



MD Community of Practice for Supporting Families Webinar Series

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## Webinar #20 – March 24, 2021

### *DDA Behavioral Support Services*



Hosted by the Developmental Disabilities Administration

Facilitated by Mary Anne Kane-Breschi

*Director of Family Supports*



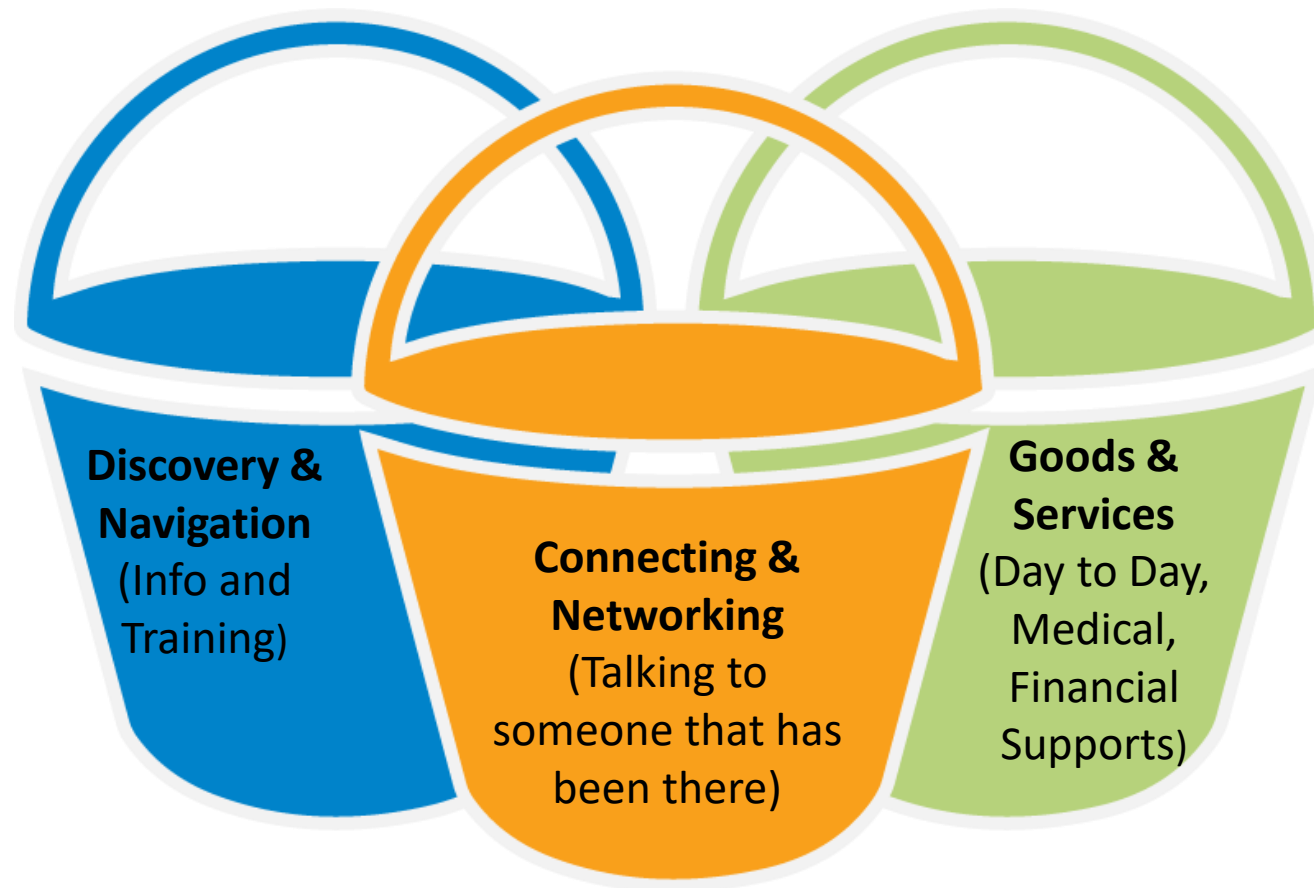
# CHARTING the LifeCourse



[lifecoursetools.com](http://lifecoursetools.com)



# Individual & Family Supports: The Three Buckets





# Special Guests

Dr. Meg DePasquale, LCSW-C, Director of Clinical Services  
Developmental Disabilities Administration

Dr. Monica Y. McCall, President & CEO  
Creative Options, Inc

Dr. Melinda J. Elliott, MD, Neonatal Medicine Specialist  
Parent

# DDA Behavioral Support Services

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- The Developmental Disabilities Administration (DDA) provides person-centered behavioral supports.
- Behavioral supports are an array of services to assist a person who without these supports are experiencing or likely to experience difficulty in community living as a result of behavioral, social or emotional issues.
- The Behavioral Support Services that DDA offers are:
  - Behavior Assessment
  - Behavior Consultation
  - Brief Support Implementation Services

# Behavior Assessment

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- Behavior Assessment is conducted by a qualified clinician
- It identifies a person's challenging behaviors and identifies co-occurring mental health issues that contribute to those behaviors by collecting and reviewing relevant data, discussing the information with the person's support team and determining if a Behavior Plan is needed.

# Behavior Plan

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- Behavior Plan is based on the results of a behavioral assessment which includes a description of the challenging behavior...
  - Specific reason as to why the problem behavior is occurring
  - Written in a person centered and trauma informed manner
  - Utilizing positive behavior supports
  - Use of proactive strategies
  - Use of reactive strategies

# Behavior Consultation

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- Behavior Consultation – services that are provided by a qualified clinician that oversee, monitor and modify the behavior plan when needed
  - Can be provided in no less than 15 minute intervals
  - Can not exceed 8 hours a day
  - Consultation should occur monthly for the first 6 months and at least quarterly after the first 6 months



# Brief Support Implementation Services

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- Brief Support Implementation Services (BSIS) – provide direct assistance and modeling to families, agency staff and caregivers so they can independently implement the Behavior Plan.
  - Time limited
  - Staff who provide this service must have a high school equivalent or higher, successfully complete a 40 hour Registered Behavioral Technician training and receive on going supervision by a qualified clinician.

# Behavioral Respite

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- Behavioral Respite (BR) is a highly structured intervention that provides intensive behavioral services in a well- controlled, behaviorally managed residential environment.
- The primary purpose is to reduce the frequency, intensity, and duration of challenging behaviors and/or manage co-occurring mental health issues so that the person is able to return to a community-based placement either through a DDA provider or family/caregiver.

# Mobile Crisis Intervention Services

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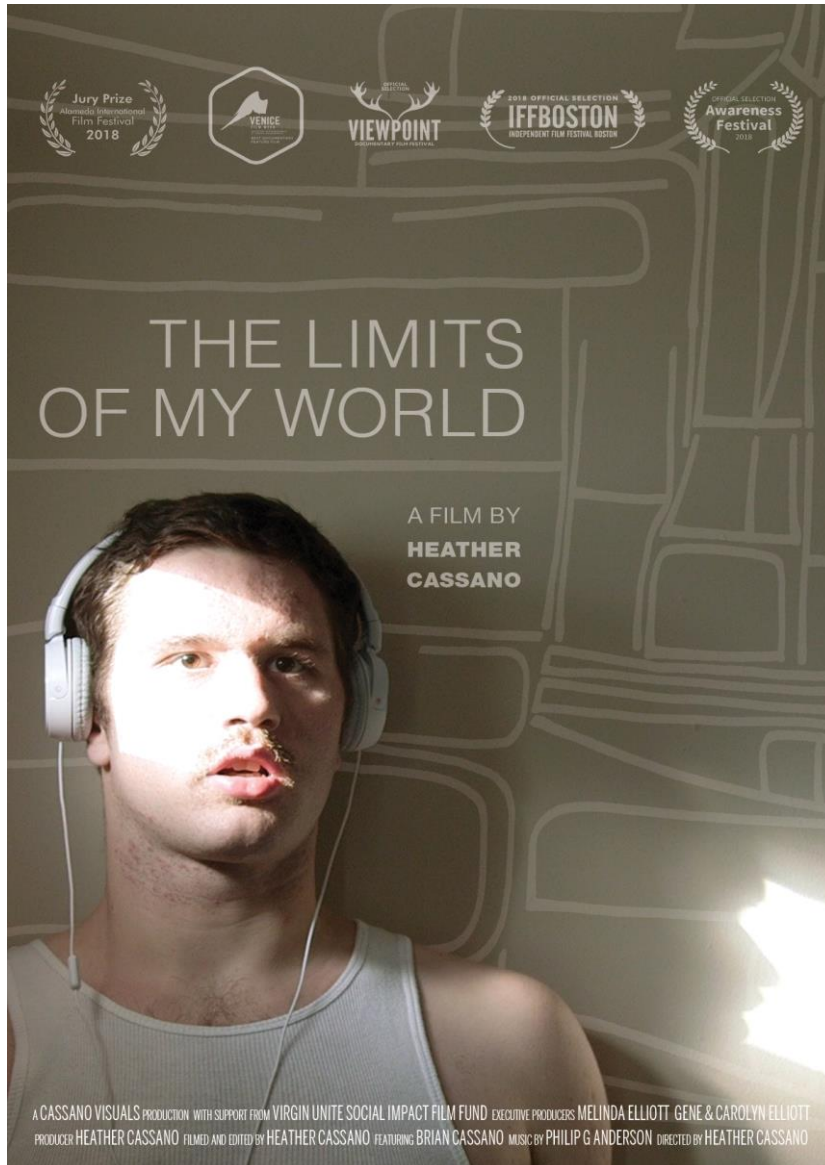
- Mobile Crisis Interventions Services (MCIS) is used in response to a behavioral, acute psychiatric or situational emergency that may result or has resulted in a harmful or potentially harmful outcome to a person who has been found eligible for DDA services and is currently receiving DDA services.
- MCIS includes expedited on-site evaluation/consultation, completion of an Initial Crisis Behavioral Assessment, coordination of services with locally based Emergency Departments, psychiatric units, acute care hospitals, state psychiatric hospitals, DDA licensed providers, Core Services Agencies, and other locally-based human and generic agencies.



# CREATIVE OPTIONS



*Supporting Opportunities  
for Community Living*



# Brian Cassano

[https://www.thelimits  
ofmyworld.com/](https://www.thelimits<br/>ofmyworld.com/)



# Resources

## Technology

### Communication-

#### \*Assistive Technology

**Low Level** – Picture Exchange Communication Systems (PECS)

**High Level** – TOBY / iPad voice output Communication Apps – TouchChat etc.

**Sensory Related** – Weighted Blanket

#### MD Technology Assistance Program

<http://mdod.maryland.gov/mdtap/Pages/MDTAP-Home.aspx>

#### Connect with others...

- ZOOM Call/Web Conferencing
- Google Hangouts
- Messenger, Portal, Facebook

**PSE Remote Supports** - <https://apse.org/wp-content/uploads/2020/04/Remote-Supports-FAQ.pdf>

## Community Based

**Charting the LifeCourse (CtLC) Learning Tools** <https://www.lifecoursetools.com/learning-materials/>

**Community Health Centers Health Fairs**

**Faith Based Organizations – Pastoral Care**

**Family/General Practices**

**Neighborhood Pharmacy**

**Community Hospital**

**Faith Based Groups**

**Community Centers – Social, Hobbies etc**

**YMCA - Gym Memberships**

**Parks & Recs**

**Nature Trails**

**Public Transportation**

**Ride Services – Lyft, Uber etc**

## Eligibility Specific

### MD Behavior Health Administration

<https://bha.health.maryland.gov/Pages/Index.aspx>

### MD Developmental Disabilities Administration (DDA)

<https://dda.health.maryland.gov/Pages/TY.aspx>

**Behavior Supports**

Behavioral Assessment

Behavioral Plan

Behavioral Consultation

Brief Support Implementation

**Inpatient/Outpatient Mental Health Treatment**

**MD Coalition for Families**

**NAMI**

▪ [Family to Family](#)

▪ [Family Support Group](#)

**Trauma Informed Training**



# Questions?



Thank You!

Please join us on April 7<sup>th</sup> *at Noon*  
for our next webinar:

*Transition, Person Centered Practices  
& CtLC*

**Special Guest:** Gregory Knollman, PhD  
Department of Special Education  
Towson University





## Contact Info

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