



THE
INTERCONNECTED
JOURNEY

Creating Multiracial Sensitive Spaces

(To Accompany Straddling the line: The Struggle of Being Multiracial in America)

- Avoid the use of check boxes on forms. Allow clients to write in their identities
- Assess for appropriateness of assessment and evaluation instruments. Often these are not normed on multiracial individuals.
- Where possible seek to be inclusive of multiracial identities.
- Develop an awareness around verbal descriptors of multi-racial individuals.
- Incorporate or seek out training specifically on the multiracial population as a part of professional development.
- Seek to understand client's individual perceptions and experiences of their identity.
- Understand the impact of social systems and experiences of oppression on the development of the client.
- Create a safe space and facilitate if warranted a discussion about the effects of prejudice, discrimination, and racism on the client.
- Understand the impact physical appearance has on the identity development and experiences of multiracial individuals.
- Continued exploration about personal biases and beliefs about race and racial identity.