resources including food banks.*