

Center for Sexually Transmitted Infection Prevention (CSTIP)

2021 CDC STI Treatment Guidelines

5 Upcoming Live CME Webinars

See below for registration links and provider resources

The Centers for Disease Control and Prevention (CDC) has released its [Sexually Transmitted Infections Treatment Guidelines, 2021](#). The updated guidelines provide current evidence-based diagnostic, management, and treatment recommendations, and serve as a source of clinical guidance for managing sexually transmitted infections (STIs).

Key STI Diagnostic, Treatment, and Management Updates for Providers

The new guidelines include notable updates from the previous 2015 guidance, including:

- *Updated treatment recommendations for chlamydia, trichomoniasis, and pelvic inflammatory disease.*
- *Updated treatment recommendations for uncomplicated gonorrhea in neonates, children, and other specific clinical situations (e.g., proctitis, epididymitis, sexual assault), which builds on broader treatment changes published in [Morbidity and Mortality Weekly Report](#) in December 2020.*
- *Expanded risk factors for syphilis testing and explicit guidance for treatment intervals among pregnant patients.*
- *Information on FDA-cleared diagnostic tests for *Mycoplasma genitalium* and rectal and pharyngeal chlamydia and gonorrhea.*
- *Recommended two-step serologic testing for diagnosing genital herpes simplex virus.*
- *Harmonized recommendations for human papillomavirus vaccination with the Advisory Committee on Immunization Practices.*
- *Recommended universal hepatitis C testing in alignment with [CDC's 2020 hepatitis C testing recommendations](#).*

LIVE CME WEBINARS ON THE 2021 STI TREATMENT GUIDELINES

- Join the Maryland Department of Health, Center for STI Prevention, in partnership with the STD/HIV Prevention Training Center at Johns Hopkins for a free, live CME/CNE (1.5 credits) Grand Rounds webinar on the new treatment guidelines. One-hour presentation plus 30-minute Q&A. **Register by August 31st:**

**Thursday, September 2nd
12:00pm-1:30pm EST**

https://courses.nnptc.org/class_information.html?id=3126

- The National Network of Prevention Training Centers (NNPTC) will be hosting four CME webinars for different time zones. One-hour presentations plus 30-minute Q&As. Register now:
 - [Thursday, Sept. 9, 2:00pm-3:30pm EST](#) (12pm -1:30pm MST)
 - [Tuesday, Sept. 14, 3:00pm-4:30pm EST](#) (12:00pm -1:30pm PST)
 - [Wednesday, Sept. 15, 1:00pm-2:30pm EST](#) (12:00pm - 1:30pm CST)
 - [Wednesday, Sept. 22, 12pm -1:30pm EST](#)

PROVIDER RESOURCES

- For questions about the updated 2021 STI Treatment Guidelines, email the Clinical Team in CDC's Division of STD Prevention at stixguidelines@cdc.gov.
- *STD clinical consultation services*, available through the [STD Clinical Consultation Network](#).
- Summary of 2021 STI Treatment Guidelines: [Wall Chart](#).

RESOURCES FOR MARYLAND PROVIDERS

Need Information about your Patients' Prior Test Results and Treatment?

- For information on your patient's chlamydia, gonorrhea, and/or syphilis test results and treatment, call your [local health department](#), or call the MDH Center for STI Prevention at 410-767-6690.

State and local surveillance trends and resources in Maryland

- MDH Center for STI Prevention's [website](#).

Questions about Updated Recommendations for Expedited Partner Therapy treatment regimens?

- [Expedited Partner Therapy \(EPT\)](#) treatment recommendations for Maryland clinicians and pharmacists will be available soon. For further information or questions about EPT, email mdh.sticlinicalconsult@maryland.gov or call 410-767-5160.
- To schedule an EPT Grand Rounds or in-service training, or other questions about implementing EPT, please contact Elisabeth Liebow at elisabeth.liebow@maryland.gov.

Center for STI Prevention

Infectious Disease Prevention and Health Services Bureau
Prevention and Health Promotion Administration
Maryland Department of Health

Phone: 410-767-6690 Fax: 410-528-6098

<https://phpa.health.maryland.gov/OIDPCS/CSTIP/Pages/Home.aspx>

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