

# Instructions: NARCAN<sup>®</sup> Nasal Spray

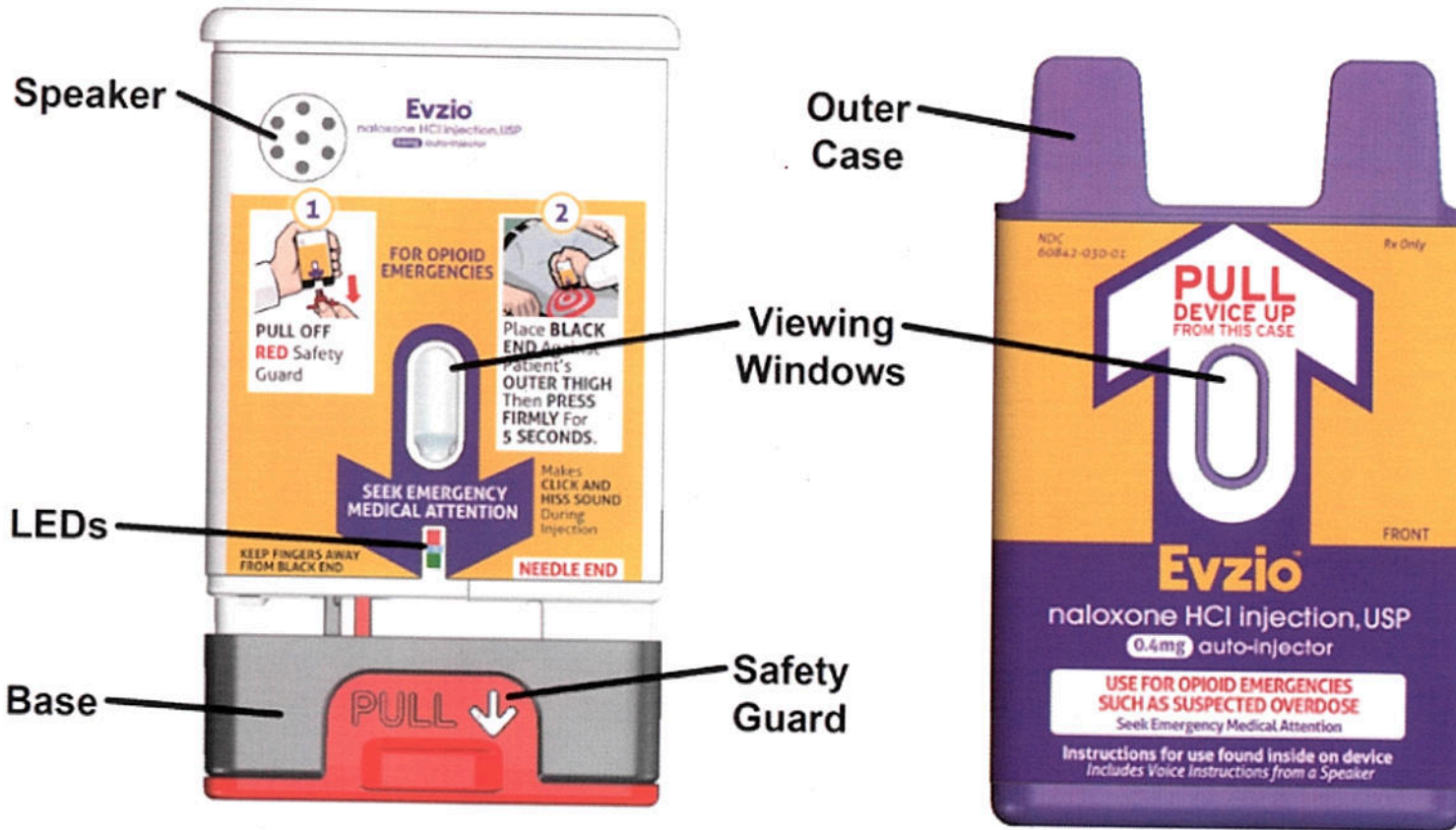
- ③ Tilt head back & support person under neck.  
Gently insert tip of nozzle into nostril, until your fingers on either side of the nozzle are against the bottom of the nose.



- ④ Press plunger firmly to administer.



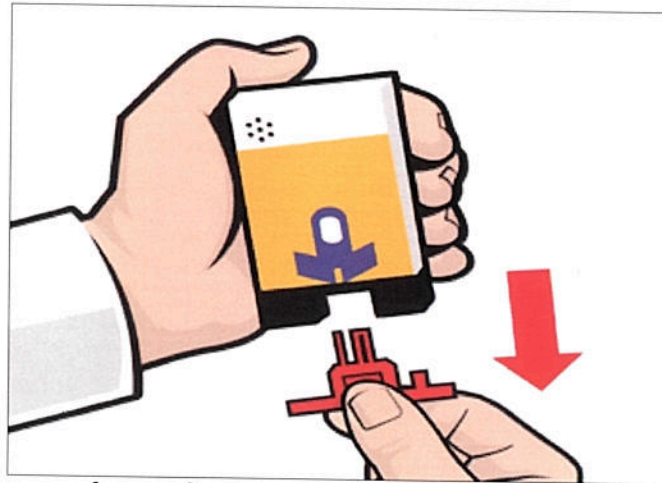
# Evzio



# Instructions: Evzio

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- ① Pull off the red safety guard.



*Note: the red safety guard is made to fit tightly. Pull firmly to remove.*



# Instructions: Evzio

- ② Place the black end of Evzio against the outer thigh. (*Over clothing, if needed.*)

Press firmly & hold in place for 5 seconds.

- Evzio makes a distinct sound (**click & hiss**) when pressed against the thigh. This is normal & means that it is working correctly.
- Keep Evzio firmly pressed on the thigh for 5 seconds after you hear the click & hiss sound.
- The needle will inject & then retract. The needle is not visible after use.



# Instructions: Give Naloxone

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- Allow 1 to 3 minutes for the naloxone to work.
  - Continue resuscitation as necessary.
- If breathing is not restored after 2 or 3 minutes, give **another dose** of naloxone. Continue resuscitation as necessary.
- Stay with the person & provide care as directed until medical help arrives.

# Step 4: Further Resuscitation

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Assess breathing.

If the person is not breathing, or breath is shallow or short:

- Give rescue breaths

OR

- Follow the 911 dispatcher's instructions

OR

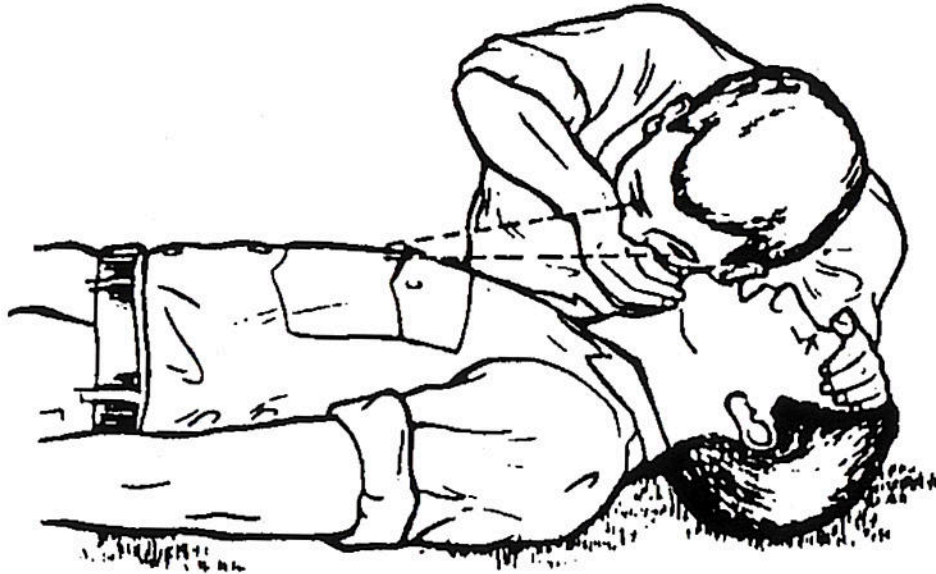
- Give CPR (chest compressions + rescue breaths) if you are trained in it



# Assess Breathing

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Look, listen & feel for breath.



If shallow or short breaths, or not breathing  
→ ***start rescue breathing right away***

# About Rescue Breathing

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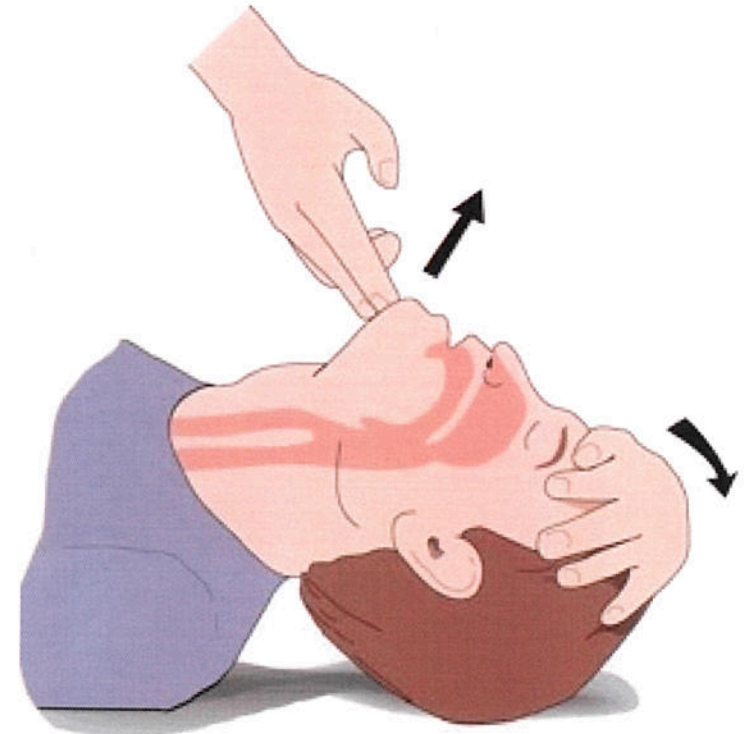
Rescue breathing is:

- the quickest way to get oxygen into the body
- one of the most important things you can do to prevent someone from dying from an opioid overdose



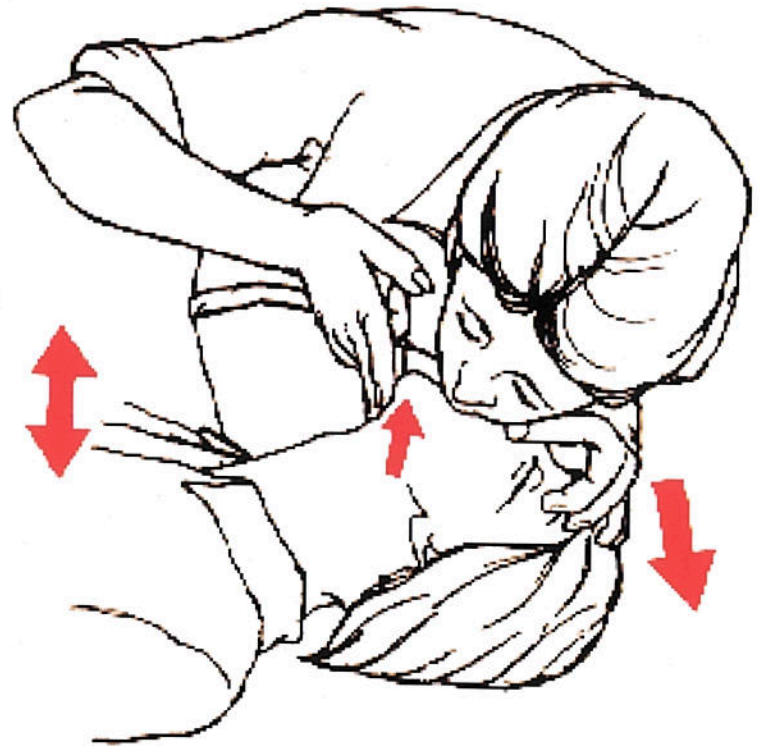
# Rescue Breathing Instructions

- ① Lay the person face-up on a flat surface.
- ② Lift the chin and tilt the head to open the airway.
- ③ Check to see if anything is in the mouth, blocking the airway. If so, remove it.



# Rescue Breathing Instructions

- ④ Pinch the nose shut.
- ⑤ Make a complete seal over the person's mouth with your mouth. Blow in for about 1 second to make the chest clearly rise.
- ⑥ Continue rescue breaths every 5 to 6 seconds.



*If chest does not rise, re-tilt the head and give another rescue breath.*

## Step 5: Care for the Person

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- Stay with the person until medical help arrives.
- If person cannot sit up, put him/her in recovery position.
- Keep person calm.
- Encourage person not to take more opioids.
- If overdose happens again, give another dose of naloxone.



# Care for the Person

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After receiving naloxone, a person may:

- Feel physically ill or vomit
- Feel withdrawal symptoms (unpleasant but not life-threatening)
- Become agitated and upset
- Have a seizure (this is rare)

# Recovery Position

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If you have to leave the person (*even briefly*) put him/her into the recovery position.

This keeps the airway clear and prevents choking or aspiration if vomiting occurs.

