

# Medicaid Community Options

Course 9: Other Program Services

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**Presented to: New Supports Planner Training**

**June 20, 2019**



**MARYLAND**  
Department of Health

# Coordinating Services

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- It's the responsibility of the supports planner to identify what other programs the person is in and coordinate services.
- Important because:
  - Certain services may not overlap.
  - The person may have other case managers, or coordinators of community services.
  - The person may have other applications submitted.
- Check for any active special program codes from the Client Summary in LTSS
  - Supports Planner should upload the service plan from any other program enrollment and include a task schedule that displays clearly when each service will be provided, by which program

# Other Programs with Similar Target Populations

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- Medical Day Care Waiver
- DMS/DME
- Community Pathways
- Rare and Expensive Case Management (REM)
- Model Waiver
- Autism Waiver
- Medicare
- Nursing Facility Services

# Guidelines for Program Enrollment

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- A participant may only be enrolled in one waiver at a time.
- CFC and CPAS are not waivers and may overlap with a waiver span, or other State Plan service (e.g., REM, Health Homes).
- Long Term Care MA may not overlap with any community program.

# Medical Day Care

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- A person may attend a day care center during the day instead of staying at home, or in their assisted living facility.
  - Day care centers provide a bundled package of services (including a meal).
  - No other services may be paid for while the person is at the day care center.
  - A person may receive personal assistance before, or after, attending the center.

# Medical Day Care: CO Waiver vs. CFC

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- **If the person is on the CO Waiver, the person may receive services at a day care center in the following manner:**
  - Add Medical Day Care Service on the Plan of Service and select the appropriate day care center.
  - Bring the Plan of Service to the center and have them sign-off that they will in fact allow the person to participate.
  - Have the Plan of Service approved.
  - Schedule the first day of service at the center.
- A person in an assisted living may attend a center.
  - Discuss with the assisted living how to coordinate this service.

# Medical Day Care: CO Waiver vs. CFC

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- **If the person is in the CFC program, the person may receive services at a day care center in the following manner:**
  - Request Medical Day Care information from the Local Health Department.
    - LHD will update recommended plan of care and approval notice for Medical Day Care.
    - LHD will send an email to the supports planner/applicant when this is complete.
  - Bring this information to the center and request to be placed on the Medical Day Care Waiver.
    - There is an application process to be completed.
  - Once the person is approved for the waiver, add Medical Day Care Waiver services to the Plan of Service and schedule the first day of service at the center.

# DMS/DME

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- DMS/DME Regulations can be found in COMAR 10.09.12
- DMS/DME requests must be submitted to the appropriate office at the Department.
  - Items may require a pre authorization form (MDH-4527)
  - If an item is rejected by the DMS/DME unit, it will not be approved on the plan of service.
  - The DMS/DME Unit can be contacted at 410-767-1739 or [mdh.dcss@maryland.gov](mailto:mdh.dcss@maryland.gov)
- Many technology or environmental items may be covered by this unit. For the full list, go to their website:

[DMS/DME Website](#)



# Community Pathways

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- Designed for people with intellectual disabilities (no age limit).
- Services are similar to those in the waiver, and populations may receive both Community Pathways and Community First Choice.
  - Supports Planner should speak with the participant’s “coordinator of community services” to discuss the participant’s “individual plan” for Community Pathways.
  - Services must be coordinated and not overlap (claims will not pay in certain instances).

# Rare and Expensive Case Management (REM) and Model Waiver for Children

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- REM participants have higher case management needs.
- REM participants have a case manager for the REM program specifically.
  - All REM case managers are under contract with The Coordinating Center.
- Private Duty Nursing is a limited benefit under these programs.
  - Children under EPSDT (Early and Periodic Screening Diagnostic and Treatment) may also receive Private Duty Nursing.

# Waiver for Autism Spectrum Disorder

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- The program provides services targeted for children with an Autism diagnosis.
- Services are similar to those offered under the CFC and CO programs.
  - Residential services
  - Day habilitation and school-based services
  - Family consultation
  - Environmental accessibility adaptations
  - Respite care

# Medicare

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- Medicare is the federal companion to Medicaid
- A participant in Medicare and Medicaid is called a “dual-eligible.”
- Explore Medicare benefits and how they coincide with Medicaid.

# Nursing Facilities

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- The State has over 200 nursing facilities.
- The participants in our programs have chosen the community over an institutional setting like a nursing facility.
- No services may be billed while the participant is residing in the nursing facility
  - With the exception of certain supports planning services.

# Resources for Services

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- MDOD – Medical Technology Assistance Program (MTAP)

[Maryland Technology Assistance Program](#)

- MDoA - Maryland Access Point
  - No-Wrong Door for all Long Term Services and Supports
  - Search providers in each county
  - Explore non-Medicaid options

1-844-MAP-LINK

[Maryland Access Point](#)

- [Centers for Independent Living \(CIL\)](#)
- [County by County Provider Lists](#)
- [2016 Blue Book Guide to HCBS](#)