WEED to KNOW

for Baby and You

BREAST MILK

Provides all babies need.

DON'T SPOIL IT

By using weed.

THC STAYS IN YOUR BODY FAT, BLOOD, AND BREAST MILK FOR UP TO 30 DAYS.
THIS MEANS IT CAN BE TRANSFERRED TO BABY.

Maryland DEPARTMENT OF HEALTH

WIC MARYLAND

Recommendations for Pregnancy, Breastfeeding and Parenting

SRHD.ORG/WEED-TO-KNOW

Courtesy of SPOKANE REGIONAL HEALTH DISTRICT

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THC, THE ACTIVE INGREDIENT IN MARIJUANA, IS STORED IN BODY FAT, BLOOD, AND BREAST MILK FOR UP TO 30 DAYS:

USING MARIJUANA WHILE BREASTFEEDING MAY CREATE FEEDING PROBLEMS AND POOR WEIGHT GAIN.

BABIES EXPOSED TO THC IN BREAST MILK MAY HAVE INCREASED RISK OF SUDDEN INFANT DEATH SYNDROME (SIDS).

21+

STRUGGLING WITH MARIJUANA ADDICTION?

CALL 211, PRESS 1

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Maryland DEPARTMENT OF HEALTH

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This institution is an equal opportunity provider.

Courtesy of

SPOKANE REGIONAL HEALTH DISTRICT

Sources:

Jaques, S.C. et al. (2014). Cannabis, the pregnant woman and her child. Journal of Perinatology, 34(6), 417-424.

Miller, C. (2012). Marijuana use and breastfeeding. Clinical Lactation, 3(3), 101-107.

Sachs, H. et al. (2013). The Transfer of Drugs and Therapeutics into Human Breast Milk: An Update on Selected Topics. Pediatrics, 132(3), e795-e809

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