

DIABETES COMMITTEE

Minutes

October 16, 2019

5:00- 6:00 PM

The Diabetes Committee held a public meeting on 10/16/2019, beginning at 5:05 p.m. at the following location:

Maryland Department of Health
201 West Preston Street, L-3
Baltimore, MD 21201

MEMBERS PRESENT

Jessica Kiel
Vivienne Rose
Donna Gugel
Pamela Xenakis

MEMBERS NOT PRESENT

James Ebeling
David McShea

MARYLAND DEPARTMENT OF HEALTH STAFF PRESENT

Pamela Williams
Kristi Pier
Mia Matthews
Sue Vaeth

1. Roll Call

Jessica Kiel took roll call. A quorum of the Diabetes Committee was present.

2. Approval of Minutes

Jessica Kiel requested approval of the June 17, 2019 committee meeting minutes. Donna Gugel made a motion to approve the minutes and Vivienne Rose seconded. The minutes were approved unanimously.

3. Selecting new Committee Chair

Mia Matthews presented the opportunity for one of the committee members to volunteer to serve as the Committee Chair. Jessica Kiel former co-chair of the Diabetes Committee recently volunteered to serve as Council Chair. As Chair of the Diabetes Committee she is allowed to serve as both and volunteered to do so. Since there were only three out of five members present, the committee decided to wait until the January 2020 meeting to determine who the Chair will be.

4. The Committee's Role in Implementing the Draft Diabetes Action Plan

Following up on her presentation of the draft Diabetes Action Plan during the full Wellness Council meeting, Kristi Pier recommended the committee review the action steps in detail and determine which strategy where the group could have the most influence. The group discussed prediabetes/gestational diabetes as a strategy they might consider a top priority. Also discussed was the importance of supporting women after childbirth to help control weight, and that children of women with a history of gestational diabetes have an increased risk of developing diabetes. It was determined that the group would review the plan in detail before the next interim meeting and decide on a strategy at that time.

5. Adjournment

The meeting was adjourned at 6:04 pm.

Next Steps:

- Mia Matthews will schedule a meeting within a month, via phone, with the Diabetes Committee to discuss which strategy from the Prediabetes/Gestational Diabetes section they will make a priority.
- Mia Matthews will create a Google doc with the strategies listed. The document will be shared with Committee members so they can add comments on which strategy will be the top priority.

Next meeting: January 15, 2020