IN THE MATTER OF

BEFORE THE STATE BOARD

THOMAS R. WESTWOOD, P.T.A.

OF PHYSICIAL THERAPY

License No.: A2268

* EXAMINERS

Respondent

Case No.: 05-10A

CONSENT ORDER

The State Board of Physical Therapy Examiners (the "Board") charged THOMAS WESTWOOD, P.T.A. (the "Respondent"), License No. A2268, with violating certain provisions of the Maryland Physical Therapy Act ("the Act"), codified at Md. Health Occ. ("H.O.") Code Ann. §§ 13-101 et seq. (2000 and Supp. 2003).

Specifically, the Board charged the Respondent with violating the following provisions of the Act:

§ 13-316. Denials, reprimands, probations, suspensions, and revocations—Grounds.

Subject to the hearing provisions of § 13-317 of this subtitle, the Board may deny a license, temporary license, or restricted license to any applicant, repriraand any licensee or holder of a temporary license or restricted license, place any licensee or holder of a temporary license or restricted license on probation, or suspend or revoke a license, temporary license, or restricted license if the applicant, licensee or holder:

- (16) Violates any provision of this title or rule or regulation adopted by the Board; and
- (25) Fails to meet accepted standards in delivering physical therapy or limited physical therapy care.

The Board further charged the Respondent with the following violation of the Code of Maryland Regulations (Code Md. Regs.) tit. 10, § 38.02.01.F- Code of Ethics:

F. The physical therapist and physical therapist assistant shall report to the Board of Physical Therapy Examiners all information that indicates a person is allegedly performing, or aiding and abetting, the illegal or unsafe practice of physical therapy.

The Board further charged the Respondent with the following violation of Code Md. Regs. tit. 10, § 38.03.02- Standards of Practice:

- B. Physical Therapist Assistants.
 - (2) The physical therapist assistant shall:
 - (a) Exercise sound professional judgment and adequate care in the performance of duties.

The Board issued the charges on January 18, 2006. Thereafter, a Case Resolution Conference was held on March 14, 2006 in an attempt to resolve the Charges pending against the Respondent prior to a hearing. Following the Case Resolution Conference, the parties agreed to resolve the matter by way of settlement. The parties and the Board agreed to the following:

FINDINGS OF FACT

- 1. At all times relevant to the charges herein, the Respondent was licensed to practice limited physical therapy in the State of Maryland. The Respondent was originally licensed on September 8, 1998. From early 2002 to September 2003, the Respondent was an independent contractor Physical Therapist Assistant ("PTA") at Associated Therapy Specialists ("ATS"), Inc., located at 4014 Mountvale Road, Jefferson, Maryland.
- During the events set forth herein, Frederick Cudlipp, P.T. owned ATS and retained the Respondent.

3. While working at ATS the Respondent worked 2 days a week, usually in the absence of Mr. Cudlipp. The Respondent was at times the only licensed staff working at ATS on those days.

Procedural History

- 4. On or about August 9, 2004, the Maryland Insurance Fraud Division received a telephonic complaint from an individual who reported that her 18 year old daughter had been employed at ATS by Mr. Cudlipp and that the daughter had knowledge that Mr. Cudlipp routinely up-coded patient bills and charged for the 4 most expensive treatments, no matter what actual services were provided by the Respondent or PTs or PTAs employed by him.¹
- In furtherance of its investigation regarding this complaint, Board staff
 interviewed 2 PTs and the Respondent, all of whom had been working for

¹ Effective November 15, 2005, the Board revoked Mr. Cudlipp's license to practice physical. therapy in Maryland after he was nutified of the Board's intent to revoke his accesse and failed to request a hearing. In the Board's Final Order that revoked Mr. Cudlipp's PT license, the Board found that he had violated multiple provisions of the Maryland Physical Therapy Act, including: gross negligence in the direction of an individual authorized to practice limited physical therapy, in violation of H.O. § 13-316(4)(ii); willfully making a false report in the practice of physical therapy, in violation of H.O. § 13-316(12); willfully failing to file or record any report as required by law, in violation of H.O. § 13-316(13); submits a false statement to collect a fee, in violation of H.O. § 13-316(14); violates any Board rule or regulation, in violation of H.O. § 13-316(15); commits an act of unprofessional conduct in the practice of physical therapy, in violation of H.O. § 13-346(19); grossly overutilizes health care services, in violation of H.O. § 13-316(20); willfully and without legal justification fails to cooperate with a lawful Board investigation, in violation of H.O. § 13-316(24); and fails to meet accepted standards in delivering physical therapy, in violation of H.O. 9 13-316(25). The Board further found that Mr. Cudlipp violated the Board's Code of Ethics. specifically: knowingly or willfully destroys, damages, alters, obliterates or otherwise obscures a medical record or billing record in an effort to conceal the information from use as evidence in an administrative, civil or criminal proceeding, in violation of Code Md. Regs. tit. 10, § 38.02.01. The Board further found that Mr. Cudlipp violated the Board's regulations regarding sexual misconduct (Md. Code Regs, tit. 10, § 38.02.02) relating to standards of practice (Md. Code Regs. tit. 10, § 38.03.02A) and requirements for documentation (Md. Code Regs. tit. 10, § 38.03.02-1). According to law enforcement officials who are also investigating Mr. Cudlipp for possible violations of federal law, he has relocated to New Zeeland and will not be returning to the United States.

Mr. Cudlipp. The Board subpoenaed patient records which were reviewed by a PT retained by the Board for this purpose. The Board's investigatory findings relevant to the Respondent are set forth below.

Findings of Fact Pertaining to Respondent

- The Board's investigation revealed that the Respondent, as well as the other PTs and the PTA working for Mr. Cudlipp, typed their treatment notes and left them with office staff.²
- The Respondent left the completed fee sheets he prepared to office staff.³
- 8. The Respondent told Board staff that on at least 15 or 20 occasions, the Respondent was aware that Mr. Cudlipp "scribbled out" the CPT codes he (the Respondent) had circled on fee sheets; Mr. Cudlipp would then circle different codes.
- 9. The Respondent reported that, while working at ATS, he had had several discussions with a PT who was also working part-time at ATS and who also was aware that Mr. Cudlipp altered the treatment modalities on the fee sheets they submitted. The Respondent stated that the PT was "upset" that Mr. Cudlipp altered the fee sheets he submitted.

² Subsequent Board investigation revealed that staff placed the notes in a large blue notebook, presumably at Mr. Cudlipp's instruction, that was maintained in the ATS office. The blue notebook containing the notes was not found during the searches and inventories of the ATS office by law enforcement officials and Board staff conducted in or around December 2004, shortly after Mr. Cudlipp sold ATS and departed to New Zealand. Immediately after buying ATS on or about December 16, 2004, the new ATS owners, after consulting with their attorney and law enforcement officials, ordered Mr. Cudlipp to leave the premises after discovering disturbing occurrences such as treatment notes being written by non-professional staff. One of the new owners noticed that Mr. Cudlipp took with him a duffel bag.

³ Subsequent Board investigation revealed that Mr. Cuditipp then instructed non-licensed clerical employees to use a computer program to select randomly from among several options of treatment-related language he had created and then insert the language in objective, assessment and/or treatment sections of the treatment note. The employees, who were neither PTs nor PTAs, were not present as the Respondent or other PT staff were treating patients and had no personal knowledge of the treatment provided.

- The Respondent reported that Mr. Cudlipp wrote summaries for him regarding the patients scheduled to be treated that day.
- The Respondent was not provided patient charts. For those patients he
 had not treated previously, he relied upon the summaries written by Mr.
 Cudlipp.
- 12. The Respondent reported that Mr. Cudlipp told him that he (Mr. Cudlipp) re-evaluated all the patients; however, the Respondent was not provided with the patient re-evaluations.
- The Respondent provided limited physical therapy without benefit of patient charts, evaluations or re-evaluations.
- 14. The Respondent reported that he was aware that Mr. Cudlipp gave a "Christmas bonus" to a female high-school student who was employed in the office and at another time asked if he could give her a massage.
- 15. The Respondent's conduct, in whole or in part, constitutes the failure to meet accepted standards in delivering limited physical therapy, in violation of H.O. § 13-316 (25), and violation of regulations adopted by the Board, in violation of H.O. § 13-316 (16); specifically, failure to exercise sound judgment and adequate care in the performance of duties, in violation of the Board's Standards of Practice, Code Md. Regs. tit. 10, § 38.03.02B, and failure to report to the Board of Physical Therapy Examiners all information that indicates a person is allegedly performing, or aiding and abetting, the illegal or unsafe practice of physical therapy, in violation of the Board's Code of Ethics, Code Md. Regs. tit. 10, § 38.02.01.F.

ORDER

Based on the foregoing Findings of Fact, Conclusions of Law and agreement of the parties, it is this Aday of Agric, 2008, by a majority of a quorum of the Board,

ORDERED that the Respondent's license is SUSPENDED for two (2) months, which suspension shall be stayed; and it is further

ORDERED that the Respondent shall be placed on probation for a period of two (2) years, subject to the following conditions:

- The Respondent shall successfully complete the Board-approved law and ethics course, which shall be in addition to any other required continuing education courses mandated for continued licensure; and
- The Respondent shall successfully complete a Board-approved documentation course, which shall be in addition to any other required continuing education courses mandated for continued licensure;
- 4. The Respondent shall successfully complete a Board-approved billing course, which shall be in addition to any other required continuing education courses mandated for continued licensure;
- The Respondent shall practice in accordance with the laws and regulations governing the practice of limited physical therapy in the State of Maryland; and it is further

ORDERED that if the Board receives information that the Respondent has violated any condition of this Order, the Board will, unless emergency action is required as delineated in Md. State Govt. Code Ann. § 10-226(c)(2) (2004 Repl.

Vol.), give the Respondent twenty (20) days to respond in writing to the allegation. Upon receipt of the Respondent's written response to the allegation. or, in the absence of a written response, the Board may, after giving the Respondent an opportunity to be heard, impose any penalty that it could have imposed under the Act for the offense that has already been proven or admitted in this case, including a reprimand, probation, probation for a longer period of time and/or with additional conditions, an imposition of a monetary penalty. suspension, and/or revocation. If the Board receives information that the Respondent's practice requires emergency action as delineated in Md. State Govt. Code Ann. § 10-226(c)(2) (2004 Repl. Vol.), the Board may take immediate action against the Respondent, providing notice and an opportunity to be heard are provided in a reasonable time thereafter. The burden of proof for any action brought against the Respondent as a result of a violation of the conditions of this Order shall be upon the Respondent to demonstrate compliance with the Order and its conditions; and it is further

ORDERED that the Consent Order is effective as of the date on which it is signed by the Board's Chair; and it is further

ORDERED that, at the end of the Probationary period, the Respondent may petitlen the Board to be reinstated without any conditions or restrictions on his license, provided that he can demonstrate compliance with the conditions of this Order. Should the Respondent fail to demonstrate compliance, the Board may impose additional terms and conditions of Probation, as it deems necessary; and it is further

ORDERED that the Respondent shall bear the expenses associated with this Consent Order; and it is further

ORDERED that for the purposes of public disclosure, as permitted by the Maryland Public Information Act, codified at Md. State Govt. Code Ann. §§ 10-611 et seg. (2004 and Supp.), this document constitutes the Board's Findings of Fact, Conclusions of Law, and Order resulting from formal disciplinary proceedings, and that the Board may also disclose same to any national reporting data bank to which the Board is mandated to report.

april 18, 2006

of Physical

CONSENT OF THOMAS WESTWOOD, P.T.A.

- I, Thomas Westwood, P.T.A., License No. A2268, by affixing my signature hereto, acknowledge that:
- 1. I am represented by counsel and have reviewed this Consent Order with my attorney, John J. O'Donnell, Jr., Esquire.
- 2. I am aware that I am entitled to a formal evidentiary hearing before the Board pursuant to Md. Health Occ. Code Ann. § 13-317 (2005 Repl. Vol.) and Md. State Govt. Code Ann. §§ 10-201, et seq. (2004 Repl. Vol.).
- 3. I acknowledge the validity and enforceability of this Consent Order as if entered into after a formal evidentiary hearing in which I would have the right

to counsel, to confront witnesses, to give testimony, to call witnesses on my behalf, and to all other procedural and substantive protections to which I am entitled by law. I am waiving those procedural and substantive protections.

t voluntarily enter into and agree to abide by the foregoing Findings 4. of Fact, Conclusions of Law, and Order, and submit to the terms and conditions. set forth herein as a resolution of the Charges against me. I waive any right to contest the Findings of Fact and Conclusions of Law, and I waive my right to a full evidentiary hearing, as set forth above, and any right to appeal this Consent. Order or any adverse ruling of the Board that might have followed such hearing.

I acknowledge that by failing to abide by the conditions set forth in 5. this Consent Order, I may suffer disciplinary actions, which may include revocation of my license to practice limited physical therapy in the State of Maryland.

I sign this Consent Order voluntarily, without reservation, and I fully 6. understand and comprehend the language, meaning, and terms of this Consent Order.

4/6/06

Thomas Westwood PTA

Reviewed and approved by:

Downell, Jr., Esquire

Attorney for the Respondent

OF: Maryland
CITY/COUNTY OF: Washington
I HEREBY CERTIFY that on this day ofApril
2006, before me, a Notary of the State of Maryland and the
City/County of Naturators personally appeared Thomas
Westwood, P.T.A., License No. A2268, and made oath in due form of law that
signing the foregoing Consent Order was his voluntary act and deed, and that the
statements made herein are true and correct.
AS WITNESS my hand and notarial seal.
Showat 12 15
Notery Public My Commission expires: 10/08/2008