

**HEART COMMITTEE  
MINUTES  
FEBRUARY 21, 2018  
5 - 6 p.m.**

The Heart Committee held a public meeting on 2/21/2018, beginning at 4:45 p.m. at the following location:

Maryland Department of Health  
201 West Preston Street, Room 100  
Baltimore, MD 21201

**MEMBERS PRESENT**

Anne Williams, DNP - Chair  
Mary Backley  
Angela Deal  
Lois Freeman, DNP (phone)  
Roger Harrell  
Kathleen Keefe Hough, MD  
Josie Ogaitis, RN (phone)  
Tammy Shelley

**MEMBERS NOT PRESENT**

Seth Martin, MD  
Michael Miller, MD

**MARYLAND DEPARTMENT OF HEALTH STAFF PRESENT**

Kathleen Graham  
Susan Weber

**OTHERS PRESENT**

NA

Kathleen Graham called the Heart Committee meeting to order at 4:45 pm.

**1. Introductions**

Each member stated his/her name, title, and organization represented.

**2. Committee Function and Responsibilities**

The members spent a few minutes to review the following items:

- Committee Function and Responsibilities
- Member and Staff Role
- Meeting Structure

Everyone was in agreement with the objectives, and no clarification was needed. Susan Weber acknowledged and thanked the new Committee chair, Anne Williams. MDH staff provided Ms. Williams a briefing of her role and future steps, as well as information regarding the Open Meetings Act.

### **3. Goal Setting Discussion and Action Plan Process Mapping**

All the members were engaged and actively participated in the goal discussions. Susan Weber reminded the members that the Committee's goal should be a broad statement of what they would like to achieve for this year. This goal will establish a direction for the committee, and should have a specific health impact on a population. Susan reminded everyone that the goal should be a simple statement with an achievable timeline and measurable outcomes. Below are two goals, as well as objectives that were established by the Committee:

1. Increase Blood Pressure screening and link to primary care/follow up.
  - a. By year 2020, increase blood pressure screening and community linkages by at least 10%
  - b. Promote the new blood pressure guidelines to providers and the public
  - c. Increase screenings at medical and dental offices by 10% by year 2020.
2. Increase percentage of all Marylanders with healthy BMI by 10%.
  - a. Increase the use of evidence-based best practices (health care systems, etc., and community-based organizations)

The committee agreed that the goals will need to be fine-tuned. MDH staff will work on collecting baseline data in order to establish realistic measures. The initial list of goals and objectives will be sent to the members for additional suggestions.

### **4. Adjournment**

The meeting was adjourned at 5:50 pm.