Paths to Population Health: Staying Upstream on the Social Determinants of Health

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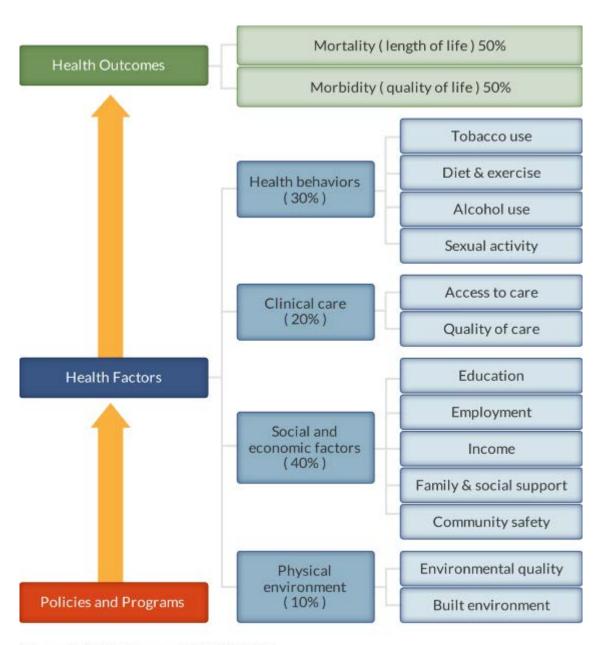
Population Health

(Kindig and Stoddard)

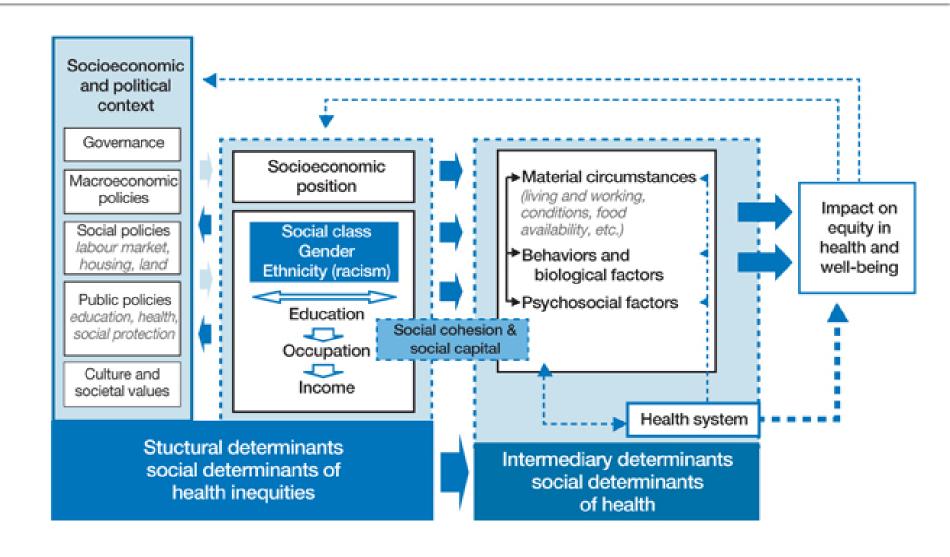
Patterns of health **Health outcomes** determinants over and their the life course distribution in a population

Policies and interventions at individual

and societal levels



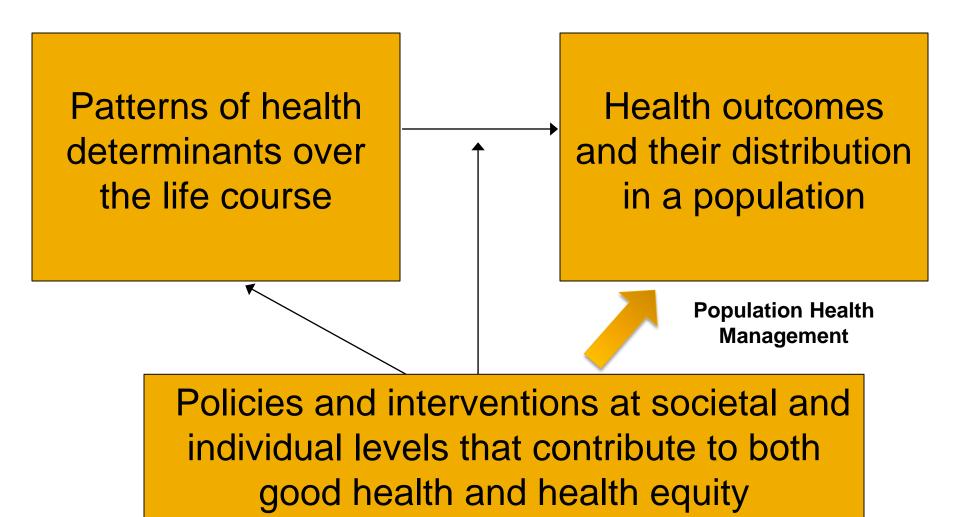
WHO Conceptual Framework of Social Determinants of Health



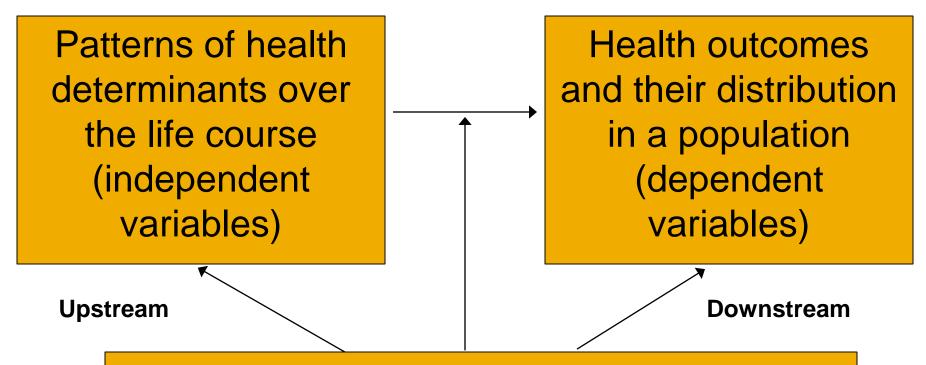
Conflation of a number of different fields of inquiry and practice

- Population health
- > Public health
- Preventive medicine
- > Population medicine
- > Population health management
- > Precision medicine
- > Precision health/precision public health

Population Health



Population Health



Policies and interventions at societal and individual levels that contribute to both good health and health equity

Summary

- SDOH or health factors influence health more than clinical care.
 - The discussion of "population health management" has brought some new attention to SDOH and health equity.
- We need the right balance of upstream and downstream efforts to improve population health.
 Upstream efforts will have a greater influence.
 - Otherwise, as Sharfstein laments, "we may find ourselves awash in population health efforts, without meaningful progress in the health of our population."

Thanks!

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