



STATE OF MARYLAND

**DHMH**

Maryland Department of Health and Mental Hygiene

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*Board of Physical Therapy Examiners*

**BOARD MEETING OPEN MINUTES**

**April 19, 2016**

The meeting was called to order at 1:16 p.m. by the Board Chair, Krystal Lighty.

Call to Order

There was a motion and a second to close the open session at 2:10 p.m. to engage in medical review committee deliberations regarding confidential information in applications for licensure, in accordance with State Government General Provisions Article, Section 3-305 (b) (7) and (13). Unless recused, all Board members and staff who were present for the open session were also in attendance for both the closed and administrative sessions.

**Board Members Present:**

Stephen Baur, PT  
Rhea Cohn, PT  
Meredith Levert, Consumer Member  
Krystal Lighty, PT  
Kimberly Rotondo, PTA  
Katharine Stout, PT  
Sumesh Thomas, PT

**Absent Board Members:**

Delores Alexander, Consumer Member

**Also Present:**

Carlton Curry, Executive Director  
Joy Aaron, Deputy Director  
Brett Felter, AAG, Board Counsel  
John Bull, Compliance Manager/Investigator  
Deborah Jackson, Licensing Coordinator  
Desiree DeVoe, Investigator  
Michelle Cutkelvin, Board Secretary

**Guests:**

Kristen Neville, Legislative Specialist  
Elizabeth Stauffer, PT  
Dave Thomas, PTA Program Director & 25 Students from Anne Arundel Community College

Board Chair, Krystal Lighty welcomed Board Members and visiting guests.	Welcome
The minutes of the meeting held on March 15, 2016 were approved.	Minutes
Carlton Curry, Executive Director apprised the Board that Senate Bill 1083 did not pass. Mr. Curry thanked Kristen Neville, Legislative Specialist for her assistance with securing meetings. Ms. Lighty inquiries about the status of the Athletic Bill HB232. Kristen Neville states that the concerned language in HB232 was omitted.	Legislative Update
Deborah Jackson, Licensing Coordinator gave the licensure report.	Licensure Update
Elizabeth Stauffer, PT requested feedback on the following: Ms. Stauffer states that she is a licensed physical therapist and licensed nutritionist in Maryland and is thrilled to hear of CAPTE's new requirements to include nutrition in PT programs. She states that she is working with The University of Maryland, Baltimore in implementing this new requirement. (1) Where is the line drawn for PTs giving nutrition advice to patients? Is there a clear scope of practice? Could a PT give general recommendations on types of diets for certain conditions? Only different dietary approaches for the general population? Could a PT include specifics with information related to macronutrient ratios, for example? How about things even more specific than that, such as use of probiotics (over the counter), when a ketogenic diet may be appropriate and how to implement it, blood sugar monitoring, etc? (2) Are there rules yet as to what approach to nutrition is being taught in PT schools? For example, does it need to be based on the USDA's recommendations, so long as what is being taught is based on peer-reviewed evidence? (3) Can a PT make recommendations of over the counter supplements? The Boards response is tabled until further feedback from the Dietetic Board.	Scope of Practice, Elizabeth Stauffer, PT
Sarah Licharowicz, PTA requested feedback on the following: Can a PTA document (in the assessment section of a SOAP note), "Patient's right shoulder AROM flexion improved 8 degrees." Ms. Licharowicz states that currently they teach their students that PTAs cannot "do the math," but should compare today's measurements to a date in the past which shows improvement objectively but shies away from the gray area of assessment and interpretation. Are PTAs in Maryland allowed to document what could arguably be an objective measurement of manual muscle testing or is this an evaluative, and therefore interpretive, measurement? Can PTAs use the words "increase" "decrease" "improved" etc. or are these terms interpretive? The Boards response is a physical therapist assistant cannot interpret results.	Scope of Practice, Sarah Licharowicz, PTA
Carlton Curry apprised the Board that the Board of Acupuncture would like to meet for further discussions about Dry Needling. Mr. Curry states that there is a new module from the APTA for Pediatrics. The Board will fund Katharine Stout and Kimberly Rotondo to attend the Pediatrics seminar. Mr. Curry states that Joy Aaron, Deputy Director and Deborah Jackson meet with the IT department to begin planning for online applications. In addition, Mr. Curry states that he has not received positive	Strategic Planning Update

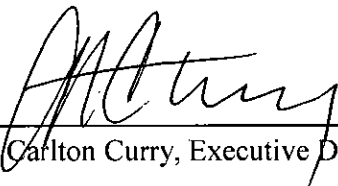
feedback on the use of "phone trees". He states that the request for a proposal for the online jurisprudence exam will be completed by the close of the month. He states that he was invited to attend the Board meeting for District of Columbia Board of Physical Therapy. Mr. Curry states that licensure renewals have postponed Board Staff participation in upcoming Health Fairs. Mr. Curry states that at the next Board meeting elections will be held for the position of Board Chair and Vice Chair. Krystal Lighty apprised the Board on Telehealth. Ms. Lighty suggests pooling resources with the Speech and Occupational Therapy Boards.

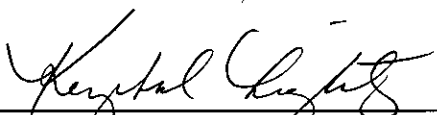
There was a motion and a second to close the open session at 2:10 p.m. to engage in **medical review committee deliberations regarding confidential information in** applications for licensure, in accordance with State Government Article, Section 10-508 (a) (7) and (13). Unless recused, all Board members and staff who were present for the open session were also in attendance for both the closed and administrative sessions.

The board meeting was adjourned at 3:30 p.m.

Respectfully submitted,

7/14/2016  
Date Approved

  
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Carlton Curry, Executive Director

  
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Krystal Lighty, PT, Chairperson