



MD Community of Practice for Supporting Families Webinar Series

Webinar #14 – December 9, 2020

CtLC Integrated Star



Hosted by the Developmental Disabilities Administration

Facilitated by Mary Anne Kane-Breschi

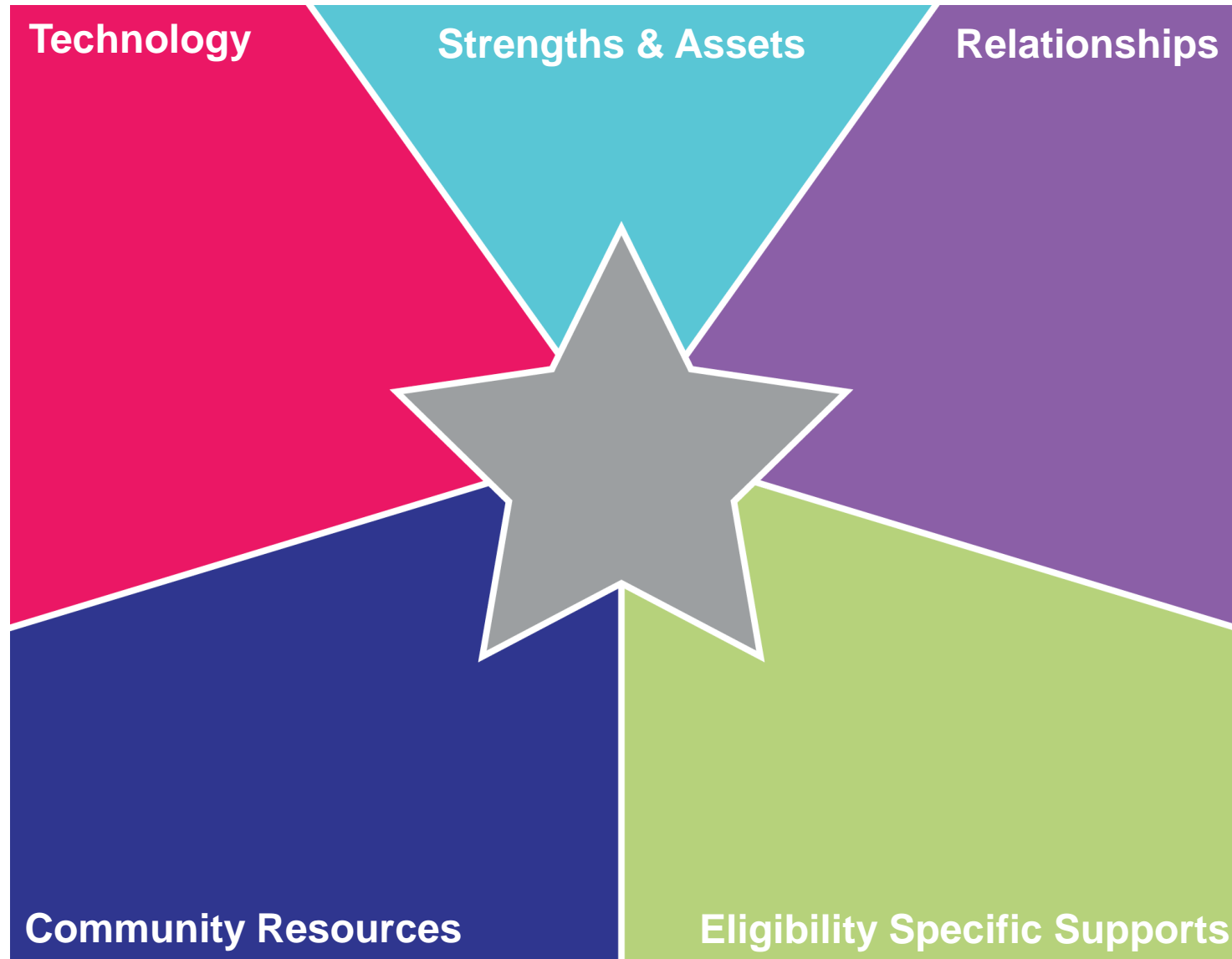
Director of Family Supports



CHARTING the LifeCourse



lifecoursetools.com





Special Guests

Mel Smith,
Self - Advocate

Babette Smith , Parent
Owner of Intentional Support, LCC,
Support Broker



The Trajectory

VISION: *Have a happy, healthy holiday season.*

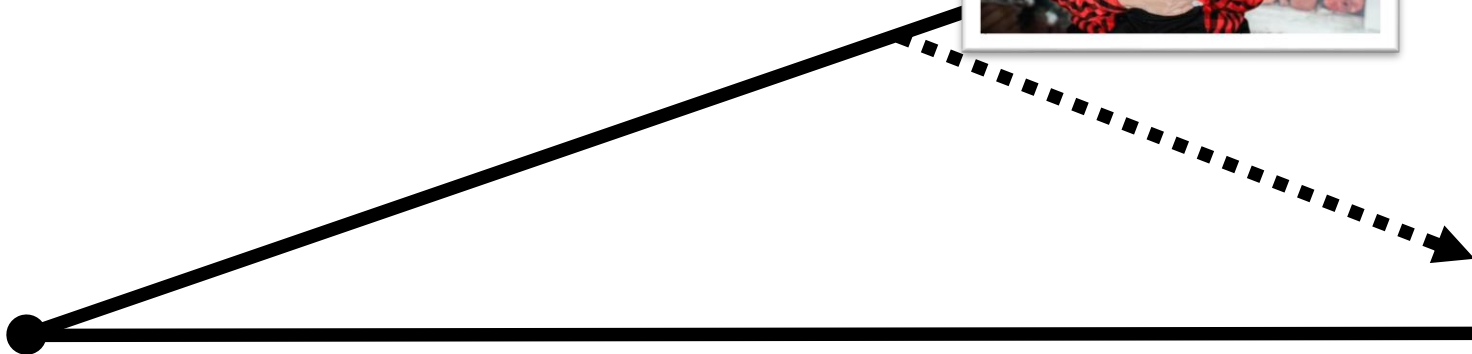


What I want...

- Fun Memories
- Time with family
- Traditions
- Good Food
- Holiday activities-decorating, making cookies,
- Everyone to stay healthy

What I don't want...

- Anyone to get sick
- No time with family
- No activities
- Boredom
- Isolation

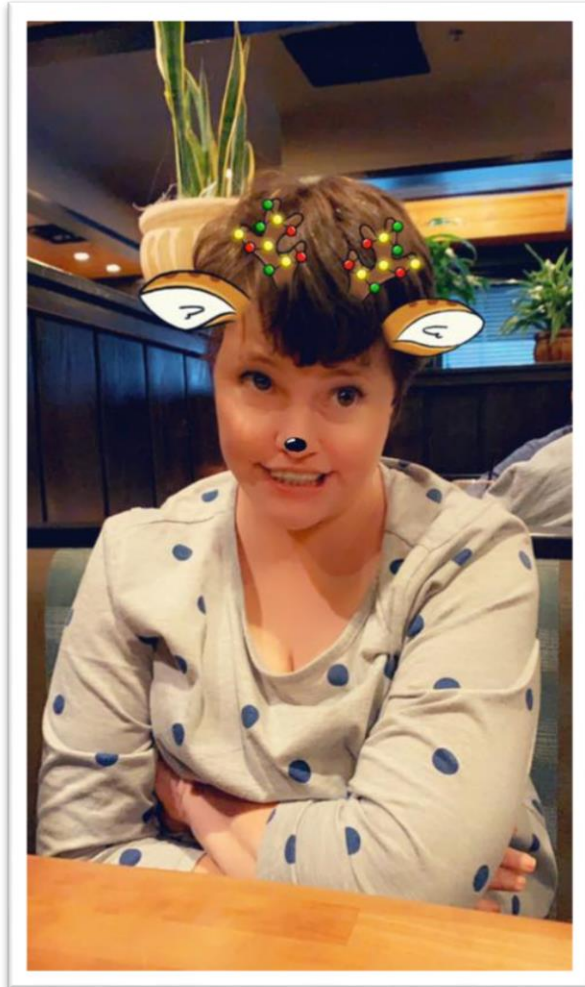


🎄 Christmas Past





Christmas Past





Phone calls, FaceTime, Zoom meetings,



Technology

Internet access
iPhone
Laptop
iPad
FaceBook
Messenger
ZOOM
Facetime

Find fun activities and recipes, shop online for craft supplies, and use grocery pickup for cookie ingredients, Participate in community "virtual or no contact" activities.



Community Resources

Social Media
Pinterest
Virtual Tours
YouTube
Library
Parks
Online shopping
Grocery pick up

Strengths & Assets

Personable
Likes to help people
Cooking skills
Musical
Fun loving

Have a happy, healthy holiday!

Relationships

Mom
Dad
Sisters
Nephew
Brother-in-law
Mammie & Pap M
Suzanne
Grandma
Pappy and Mammaw
Uncles, Aunts, Cousins
Nellie
Other Friends

Schedule outdoor activities such as snowball fights, sled riding, and caroling. Decorate masks, offer cookie delivery, look at light shows together. Participate in same activities while at own homes such as watching the same movie while everyone is on Zoom.



DDA-CP Waiver
Direct Support Professionals
Coordinator of Community Services
Nurse

Direct Support Professionals can research recipes and activities, assist in planning and implementing activities. Consult nurse about concerns.



Eligibility Specific Supports



Christmas Present



Holiday Activities

- Sleigh riding
- Snowman and snowball fights
- Caroling
- Baking and delivering cookies
- Decorate masks
- Look at light shows together
- Participate in same activities while at own homes such as watching the same movie while everyone is on Zoom.

Christmas Day ?

Gift Giving ?



Resources

Technology

Connect Using

- ZOOM Call/Web Conferencing
- Google Hangouts
- Messenger
- Portal
- Facebook
- Gaming

Virtual Holiday Celebrations

Virtual Holiday Games

Virtual Holiday Crafts

Community Based

Charting the LifeCourse (CtLC) Learning Tools
<https://www.lifecoursetools.com/learning-materials/>

Radio Station Listings...

MD On-Line Worship Services

Community Activities

Local Parks & Recs

Outdoor Concerts

Christmas Tree Farm

Local Holiday Light Exhibits

Local Parks & Recs

Holiday Caroling

Outdoor Gatherings – Safe Outdoor Heaters

Holiday Free Audible Books On-Line

- MD Public Libraries (check out online learning through local libraries)
- Online Library
- Google Bookstore
- Operation ASL Story time

Eligibility Specific

- MD Developmental Disabilities Administration (DDA)
- DDA Regional Offices
- DDA Coordinators of Community Services (CCS)
- DDA Central Region Providers
- DDA Eastern Shore Providers
- DDA Southern Region Providers
- DDA Western Region Providers



Questions

Webinar – Chat /Question Box
Services & Supports – Contact DDA Local Regional Office
Appendix K – dda.toolkitinfo@Maryland.gov



Thank You!

Please join us on ***December 16th***
at Noon for our next webinar:

Finding and Creating Joy



Hosted by: Dr. Karyn Harvey

Psychologist, Author, Trainer, Speaker

Dr. Harvey has worked as a clinician in the field of intellectual disabilities for over 25 years. She has a master's degree in Clinical Psychology and a Ph.D. in Applied Developmental Psychology from the University of Maryland.



Contact Info

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