

COMMUNITY HEALTH NEEDS ASSESSMENT

JULY 2018
REVISED AUGUST 2019



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"Your zip code is a better predictor of your health than your genetic code..."

Melody Goodman, Assistant Professor, Washington University



The Harford County Community Health Needs Assessment has been reviewed and revised for new release as of August, 2019. This update was conducted in order to provide the Harford community with the most recent information available, as well as to inform the community about recent efforts to evaluate the health of Harford County.

The most recent data available has been included in this Community Health Needs Assessment. Recent data sources that have been added to this update include:

- Center for Disease Control, State Cancer Profiles
- Harford County Sheriff's Office 2011-2017 Socrata Data
- The 2014-2016 Behavioral Risk Factor Surveillance System
- Maryland Department of Health, Drug- and Alcohol-Related Intoxication Deaths in Maryland, 2017
- Maryland Department of Health, 2017 Maryland Vital Statistics Annual Report
- Maryland Governor's Office of Crime Control and Prevention, Maryland Crime Data
- US Census Bureau, 2013-2017 American Community Survey, 5-Year Estimates
- US Census Bureau, 2012-2017 American Community Survey, Demographic and Housing Estimates
- US Census Bureau, 2012-2017 American Community Survey, Commuting Characteristics

Appendices have been added to the 2019 Update of the 2018 Community Health Needs Assessment. The appendices include:

- Harford County Health Department Focus Group Summaries, Spring 2019
- The Harford County Health Equity Report, 2019
- The Harford County Community Resources Guide

The Harford County Health Equity Report is an assessment of the current status of health equity across Harford County. This report describes and explains existing health inequities in the county, as well as potential ways to improve these existing disparities. The Focus Group Summaries feature two focus groups conducted with Harford County residents in 2019.

This community assessment is a result of the shared goal of the partnership and the dedication of University of Maryland Upper Chesapeake Health, Harford County Health Department, and Healthy Harford to create a healthier Harford County.



Executive Summary

The Harford County Community Health Needs Assessment (CHNA) is a reflective assessment of the health status of Harford County. Assessments are an important component of meeting local community health needs and are used to inform decisions about public health strategies to improve the health, safety, and environment for Harford County residents. This assessment builds on previous efforts to identify and quantify public health concerns. It is a collaborative process that reports health indicator statistics and community stakeholder input in order to identify and prioritize our community health needs, areas for health improvement, and resources that can be mobilized to improve community health.

The CHNA describes the health status of Harford County residents, as individuals and as population groups, and provides population comparisons to residents of Maryland to the nation as a whole. It also examines trends in health indicators of County residents over time, highlights racial and geographic disparities, and identifies areas of poverty and at-risk populations which will provide a basis for public health planning. Data in this assessment comes from a variety of National and State sources, including, but not limited to, the United States Census Bureau, Maryland State Health Improvement Plan, Maryland Vital Statistics, the Maryland Behavioral Risk Factor Surveillance Survey, the Injuries in Maryland report, and national County Health Rankings.

The CHNA includes each of Harford County's 21 zip codes. In keeping with the University of Maryland Upper Chesapeake Health's (UMUCH) mission of maintaining and improving the health of the people in its communities and providing high quality care to all, the core-based statistical area (CBSA) was identified as all of Harford County. The zip codes where the most vulnerable populations reside (21009, 21040, 21001, & 21078) were included in the assessment and represent the most concentrated areas of poverty within the county. It is important to note that pockets of concentrated poverty also exist within rural northern zip codes in Harford County. Identifying all of Harford County as the CBSA provides the opportunity to better address the needs of the vulnerable residents of Harford County.

The Harford County CHNA is a compilation of secondary statistical data, key informant feedback, an online community survey, and focus group input. This assessment reflects the current status of the medical and social determinants of health for Harford County residents, and provides qualitative feedback on key health issues. Based on information provided in this report, the Harford County Local Health Improvement Coalition (LHIC) and UMUCH have prioritized the following health concerns in order of importance: **Behavioral Health, Chronic Disease Prevention and Wellness, and Family Health and Resiliency.**

Harford County Profile: Harford County is a relatively well educated affluent community located northeast of the city of Baltimore. With a population of close to a quarter million people, Harford County has grown from a primarily agricultural community to a more suburban environment whose main employers include: the Department of Defense Aberdeen Proving Ground and supporting contractors, the University of Maryland Upper Chesapeake Health, and local government/schools. The profile of a typical Harford County resident is a white (79.4%), employed (64.4%), high school graduates (92.9%), who drives themselves to work (83.4%). Overall, while indicators of education and employment depict a prosperous community, persistent pockets of poverty exist both geographically, and along racial and gender lines. In Harford County, black households have a lower median income when compared to white; blacks are more than twice as likely to be poor; and women earn disproportionately lower incomes than men, presenting a particular poverty issue for female-headed households. Given the high rate of people who own cars, public transportation for those without access to vehicles remains a persistent problem.

Key Findings Regarding the Prioritization of Behavioral Health, Chronic Disease Prevention and Wellness, and Family Health and Resiliency

Behavioral Health (Mental Health/Addictions): The suicide rate of a community is considered to be a key indicator of its mental health status. Harford County's rate of 10.7 per 100,000 population far exceeds the 9.3 rate for the state of Maryland. According to the Maryland Behavioral Risk Factor Surveillance System (BRFSS) for 2014-2016, 21% of Harford County residents have been diagnosed with depressive disorder, compared to 15.6% for the state. In addition, 18.2% of high school students reported that they have seriously considered attempting suicide. While approximately 96% of Harford County residents are insured, there is a notable lack of mental health care providers to meet community needs. As such the Health Resources and Services Administration has designated all of Harford County as a Health Professional Shortage Area (HPSA) for mental health services.

Since 2007 the number of drug and alcohol-related intoxication deaths has more than doubled in both Maryland and Harford County. The numbers of drug-related law enforcement incidents have also increased dramatically since 2011, by 78%. Another indicator of the severity of the addiction problem in Harford County is the number of substance-exposed newborns (SEN) born in the community. Between 2000 and 2017, Harford County has experienced nearly an eight-fold increase in the rate of hospital encounters for newborns with maternal drug/alcohol exposure. This not only indicates an increase in substance abuse but also a lack of access to treatment.

Chronic Disease Prevention and Wellness: As a whole, Harford County residents have access to a better food environment and greater access to exercise opportunities when compared to the state and the nation, however despite greater opportunities to engage in healthy behaviors regarding nutrition and exercise, Harford County adults are just as likely or more likely to be obese or overweight (64%) and physically inactive (22%) as the rest of the State.

In addition, tobacco use is high among both adults (17.3%) and youth (16.9%) which correlates with high rates of chronic obstructive pulmonary disease (COPD) and lung cancer. Even more concerning is the high rate of students reporting they currently use electronic vapor products (24.6%), and the total percentage of students (32.1%) using any type of tobacco product (burned, smokeless, or electronic).

Obesity, insufficient physical exercise, and tobacco use are some of the biggest drivers of preventable chronic diseases and increased risk for many health conditions. Obesity, often a symptom of diet and exercise, can have a tremendous impact on health and wellbeing. Black adults were more likely to be obese (47.4%) than white adults (27.2%). In the 2013-2015 BRFSS assessment, adults without a high school diploma were almost twice as likely to be obese than their college graduate counterparts. As such minority and low-income families are disproportionately negatively affected.

The top five causes of death in Harford County are heart disease, cancer, chronic obstructive pulmonary disease, stroke, and accidents which are consistent with the state and the nation. The role of accidents as the fifth leading cause of death is a relatively new phenomenon that could likely be attributed to the growing opioid epidemic and accidental overdoses, as well as an aging population.

Family Health and Resiliency: While the majority of babies in Harford County are born into married families (77%) to mothers over the age of 20 (99%), there are significant ethnic and racial disparities. Most concerning is the significantly higher number of low birth weight babies born to black women (11.2%) as compared to white (6.5%) born in 2017. In 2016, the rate of infant mortality was 4.6 times higher for black babies (14.4 per 1,000 births) as compared to white (3.1 per 1,000 births).

The percentage of mothers receiving prenatal care in the first trimester in Harford County is 75%, however, when broken down along racial and ethnic lines the percentage of non-white mothers receiving prenatal care in the first trimester is significantly lower. According to 2017 Maryland Vital Statistics, 77.8% of white women received prenatal care in the first trimester, while only 67.1% of black women and 68.8% of Hispanic women did. The lack of prenatal care and the potentially negative health outcomes for newborns can have long-lasting detrimental developmental effects, including school readiness and long-term health complications.

While Harford County's violent crime and property crime rate are much lower than the state rate, crime and the resulting incarceration disproportionately affect low-income areas. In Harford County, the city of Aberdeen, one of the community's lowest income areas, has significantly higher rates of overall and violent crime rate than the surrounding municipalities.

Acknowledgments and Overview



University of Maryland Upper Chesapeake Health

Mission: University of Maryland Upper Chesapeake Health is dedicated to maintaining and improving the health of the people in its communities through an integrated health delivery system that provides high-quality care to all. University of Maryland Upper Chesapeake Health is committed to service excellence as it offers a broad range of healthcare services, technology, and facilities. It will work collaboratively with its communities and other health organizations to serve as a resource for health promotion and education.

Vision: The Vision of University of Maryland Upper Chesapeake Health is to become the preferred, integrated healthcare system creating the healthiest community in Maryland.

The University of Maryland Upper Chesapeake Health (UMUCH) is a community based, integrated, non-profit health system. Presently, UMUCH is the leading healthcare system and second largest private employer in Harford County, employing 3,500 team members and over 650 medical staff physicians. UMUCH is dedicated to maintaining and improving the health of the people in northeastern Maryland through an integrated health delivery system that provides high-quality care to all. Their commitment to service excellence is evident through a broad range of healthcare services, technologies, and facilities. They work collaboratively with the community and other health organizations to serve as a resource for health promotion and education.

Major centers and services include two acute care hospitals – UM Upper Chesapeake Medical Center in Bel Air and UM Harford Memorial Hospital in Havre de Grace. Each of the two facilities offers certain services solely at that institution. Harford County residents, no matter their zip code, requiring a specific service must receive that service at the facility that offers that service (e.g. cancer services at the Kaufman Cancer Center at Upper Chesapeake Medical Center in Bel Air). As a result of how services are provided between the two facilities, the CHNA was completed as a joint document for the two facilities. As part of the Bel Air campus, UMUCH also operates the Klein Ambulatory Care Center, two medical offices, and the Patricia D. and M. Scot Kaufman Cancer Center. UMUCH also owns and operates the Senator Bob Hooper House Hospice Center, provides community outreach, health screenings, and educational programs through the HealthLink Community Outreach.

A combined facility to treat mental health and opioid addiction issues was opened in Summer 2018 in Bel Air. The Klein Family Harford Crisis Center offers walk-in crisis services, a 24/7 call/triage center and, will provide residential crisis beds in the future.

As part of Vision 2020, UMUCH is moving towards replacing the downtown Havre de Grace UM Harford Memorial Hospital with a new modern freestanding medical facility, an expanded Behavioral Health Pavilion located off Route 22 in Aberdeen. Included in this vision is the expansion of medical/surgical beds above the Kaufman Cancer Center as well as additional parking on the Bel Air campus.

Harford County Health Department

The Harford County Health Department (HCHD) is the local operating arm of the Maryland Department of Health (MDH). As such, it is governed by State rules but reports locally to the Harford County Council, which functions as the Harford County Board of Health. The health department's mission is to protect and promote the health, safety, and environment of the citizens of Harford County through community assessment, education, collaboration and assurance of services. Employing over 170 employees, the health department provides services in Havre de Grace, Aberdeen, Bel Air, and Edgewood. The health department is responsible for the delivery of a wide range of preventive health care, clinical services, and environmental health services to residents living in Harford County. Its six major bureaus include:

1. Administration
2. Behavioral Health
3. Care Coordination
4. Clinical Health
5. Environmental Health
6. Family Health



Public Health
Prevent. Promote. Protect.

**Harford County
Health Department**



Healthy Harford

Healthy Harford is the healthy communities initiative of Harford County, dedicated to the health and wellness of the northern Chesapeake community. Founded in 1993 as a non-profit 501c3 by leaders from University of Maryland Upper Chesapeake Health, the Harford County Health Department, and Harford County Government, Healthy Harford is a coalition of local government agencies, businesses, non-profits, and citizens dedicated to improving the health of Harford County residents through education, policy changes, improvements in the built environment, increased access to care, and improved care coordination for people with chronic illness.

Healthy Harford's mission is to inspire and empower healthy people, healthy families, and healthy communities in mind, body, and spirit, with a focus of improving health and wellness in the Harford County region by promoting healthy lifestyles, building community partnerships, and proving care coordination.





The CHNA was comprised of both quantitative and qualitative research components. A brief synopsis of the research components is included below with further details provided throughout the document.

Quantitative Data: Existing Secondary Data

A Statistical Secondary Data Profile depicting population and household statistics, education, and economic measures, morbidity rates, incident rates, and other health statistics for the Harford County community was compiled from publicly available sources. It should be noted that the availability of and lag time of secondary data may present some research limitations.

Harford County Community Health Survey

An online Community Survey of Harford County residents was conducted between October 2017 and February 2018. The survey was designed to assess health status, health risk and behaviors, preventative health practices, and health care access primarily related to chronic disease and injury. A total of 1,741 resident surveys were completed, representing the geographical, gender, and ethnic diversity of the community.

Qualitative Data: Community Forum and Focus Groups

In order to gain a better understanding of the Harford County community, qualitative data was collected via the Local Health Improvement Coalition (LHIC) Community Forum meeting, as well as through a series of targeted focus groups.

At the October 2017 LHIC Community Forum meeting twenty-eight stakeholder organizations representing diverse community interests discussed health and social determinants. These stakeholders provided particular insight into the challenges facing the medically under-served, low income, marginalized, and minority populations.

In addition, six focus groups were convened to gather the input of targeted groups. These focus groups included members of faith-based organizations; Emergency Medical System (EMS) personnel; participants from the EpiCenter (a community center in a predominantly low-income minority community); residents living with chronic disease; Harford County mothers; and youth that use tobacco products.



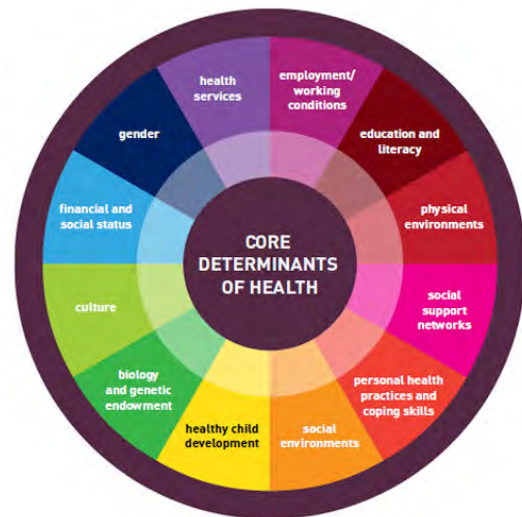
Local Health Improvement Coalition (LHIC)

In an effort to improve the health of all Marylanders, the Maryland Department of Health (MDH), through the office of Population Health Improvement, launched the State Health Improvement Process (SHIP). This initiative focuses on health priorities, both statewide and in each jurisdiction, and provides a framework for accountability, local action, and public engagement. SHIP measures are aligned with the national Healthy People 2020 objectives established by the Department of Health and Human Services, and target state goals set by the MDH.

Using the SHIP framework, each of the 24 Maryland jurisdictions is responsible for convening a Local Health Improvement Coalition (LHIC) comprised of community stakeholders to determine local health priorities. The Harford County Health Department is the local LHIC lead entity for Harford County.

In October of 2017, the LHIC, comprised of 28 stakeholder organizations from the Harford County community, met at Harford Community College to evaluate community health goals for the next 3 to 5 years. In a half day Community Forum focusing on current health statistics, social determinants of health and their community impact, and current community challenges, three health priorities emerged: Behavioral Health, Chronic Disease Prevention/Wellness, and Family Health/Resiliency. LHIC Workgroups addressing these priorities were formed, and these groups will develop and implement the new Harford County Community Health Improvement Plan for addressing these priorities.

In October of 2018, the LHIC gathered once again to confirm the three health priorities and to share their plans for advancement moving forward.





Harford County Fast Facts

Measure	Harford	Maryland
Median Age	40.6	38.5
Only English spoken at home	93%	82%
Married and living together	57.3%	47.9%
Average family size	3.15	3.27
Median household income	\$83,445	\$78,916
Mean household income	\$100,608	\$103,845
Female householder no husband	19.6%	18.3%
People in poverty	7.5%	9.7%
Female headed households with children under 5 in poverty	37.4%	28.9%
Unemployment rate	5.2%	6.1%
Drive alone to work	83.4%	73.7%
Mean travel time to work	32.1 minutes	32.7 minutes
Have health insurance	96.1%	92.7%
Top causes of mortality	Heart Disease Cancer COPD	Heart Disease Cancer Stroke
Low birth weight babies for White mothers	5.9%	6.6%
Low birth weight babies for African American mothers	11.8%	12.8%
Lyme Disease rate per 100,000	61.4	22.9
Suicide rate per 100,000	10.7	9.3
Age-adjusted death rate for all causes per 100,000	745	719.1
Percentage of high school graduates	92.9%	89.8%
Percentage of college graduates	35.2%	39%

US Census Bureau, 2013-2017 American Community Survey, 5-Year Estimates



The demographic composition of Harford County’s population is critical to understanding the health of the community because characteristics such as age, gender, race, and ethnicity all have an impact on people’s health. The distribution of these characteristics across the county is helpful in determining the number and types of resources that are needed to ensure the optimum health and well-being of the population.

Population

In 2017, the total population of Harford County was estimated to be 250,132, which was an increase of 2.16% from 2010 (244,826). The county is located in the northeastern part of the state, with the towns and cities of varying sizes, wealth, and diversity. Bel Air is Harford’s county seat, home to roughly 10,139 residents, or 4% of the county’s population. The cities of Aberdeen and Havre de Grace each make up approximately 9% and 7%, respectively. The remaining 80% of the county’s population is mostly distributed along the Route 40 corridor and in rural parts of the county. The table below illustrates the change in population size for Maryland, Harford County, and selected zip codes.

Change in Population Size 2010-2017, Maryland and Harford County

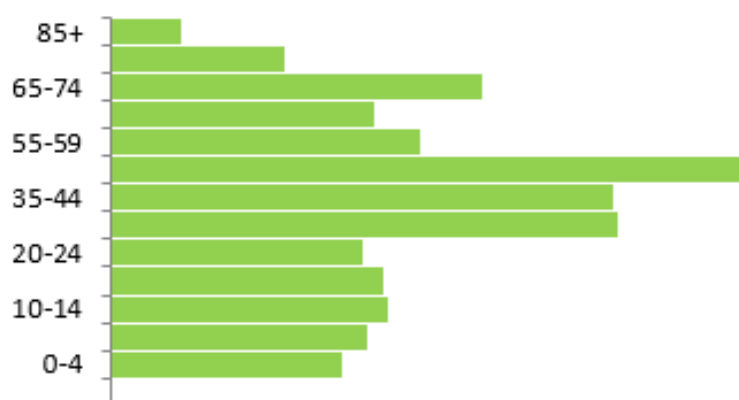
	2010 Population	2016 Population	Change in Population
Maryland	5,773,552	5,996,079	↑ 3.8%
Harford County	244,826	250,132	↑ 2.2%
Edgewood (21040)	24,420	25,296	↑ 3.6%
Aberdeen (21001)	21,487	24,627	↑ 14.6%
Havre de Grace (21078)	17,603	18,086	↑ 2.7%

Source: US Census Bureau, American Community Survey 5-Year Estimates

Age Distribution

Data on age can be used to determine the distribution of age-appropriate services throughout the county, such as those specifically designed for children or seniors. The population pyramid below provides a breakdown of Harford County residents by age and sex. The median age in Harford County is 40.6 overall, with the age category containing the largest percentage of the population being adults ages 50-54. The distribution of the population pyramid is close to the distribution of age and sex in the United States, although the county has a slightly lower percentage of younger people and a higher percentage of middle-aged adults.

Population Distribution by Age for Harford County, 2017



Source: US Census Bureau, American Community Survey 5-Year Estimates

Racial and Ethnic Diversity

Data on the racial and ethnic diversity of a population can help healthcare organizations create culturally competent health care services and deliverables. For example, 7% of Harford County residents reported speaking a language other than English at home. Race is also a social determinant of health and is a contributing factor to health inequities.

The table below illustrates the substantial variation in the levels of racial and ethnic diversity across Harford County. While whites make up the majority of Harford County's population, the percentages of African Americans and Hispanic/Latino residents are increasing in both Edgewood and Aberdeen. Since 2010, the populations of these two zip codes have started to more closely reflect the demographics found across the state of Maryland, while the racial composition of Havre de Grace has remained relatively stable over time.

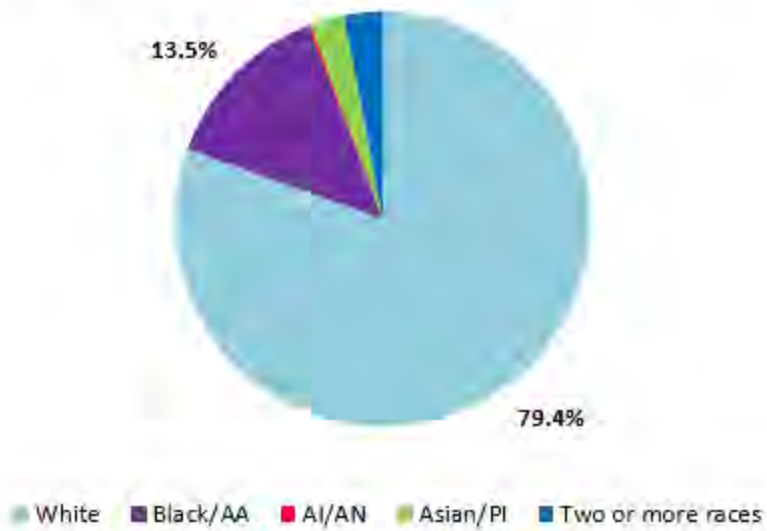
Race/Ethnicity Distribution for Maryland, Harford County, and Selected Zip Codes

Race/Ethnicity	Maryland	Harford	Edgewood	Aberdeen	HdG
White	56.6%	79.4%	48.0%	59.6%	77.9%
Black/African American	29.7%	13.5%	40.5%	30.4%	14.2%
American Indian/ Alaska Native	0.3%	0.2%	0.1%	0.2%	0.4%
Asian/Pacific Islander	6.2%	2.6%	1.1%	3.8%	3.7%
Two or More Races	3.2%	3.0%	6.2%	4.7%	3.3%
Hispanic/Latino	9.6%	4.2%	3.1%	6.1%	2.5%

*Hispanic/Latino respondents can be of any race

Source: US Census Bureau 2013-2017 ACS Demographic and Housing Estimates

2017 Racial/Ethnic Distribution in Harford County



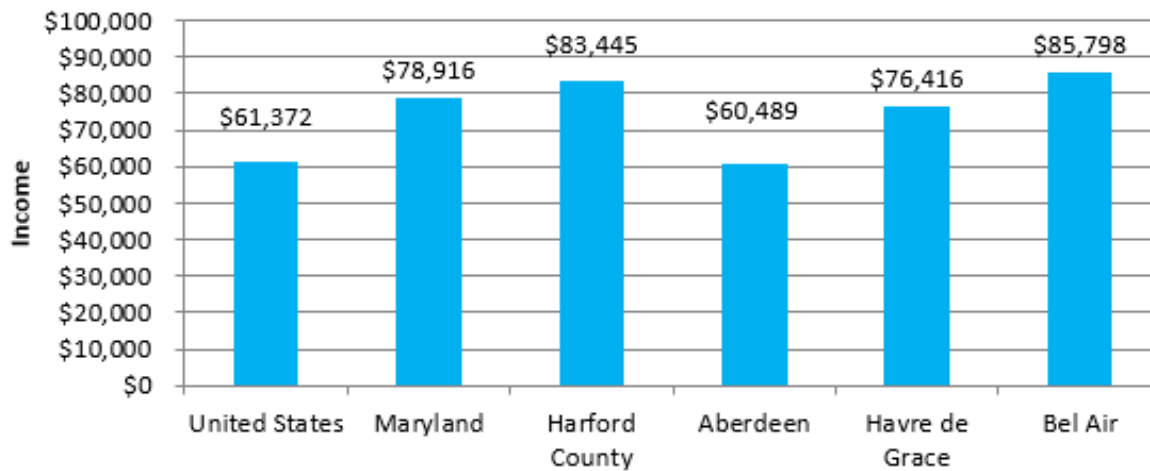
Source: US Census Bureau 2013-2017 ACS Demographic and Housing Estimates



Income and Poverty

When compared to the United States, Maryland is a wealthy state, with a median household income (\$78,916), well above the nation's (\$61,372). Harford County is one of Maryland's wealthier jurisdictions, with a median household income of \$83,445. However, the county's higher income is not distributed equally across the county: the three municipalities in Harford County have vastly different median incomes, with the city of Aberdeen having the lowest (\$60,489), followed by Havre de Grace (\$76,416) and Bel Air (\$85,798) (U.S. Census Bureau, 2017 American Community Survey 5-year estimates).

Median Household Income: United States, Maryland, Harford County, and Selected Zip Codes 2013-2017



Source: U.S. Census Bureau, 2013-2017 American Community Survey

Percentages provided in the 2008-2010 American Community Survey, 3-year estimates (U.S. Census Bureau) indicate that the poverty rate in Harford County families has increased, climbing from 4% to 5.4%, in line with an increase in Maryland's poverty rate (5.7% to the recent estimate of 6.6%) (U.S. Census Bureau, 2017 American Community Survey 5-year estimates).

Harford County poverty rates for White and Black families are starkly different: the percentage of families with a householder who is White has an estimated poverty level of 5.1% while families with a Black or African American householder has a poverty level of 14.3% (U.S. Census Bureau, 2011-2015 American Community Survey 5-Year Estimates).

Percentage of families whose income in the past 12 months is below the poverty level for Maryland, Harford, and Selected Zip Codes 2013-2017

Jurisdiction	Percent
Maryland	6.6%
Harford County	5.4%
Aberdeen	11.2%
Bel Air	3.3%
Havre de Grace	5.2%

Source: U.S. Census Bureau, 2013-2017 American Community Survey

The disparity in household incomes in Harford County and the cities of Aberdeen and Havre de Grace is consistent with the percentage of families whose income is below the poverty level. Both in Maryland and in Harford County, poverty rates are highest in families headed by a female and for families with related children under 18 years of age. Harford County has a slightly higher poverty rate among families with a female head when compared to Maryland, and a slightly lower rate for people age 65 and over. Poverty rates for families are distributed unequally across the county, with almost a third of families with a female head and close to one-quarter of related children below the poverty level in Aberdeen. The poverty rates in Harford County are reflected in the percentage of families receiving food stamps, with Aberdeen having the highest percentage of families and the town of Bel Air having the lowest.

Households with Food Stamp/SNAP Benefits in Past 12 Months for Maryland, Harford and Selected Zip Codes, 2013-2017

Jurisdiction	Percentage
Maryland	10.9%
Harford County	8.3%
Aberdeen	19.3%
Bel Air	4.0%
Havre de Grace	11.5%

Source: U.S. Census Bureau, 2013-2017 American Community Survey

The percentage of households in Harford County receiving food stamps has increased by 3% since the 2008-2010 American Community Survey; 3-year estimates (U.S. Census Bureau) reported that 5% of Harford County households were food stamp recipients, consistent with the increase in the poverty level in the County.

Education and Employment

Harford County Public School District has 54 schools, including 7 Title I elementary schools, with the mission to ensure academic achievement for at-risk students attending schools in high poverty areas. All 7 are located in the southern portion of the County: three in Aberdeen, and one each in Edgewood, Havre de Grace, Joppa, and Abingdon (<http://www.hcps.org/schools/>).

Harford County Public Schools had a total of 37,780 students in the 2017-2018 school year. The high school graduation rate was 88.94%, slightly higher than Maryland's rate of 87.12% (<http://reportcard.msde.maryland.gov/>). According to Schooldigger, an organization that calculates school rankings based on test scores released by the Maryland Department of Education, Harford County Public Schools ranked 11th best out of the 24 public school systems in Maryland in 2017. This was a drop from 5th best in 2015 (<https://www.schooldigger.com/go/MD/districtrank.aspx>).

In 2017, 92.9% of people 25 years and over in Harford County had at least graduated from high school and 35.2% had a bachelor's degree or higher. An estimated 7.1% did not complete high school. In comparison, in the town with the highest level of poverty, Aberdeen, an estimated 11.9% did not complete high school, and only 14.2% had bachelor's degree.

**2017 Percent Educational Attainment of Population
25 Years and Over, Harford County and Selected Zip Codes**

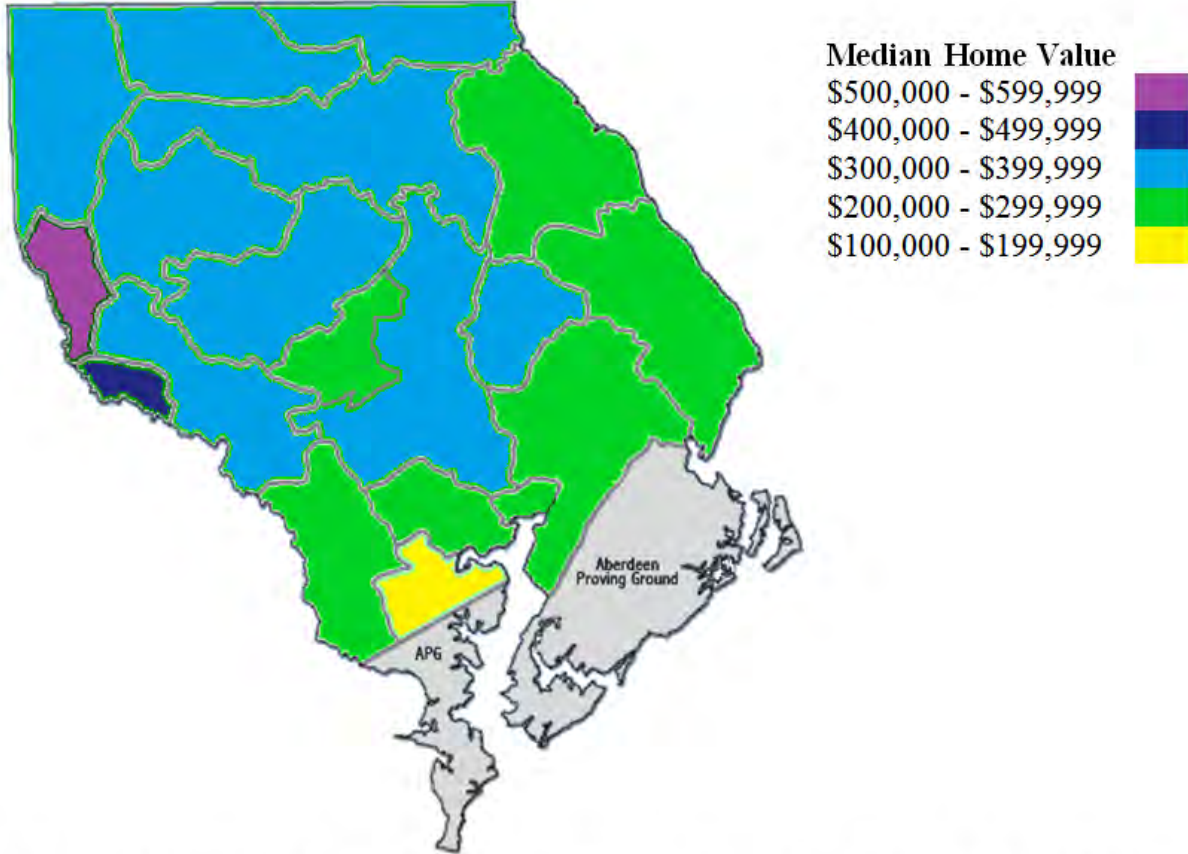
Educational Attainment	Harford	Aberdeen	Edgewood	HdG
Less than High school diploma	7.1	11.9	10.0	8.8
High school diploma or equivalency	27.1	32.5	35.1	25.1
Some college, no degree	22.4	25.9	27.1	19.2
Associate's degree	8.2	7.9	9.0	6.5
Bachelor's degree	21	14.2	11.1	21
Graduate or Professional degree	14.1	7.6	7.6	18

Source: U.S. Census Bureau, 2013-2017 American Community Survey

In Harford County, 64.4% of the population age 16 and over was employed; 31.2% were not currently in the labor force. An estimated 74.9% of the people employed were private wage and salary workers; 20.9% were federal, state, or local government workers; and 2.7% were self-employed in their own (not incorporated) business (U.S. Census Bureau, 2013-2017 American Community Survey).

Housing and Transportation

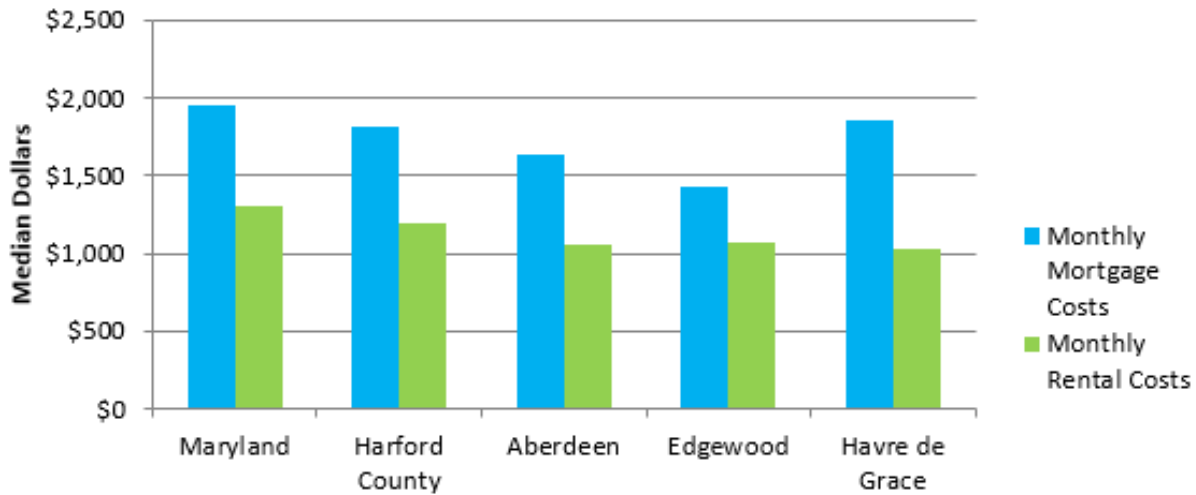
While the median value of homes in Harford County (\$281,400) is only slightly less than Maryland's (\$296,500), the difference when considering housing prices by zip code is dramatic. Prices range from below the state value in the Edgewood area, where the median home value is \$163,300, to well above the state in the Monkton area, where the median home costs \$517,400. The following map shows median home values by zip code.



Source: U.S. Census Bureau, 2012-2017 American Community Survey 5-Year Estimates, Median Value.

Rental costs must also be taken into account when assessing the housing landscape of a community. The following table shows monthly mortgage and rental costs for Maryland, Harford County, and selected zip codes from the U.S. Census Bureau.

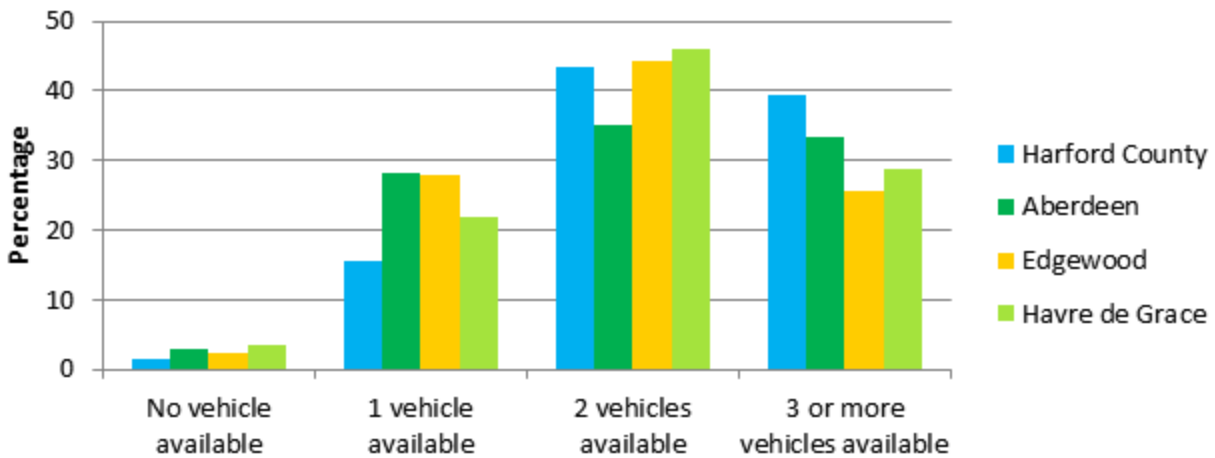
2017 Monthly Mortgage and Rental Costs Maryland, Harford County, and Selected Zip Codes



Source: U.S. Census Bureau, 2017 American Community Survey 5-Year Estimates

Transportation is also a concern in many parts of the county, especially for seniors, youth, and low-income individuals in the rural areas of northern Harford County. Amenities such as shopping, entertainment, and health services are often far away, and there are few public transportation options. The bus service has limited hours and routes making it difficult for those without cars to access them. Data show that 1.6% of residents in the county have no access to a vehicle, with that number reaching 3.4% in Havre de Grace. The table below shows vehicle availability for households in select zip codes for the county, as of 2016.

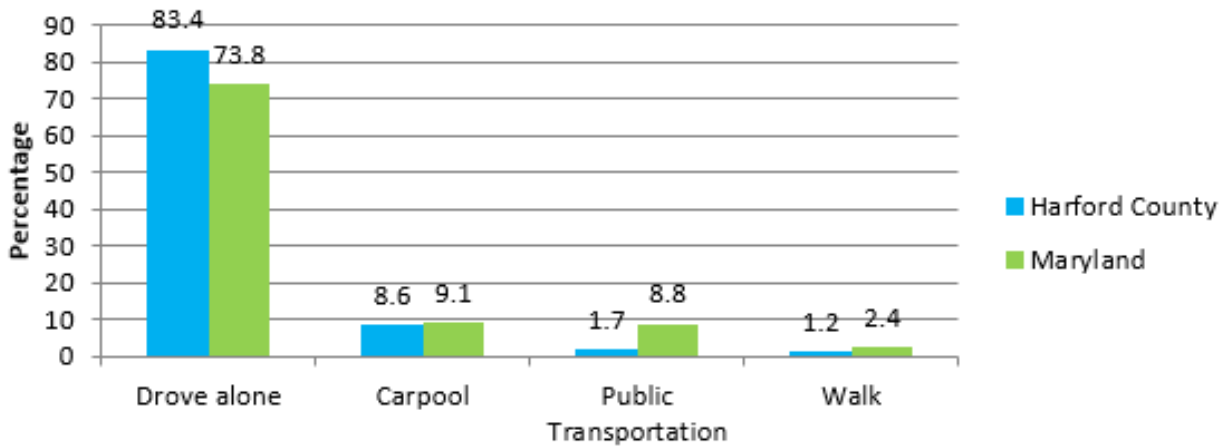
2016 Number of Vehicles Available to Workers 16 and Over by Location



Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates

In addition, 45% of county residents work outside of Harford County, either in a different Maryland county or another state. The following table shows means of transportation to work for Maryland and Harford County for 2017. Notice that 83.4% of residents drove alone to work and only 8.6% carpooled. With limited availability of public transport throughout the county, only 1.7% of residents use public transportation when compared to 8.8% of Maryland residents.

2017 Means of Transportation to Work for Maryland and Harford County

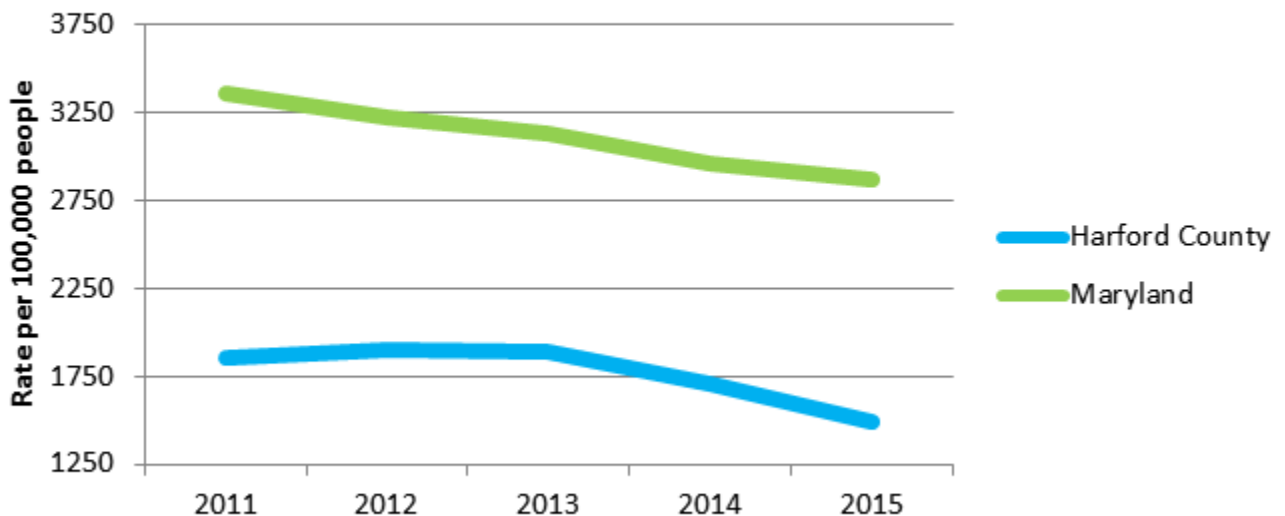


Source: U.S. Census Bureau, 2013-2017 American Community Survey 5-Year Estimates

Crime

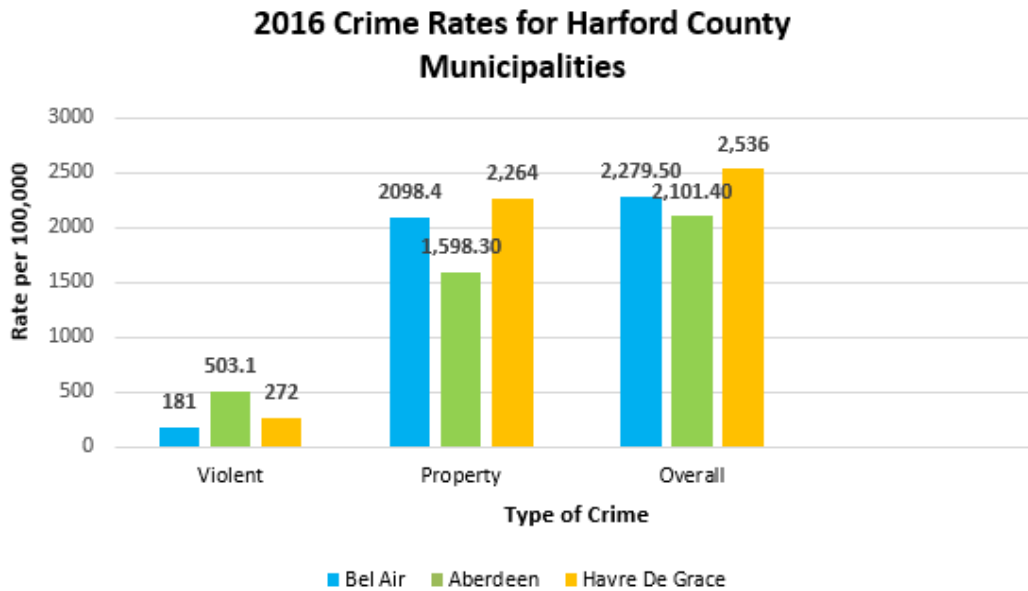
In 2015, Harford County had an annual violent crime rate of 239 per 100,000 people, which is much lower than Maryland's rate of 471. Similarly, the rate of property crime in Harford County was lower than the state's at 1,257 per 100,000 when compared to Maryland's rate of 2,395. The chart below shows the overall crime rates in both Harford County and Maryland; both have been decreasing since 2011.

2011-2015 Overall Crime Rates for Harford County & Maryland

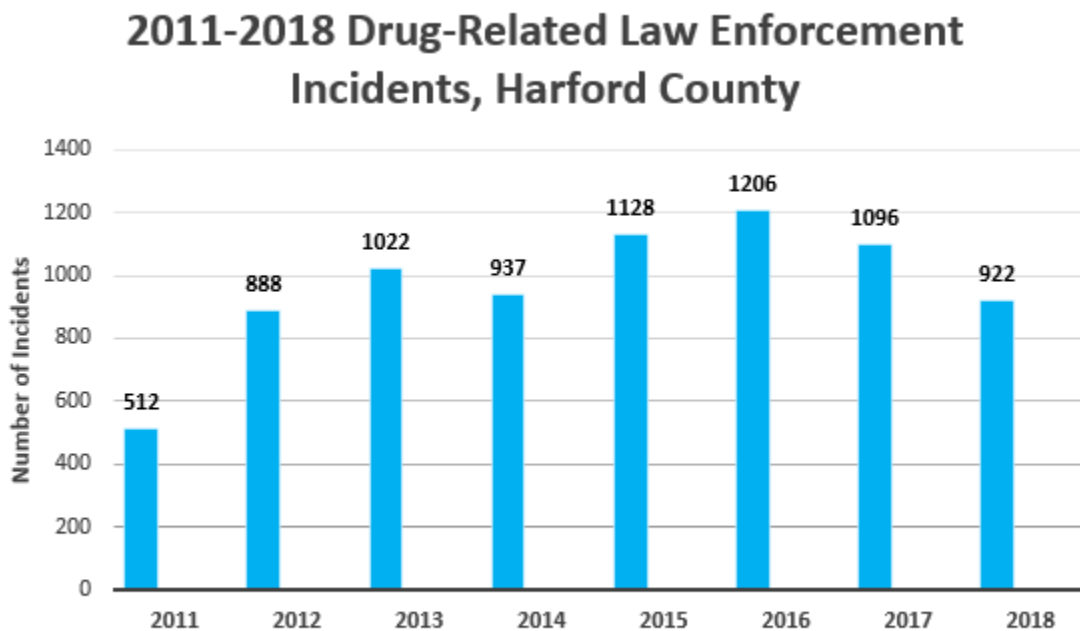


Source: Maryland Crime Data from the Governor's Office of Crime Control & Prevention

The chart below shows the violent, property, and overall crime rates for the towns of Bel Air, Aberdeen, and Havre de Grace for 2016. The violent crime rate in Aberdeen (503.1) is significantly higher than the county's as a whole, illustrating the inequity in living conditions for families residing in this area.



Despite the dramatic decreases in both violent crime and property crime in Harford County and throughout the state, the number of drug-related incidents reported by the Harford County Sheriff's Office has increased by 80% from 2011 to 2017. This growing trend has shifted the focus of law enforcement to combat the drug crisis in Harford County.



Source: Harford County Sheriff's Office Incident Dataset (Socrata)

Access to Healthy Foods and Recreational Opportunities

In Harford County, most residents have access to grocery stores where healthy foods are available. According to the 2017 County Health Rankings, which provides a measure of “Limited Access to Healthy Foods,” 97% of residents live close to a grocery store, with only 4% or an estimated 10,041 people having limited access to healthy food. This measure is based on the percentage of the population that is low income and does not live close to a grocery store. While access to grocery stores is not a problem for most Harford County residents, many families require assistance in purchasing foods: 8.3 % or 20,760 of households in Harford County received food stamps from the Supplemental Nutrition Assistance Program in 2017 (U.S. Census, Fact Finder).

A more pressing issue for a small percentage of Harford County residents is having an inadequate amount of food or “food insecurity” at some time during each year. Food insecurity is the USDA’s measure of lack of access, at times, to enough food for an active, healthy life for all household members and limited or uncertain availability of nutritionally adequate foods. Per the USDA Food Environment Atlas, households experiencing food insecurity experience this condition, on average, in seven months of the year. It is estimated that in 2017 the food insecurity rate for the Harford County population was 8% or 20,082 people. This is less than Maryland’s rate of 11%. In Harford County, the weekly food budget shortfall for food insecure people was \$17.38 per person, per week in 2015. In summary, most Harford County residents have access to grocery stores to purchase healthy foods. However, a number of these residents face food insecurity at some time during the year, with healthy foods out of reach.

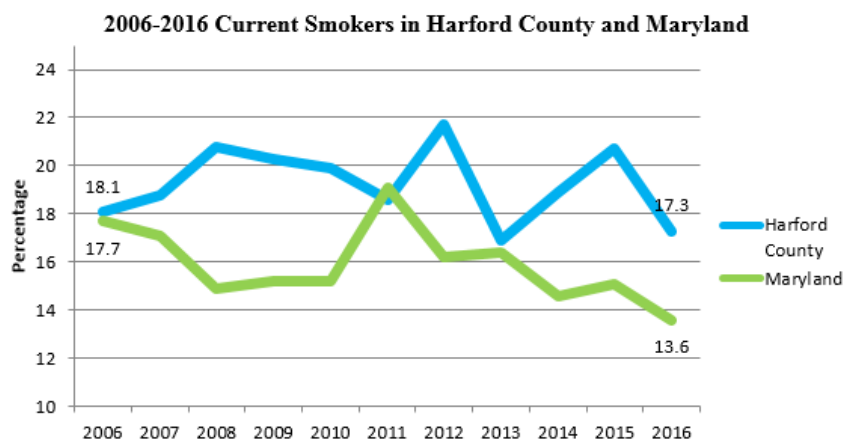
To help Harford County residents keep active, the County’s Department of Parks and Recreation maintains 12 community centers, 7 senior activity centers, and over 25 parks and open spaces. The department sponsors a number of programs for adults, preschoolers, youth and families and also works with members of the general community through 20 Recreation Councils in the development of programs. Healthy Harford, a non-profit organization, was established a number of years ago to promote health and wellness in the county, providing opportunities for the public to participate in physical activities by sponsoring and advertising various events. Most recently, Healthy Harford worked with county partners to promote the Harford County parks; the program was based on a Healthy Parks/Healthy People program designed by the National Parks Department to reframe the role of parks and public lands as an emerging, powerful health prevention strategy.



Healthy behaviors can help to prevent and protect people from getting diseases and also to maintain or improve overall health and wellbeing. Healthy behaviors are estimated to affect 40% of health outcomes and make up the most significant factor influencing the health of individuals. Practicing good behaviors enhances health, while harmful behaviors may lead to disease, injury or death.

Tobacco Use

According to the 2014-2016 Behavioral Risk Factor Surveillance Survey (BRFSS), 17.3% of Harford County adults reported that they currently smoked cigarettes every day or some days. Adults with annual incomes less than \$15,000 were 5.7 times more likely to smoke than those with income at or above \$75,000 in 2014. Educational attainment also correlated to smoking rates: adults without a high school diploma were 9.7 times more likely to smoke than college graduates according to the 2014 BRFSS. The graph below outlines smoking rates over the past ten years for Harford County and Maryland.

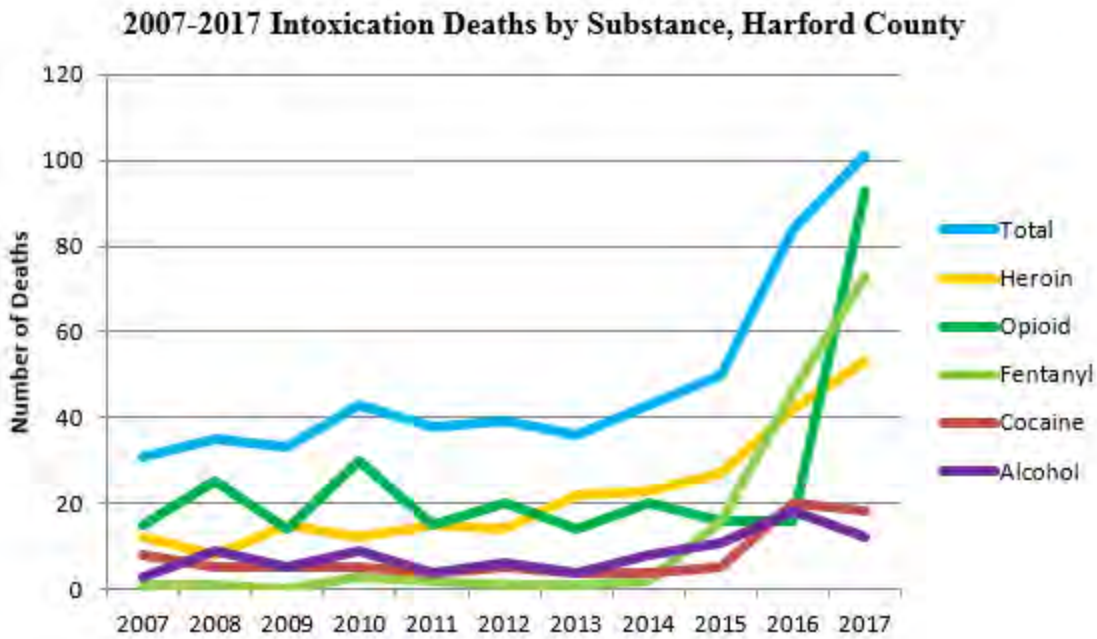


Source: 2006-2016 Maryland BRFSS

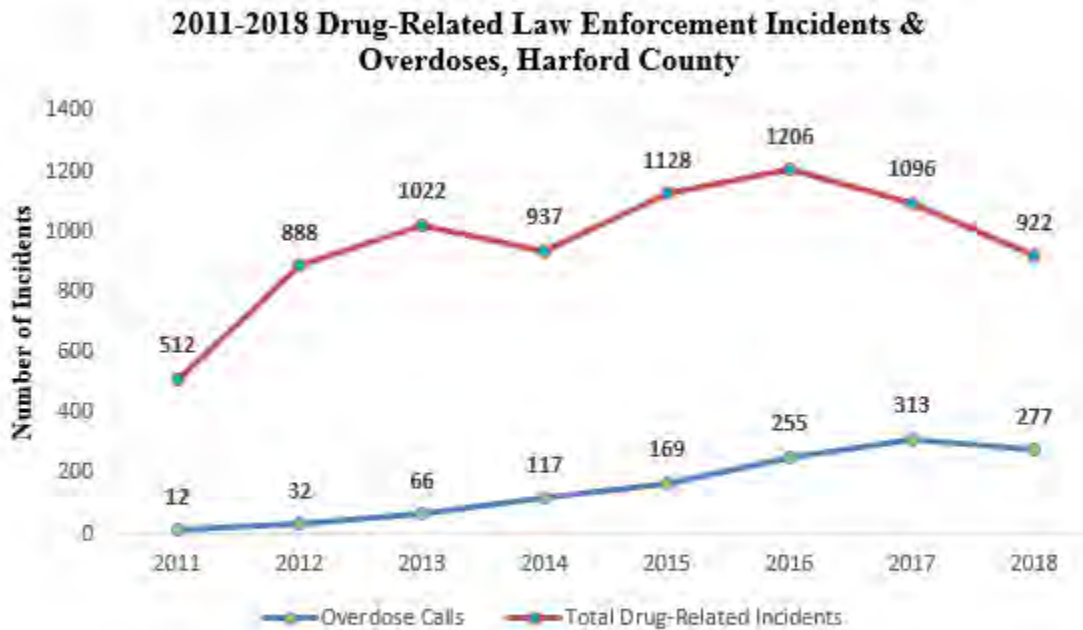
School-aged students were considered smokers if they smoked at least 1 cigarette or cigar in the past 30 days. The 2016 Youth Risk Behavior Surveillance System Survey (YRBS) found that the percentage of current smokers in Harford County high schools was 9.3% when compared to 16.9% in 2014. While this rate has decreased over time, the percentage of students reporting that they currently use electronic vapor products exceeded the number of current smokers at 14.3% according to the 2016 YRBS. The percentage of students using any type of tobacco products (cigarette, smokeless tobacco, cigar, or electronic vapor products) was 21.9% (2016 YRBS).

Alcohol and Substance Abuse

Since 2007 the number of drug and alcohol-related intoxication deaths has more than doubled in both Maryland and Harford County. The graph below shows the number of intoxication deaths by substance for Harford County, including heroin, opioids, fentanyl, cocaine, alcohol, and all deaths. Notably, heroin and fentanyl have caused the largest increase in intoxication deaths due to the increasingly volatile nature of the chemicals being mixed into the local drug supply. The numbers of drug-related law enforcement incidents increased dramatically since 2011 by 79%, which can be seen in the 2011-2018 Drug- Related Law Enforcement Incidents & Overdoses chart below.

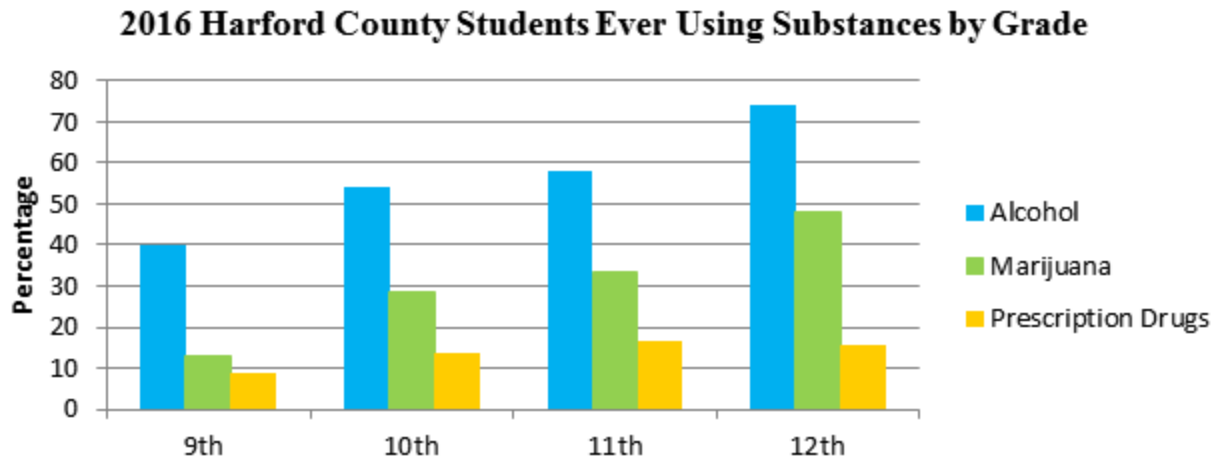


Source: Maryland Department of Health, Drug- and Alcohol-Related Intoxication Deaths in Maryland, 2017



Source: Harford County Sheriff's Office Crime Reports, 2011-2018

In BRFSS data for 2014-2016, 15.04% of Harford County adults reported binge drinking in the past month and 4.0% reported being chronic drinkers (1-2 or more drinks per day), both of which are close to the state percentages. The percentage of high school students reporting binge drinking was higher than the adult's: 15.6% of Harford County high school students reported being binge drinkers in 2016. The graph below shows alcohol and substance use by grade for high school students.



Source: 2016 Maryland Youth Risk Behavior Survey (YRBS)

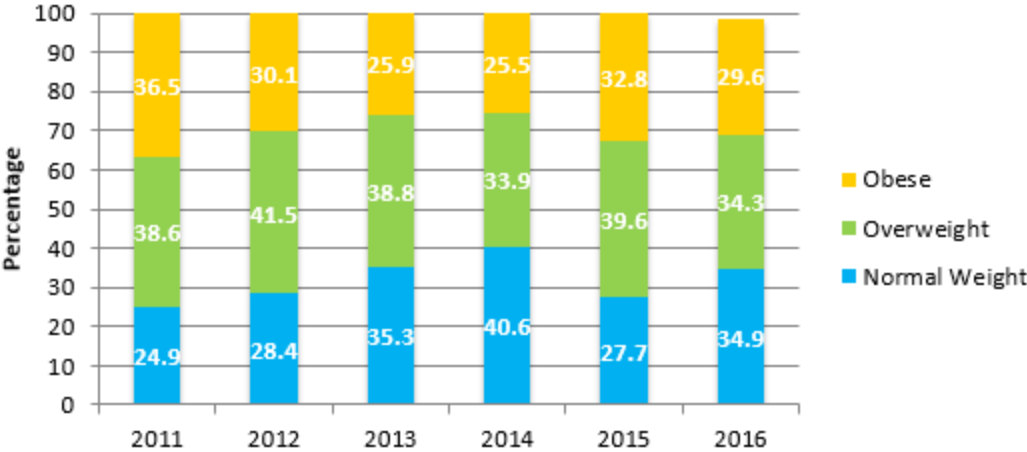
Healthy Eating, Active Living, and Obesity

Diet and exercise habits have a tremendous impact on health and wellbeing. Data from the 2014-2016 BRFSS indicate that only 70.9% of Harford County adults consume one or more servings of fruits per day and only 79.9% consume one or more servings of vegetables daily. Both percentages mirrored the state as a whole for fruit and vegetable consumption.

Physical activity was also recorded during the same years and showed that 77.5% of adults reported engaging in some form of leisure time physical activity throughout the week. While this percentage does not indicate whether the respondents got the recommended 150 minutes of exercise each week, it is encouraging to see such a high percentage of adults participating in physical exercise. The state's percentage was slightly higher at 78.9%.

According to the 2016 BRFSS, Harford County's obesity rate was 34.9%, which was higher than the state's (28.6%). Several factors were shown to increase a person's chance of obesity including income, race, and educational attainment. Black adults were almost twice as likely to be obese when compared to white adults, a disparity that is much more evident in Harford County than the state as a whole in the 2015 BRFSS, but this gap had been significantly reduced in the 2016 assessment. In the 2015 BRFF assessment, adults without a high school diploma were also almost twice as likely to be obese than their college graduate counterparts. Adults making over \$75,000 annually were slightly less likely to be obese than adults making less than \$15,000. The graph below shows obesity, overweight, and normal weight trends between 2011 and 2016.

2011-2016 Weight Classifications, Harford County



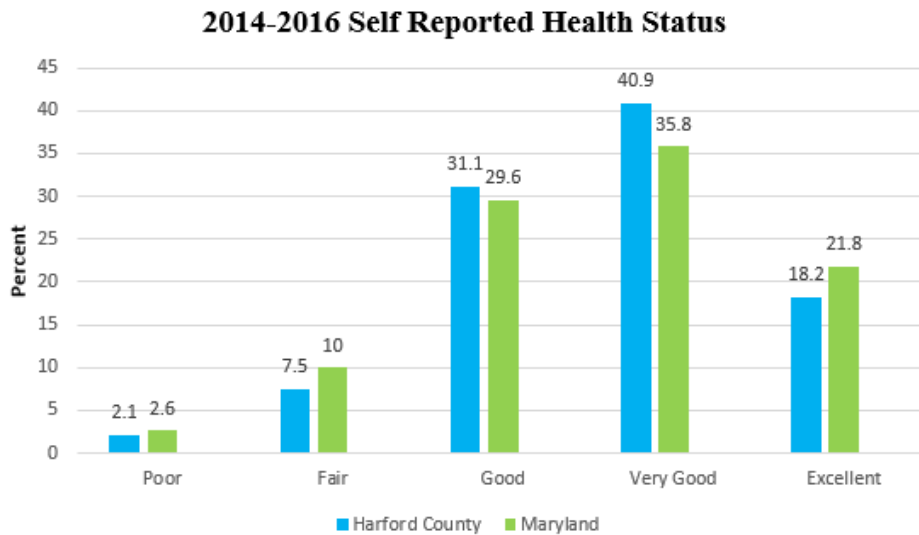
Source: 2011-2016 Maryland BRFSS



The Health Outcomes section of this report provides an overview of the health conditions of Harford County residents by exploring perceived health status, the leading causes of death and hospitalization, chronic and communicable disease, injury, mental health, and maternal and child health. The combination of these outcomes paints the picture of how the health behaviors outlined in the previous section manifest in a community.

Perceived Health Status

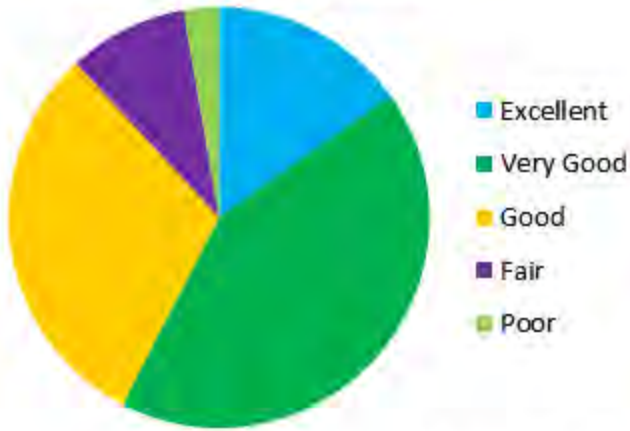
In the 2014-2016 BRFSS, respondents were asked to rank their overall health from poor to excellent. The survey indicated that the 40.9% of Harford County residents consider their health to be very good, which is above the state average (35.8%). However, Maryland respondents as a whole were more likely to identify as being in excellent health (21.8%) than Harford County respondents (18.2%). The graph below shows the percentage of perceived health status for each ranking.



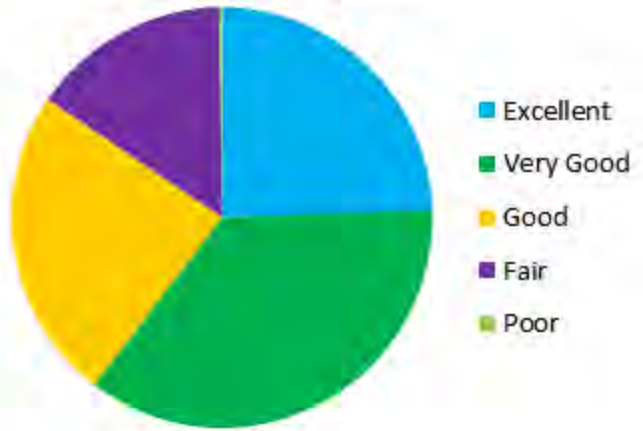
Source: 2014-2016 Maryland BRFSS

The 2013-2015 Maryland BRFSS data indicated that Harford County's white non-Hispanic and black non-Hispanic populations have differences in perceived health status, with 56.6% of white adults reporting very good or excellent health status as compared 60.4% of black adults. The white population had a higher percentage reporting good health (30.5%) than the black population (24.1%), and a lower percentage reporting fair health (9.2%) compared to the black responses (15.3%).

2013-2015 Self-Reported Health Status: White Population



2013-2015 Self-Reported Health Status: Black Population

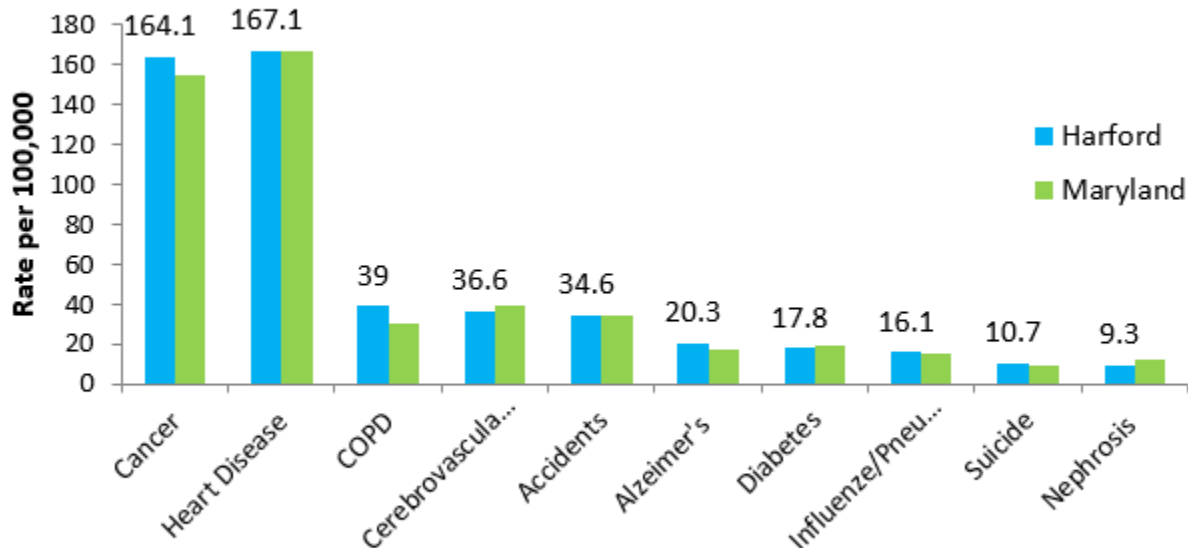


Source: 2013-2015 Maryland BRFSS

Leading Causes of Death and Hospitalization

Data from the Maryland Vital Statistics Administration indicate that the top three leading causes of death in Maryland include heart disease, cancer, and cerebrovascular disease (stroke). The role of accidents as the fourth leading cause of death is a relatively new phenomenon that could likely be attributed to the growing opioid epidemic and accidental overdoses. Harford County's leading causes of death do not mirror the state's. The county's three leading causes of death include heart disease, cancer, and chronic obstructive pulmonary disease (COPD). The state's three leading causes of death include heart disease, cancer, and cerebrovascular disease. In addition, between 2014 and 2016 the number of years of potential life lost in Harford County was 5,800 per 100,000 population when compared to 6,500 for the state of Maryland. For African Americans in Harford County, that number increased to 7,600 years of life lost.

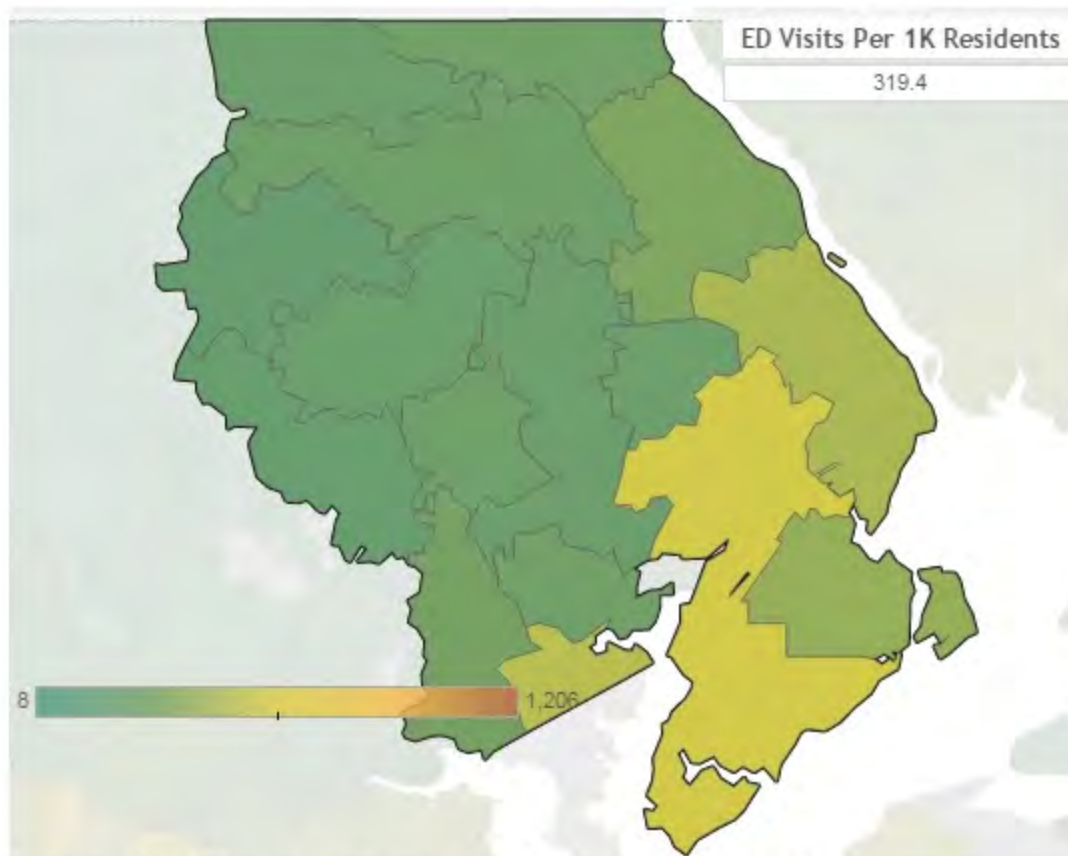
Age-Adjusted Mortality Rate Per 100,000 for Leading Causes of Death Maryland and Harford County, 2017



Source: 2017 Maryland Vital Statistics Annual Report

The image below shows rates of emergency department (ED) visits per 1,000 residents in Harford County by zip code. Lighter colors on the image indicate higher ED visit rates, while darker colors indicate lower rates. The rate for Maryland was 353.2 per 1,000 residents in 2016. Harford County's rate was slightly lower at 316.1. When each zip code was examined individually, it was found that the zip codes with the highest ED visit rates were Aberdeen (580), Edgewood (502), and Havre de Grace (460), all of which were well above the state and county averages.

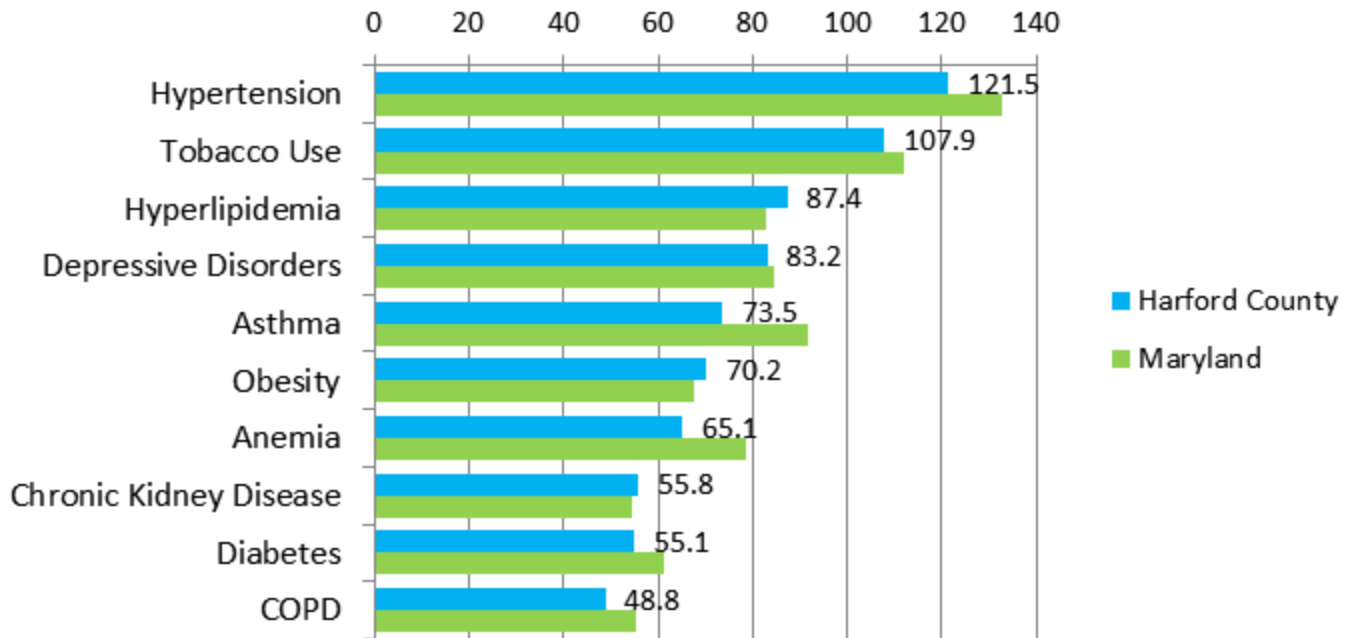
2016 Harford County Emergency Department Visits Per 1,000 Residents



Source: CRISP Emergency Department Visits by Zip Code (2016)

Using the Centers for Medicare and Medicaid Service's definition of chronic conditions, 2016 data for Harford County indicated that the three most common conditions associated with ED visits were hypertension, tobacco use, and hyperlipidemia (high concentration of fats or lipids in a patient's blood). Havre de Grace's top three chronic disease indicators were the same as those recorded for the county. However, while Aberdeen and Edgewood had tobacco use and hypertension as their leading indicators, the third and fourth highest indicators were depressive disorders and asthma, respectively, which suggest that these conditions were not being successfully treated on an outpatient basis. The top ten indicators for the entire county are listed in the table below.

Leading Chronic Conditions for Emergency Department Visits Harford County and Maryland, 2016

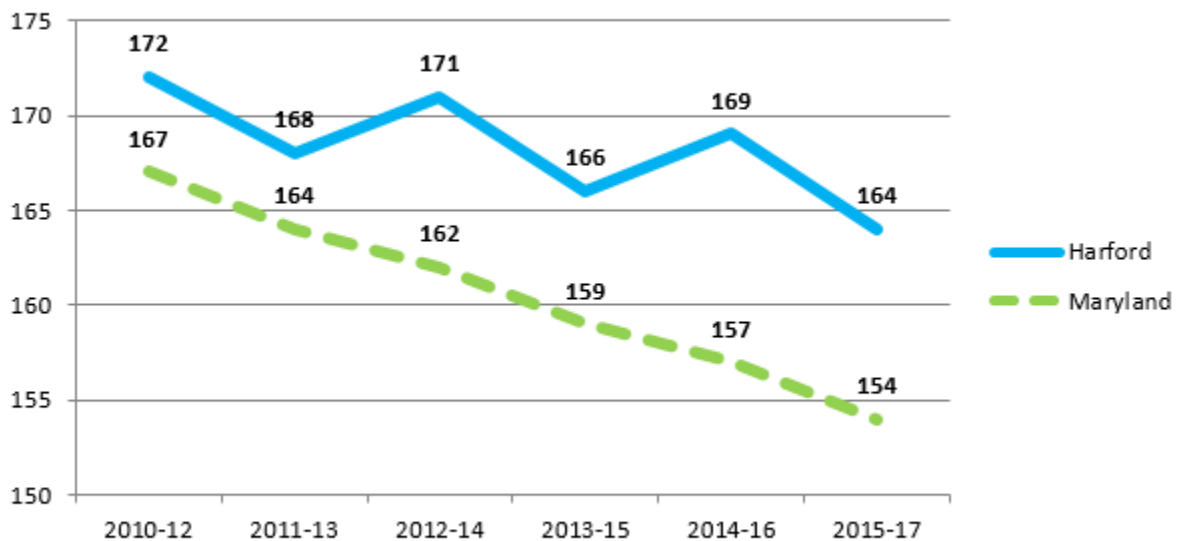


Source: CRISP Emergency Department CCW Conditions (2016)

Chronic and Communicable Disease

Cancer mortality rates are also worse in Harford County than for the State of Maryland. While the state's mortality rates have steadily declined over time, Harford County's rate has only slightly decreased. Cancer mortality rates for Harford County and Maryland are shown below.

Cancer Mortality Rates Harford County & Maryland, 2012-2017

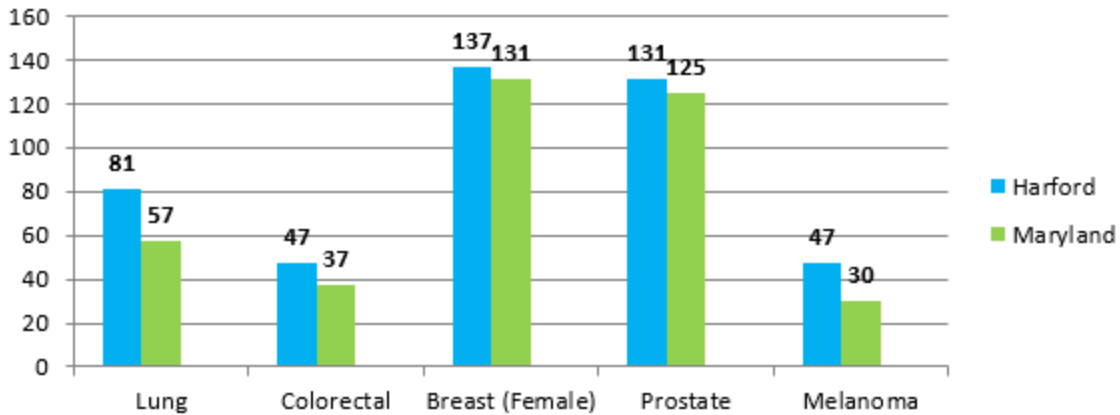


**Age-Adjusted Rates*

Source: Maryland Vital Statistics Reports, 2017

Cancer incidence rates by type are shown in the figure below for Harford County, Maryland, and the United States. Notice that Harford County rates are the same or worse for every cancer type when compared both locally and nationally.

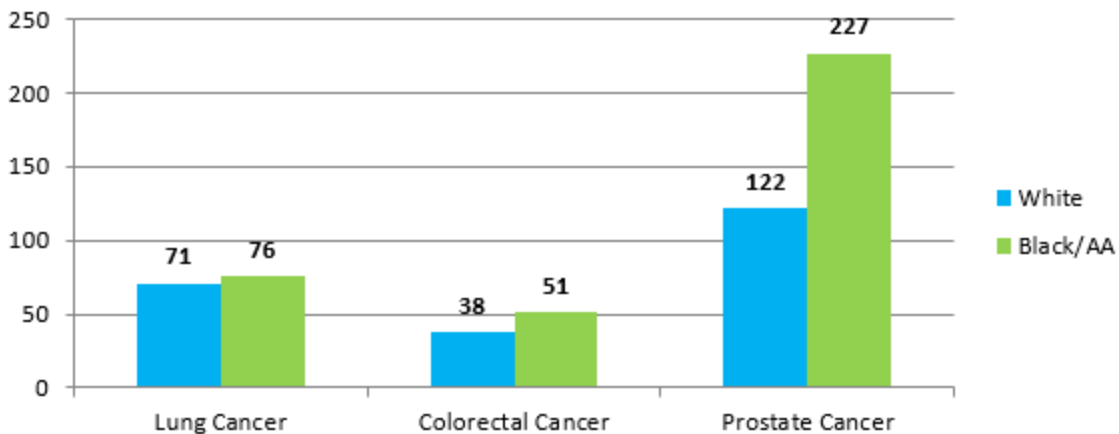
**Cancer Incidence Rates By Type
Harford County & Maryland, 2011-2015**



Source: CDC and NCI at <https://www.statecancerprofiles.cancer.gov/incidencerates/>

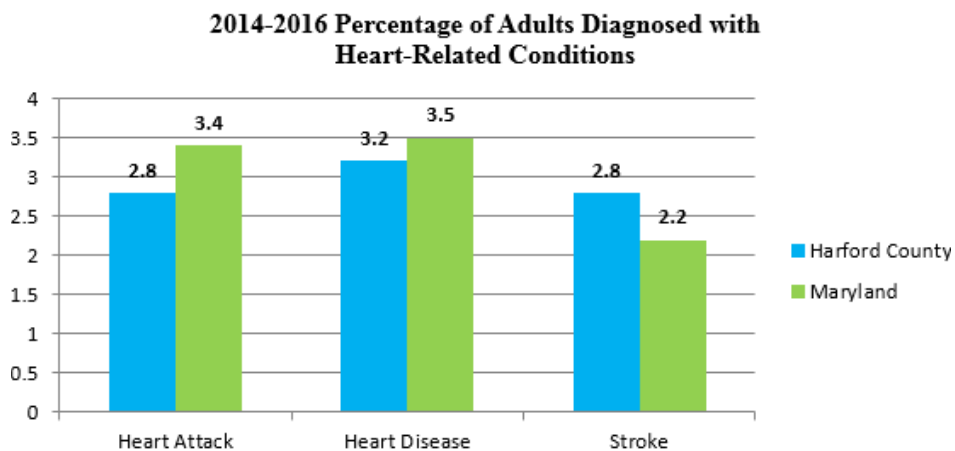
In addition to higher rates of cancer in the county, racial disparities exist for three types of cancers that have positive outcomes when screening occurs regularly. The figure below depicts incidence rates for lung cancer, colorectal cancer, and prostate cancer among white and black residents from 2011 to 2015.

**Cancer Incidence Rates By Race
Harford County, 2011-2015**



Source: CDC and NCI at <https://www.statecancerprofiles.cancer.gov/incidencerates/>

Harford County adults have been shown to have a higher percentage of several vascular diseases when compared to Maryland adults. The chart below shows the percentage of adults that have been told that they have experienced a heart attack, been diagnosed with heart disease, or had a stroke. The percentage of Harford County adults diagnosed with stroke is slightly higher than the state's percentage.



Source: 2014-2016 Maryland BRFSS

For other chronic conditions such as diabetes, asthma, Chronic Obstructive Pulmonary Disease (COPD), hypertension, and high cholesterol, the prevalence of each of these conditions is higher in Harford County than in the state, with the exception of diabetes. The following chart summarizes prevalence rates for each condition and compares them to the state prevalence.

Table: Percentage of Adults Ever Told They Have the Chronic Condition, 2014-2016

Chronic Condition	Harford County	Maryland
Asthma	14.3%	13.7%
COPD	7.5%	5.5%
Diabetes	10.7%	10.2%
High Cholesterol	45.1%	35.4%
Hypertension	37.0%	33.1%

Source: 2014-2016 Maryland BRFSS

A notifiable disease is any condition that, when identified in a patient, is required to be reported to the government so that its incidence can be monitored for potential outbreaks and clustering. In Maryland, there are 86 notifiable diseases that are reported to the Centers for Disease Control (CDC). Of those diseases, the highest case rates in Harford County were observed for chlamydia, Lyme disease, gonorrhea, salmonellosis (salmonella), and aseptic meningitis. The following chart provides rates for Harford County and Maryland per 100,000 residents. Notice that Harford County's Lyme disease rate is much higher than the state rate. In addition, 24 Harford County residents were diagnosed with HIV in 2017.

**2018 Notifiable Disease Incidence Rates per 100,000
in Harford County and Maryland**

Notifiable Disease	Harford County	Maryland
Chlamydia	383.1	587.2
Lyme Disease	61.4	22.9
Gonorrhea	75.2	170.5
Salmonellosis	15.4	16
Meningitis, Aseptic	13.4	5.9
Syphilis	2	12.2

Source: Maryland Department of Health, 2018

Maternal and Child Health

In 2017 there were 2,623 live births in Harford County. The chart below outlines maternal and child health data for the county. Maternal characteristics and birth outcomes in Harford County vary by race, indicating health disparities exist for mothers and babies for racial and ethnic minorities. Maternal characteristics and birth outcomes are provided by race in the chart below. Notice that the infant mortality rate for blacks in the county is more than three times higher than the rate for all races combined.

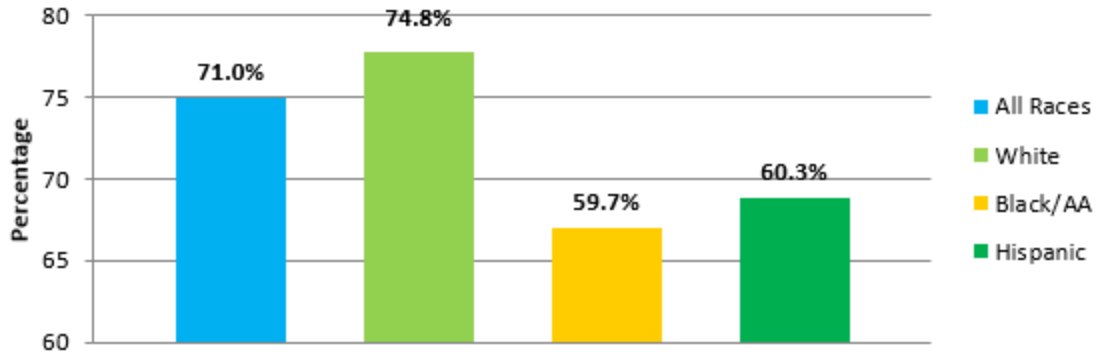
2016 & 2017 Maternal and Child Health Data, Harford County

Maternal Characteristics	Harford County	White	Black/AA	Hispanic
Under 20 years of age	2.6%	2.1%	4.0%	7.1%
Unmarried	32.0%	25.5%	59.4%	43.5%
Birth Outcomes				
Low birth weight (<2500 grams)	7.1%	5.9%	11.8%	8.4%
Infant Mortality (per 1,000 live births)*	4.8	3.1	14.4	N/A

Source: 2016 & 2017 Maryland Vital Statistics: Live Births*

A mother's well-being before, during, and after pregnancy can affect the health of a child from infancy to adulthood. The percentage of births to mothers receiving prenatal care in the first trimester of pregnancy was 74.9%, which was high when compared to Maryland's (66.2%). Births to mothers under the age of 20 made up only 2.6% of births in the county, while births to unmarried mothers made up 32.0% of births. The chart below highlights disparities in prenatal care by race in Harford County.

2017 Percentage of Births to Mothers that Received Prenatal Care in 1st Trimester, Harford County



Source: 2017 Maryland Vital Statistics

Injury

According to County Health Rankings data for 2018, the overall death rate from injuries in Harford County per 100,000 population was 66, which was slightly higher than the rate for Maryland (64). The rate of motor vehicle crash deaths was 10 per 100,000 in Harford County and 9 in Maryland. In addition, the percentage of motor vehicle deaths in which alcohol-impairment was the primary factor was higher in Maryland at 30%, than the 21% for Harford County deaths.

The table below shows causes of death and their corresponding death rates in both Harford County and Maryland from the 2017 Maryland Vital Statistics Annual Report. Intentional injuries from suicide and homicide accounted for 1.6% of deaths in Harford County in 2017 and unintentional injury deaths accounted for 7.4%. While injury deaths from motor vehicle accidents have decreased over the past ten years, deaths from intentional self-harm (suicide), poisoning, and falls have continued to increase throughout the state.

2017 External Causes of Death Rate per 100,000

Cause of Death	Harford	Maryland
Accident	34.6	34.3
Intentional Self-Harm (Suicide)	10.7	9.3
Assault (Homicide)	*	10.2

Source: Maryland Vital Statistics 2017

Mental Health

A combination of quantitative data collected in hospitals, schools, and community surveys paints a startling picture of mental health for both children and adults in some of Harford County's most vulnerable communities. The Maryland BRFSS data for 2014-2016 indicates that 21.4% of Harford County residents have been diagnosed with depressive disorder, compared to 15.6% for the state. In addition, hospital data made available by the Chesapeake Regional Information System for our Patients (CRISP) reporting system, which serves as a regional health information exchange for Maryland, Virginia, West Virginia, and the District of Columbia, indicates that the rates of hospitalizations and emergency department visits for mental health-related conditions are similar in Harford County and the state of Maryland, but geographic disparities appear in the three zip codes with the highest need index for the county. The need index is based on the Community Need Index developed by Dignity Health in 2004. The following tables summarize hospitalization and Emergency Department (ED) visit rates per 1,000 residents for the state, county, and three selected jurisdictions.

Hospitalizations per 1,000 Residents for Mental Health Indicators, CRISP 2016

Population	Depression	Alzheimer's	Bipolar	Schizophrenia
Maryland	43.86	13.05	12.50	8.17
Harford County	45.14	13.46	11.94	5.64
Aberdeen	70.9	19.3	22.2	10.3
Edgewood	58.03	12.12	19.57	8.52
Havre de Grace	62.1	20.9	17.7	8.2

Source: 2016 CRISP Hospitalization Data

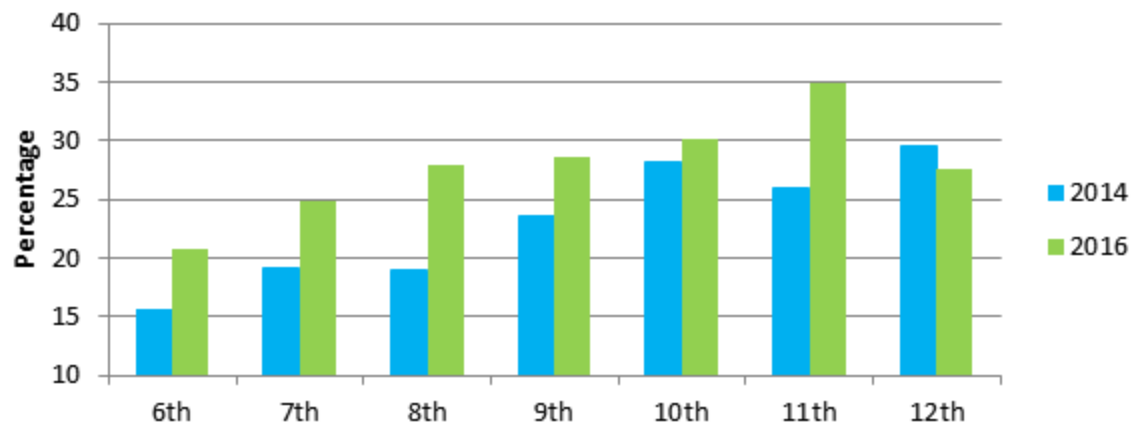
ED Visits per 1,000 Residents for Mental Health Indicators, CRISP 2016

Population	Depression	Alzheimer's	Bipolar	Schizophrenia
Maryland	84.7	12.6	40.9	21.6
Harford County	83.2	11.4	34.3	11.9
Aberdeen	164.5	18.6	77.7	27.3
Edgewood	128.9	11.4	61.4	22.2
Havre de Grace	128.8	20.2	50.2	18.3

Source: 2016 CRISP ED Visit Data

According to the 2014 and 2016 Maryland Youth Risk Behavior Survey, the percentage of students who reported feeling sad or hopeless for more than two weeks in a row climbed 33.3% between the first year of middle school and the senior year of high school. The percentage of high school students who seriously considered committing suicide was 18.2% while 14.4% made a plan for how they would commit suicide.

2014-2016 Percentage of Students Who Felt Sad or Hopeless by Grade, Harford County



Source: 2014 & 2016 Maryland Youth Risk Behavior Survey



Health Insurance Coverage

Without health insurance, most people cannot afford quality healthcare. Lack of coverage may lead to disparities in overall health. Access to health insurance coverage has remained strong in Harford County with the expansion of Medicaid eligibility and implementation of the Maryland Health Exchange for Qualified Health Plans under the Affordable Care Act. In 2017, the percentage of uninsured adults was just 3.9% compared to Maryland's 9% according to the U.S. Census Bureau. However, the following disparities arise by zip code, age, sex, race, and educational attainment. Notice that the following characteristics make adults less likely to have health insurance coverage: 18 to 24 years of age, male, Hispanic, and less than a high school degree. Populations with the highest uninsured rates live in Aberdeen (21001) and Edgewood (21040).

2016 Percentage Uninsured by Category by Zip Code, Harford County

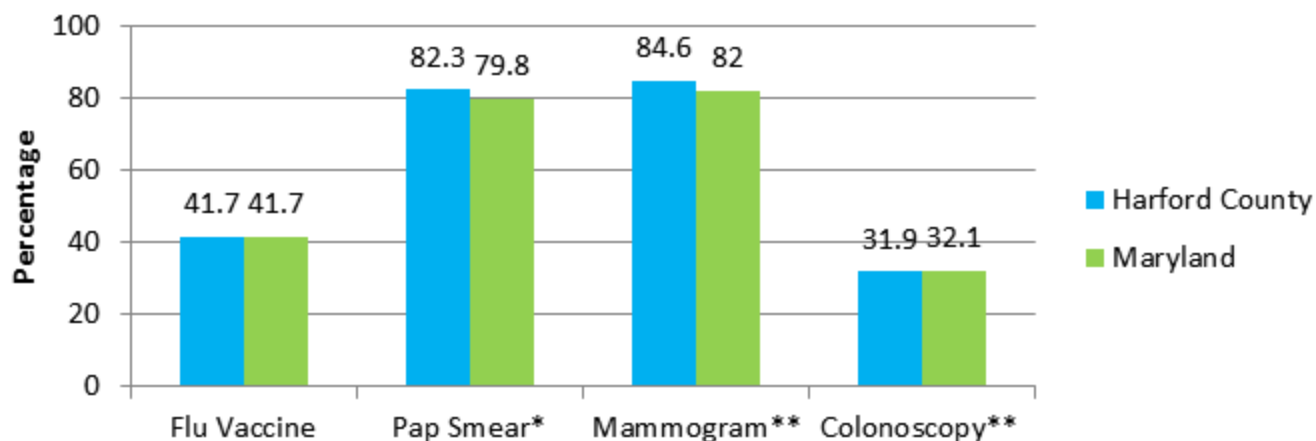
Age	Harford	Aberdeen	Edgewood	Havre de Grace
Under 18 years	2.1	1.8	1.4	2.0
18 to 24 years	8.7	16.6	19.2	11.8
25 to 34 years	9.1	15.0	13.4	6.9
35 to 44 years	5.9	10.3	10.4	7.2
45 to 54 years	5.4	11.4	8.6	5.9
55 to 64 years	4.6	9.5	9.0	6.2
Sex				
Female	3.7	6.7	5.9	4.3
Male	5.5	10.1	10.0	5.5
Race/Ethnicity				
White	3.7	7.1	9.8	4.0
Black/AA	7.4	9.3	6.6	8.4
Hispanic	12.8	18.8	17.6	8.9
Educational Attainment				
Less than high school	12.5	16.3	12.7	6.1
High school graduate	6.6	11.9	9.6	9.9
Some college	4.5	6.9	8.1	3.5
Bachelor's or higher	2.3	5.2	6.9	2.2

Source: U.S. Census 2012-2016 American Community Survey, 5-year Estimates

Access to Primary Care and Preventive Health Services

Preventive health services are essential for early detection of diseases and to avoid serious complications when diseases are not caught in their early stage. Most health insurance plans are required to cover a set of preventive services – such as vaccines and screenings – at no cost to the patient. The chart below shows the percentage of Harford County adults that took advantage of such opportunities from 2014. Notice that the use of each type of preventive health service is similar in Harford County and Maryland.

2014 Percentage of Harford County Residents Receiving Preventive Health Services



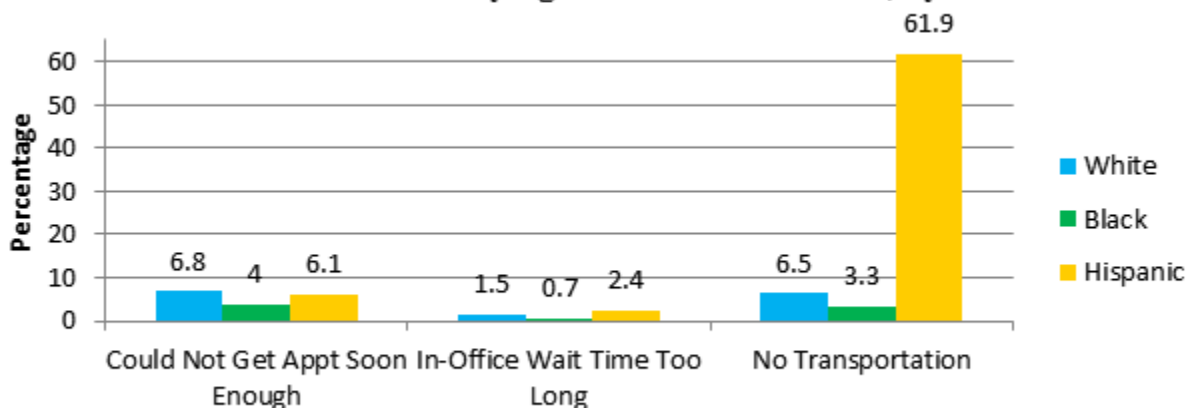
Source: 2014 Maryland BRFSS

*Screening in past 3 years for women 18 years and older

**Screening in past 2 years for adults 50 years and older

In the 2014-2016 BRFSS, 88.5% of Harford County residents reported having a person that they think of as their personal doctor or health care provider, higher than the state percentage of 85.05%. Responses to the 2016 BRFSS indicate that more Harford County residents have had routine health checkups in the last year (79.05%) than Maryland residents (75.79%). However, in the 2014-2016 BRFSS, 9.1% of Harford County residents reported needing to see a doctor but not being able to because of a cost barrier. In 2014 the two most reported reasons for delaying medical care included not being able to get an appointment soon enough (9.1%) and not having transportation to reach an appointment (8.3%), according to the Maryland BRFSS. The graph below shows that Hispanics were almost 10 times more likely than whites to report transportation as a barrier to receiving care.

2014 Reasons for Delaying Needed Medical Care, by Race



Source: 2014 Maryland BRFSS

According to the Maryland Department of Health's Health Resources and Services Administration, a portion of Harford County is considered a Health Professional Shortage Areas (HPSA) for primary care. The following image shows in green the area of Harford County that has been designated as HPSA for primary care.

Primary Care Health Professional Shortage Areas



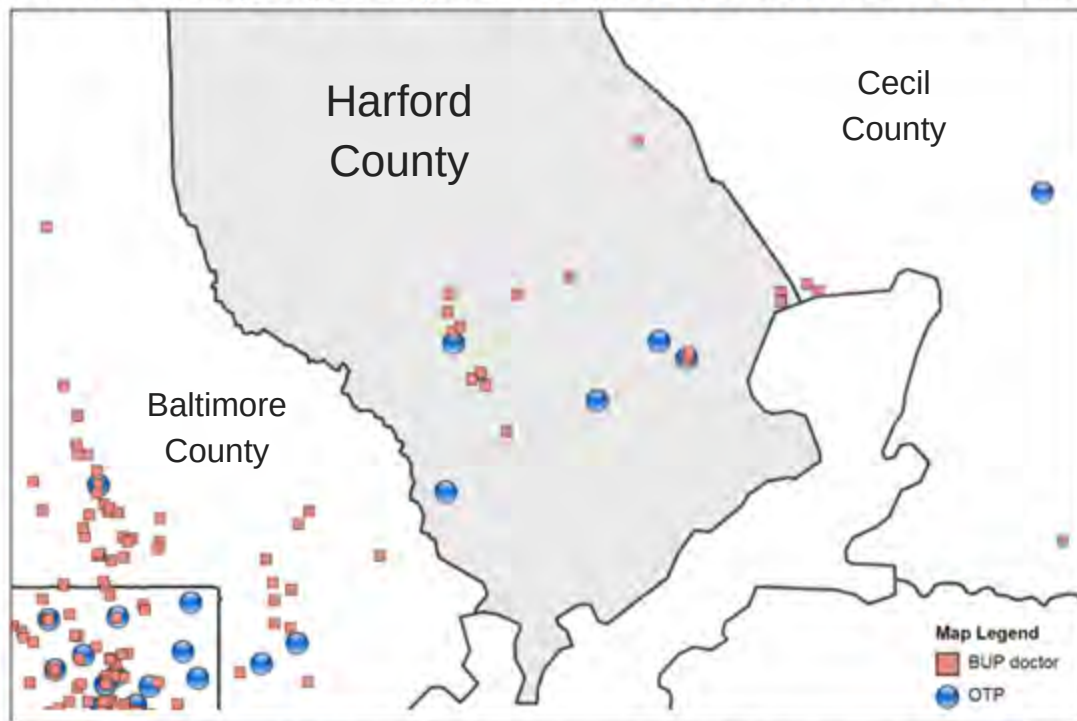
Source: Health Resources and Services Administration, County and County Equivalent Listing – Primary Care

Access to Mental Health and Substance Abuse Care

While most mental health and substance use disorders can be treated successfully, many who suffer from these diseases do not receive the care they need. The Health Resources and Services Administration designated all of Harford County as a Health Professional Shortage Area (HPSA) for mental health services. This designation means that the need for mental health services far outweighs their availability.

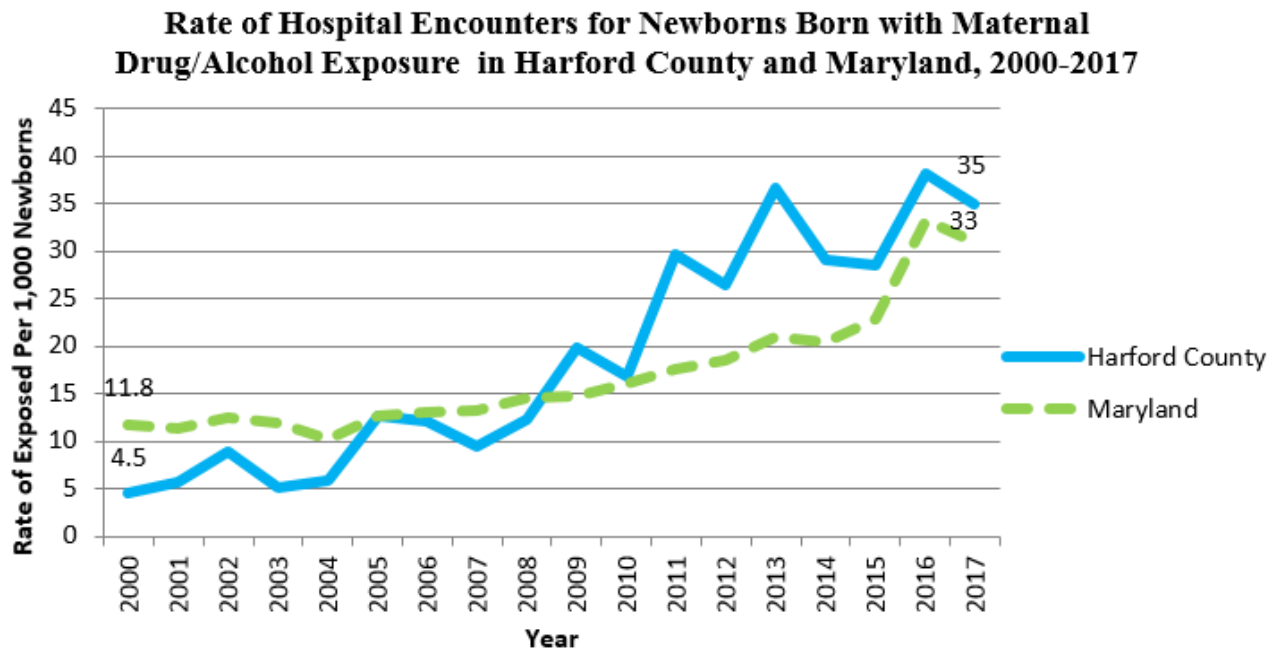
The Maryland Department of Health's Behavioral Health Administration compares each Maryland County's Opioid Treatment Program (OTP) capacity to the estimated need in that county. In 2015 Harford County's estimated need was 2,570 patients. In comparison, existing capacity could only serve 1,687 patients, leaving about 883 persons in need. The figure below maps Buprenorphine Treatment Providers and OTP facilities throughout the county. In addition, data from County Health Rankings show that in 2016, Harford County's mental health provider ratio was 740:1. This is much higher than Maryland's ratio of 490:1. United States counties in the 90th percentile for this measure report ratios closer to 360:1 for mental health providers.

Harford County Buprenorphine Treatment Providers and OTP Facilities



Source: 2015 Maryland Behavioral Health Administration Opioid Treatment Programs in Maryland

Another indicator that suggests limited access to substance abuse treatment is the rate of substance-exposed newborns. The following graph shows the 677% increase in the rate of hospital encounters for newborns with maternal drug/alcohol exposure for Harford County and Maryland between 2000 and 2017.



Source: HSCRC Hospital Data, 2000-2017

NOTE: ICD-10 Codes Used 760.70, 760.71, 760.72, 760.73, 760.75, 760.77, 779.5

The Harford County Health Department provides community-based behavioral health treatment and support services, as well as outreach, education, and specialized substance use disorder programs. The University of Maryland Upper Chesapeake Health provides behavioral health services through its Harford Memorial Hospital, including acute inpatient treatment, emergency room evaluations, medical consultations, and intensive outpatient programs. However, data indicates that the county needs additional capacity for treating those with mental illness and with addiction disorders.

Access to Oral Health Care

Oral health is an important part of overall health. Poor oral health has been associated with heart disease and has recently been linked to cancer in women (1). Dental problems are often painful, causing difficulty in eating and, consequently, to poor nutrition. On occasion, periodontal disease can require hospitalization and may lead to death. Access to affordable dental care is critical to ensuring good oral health. The ratio of dentists to population is lower in Harford County in 2017 than for the state as a whole: 1 dentist for every 1,590 people in the county as compared to 1 to 1,320 in the state. Harford County has a lack of dentists in the southern area, which has been designated as a Health Professional Shortage Area (HPSA) for dental health. In the map below, the county's dental HPSA is shaded purple.

Health Professional Shortage Areas - Dental Health



Source: Health Resources and Services Administration, County and County Equivalent Listing – Oral Health Care

Data for 2014–2016 from the Maryland BRFSS showed that 70.6% of adults in Harford County reported visiting the dentist in the past year, a figure that was in line with the state (70.3%). In addition, 6.7% reported that their last dental visit was over 5 years ago.

(1) Ngozi N. Nwizu, et. al., Periodontal Disease and Incident Cancer Risk among Postmenopausal Women: Results from the Women's Health Initiative Observational Cohort, Cancer Epidemiology, Biomarkers and Prevention, August 2017.



Background

The customized survey tool consisted of approximately 46 questions to assess access to health care, health status and behaviors, and health-related community strengths and opportunities. The online survey took respondents approximately 15 minutes to complete. In total, 1,741 respondents completed the survey.

The following section provides an overview of the findings from the Online Community Survey, including highlights of important health indicators and health disparities.

Demographic Information

The demographic profile of the respondents who completed the online survey is depicted in Tables 1 and 2. Approximately 55% of all respondents reside in zip codes 21014, 21015, 21009, 21078, and 21050. An additional 13.8% of respondents live in an “Other” zip code, the most common of which are 21901, 21918, and 21921. As depicted in Table 2, of the total 1,741 respondents, 80.29% were female and 19.71% were male. Whites comprised 83.77% of study participants and Blacks/African-Americans represented 11.55%. Approximately 3% of all respondents identified as Latino/Hispanic. Approximately 49% of all respondents were between the ages of 45 and 64 years. An additional 34.8% of all respondents were between the ages of 25 and 44 years.

Table 1. Zip Code Representation

Zip Code	%	Zip Code	%	Zip Code	%	Zip Code	%
21014	17.18	21040	7.15	21084	1.61	21005	0.52
Other	13.83	21001	6.80	21028	1.21	21111	0.29
21015	11.87	21047	3.75	21034	1.15	21010	0.23
21009	9.91	21085	2.54	21013	0.75	21060	0.12
21078	8.24	21154	2.42	21087	0.69	21018	0.06
21050	7.32	21017	1.61	21132	0.69	21082	0.06

Table 2. Demographic Information

Demographics	%
Gender	
Male	19.71
Female	80.29
Age	
18-24	4.97
25 – 34	16.94
35 – 44	17.86
45 – 54	24.10
55 – 64	24.97
65 – 80	10.69
81+	0.46
Race/Ethnicity	
White	83.77
Black/African American	11.55
American Indian/Alaska Native	0.40
Asian/Pacific Islander	1.68
One or more races	2.60
Hispanic/Latino*	3.06

* Hispanic/Latino respondents can be of any race, for example, White Hispanic or Black/African American Hispanic

The marital status, education level, employment status, and income level were also assessed for each respondent. The majority of respondents (63.09%) were married. Approximately 15% of respondents were single (never married) and 11.71% were divorced. 2.07% of respondents attained less than a high school diploma or GED. Approximately one-third (29.76%) of respondents attained some college, technical school or nursing school and 51.69% of respondents have an undergraduate degree or higher.

The majority (72.29%) of respondents were currently employed and working full-time. In addition, half of the respondents had an annual household income of \$75,000 or more. Less than 14% of respondents had an income less than \$25,000.

Table 2. Demographic Information Cont'd

Demographics	%
Marital Status	
Married	63.09
Divorced	11.71
Widowed	4.15
Separated	2.08
Never married	15.11
Member of an unmarried couple	3.86
Level of Education	
Never attended school or only attended kindergarten	0.0
Grades 1-8 (Elementary School)	0.52
Grades 9-11 (High school, no diploma)	1.55
High school diploma or GED	11.97
Some college or Technical school	32.30
College degree	29.76
Graduate degree	21.93
Other	1.96
Employment Status	
	%
Full-time employee	72.29
Part-time employee	12.99
Unemployed, looking for work	2.08
Unemployed, not looking for work	.064
Retired	6.93
Disabled, Not able to work	3.29
Student	0.75
Homemaker	1.04
Annual household income from all sources	
Less than \$10,000	5.21
\$10,000-\$14,999	2.87
\$15,000-\$19,999	1.99
\$20,000-\$24,999	3.10
\$25,000-\$34,999	6.91
\$35,000-\$49,999	9.02
\$50,000-\$74,999	16.29
\$75,000 and more	54.60

Access to Health Care

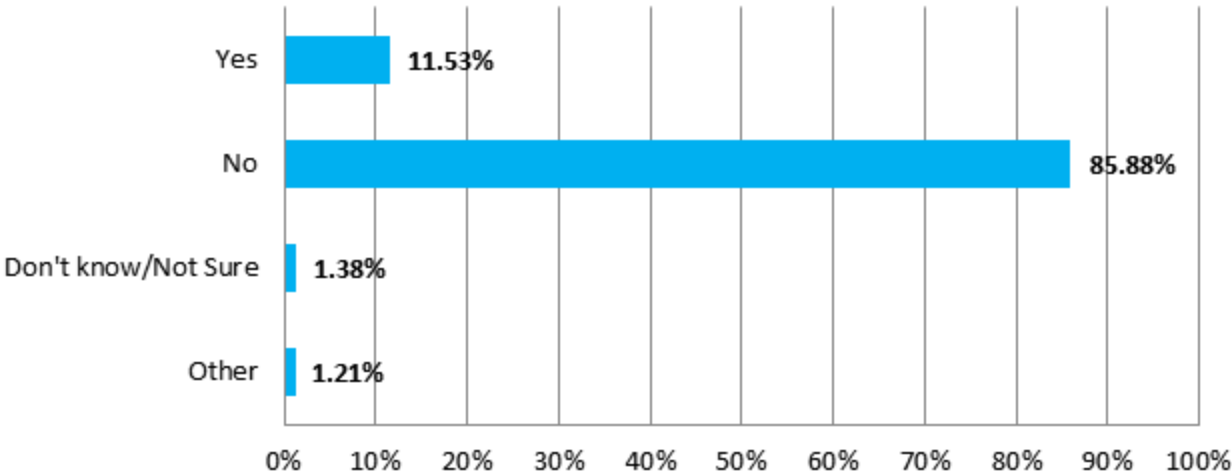
A high proportion of respondents had health care coverage (97.92%) and at least one person who they think of as their personal doctor or health care provider (88.44%). In addition, 76.33% of respondents had a routine checkup within the past year and 13.95% had one within the past two years. The source of respondent’s health insurance coverage is detailed in Table 3.

Table 3. Source of Health Insurance Coverage

Health Insurance Source	%
Your employer	61.09
Someone else’s employer	21.59
Medicaid or Medical Assistance, MCHiP	8.49
The military, CHAMPUS, or the VA	2.60
Some other source	5.60
A plan that you or someone else buys on your own	3.35
None/No Health Insurance	2.08

Despite primarily positive findings regarding health insurance and access to primary care, respondents in Harford County still cite the cost of care as a barrier. Nearly 12% of respondents said that there was a time in the past 12 months when they needed to see a doctor but could not because of cost. This finding may be an indicator that out-of-pocket expenses not covered by insurance (e.g. copays) are preventing respondents from seeking care when they need it. In addition, 21 respondents cited an “Other” reason for not being able to see a doctor due to cost. Of these 21 respondents, seven stated they were not able to afford dental care or they had transportation issues.

Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?



Next, respondents were asked if they had delayed needed medical care in the past 12 months. Nearly 71% of respondents did not delay or need medical care in the past 12 months. Of those who did delay medical care, 13.04% stated they could not get an appointment soon enough. Approximately 146 respondents (8.50%) cited an “Other” reason for delaying care. The most frequently mentioned themes are summarized below. The majority of respondents mentioned the inability to pay out-of-pocket costs as their main reason for delaying needed medical care. Others indicated being unable to take time off work.

Reason: Cost	Reason: Work
“No money.”	“Time off work means no pay.”
“No money for co-pays and couldn’t get an appointment quick enough.”	“Work gets in the way.”
“High co-pay/deductible.”	“Too busy at work to go.”
“Not being able to afford the tests I knew they would order.”	“Put job before my health and the care of an elderly parent.”
“Had to pay out of pocket as the doctor was out of network and the deductible was too high, and there was not a similar doctor I could go to instead of the one I went to.”	“Stressors at work make it difficult to make time for personal calls during regular business hours.”
“Can’t afford it.”	“Too hard to take off work to go.”
“I couldn’t afford the co-pay.”	“Appointment times inconvenient because I work during business hours too.”
“Co-pay too expensive; cannot afford.”	“Work prevents me from follow up with care after diagnosis.”
“Dentist cost a lot of money.”	“I cannot take time off to go to my doctor’s appointments because my job has a policy that two people cannot be off at the same time.”

Next, respondents were asked if they travel outside of Harford County to get medical help. More than one-third of respondents (35.66%) travel outside of the County for medical help. Respondents travel outside of the county for primary care, obstetrics/gynecology, and specialty care. The following is a summary of the approximate number of times the most prominent types of care/providers were mentioned.

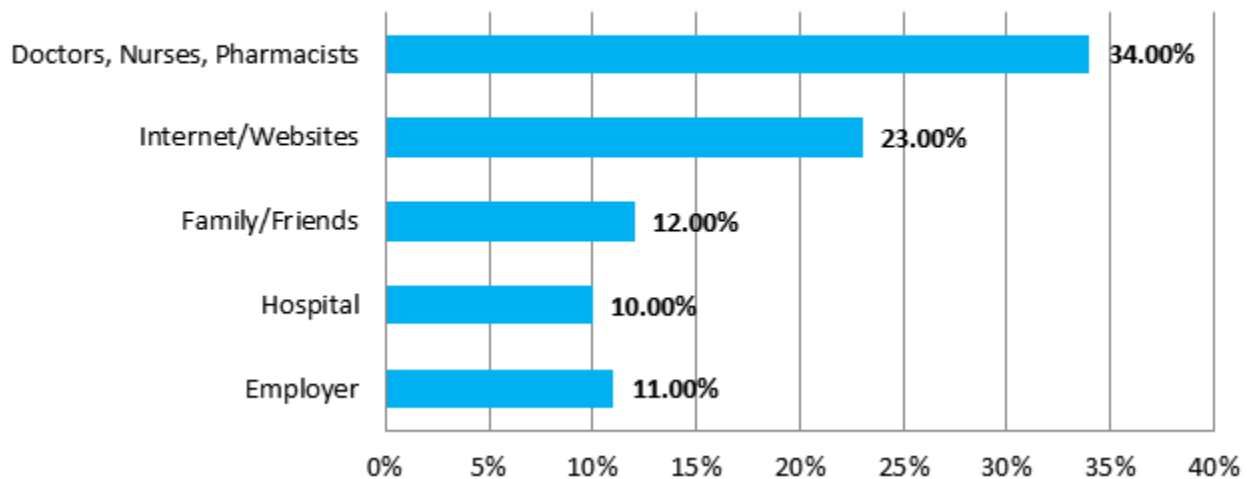
Table 4. “Other” Types of Care/Providers Respondents Travel Outside of the County to Visit

Type of Care/Provider	Number of Mentions
Primary care/Routine care	122
Obstetrics/Gynecology	81
Specialist	49
Dentist	18
Rheumatologist	16
Oncology	13
Surgery	12
Dermatology	10
Eye Doctor	9
Neurology	8
Mental Health	8
Orthopedics	8
Endocrinology	7
Pediatric	7
Gastrointestinal	6

Health Information

Respondents were asked to indicate where they get their health information. Approximately 90% of respondents get their information from one of the five sources shown in the graph below. More than one-third of participants (34%) reported that they get health-related information from health professionals (doctors, nurses, pharmacists). Respondents also indicated that they get health information from a variety of sources that were listed, not just one source.

“Where do you get your health information?” – Top 5 Sources of Health Information



Health Status & Chronic Health Issues

Overall Physical & Mental Health

Respondents were asked to rate their general health status. Approximately 56% of respondents stated their general health is very good or excellent. Approximately 11% of respondents stated their general health is fair or poor. Respondents were also asked to rate their overall physical and mental health. In general, self-reported measures of poor physical and mental health days were favorable among Harford County respondents. Nearly 50% of respondents reported having no poor physical health (including physical illness and injury) or mental health (including stress, depression, and problems with emotions) during the past 30 days. Thirty percent of respondents reported having poor physical health and 26% reported having poor mental health for a maximum of one to two days during the past 30 days.

Respondents were also asked how many hours of sleep they get in a 24 hour period on average. The vast majority of respondents (87.27%) reported getting 5 to 8 hours of sleep and 7.93% reported getting 9 to 12 hours of sleep. An average of 7 to 9 hours of sleep is recommended for adults by the National Sleep Foundation.

Physical Activity

It is widely supported that physical activity can inhibit health concerns such as obesity and overweight, heart disease, joint and muscle pain, and many others. It is recommended that individuals regularly engage in at least 30 minutes of moderate physical activity, preferably daily, and at least 20 minutes of vigorous physical activity several days a week. Approximately 72% of respondents reported that they have participated in physical activities or exercises such as running, calisthenics, golf, gardening or walking during the past month. Among respondents who participated in physical activity, the majority (51.50%) reported participating in exercise 1 to 5 times per week, and nearly 10% were physically active 6 to 10 times per week. The majority of respondents (59.29%) engaged in exercise for 30 minutes to 1 hour. These findings may indicate that the majority of respondents for Harford County engage in physical activity on a regular basis.

Dietary Behaviors

Respondents were asked about their consumption of fruits and vegetables. Only 10% of respondents reported eating fruits and/or vegetables three or more times a day. Approximately one-third of respondents eat fruits and/or vegetables one to two times per day.

Table 6. Fruit and Vegetable Consumption

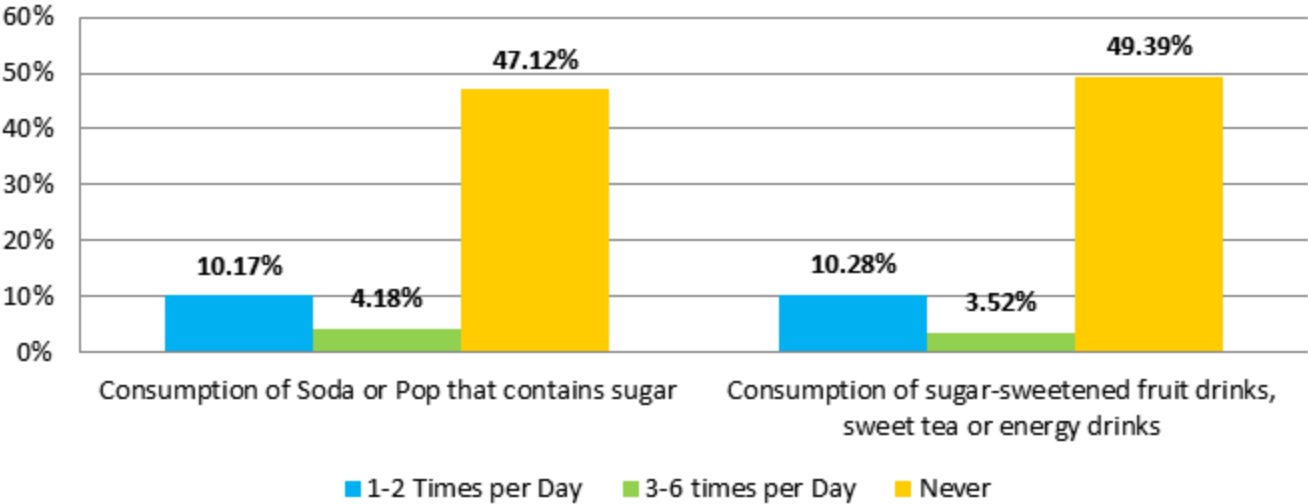
	Consumption of Fruits	Consumption of Vegetables
1 to 2 Times per Day	37.67%	31.31%
3 to 6 Times per Day	9.34%	9.78%
1 to 2 Times per Week	16.19%	18.23%
3 to 6 Times per Week	21.24%	29.92%
1 to 3 Times per Month	10.27%	8.04%
Never	3.89%	1.68%

The majority of respondents reported that they never drink soda or sugar-sweetened drinks (47.12% and 49.39% respectively). Nearly one quarter of respondents reported drinking soda and/or sugar-sweetened drinks one to nine times a month (25.28% and 22.70% respectively). In contrast, approximately 14% of respondents reported drinking soda and sugar-sweetened drinks respectively, one to six times per day. Strong evidence indicates that consumption of sugary drinks on a regular basis contributes to the development of type 2 diabetes, heart disease, and other chronic conditions.

Table 7. Regular Soda and Sugar-Sweetened Drink Consumption

	Consumption of Soda or Pop that contains sugar	Consumption of sugar-sweetened fruit drinks, sweet tea or energy drinks
1 - 2 Times per Day	10.17%	10.28%
3 - 6 Times per Day	4.18%	3.52%
1 - 6 Times per Week	8.31%	6.82%
7 - 15 Times per Week	1.28%	2.02%
More than 15 Times per Week	0.52%	0.64%
1 - 9 Times per Month	25.28%	22.70%
10 - 25 Times per Month	1.05%	2.08%
More than 25 Times per Month	0.52%	0.81%
Never	47.12%	49.39%

Consumption of sugary drinks during the past 30 days



Next, respondents were asked if they are currently watching or reducing their sodium or salt intake. More than half of the respondents (51.59%) reported that they are not watching or reducing their salt or sodium intake currently and another 46.78% reported that they are currently watching or reducing their sodium or salt intake.

Chronic Conditions

Some chronic conditions are of concern in Harford County, including high cholesterol, high blood pressure, anxiety disorder and depressive disorder. Approximately 30% of respondents have been told they have high cholesterol and/or high blood pressure and 25% have been told they have an anxiety and/or depressive disorder. In addition, 22.8% of respondents have been told they have arthritis and 17.82% of respondents have been told they have asthma. Respondents also mentioned other chronic conditions that they have been diagnosed with but were not included in the survey list. Hyper/Hypothyroidism was the most frequently mentioned condition. A summary of chronic condition diagnoses among respondents is reported in Table 8.

Table 8. Chronic Condition Diagnoses

Chronic Condition	%
High blood pressure	30.30
High cholesterol	29.85
Anxiety disorder	25.18
Depressive disorder	24.63
Arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia	22.78
Asthma	17.82
Diabetes	9.35
Cancer	7.77
Angina or coronary disease	2.94
Chronic Obstructive Pulmonary Disease	2.24
Heart attack	1.82
Stroke	1.76

Respondents who reported having cancer were asked to specify the type of cancer with which they were diagnosed. The most common types of cancer reported by respondents included skin cancer (other than melanoma), breast cancer, and melanoma. Table 9 highlights the top 12 cancer types reported by respondents.

Table 9. Most Common Cancer Types Reported

Cancer Types	%
Other skin cancer	38.89
Breast cancer	20.56
Melanoma	12.78
Cervical cancer	8.89
Lung cancer	4.44
Thyroid cancer	4.44
Prostate cancer	3.33
Ovarian cancer	3.33
Endometrial (uterus) cancer	2.22
Bladder cancer	2.22
Head and neck cancer	1.11
Stomach	1.11

Health Risk Factors

Health Behaviors

The survey respondents were asked to rate their level of health and safety practices on a scale of “1 – Always” to “5 – Never.” As detailed in the table below, respondents were highly likely to use safety measures including wearing a seatbelt, practicing safe sex, using sunscreen regularly, and driving responsibly. In addition, respondents were less likely to eat fast foods more than once a week, use electronic cigarettes, get exposed to second-hand smoke, use marijuana, or misuse prescription drugs. However, 24.20% of respondents reported feeling stressed out or overwhelmed “Always” or “Most of the time.”

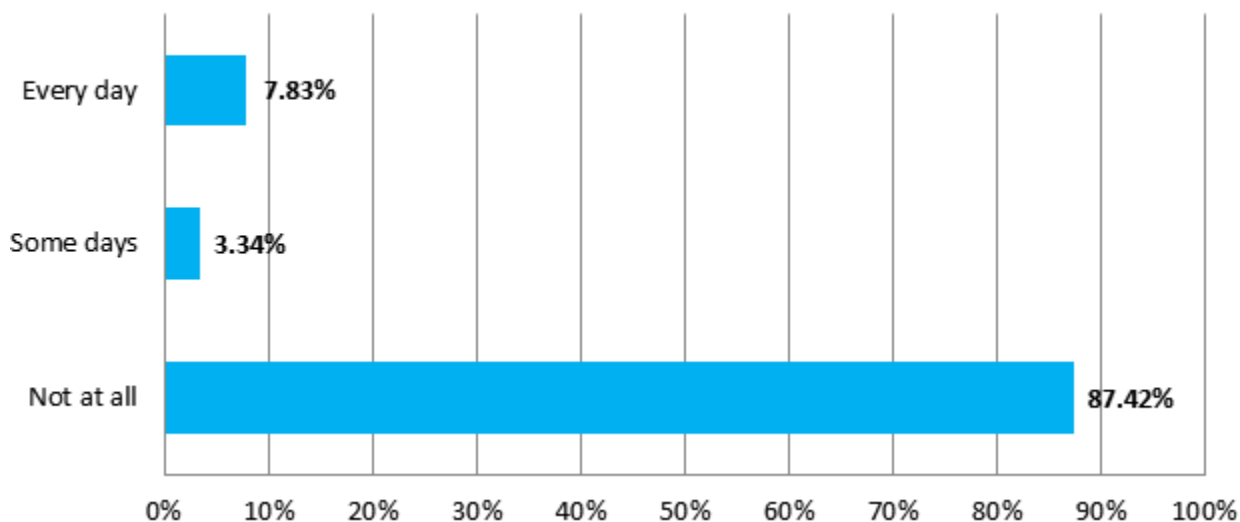
Table 10. Respondent Health and Safety Practices

Factor	Frequency of “Always” and “Most of the Time” Responses
Wear a seatbelt	97.7%
Wear a helmet while riding a bicycle, scooter, roller blading, etc.	33.81%
Eat fast food more than once a week	12.37%
Use electronic cigarettes	1.74%
Get exposed to second hand smoke or vaping mist at home or work	6.61%
Use marijuana	1.33%
Misuse prescription drugs, opioids, heroin, or other illegal drugs	0.41%
Exercise 30 minutes a day, 3 times a week	34.27%
Use sunscreen regularly	47.75%
Practice safe sex i.e. use a condom, monogamous, get tested	67.11%
Feel stressed out or overwhelmed	24.20%
Drive responsibly, follow safe rules of the road, drive within the speed limit	89.00%

Tobacco & Alcohol Use

Risky behaviors related to tobacco and alcohol use were measured as part of the survey. Approximately 34% of respondents reported smoking at least 100 cigarettes in their lifetime. Among this group, 87.42% reported they currently do not smoke at all, whereas 7.832% smoke every day and 3.34% smoke some days.

Do you smoke cigarettes every day, some days, or not at all?



In regards to alcohol use, almost two-thirds of respondents (65.66%) did not have an alcoholic beverage during the past 30 days. Among respondents who did drink an alcoholic beverage, 22.16% participated in binge drinking one to two times during the past month. Only a very small percentage of respondents (approximately 11%) participated in binge drinking three or more times during the past month. Binge drinking is defined as four drinks or more on one occasion for women and five drinks or more on one occasion for men.

Preventive Health Practices

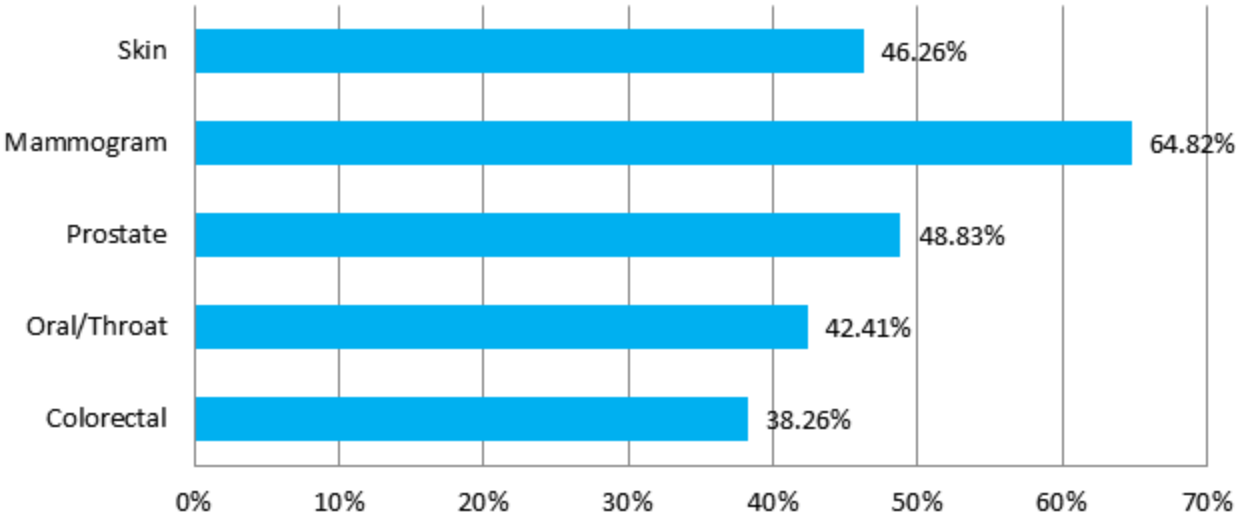
Immunizations

A positive finding among Harford County respondents was the prevalence of immunizations. In the past 12 months, 78.98% of respondents received a flu vaccine either as a shot or a nasal spray.

Screenings

The prevalence of routine health screenings among Harford County respondents varies based on the type of screening. In general, Harford County respondents are less likely to receive skin screenings. Only 46.26% of respondents have routine health screenings for skin-related conditions. Oral/throat health screenings and prostate screenings are also less prevalent among Harford County respondents (42.41% and 48.83% respectively). A low percentage of respondents also participate in routine health screenings for colorectal cancer (38.26%). In contrast, a larger proportion of respondents participate in routine mammogram screening (64.82%).

Percent of those participating in routine health screenings for:



Key Health Issues

Respondents were asked to rank the three most significant health issues facing Harford County. The respondents could choose from a list of 13 health issues as well as suggest their own that were not on the list. Drug/Alcohol abuse was the primary area of shared concern among Harford County respondents. Nearly 83% of respondents selected this issue as one of the top three most pressing health issues facing the county. Mental Health/Suicide was also a concern shared by 44.80% of respondents. The third most pressing health issue, as viewed by the respondents was overweight/obesity with a 41.36% rating. The following table shows the breakdown of the percent of respondents who selected each health issue.

Table 11. Ranking of the Top Three Most Pressing Health Issues

Rank	Key Health Issues	Count	Percent of Respondents Who Selected The Issue
1	Drug Abuse/Alcohol Abuse	1,442	82.83%
2	Mental Health/Suicide	780	44.80%
3	Overweight/Obesity	720	41.36%
4	Cancer	442	25.39%
5	Access to Care/Uninsured	438	25.16%
6	Diabetes	324	18.61%
7	Heart Disease	302	17.35%
8	Tobacco Use/Smoking	254	14.59%
9	Alzheimer’s Disease/Aging Issues	210	12.06%
10	Dental Health	150	8.62%
11	Sexually Transmitted Diseases	43	2.47%
12	Other	42	2.41%
13	Stroke	38	2.18%
14	Maternal/Infant Health (Pregnancy)	38	2.18%

In addition, respondents were asked through an open-ended response to specify other pressing issues they think are facing Harford County. The most frequently voiced issues included drug abuse, transportation, homelessness, and non-compliance. A complete listing of answers given by respondents shown below.

Most Pressing Health Issues Facing Harford County:

- "Homeless people/we need Homes!"
- "Opioid use/overdose"
- "Transportation"
- "Dental health for adults on fixed income with Medical Assistance."
- "Doctor, not Urgent Care facilities, where you can get an appointment in under 2 weeks"
- "Medication costs"
- "Healthcare costs"
- "Noncompliance with care recommendations/medication"
- "Additional Treatment"
- "Kidney stones"
- "Opioids and liberal Rx writing by Practitioners"
- "Having to wait weeks or months for an appointment"
- "Lyme disease"
- "Counseling"
- "Glasses to wear"
- "Too much sugar"

Barriers to Services

Respondents were asked to consider the most significant barriers that keep people in the community from accessing health services. The five most significant barriers included cost of out of pocket expenses (81.40%), lack of health insurance coverage (57.62%), lack of transportation (42.03%), difficult to understand/navigate health care system (37.15%), and inability find a doctor/get an appointment (35.58%). Responses are summarized in the table below.

Table 12. Barriers to Accessing Health Care

Rank	Key Health Issues	Count	Percent of Respondents Who Selected The Barrier
1	Cost/Paying Out of Pocket Expenses (Co-pays, Prescriptions, etc.)	1400	81.40%
2	Lack of Health Insurance Coverage	991	57.62%
3	Lack of Transportation	723	42.03%
4	Difficult to Understand/Navigate Health Care System	639	37.15%
5	Can't Find Doctor/Can't Get Appointment	612	35.58%
6	Basic Needs Not Met (Food/Shelter)	574	33.37%
7	Not Enough Time	333	19.36%
8	Lack of Child Care	252	14.65%
9	Lack of Trust	245	14.24%
10	Language/Cultural Issues	171	9.94%
11	Other	73	4.24%
12	None/No Barriers	58	3.37%

Respondents also identified through an open-ended response other significant barriers that they perceived were keeping people in the community from accessing health care. The vast majority pointed out lack of education and awareness as the most significant barrier. Responses such as “people lack education on how to maintain general health” and “they lack understanding of common health issues such as stroke, heart attack and diabetes” were very common. Other barriers that were mentioned frequently included conflicting work schedules, laziness, and the stigma or fear of addressing issues.

Resources Needed to Improve Access

Respondents were asked what resources or services are missing in the community. More than half of respondents (51.93%) indicated that free/ low-cost dental care services are missing in the community. A few other resources identified as missing included mental health services (42.46%), substance abuse services (42.22%), free/ low-cost vision/eye care (38.13%), and free/ low-cost Medicare services (37.95%). In addition, respondents indicated through an open-ended question that they want to have more access to affordable senior living facilities, health insurance, and substance abuse programs. Table 12 includes a listing of missing resources in rank order.

Table 13: Listing of Resources Needed in the Community

Rank	Resources Needed	Count	Percent of Respondents Who Selected The Resource
1	Free/Low Cost Dental Care	888	51.93%
2	Mental Health Services	726	42.46%
3	Substance Abuse Services	722	42.22%
4	Free/Low Cost Vision/Eye Care	652	38.13%
5	Free/Low Cost Medicare Care	649	37.95%
6	Transportation	597	34.91%
7	Prescription Assistance	560	32.75%
8	Access to Affordable Fresh Fruits & Vegetables	529	30.94%
9	Health Education/Information/Outreach	428	25.03%
10	Elder Care/Senior Services	395	23.10%
11	Health Screenings	373	21.81%
12	Primary Care Providers (Family Doctors	315	18.42%
13	Immunization/Vaccination Programs	197	11.52%
14	Bilingual Services	186	10.88%
15	Medical Specialists (Ex. Cardiologist)	152	8.89%
16	Availability of Parks & Recreation Areas	149	8.71%
17	Prenatal Care Services	85	4.97%
18	Other	58	3.39%
19	None	53	3.10%

Risky Behaviors in our Community

Respondents were asked to rank the three most important “risky behaviors” in Harford County. The respondents could choose from a list of 12 risky behaviors as well as suggest their own that were not on the list. Drug abuse was the most frequently identified risky behavior. Nearly 90% of respondents selected this issue as one of the top three most important risky behaviors in the county. Alcohol abuse was also a concern shared by 47.90% of respondents. The third most identified risky behavior, as viewed by the respondents, was being overweight with a 41.99% rating. In addition, respondents indicated through an open-ended question that texting while driving was an identified risky behavior. Table 13 includes a listing of risky behaviors in rank order.

Table 14. Ranking of the Top Three Most Important “Risky Behaviors”

Rank	Key Health Issues	Count	Percent of Respondents Who Selected The Issue
1	Drug Abuse	1555	89.32%
2	Alcohol Abuse	834	47.90%
3	Being overweight	731	41.99%
4	Poor eating habits	553	31.76%
5	Tobacco use	353	20.28%
6	Lack of exercise	303	17.40%
7	Unsafe sex	201	11.55%
8	Racism	194	11.14%
9	Not using birth control	141	8.10%
10	Dropping out of school	132	7.58%
11	Not getting “shots” to prevent disease	119	6.84%
12	Not using seat belts/child safety seats	57	3.27%
13	Other	50	2.87%

Needs for a Healthy Community/Quality of Life

Respondents were asked to rank the three most important needs for a “Healthy Community”. The respondents could choose from a list of 16 things that most improve the quality of life in a community as well as suggest their own that were not on the list. Low crime/safe neighborhoods was the most identified need. More than half of respondents (54.51%) selected this issue as one of the top three needs for a healthy community. Access to health care was also a need shared by 37.51% of respondents. The third most identified need, as viewed by the respondents, was healthy behaviors and lifestyles with a 34.81% rating. Table 14 includes a listing of important needs for a “Healthy Community” in rank order.

Table 15. Ranking of the Top Three Most Important Needs for a “Healthy Community”

Rank	Key Health Issues	Count	Percent of Respondents Who Selected The Issue
1	Low crime/safe neighborhoods	949	54.51%
2	Access to health care (e.g., family doctor)	653	37.51%
3	Healthy behaviors and lifestyles	606	34.81%
4	Good jobs and healthy economy	560	32.17%
5	Good schools	503	28.89%
6	Strong family life	442	25.39%
7	Affordable housing	382	21.94%
8	Good place to raise children	337	19.36%
9	Religious or spiritual values	227	13.04%
10	Clean environment	197	11.32%
11	Parks and recreation	111	6.38%
12	Excellent race relations	95	5.46%
13	Low level of child abuse	74	4.25%
14	Low adult death and disease rates	36	2.07%
15	Arts and cultural events	25	1.44%
16	Other	23	1.32%
17	Low infant deaths	3	0.17%

Community Feedback

What Prevents You From Being Healthy In Harford County?

Respondents were asked to comment on what prevents them from being healthy in Harford County. The most common responses referenced lack of time, affordable health care, transportation, the high cost of healthy foods, and work-related issues.

Select Responses:

- "Healthy food is too expensive, needs to be low cost healthy food."
- "Money, even with insurance, I am unable to afford the co-pays for the services my insurance covers, so I don't go."
- "Can't afford housing, no train, no buses that work."
- "Transportation challenges for those without a car."
- "Cost of fresh fruits and vegetables."
- "Lack of easy access to outdoor recreation."
- "Demanding full-time job, raising busy family."
- "No drug awareness education program in elementary school. The county and state must step up and make it a top priority to help our youth."
- "Out of pocket costs for healthcare."
- "Healthcare hours aren't convenient."
- "No doctor will see a new patient in a reasonable time."
- "Lack of resources, cost of healthcare, lack of mental health support."
- "Affordable exercise programs and flexible doctor hours."
- "Work too many hours for too little pay which leaves me stressed for time."
- "Getting doctor's appointments in a reasonable amount of time."
- "Exhausted, single parent, short staffed at work – no lunch, no breaks."
- "My job – they talk the talk, but don't walk the walk."
- "Cost of groceries."
- "I am living from paycheck to paycheck. I cannot afford to buy the healthier foods to eat due to their cost is higher than the cost of processed and pre-packaged foods. Time is another issue. Not enough community activities that young, single and older single adults can go to mingle and develop friendships."
- "Cost of living and lack of good paying jobs."
- "Too many fast food options."
- "Horrible public transportation access."
- "Time to cook healthy and get outside to exercise."
- "Harford County needs engaging affordable activities for child, teens and elderly citizens."
- "Cost of living too high, pay is too low, co-pays just continue to increase."
- "Lack of adult dental care and good paying jobs."

General/Additional Comments:

- "Local transportation needs to be more readily available."
- "More mental health facilities/providers are desperately needed."
- "More community programs for Route 40 corridor."
- "Harford County and the State of MD need to address the heroin issue. Drug awareness education needs to be implemented in all elementary Social Studies curriculum. This is a serious issue and children must be educated by using a new high tech drug awareness program. The VHS tape program of the 1990's is completely obsolete."
- "Harford County needs to up the pay rates for hard working employees and provide better more affordable housing."
- "WE NEED TO FIND PEDIATRIC PSYCH CARE!!!! How in the world can we raise children to be strong productive members of our community if we are not helping children in need of mental illness help!!! It's out of control."
- "Make health care affordable for everyone."
- "To help the people with no insurance to get the care and help the need."
- "Health education needs to have congruency starting in elementary schools all the way through high school. We cannot preach good eating habits and have vending machines in school or serve hot dogs and pizza in school cafeterias."
- "PCP involvement to stop the Opioid crisis."
- "Harford County also needs user friendly assistance for adults with prescription medication...and assistance with substance abuse treatments. Cost is a big issue."
- "Nutrition counseling services are grossly unattainable."
- "We desperately need drug abuse assistance as well as mental health assistance in this county."
- "Our county is in need of practical and affordable transportation options for community members, especially the senior community members."
- "There is a significant need for affordable access to healthy food and for affordable coverage for individuals who are on medical assistance."
- "Navigating a system while managing a family and full time job is difficult."
- "Need more specialists that you can see quickly."



- Centers for Disease Control and Prevention, State Cancer Profiles
- Chesapeake Regional Information System for our Patients (CRISP), 2016 Hospitalization Data
- Chesapeake Regional Information System for our Patients (CRISP), 2016 Emergency Department Visit Data
- Harford County Sheriff's Office, 2011-2017 Socrata Incident Dataset
- Harford County Sheriff's Office, 2011-2017 Crime Reports
- Health Resources and Services Administration, HPSA County and County Equivalent Listing
- Maryland Behavioral Health Administration, 2015 Opioid Treatment Centers in Maryland
- Maryland Behavioral Risk Factors Surveillance System (BRFSS), 2006-2016
- Maryland Department of Health, Drug- and Alcohol-Related Intoxication Deaths in Maryland, 2017
- Maryland Department of Health, 2017 Maryland Vital Statistics Annual Report
- Maryland Governor's Office of Crime Control and Prevention, Maryland Crime Data
- Maryland Health Services Cost Review Commission, 2000-2016 Hospital Data
- Maryland Youth Risk Behavior Survey (YRBS), 2014-2016
- US Census Bureau, 2012-2016 & 2013-2017 American Community Survey, 5-Year Estimates
- US Census Bureau, 2012-2017 American Community Survey, Demographic and Housing Estimates
- US Census Bureau, 2012-2017 American Community Survey, Commuting Characteristics



- Harford County Health Department Focus Group Summaries
- The Harford County Health Equity Report
- The Harford County Community Services Resource Guide

FOCUS GROUP SUMMARIES



Spring 2019 Harford County Focus Groups



FOCUS GROUP #1: MOTHERS

A group of mothers and one foster parent that currently participate in HCHD's Helping Families Recover and Healthy Families America programs participated in one 45-minute long focus group. The purpose was: To understand what the participants expect from MEGAN's Place and what outcomes they hope to achieve while in the program.

01

LOVE OF SUPPORT

They love their current support & want it to expand.

02

WELCOMING SPACE

They need a safe & welcoming space, free of judgment.

03

NO RESOURCE GUIDES

They want care coordination, but not in the form of a resource guide or list of services.

04

COMMUNITY

They want a sense of community & space to come together.

05

BARRIERS

Transportation & hours of services are barriers to coming.

06

SERVICES

Additional services could include parenting classes, self-improvement classes, & assistance with housing/work placement.

MOVING FORWARD

The focus group feedback has resulted in planning for expansion of services and partnerships at MEGAN's Place.

Promotional flyers have been developed according to client preferences, additional courses and groups will be offered at the center, and care coordination support will be further developed to connect clients to needed services without reliance on resource guides. Transportation services for existing clients has been developed for the center and will later be expanded.



FOCUS GROUP #2: TEENS

A group of teenagers that had a minimum of one school tobacco violation from Harford County Public Schools came to discuss their perceptions of smoking/electronic nicotine delivery systems (ENDS), opinions on the current tobacco programs, and provide feedback on potential prevention campaigns.

01

PODS

ENDS in pod form are the most common for teens at school.

02

THE NORM

A majority of students use them at school & home, even buying them locally for personal use.

03

NOT ADDICTED

The majority of teens do not believe they are addicted & that they can "quit whenever they want."

04

CURRENT CLASSES

They believe in-school courses could be more effective. And want it more interactive than lecture format.

05

AD PREFERENCES

They preferred the FDA Real Cost campaigns. They did not understand some of the technical PSA language.

06

OTHER SUPPORT

They mentioned that if their friends quit, they might quit too. They said their family members do not influence their choice to smoke.

MOVING FORWARD

This process allowed students to give their feedback and to take ownership of the strategy to address youth ENDS use. Feedback from the youth was discussed with the larger Local Health Improvement Coalition (LHIC) membership and it was determined that the FDA's Real Cost Campaign would be promoted within the Harford County Public Schools. The youth's feedback will be incorporated into the evidence-based curriculum that will be implemented within the school system's tobacco violation courses.



2019

HEALTH EQUITY REPORT

PREPARED BY

**HARFORD COUNTY
HEALTH DEPARTMENT**

March 2019



Public Health
Prevent. Promote. Protect.

**Harford County
Health Department**



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OVERVIEW

A Healthy Harford County For All

What does a healthy Harford County look like? The answer: Equal access to health opportunities for all residents in Harford County regardless of race/ethnicity, religion, socioeconomic status, gender, age, mental health, cognitive, sensory, or physical disability, sexual orientation or gender identity, or geographic location.

Harford County, located in the northeast region of Maryland, is a mix of rural and suburban development leading outside of Baltimore City. Home to approximately 252,160 residents; Harford County is the sixth largest county in the State and has a population density of 560/sq mi. Harford County's geographical location and abundant opportunities allow many people to thrive in the area, according to the 2017 Census, only 7.2% of residents live in poverty, but taking a closer look at other zip codes show a greater need to examine different communities throughout the area.

The Harford County Health Department (HCHD) strives to promote public health and prevention in the community for all while helping to minimize barriers to receiving care. This report will describe and explain where and why inequities exist within Harford County, along with how we can improve these issues in our community so that everyone can achieve optimal health.



What is Health Equity?

According to the Robert Wood Johnson Foundation (RWJF), “Health equity means that everyone has a fair and just opportunity to be healthier. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care.”

Health Equity vs. Health Equality

Health equity and health equality might sound the same, but they are actually different concepts. Health equity strives for the highest possible standard of health for all, while health equality means everyone gets the same services. Health equity is achieved when people's health is not affected by their social positions or other socially determined circumstances, such as income or race, rather than by providing the same services to all.

What are the differences between Health Disparities & Health Inequities?

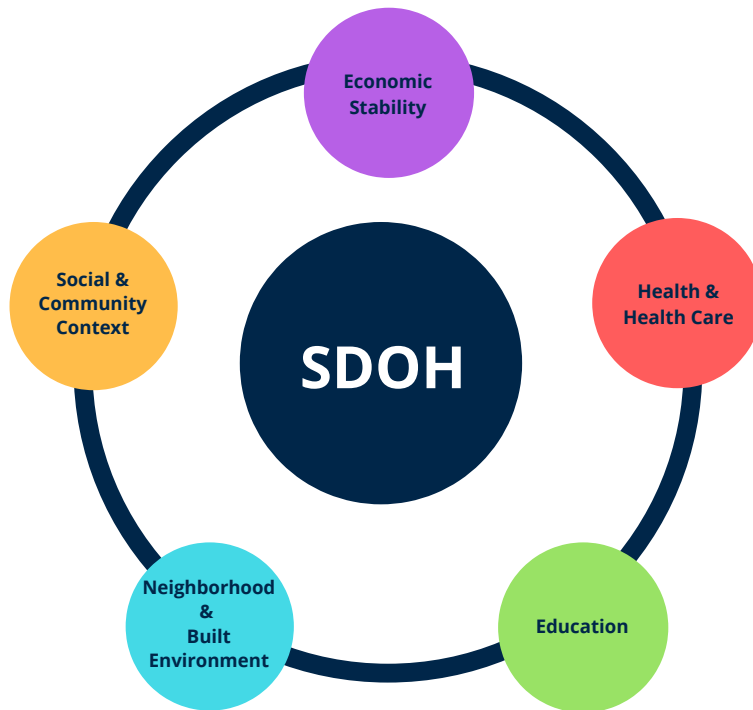
A health disparity is a difference in health outcomes and their causes among groups of people. For example, a health disparity that exists in Harford County is infant mortality rates are higher for Non-Hispanic African Americans compared to Non-Hispanic White babies. Health inequity is a difference in the distribution or allocation of a resource between groups. An example of a health inequity in Harford County is that adult poverty rates are significantly higher in Edgewood, Aberdeen, and Havre de Grace and poverty is linked to shorter life expectancy.

It is important to work on reducing health disparities in Harford County so that we can achieve health equity for all and improve our lives. By working together and creating meaningful partnerships, we can address health equity to allow members of our community to live the healthiest and longest lives possible.

Robert Wood Johnson Foundation
Braveman, P. (2014). What are health disparities and health equity?
CDC 2016 Strategies, Reaching For Health Equity
Maryland Vital Statistics, 2016

Social Determinants of Health

Social Determinants of Health (SDOH), conditions in the environment where we are born, live, learn, work, play, worship, and age, affect a wide range of health, functioning, and quality-of-life outcomes and risks. There are five determinant areas that make up the underlying factors of the SDOH and contribute to health equity: economic stability, education, social and community context, health and health care, neighborhood and built environment.



Economic stability, having low unemployment and poverty rates, allows people to provide for themselves and their family. Education, another area of SDOH, is highly relevant starting at school-age children all the way up to adults.

Early childhood education and development provides a solid foundation for children to learn and thrive at a young age, the effects of which continue to high school and potential enrollment into higher education. Good education also allows for better employment opportunities, which ultimately means better pay and housing stability that contributes to overall health.

Having access to health care and primary care options are key areas of SDOH. Health care access means that individuals can obtain needed medical services with ease. Primary care is a crucial component of health care because it provides early detection and treatment, management of chronic diseases, and preventive care.

Places of employment may offer health insurance options with lower rates that provide for better opportunities for preventive health, such as free/low costs primary care visits, flu shots, prescriptions, etc. and time to take off work to attend medical appointments.

Language skills, including low health literacy, can also present barriers to access to health care. Health literacy, as defined by the U.S. Department of Health and Human Services (HHS), is the degree to which individuals have the ability to understand and process basic health information, whether from a doctor or from written materials, so that they can make appropriate health decisions. Low health literacy, related to poor health outcomes, can be seen in people with both lower education and higher education levels and across certain population groups. Ultimately, if a patient receives information they cannot comprehend, then that person may make poor decisions regarding their health.

Another area of SDOH, neighborhoods and built environment (the human-made area where we live, work, and play), contributes to health in many ways. Access to foods that allow us to make healthy eating decisions, areas that allow people to walk, bike, or take public transportation safely, and environmental conditions, such as clean air and water are just a few examples of how neighborhoods can affect health outcomes.

Lastly, social and community context reflects another key issue. There is a strong association between social ties and health. For example, strong relationships are important for one's physical and psychosocial well-being and can influence health outcomes through social support such as helping people maintain a healthy diet, reducing emotional stress, and assisting with transportation to see a doctor. Participating in formal and informal activities that are available can also help reduce poor health outcomes. Being able to vote, participating in community watch groups, being a member of an advisory board, and volunteering to help with a community garden are just some activities to help build social capital and a sense of purpose in the community.

By promoting good health and addressing all factors of the SDOH, we can create opportunities for people to live their best, healthiest life and achieve health equity.

Our Commitment

The Harford County Health Department is committed to improving health equity in the community and has been begun looking into ways to incorporate this concept into our work.

The 2019-2024 HCHD Strategic Plan addresses stronger awareness about the importance of health equity in the community we serve, as well as increasing the understanding of these issues by our employees. HCHD will prioritize increasing standardization of public health messaging through community outreach workers and increasing the cultural competency of our staff. These objectives will be completed by:

- *Working on a unified health promotion, education, and communications strategy.*
- *Identifying effective cultural competency training.*

Additionally, HCHD will look to Public Health Accreditation Board (PHAB) standards for guidance because they are consistent with essential public health services and align well with the Strategic Plan and Community Health Improvement Plan (CHIP). Three CHIP priorities, which are being addressed with our Local Health Improvement Coalition (LHIC) workgroups, include Behavioral Health, Family Health & Resilience, and Chronic Disease Prevention & Wellness.

Goals of this Report

This report is just the first of many ways to address health inequities in Harford County. The goals of this report are to identify:

- Where inequities exist within Harford County.
- The causes of health inequities.
- Communities that suffer the most from health inequities.
- Health outcomes that are affected by health inequities.

HCHD will use this information to better serve our clients and the community.



METHODS

Methods of Analysis

Indicator Selection

Indicators selected for analysis in this report were drawn from a number of sources, including existing community priorities that were determined by HCHD's Community Health Needs Assessment (CHNA), Community Health Improvement Plan (CHIP), and Strategic Plan, and some disease categories based on State Health Improvement Plan (SHIP) priorities. Data were drawn from multiple sources including HCHD Data, Maryland Vital Statistics, United States Census Bureau, Behavioral Risk Factor Survey and the Maryland Department of Health. Indicators that were selected, but did not have zip code/geographical data were omitted from this report. These indicators may be revisited in the future based on newly available data or increased capacity for data assessment.

Community Geographical Information System (GIS) Mapping

Geographic Information System (GIS) mapping of zip code level data was used to understand where inequities exist in the county based on selected indicators. Harford County is comprised of 23 zip codes. Maps were created by the Harford County Health Department Health Policy Unit and were based on data from the health department and CRISP, the regional health information exchange (HIE) serving Maryland and the District of Columbia. Other maps were created by the Maryland Department of Health and are identified as such in the report.

Community Input Process

Focus groups were conducted at the county's Project Homeless Connect event which was held by community partners at The United Way of Central Maryland at Harford Community College. Participants consisted of the county's most vulnerable populations to ensure that data findings resonated with the community. Approximately 36 participants engaged in focus group discussions in January of 2019. Key informant interviews were also conducted the same day with 30 individuals working in the fields of mental health, health insurance, social services, public health, and other community service agencies. Participants were asked a series of questions in order to identify health concerns, available resources, barriers, and potential solutions. Participant observations are displayed as quotes throughout the report.

SUMMARY OF FINDINGS

Priority Areas

The three geographic locations highlighted in this assessment include Aberdeen, Edgewood, and Havre de Grace, which are located on the route 40 and I-95 corridor; all three have a higher concentration of health issues than the county as a whole. Gaps in behavioral health and substance abuse treatment were identified, specifically in the Edgewood area. Aberdeen, home to Aberdeen Proving Grounds and the biggest employer in the county, requires greater access to mental health services and chronic disease prevention interventions. Havre de Grace, an area with a higher concentration of risk factors such as mental health and substance-exposed newborns, requires focused prevention efforts and medical care for those experiencing health concerns. The southern region of the county is shown to have higher issues, but it should not be overlooked that there are separate health issues in the northern/rural areas such as poverty, health insurance coverage, sexual health, adverse pregnancy outcomes, and high colorectal cancer rates.

Since 2011, the Centers for Disease Control and Prevention (CDC), has reported on effective public health programs that have helped reduce disparities. By implementing evidence-based programs that advance health equity, the opportunity will arise for people to live longer and healthier lives. As public health professionals and passionate members of our community, it is up to us to make the change we need.

These next few pages will lay a foundation for the future of health equity in Harford County.



THE FINDINGS

Social Inequities

Social inequities are disparities that are found when comparing population groups by race/ethnicity, class, gender, disability, etc. Inequities often reflect the unequal distribution of resources in a geographic area or within a population. An example of this is fewer educational opportunities.

Whites account for the majority of Harford County's population. However, both Hispanics and Asians have experienced the most population growth in recent years. The male and female population is evenly split throughout the area.

Each population group may have different needs, which is why it is important to examine groups individually to determine how that group can be served more effectively.

Population By Race and Hispanic Origin, Harford County, Maryland, 2010 and 2017

Harford County	2010 Census	2017 Census Estimates	2010-2017 % Change
Total	244,826	252,160	3.0%
White alone	198,763	200,719	1%
African American	31,058	35,807	13%
Asian	5,826	7,817	25%
American Indian/Alaska Native	614	756	19%
Native Hawaiian and Pacific Islander	199	252	21%
Hispanic	8,613	11,598	26%

2010 & 2017 U. S. Census

51%

Female Residents

7.6%

With a disability, under age 65

5.4%

Foreign-born persons

US Census 2012-2016 American Community Survey 5-Year Estimates, 2012-2016

Population By Race and Hispanic Origin, Aberdeen, Maryland, 2010

Harford County	2010 Census	Percent
Total	14,959	100%
White alone	8,815	59%
African American	4,564	31%
Asian	437	3
American Indian/Alaska Native	59	0.4%
Native Hawaiian and Pacific Islander	52	0.3%
Hispanic	815	5%

Population By Race and Hispanic Origin, Edgewood, Maryland, 2010

Harford County	2010 Census	Percent
Total	25,562	100%
White alone	12,732	50%
African American	10,466	41%
Asian	471	0.3%
American Indian/Alaska Native	74	2%
Native Hawaiian and Pacific Islander	42	0.2%
Hispanic	1,708	7%

Population By Race and Hispanic Origin, Havre de Grace, Maryland, 2010

Harford County	2010 Census	Percent
Total	12,952	100%
White alone	9,809	76%
African American	2,170	17%
Asian	310	2%
American Indian/Alaska Native	36	0.3%
Native Hawaiian and Pacific Islander	14	0.1%
Hispanic	608	5%

2010 & 2017 U. S. Census

US Census 2012-2016 American Community Survey 5-Year Estimates, 2012-2016

How much money you make can also influence health. Income and poverty may not initially seem like a problem in Harford County, but taking a closer look at local municipalities uncovers unequal income distributions.

In the county, 7.2% of residents make less than the 2014 U.S. Federal Poverty Guidelines, which state that the Federal Poverty Level for a household of 1 person is \$11,670; for 2 people is \$15,730; for 3 people is \$19,790. That percentage is higher in areas such as Aberdeen. High rates of poverty and low income have been linked to shorter life expectancy. Poverty and low income can affect health in other ways, such as creating barriers to affordable housing, school funding, access to health care, healthy foods, and many more.

Income and Poverty in Harford County, 2012-2016	
Median Household Income	\$81,052
Persons In Poverty, Percent	7.2%

Income and Poverty in Aberdeen, 2012-2016	
Median Household Income	\$51,956
Persons In Poverty, Percent	14.8%

Income and Poverty in Edgewood, 2012-2016	
Median Household Income	\$56,414
Persons In Poverty, Percent	13.4%

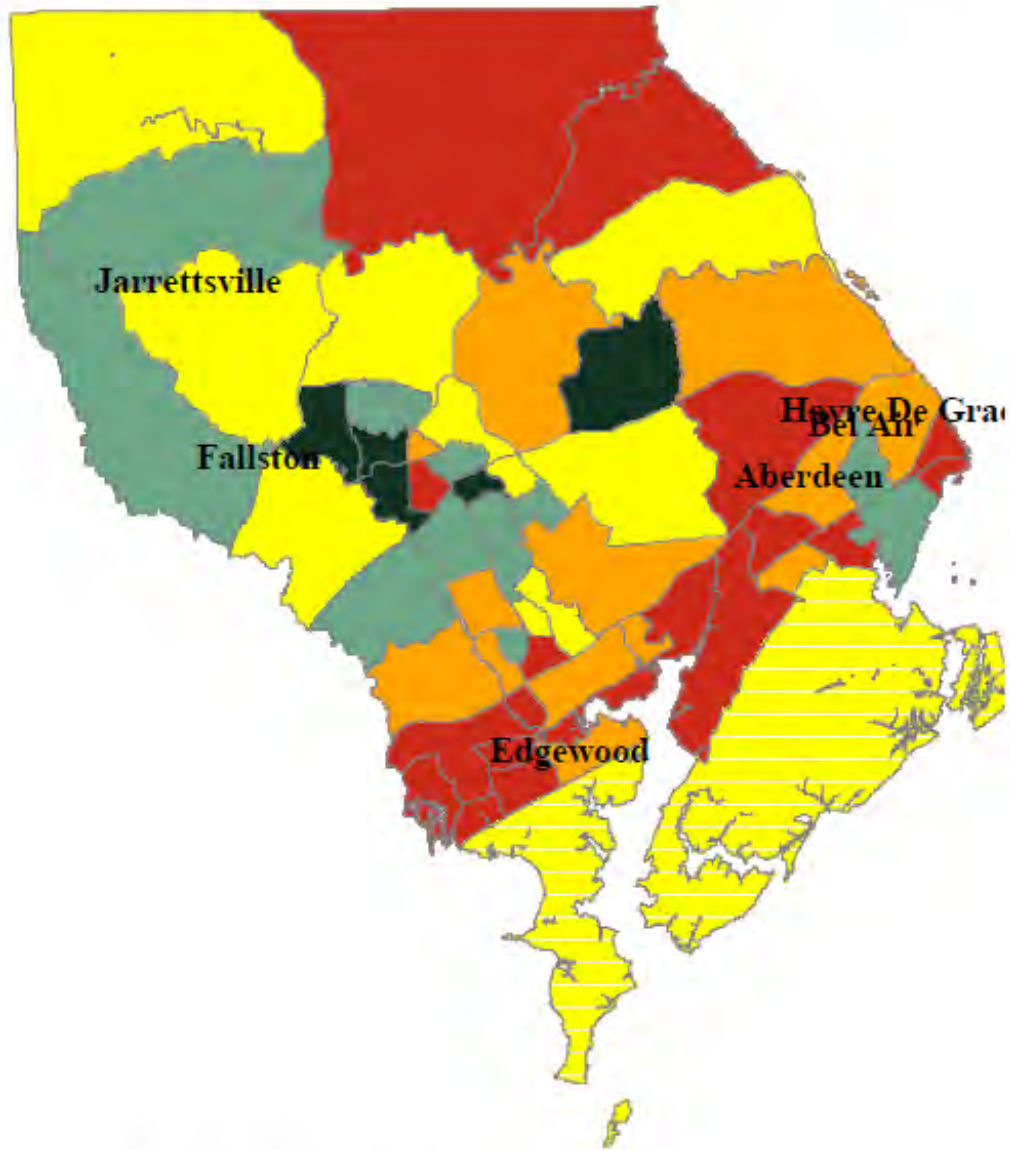
Income and Poverty in Havre de Grace, 2012-2016	
Median Household Income	\$69,284
Persons In Poverty, Percent	10.2%

US Census 2012-2016 American Community Survey 5-Year Estimates, 2012-2016

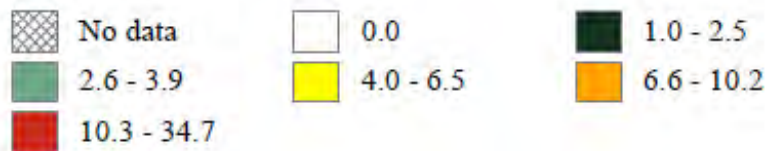


“There are a lot of people without jobs and people with jobs that don’t pay them well.”

Adult Poverty Rates (ages 18-59)



% of adult residents



American Community Survey 5-Year Estimates, 2015: Maryland Department of Health

"Homelessness is a real issue in the southern part of the County."

Education in Harford County, 2012-2016	
High school graduate or higher, percent of persons age 25 years+	92.8%
Bachelor's degree or higher, percent of persons age 25 years+	34.5%

Education in Aberdeen, 2012-2016	
High school graduate or higher, percent of persons age 25 years+	87.6%
Bachelor's degree or higher, percent of persons age 25 years+	19.8%

Education in Edgewood, 2012-2016	
High school graduate or higher, percent of persons age 25 years+	89.8%
Bachelor's degree or higher, percent of persons age 25 years+	18.7%

Education in Havre de Grace, 2012-2016	
High school graduate or higher, percent of persons age 25 years+	91.2%
Bachelor's degree or higher, percent of persons age 25 years+	37.4%

US Census 2012-2016 American Community Survey 5-Year Estimates, 2012-2016

“Living in north Harford County is different than living in places like Edgewood or Aberdeen.”

Education is a social determinant of health, with people who have attained a higher level of education more likely to have positive health outcomes. Educational skills learned in school provide a foundation of knowledge needed to help make better decisions. To reach health equity, education programs need to close the gap between low-income and/or racial and ethnic populations and higher income and/or majority populations. To reach health equity, education programs need to close the gap between low-income and/or racial and ethnic populations and higher income and/or majority populations.

Promoting social and institutional equity will require looking at all the inequities above and reducing their impact through strategic partnerships, advocacy, policy/access, community engagement, social capital building, and coalition building.



Living Conditions

“Living conditions vary from city to city and town to town, but we are a really segregated community.”

According to County Health Rankings, residential segregation is the index of dissimilarity where higher values indicate greater residential segregation between black and white county residents. This index ranges from 0 (complete integration) to 100 (complete segregation). Harford County ranks 3rd worst in African American/White segregation and 5th worst in Non-White/White segregation. Baltimore city ranked highest for segregation in both measures.

Even though policies around segregated schools, transportation, and other public places no longer exist, segregation caused by structural, institutional, and individual racism can be found in many parts of the county. Though it may not seem like a health issue at first, residential segregation has been linked to poor health outcomes including mortality, a wide variety of reproductive, infectious, and chronic diseases, and other adverse conditions. Having areas that are diverse can help foster stronger cross-sector collaborations and social support among neighborhoods.

Housing in Harford County	
Housing Units*	100,271
Owner Occupied Unit Rate**	78.1%
Medium Value of Owner-occupied housing units**	\$278,100
Median Gross Rent**	\$1,159

*2016 U.S. Census Bureau, County Business Patterns

**US Census 2012-2016 American Community Survey 5-Year Estimates, 2012-2016

County Health Rankings: Residential Segregation

Non-White/White:

Maryland= 55

Harford County = 45

Baltimore City = 65

African American/White:

Maryland = 63

Harford County = 53

Baltimore City = 69

US Census 2012-2016 American Community Survey 5-Year Estimates, 2012-2016

Violent Crimes in Harford County, Aberdeen, and Havre de Grace, 2016

Area	Population Total	Total Violent Crimes
Harford County	251,032	552
Aberdeen	15,704	79
Havre de Grace	13,604	37

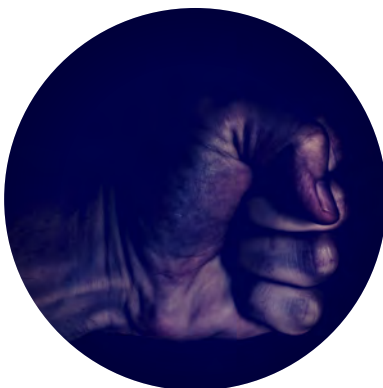
Property Crimes in Harford County, Aberdeen, and Havre de Grace, 2016

Area	Population Total	Total Property Crimes
Harford County	251,032	3,472
Aberdeen	15,704	251
Havre de Grace	13,604	308

US Census 2012-2016 American Community Survey 5-Year Estimates, 2012-2016
 2016 FBI Uniform Crime Statistics (Eliminated any cities that failed to submit a complete crime report to the FBI and removed cities with populations under 10,000.)

According to The National Council for Home Safety and Security, Aberdeen ranks fourth, and Havre de Grace fifth, in terms of low rates of violent and property crimes in 2016 in Maryland. With a rate of 5.03 violent crimes per 1,000 people and a rate of 22.64 property crimes per 1,000, Aberdeen is considered the fourth safest city in Maryland (2016 FBI Uniform Statistics). Havre de Grace, the fifth safest, had 2.72 violent crimes per 1,000 and 22.64 property crimes per 1,000 people. (Alarms.org)

Violence is a public health issue, adversely affecting not only the victims of the violence but also their families, and also increasing the mortality and morbidity in the community.. As violence rates continue to change and occur in different areas throughout Harford County, it is important to identify effective programs and policies that have to do with behavioral challenges underlying violence.



"Insurance is an issue because some tests are expensive and have a higher pay."

Health Care

According to County Health Rankings, 4% of Harford County residents under the age of 65 are uninsured, a 60% decrease since 2008 when 10% for residents under the age of 65 were uninsured. This trend is also significant with the state of Maryland, which has decreased from 12% in 2008 to 7% in 2015.

Geographically, the percentage of uninsured under the age of 65 in different zip codes differs drastically throughout Harford County. The percent of persons uninsured in Aberdeen is two times higher than the Harford County average. Without insurance, people are less likely to receive preventative care such as vaccines, screenings, and medical check-ups and more likely to contribute to frequent visits in the emergency department for care.

The northeast part of the county, another area with a high percentage of no health insurance coverage, also deals with transportation issues due to its rural geography. Lack of transportation can cause access to care issues, which decreases the quality of life for individuals in that area.

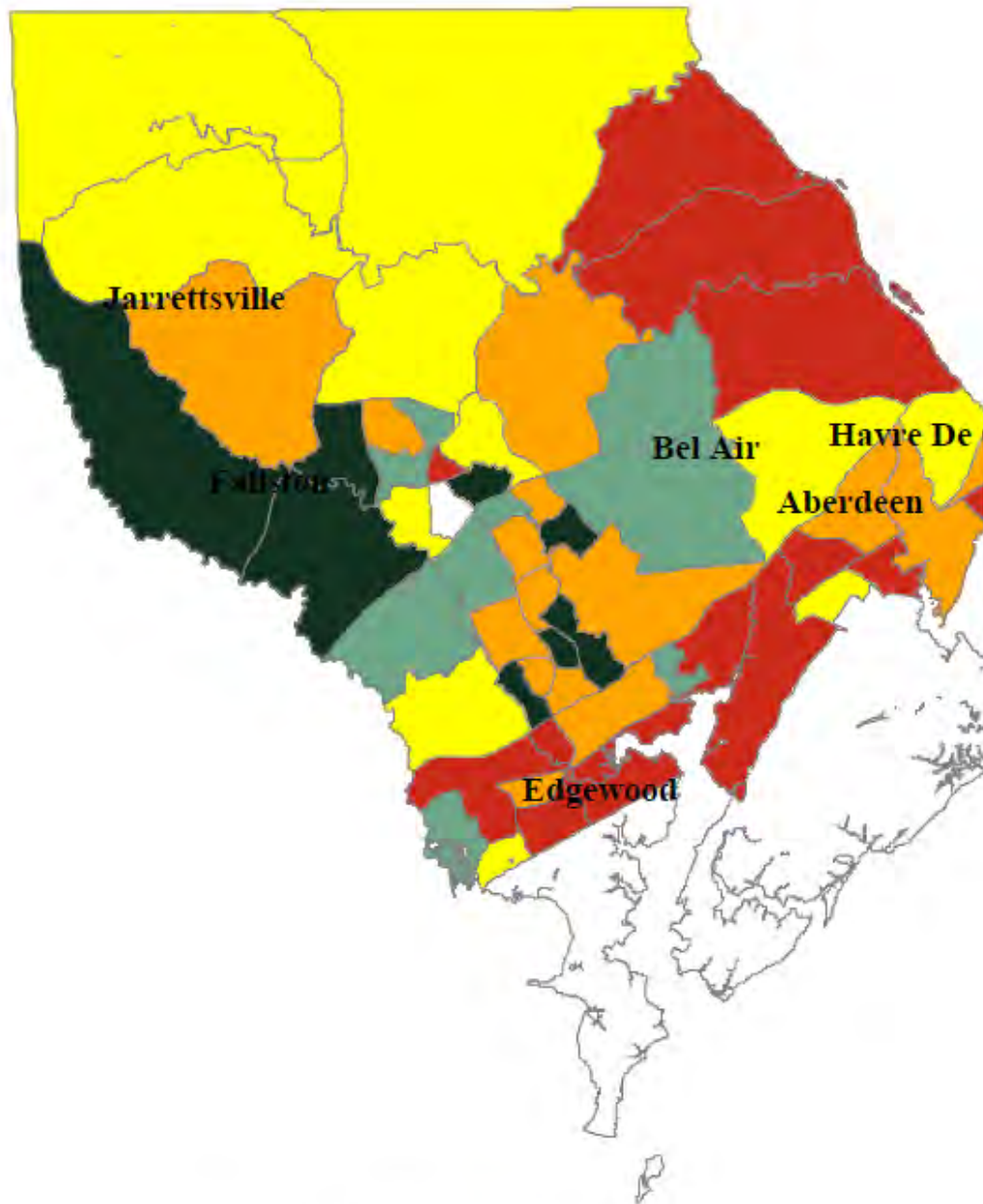
Persons Without Health Insurance, Under Age 65 Years, 2012-2016	
Area	Percent
Harford County	4.8%
Aberdeen	10.3%
Edgewood	8.5%
Havre de Grace	5.5%

US Census 2012-2016 American Community Survey 5-Year Estimates, 2012-2016

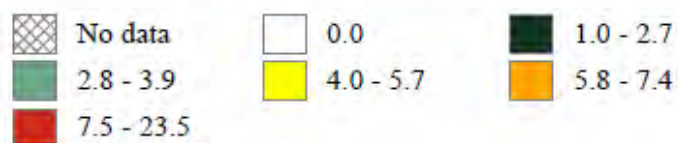


"We are missing the population that can't afford healthcare, they are in between medicaid and make too much for medicaid and therefore they can't afford health care."

No Health Insurance Coverage

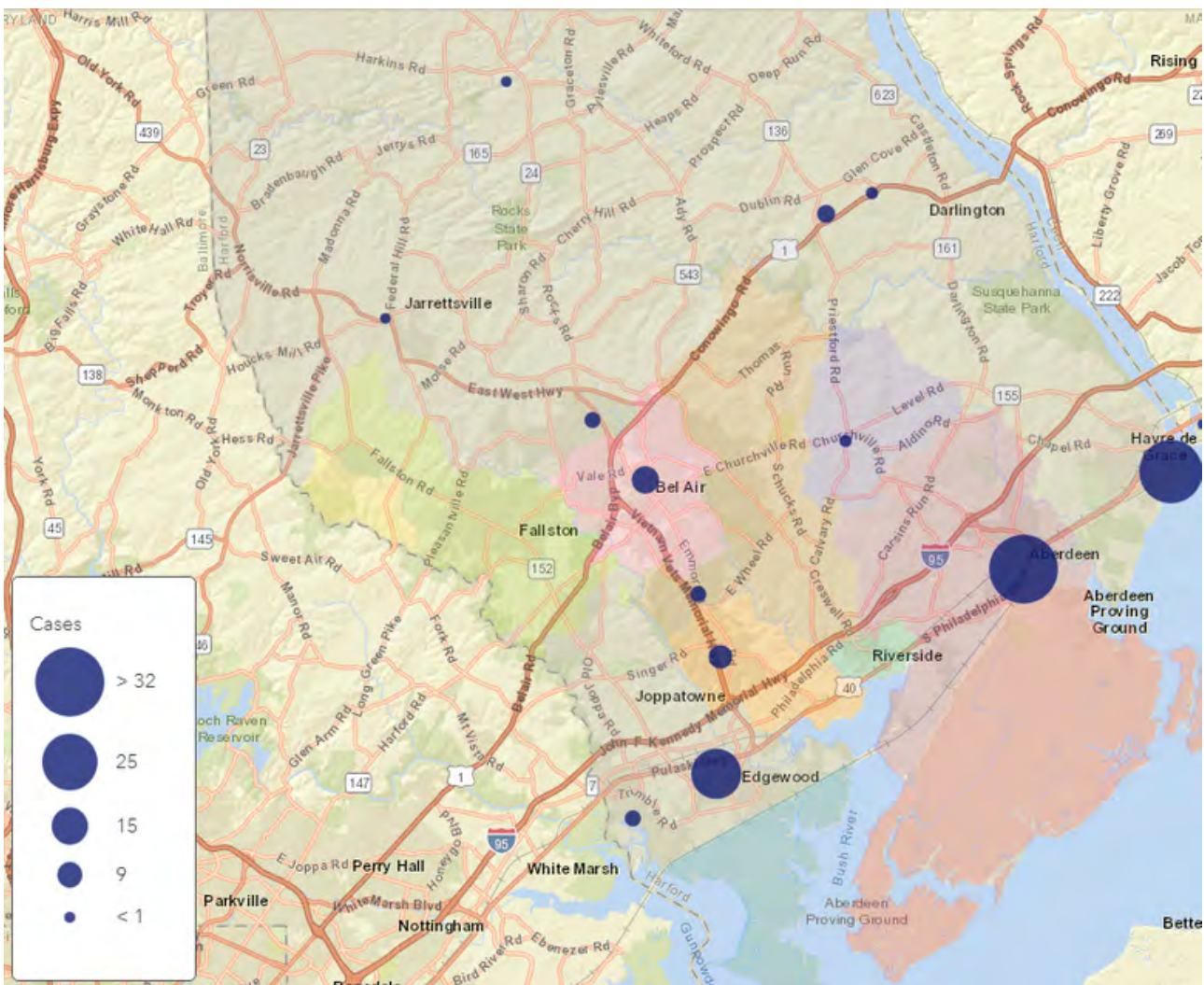


% of adult residents, ages 18-64



Care Coordination Plus is an HCHD service that assists clients in accessing the care they need. The program, which is for all Harford County residents regardless of medical insurance type, works with the University of Maryland Upper Chesapeake Medical Center and the Comprehensive CARE Center, Harford Memorial Hospital, and other agencies to assist clients in receiving needed services. The areas that have the largest number of patients using this service and which also have higher numbers of emergency department visits and hospitalizations, are Aberdeen, Havre de Grace, and Edgewood.

Number of 2017 Care Coordination Plus Cases



Harford County Health Department: Department of Care Coordination

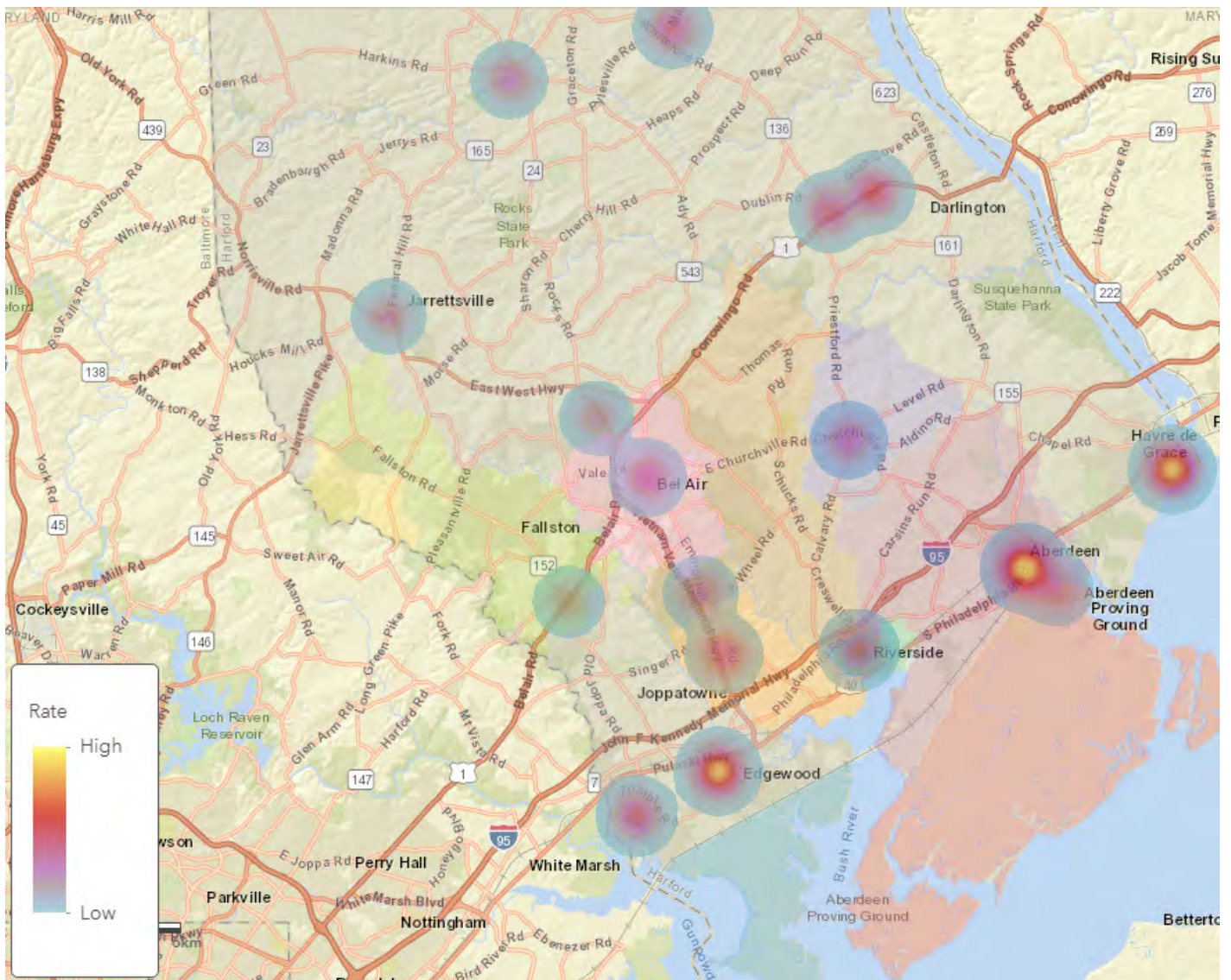
“If someone’s family member wasn’t very proactive following a doctor’s recommendations, then their children will also do the same.”

Risk Behaviors

Smoking

Even though smoking rates have decreased in recent years, tobacco use is still a concern for Maryland residents. In Harford County, 17% of residents are current smokers (2014-2016 BRFSS). In 2017, a higher rate of residents from Aberdeen, Edgewood, and Havre de Grace who visited the emergency room in Harford County reported using some kind of tobacco product.

2017 Emergency Department Visits Rate per 1,000 Residents in Harford County Who Use Tobacco



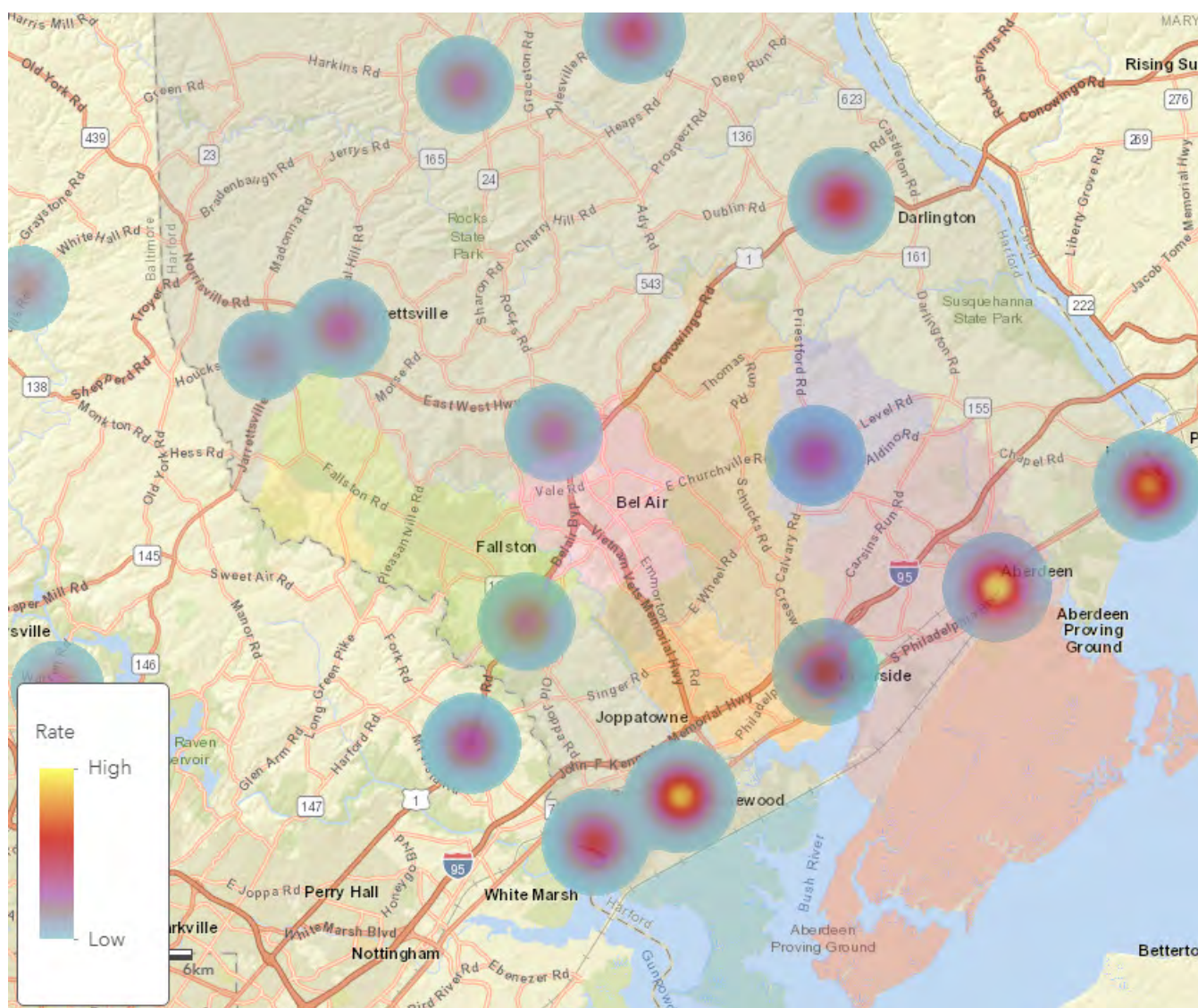
"My teen is starting to smoke and I don't know what to do. Thank God I don't smoke or drink."

"In Edgewood, we don't have a market with fresh veggies, we don't need all of this package foods."

Obesity

Obesity continues to be an issue, not just in Maryland, but also in Harford County. Though numbers have improved incrementally, Harford County rates continue to be higher than the state average. In 2017, a higher rate of residents from Aberdeen, Edgewood, and Havre de Grace who visited the emergency room in Harford County were obese as compared to the county as a whole. According to the 2014-2016 Behavioral Risk Factor Survey (BRFSS), 27% of Non-Hispanic White adults and 47% of Non-Hispanic African American/Black adults in Harford County are classified as obese compared to 28% of Non-Hispanic White adults and 39% of Non-Hispanic African American/Black adults in Maryland.

2017 Emergency Department Visits Rate for Obesity per 1,000 Residents in Harford County

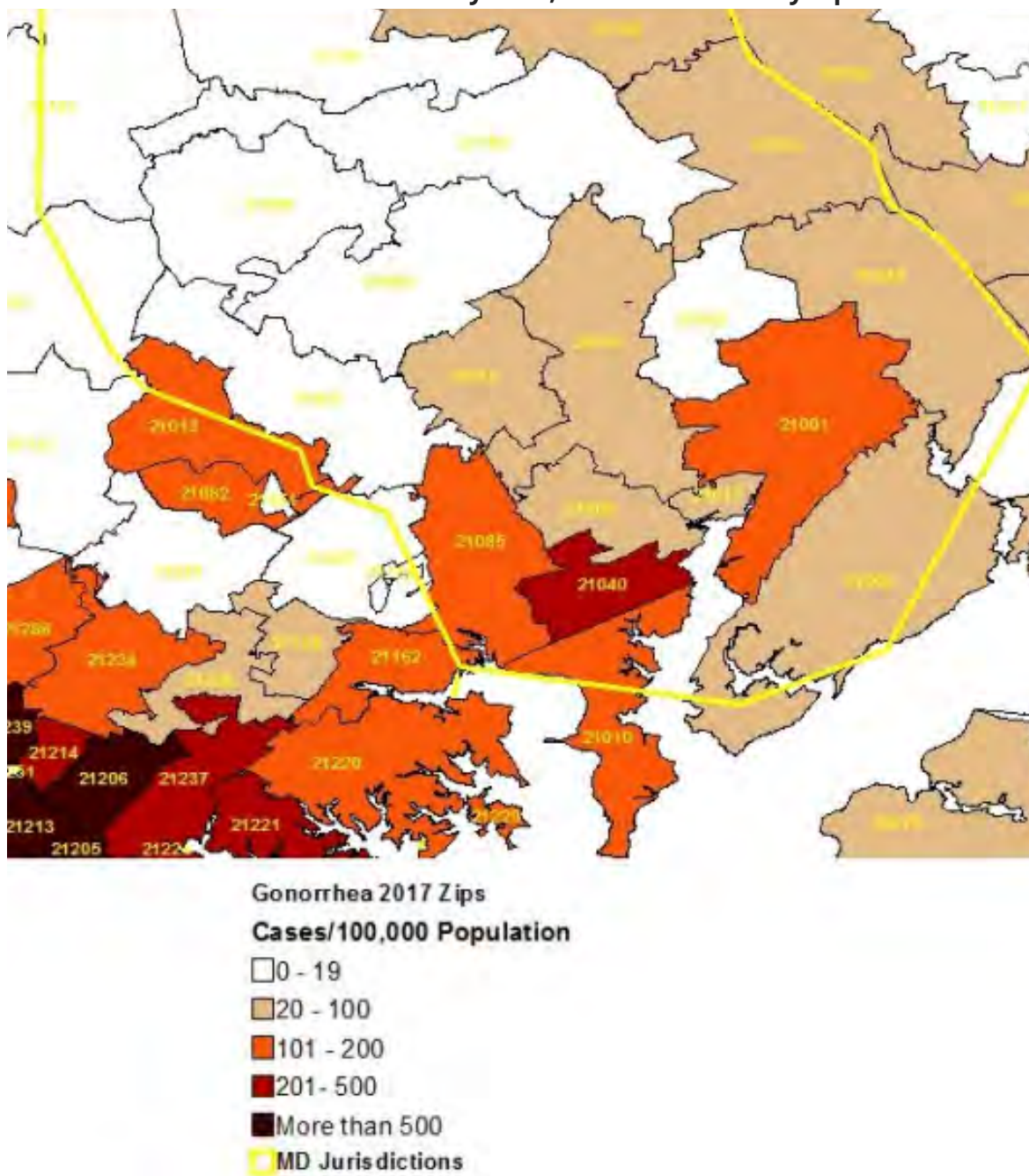


2017 CRISP Data

Sexually Transmitted Infections

Maryland law requires that all cases of Gonorrhea, Chlamydia, and Primary and Secondary Syphilis be reported to the Maryland Department of Health. Higher number of cases of Gonorrhea and Chlamydia were reported in Edgewood, followed by Aberdeen, Joppa, and Gunpowder. Higher number of cases of Primary and Secondary Syphilis were reported in Aberdeen, followed by Joppa and Bel Air. These patterns are similar to adult and adolescents living with human immunodeficiency virus (HIV) in Harford County. Higher rates are found in Edgewood, Aberdeen, and Abingdon.

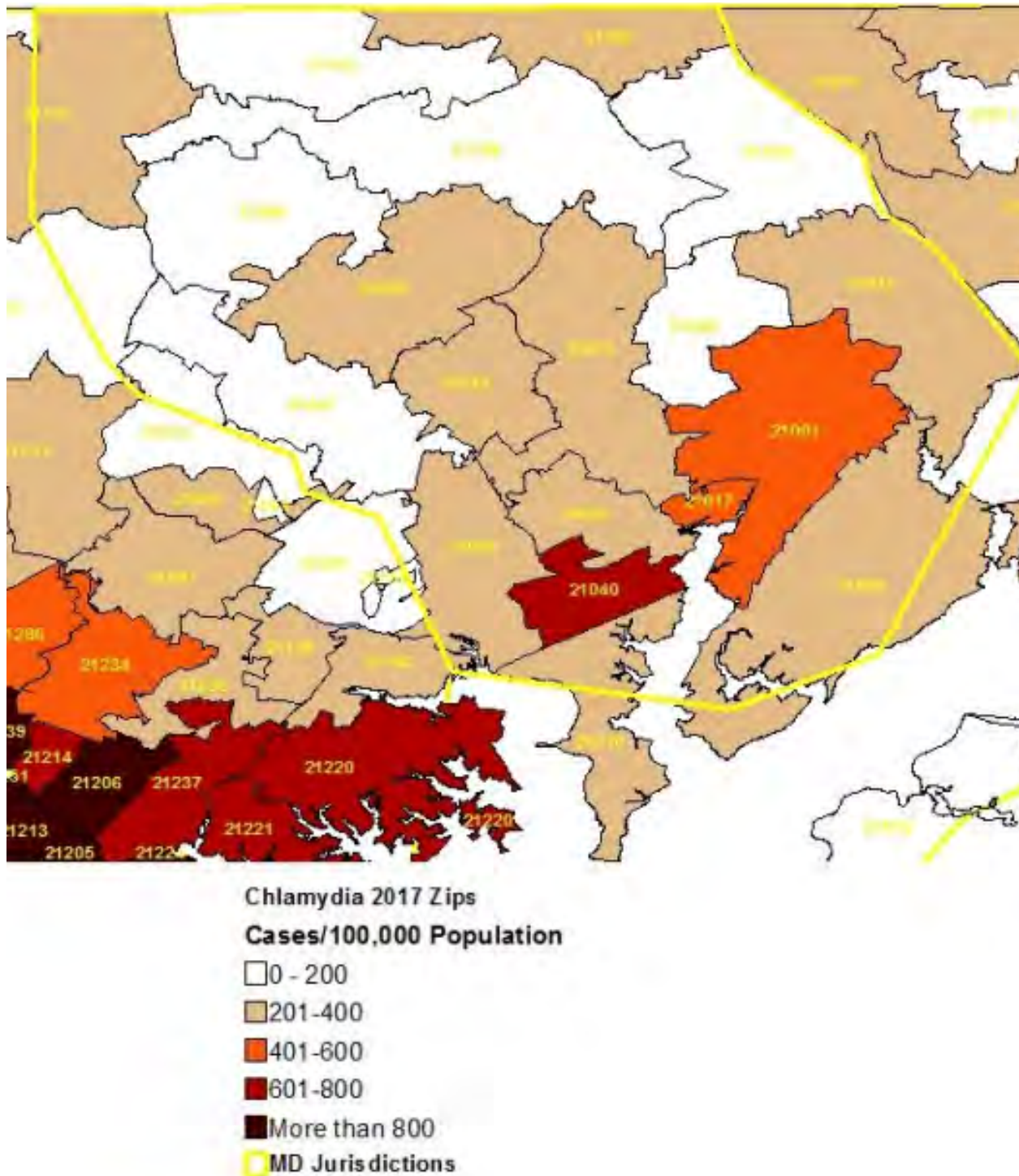
Gonorrhea in Harford County 2017, Incidence Rates by Zipcodes



CSTIP-MDH, Cesar Pena, 8/30/2018

Sexually Transmitted Infections Continued

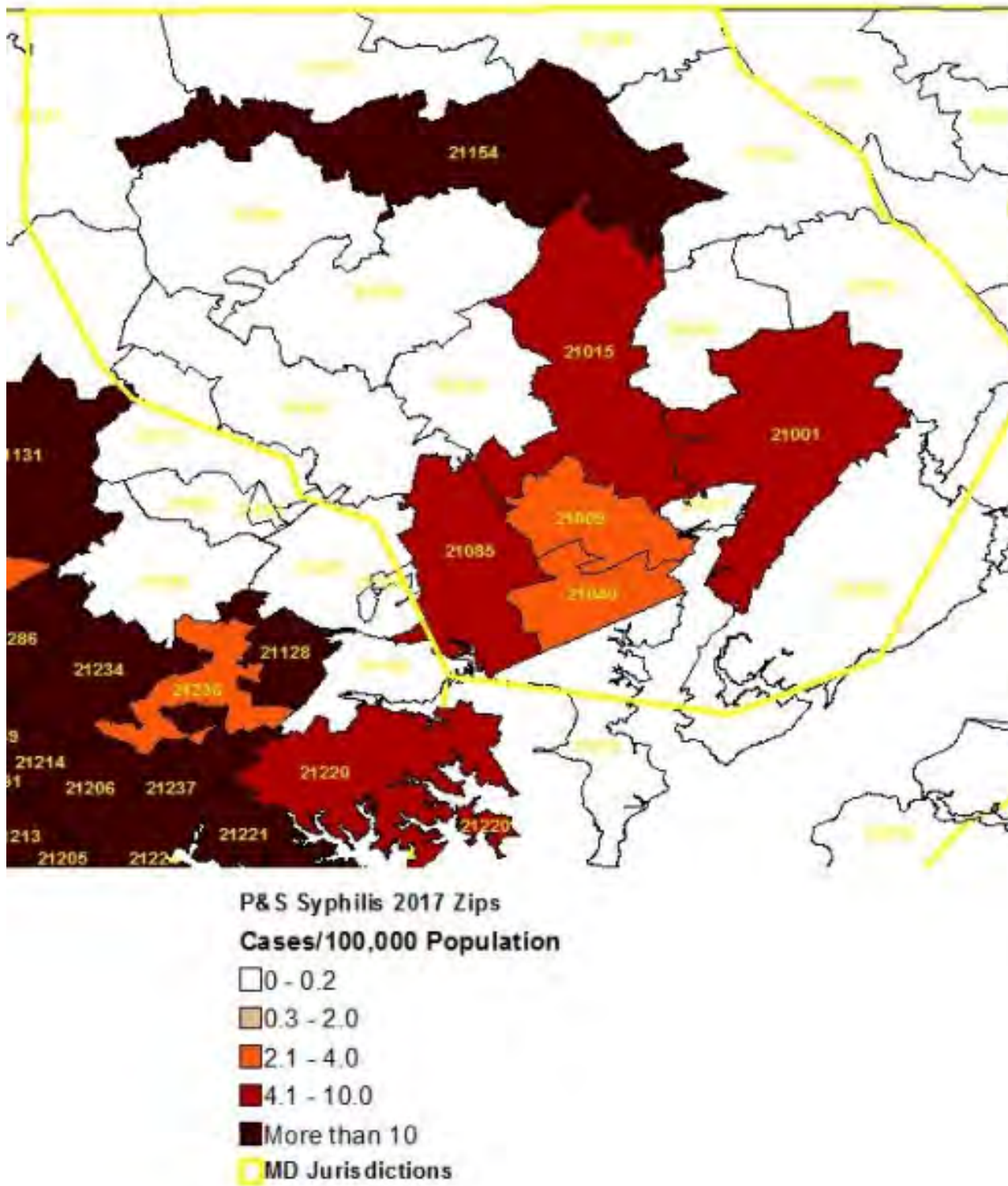
Chlamydia in Harford County 2017, Incidence Rates by Zipcodes



CSTIP-MDH, Cesar Pena, 8/30/2018

Sexually Transmitted Infections Continued

Primary & Secondary Syphilis in Harford County 2017, Incidence Rates by Zipcodes



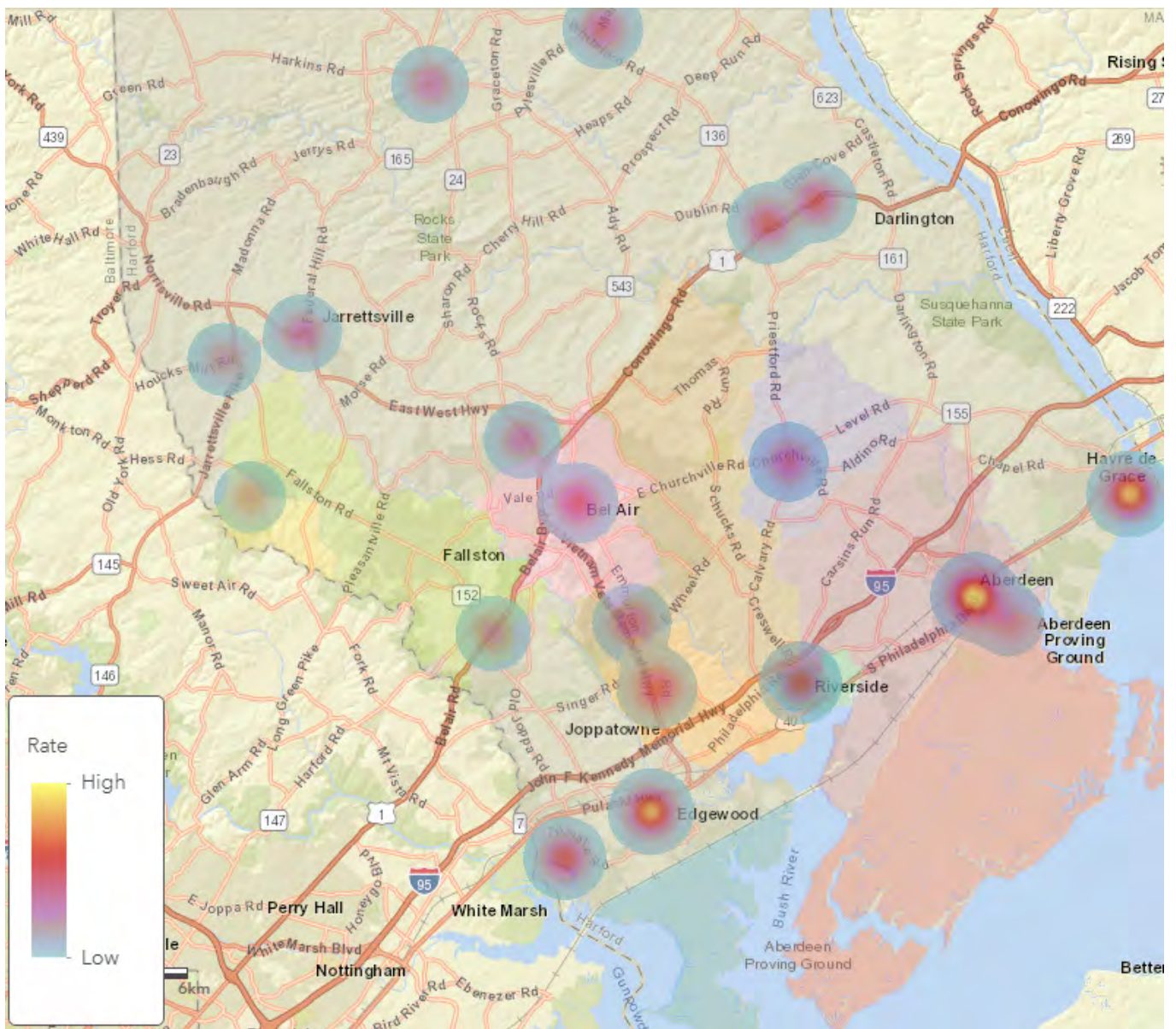
CSTIP-MDH, Cesar Pena, 8/30/2018

"We need easy access to healthcare, increased psychiatrists all throughout the county, mental health and substance use treatment, because there is a long list for people that need psychiatrist."

Behavioral Health

Depressive Disorder, also known as clinical depression, is a mental health condition associated with consistent sadness or loss of interest in life. Depression can lead to harmful behaviors, such as suicide and substance abuse, so treatment for this disorder is critical. Fortunately most people with depression can be helped with medication, psychotherapy or a combination of both. Mental health issues have been on the rise all over Harford County. Aberdeen, Havre de Grace, and Edgewood were three areas that experienced a higher rate of depressive disorder residents who went to the emergency department in 2017.

2017 Emergency Department Visits Rate for Depressive Disorder per 1,000 Residents in Harford County

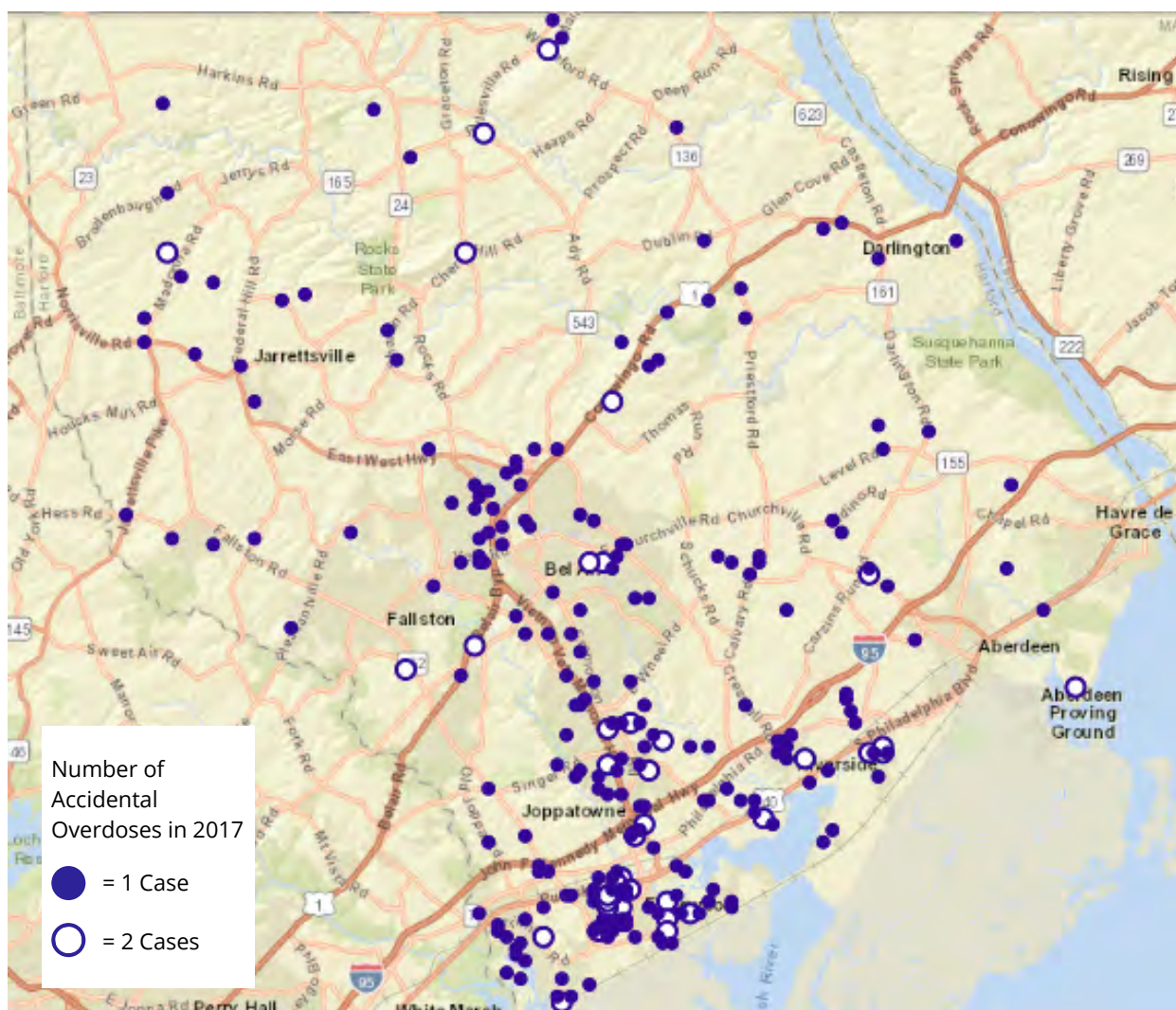


2017 CRISP Data

Substance Use

In 2017, Harford County experienced 314 accidental drug overdoses, 101 of which were fatalities. In 2015, the number of fatal overdoses was 50, which indicates a 102% increase in just 2 years. The increase in drug overdoses has been labeled an epidemic both in Maryland and nationally. Harford County's high number of overdoses may be a result of its location along the Interstate 95 corridor, which is known to be a major route for the movement of illegal drugs. Though the number of overdoses in 2017 appears to be scattered across Harford County, there is a higher concentration in Edgewood (an area with a high rate of residents who have a depressive disorder), Joppa, and Bel Air.

Number of Accidental Drug Overdoses in Harford County, 2017

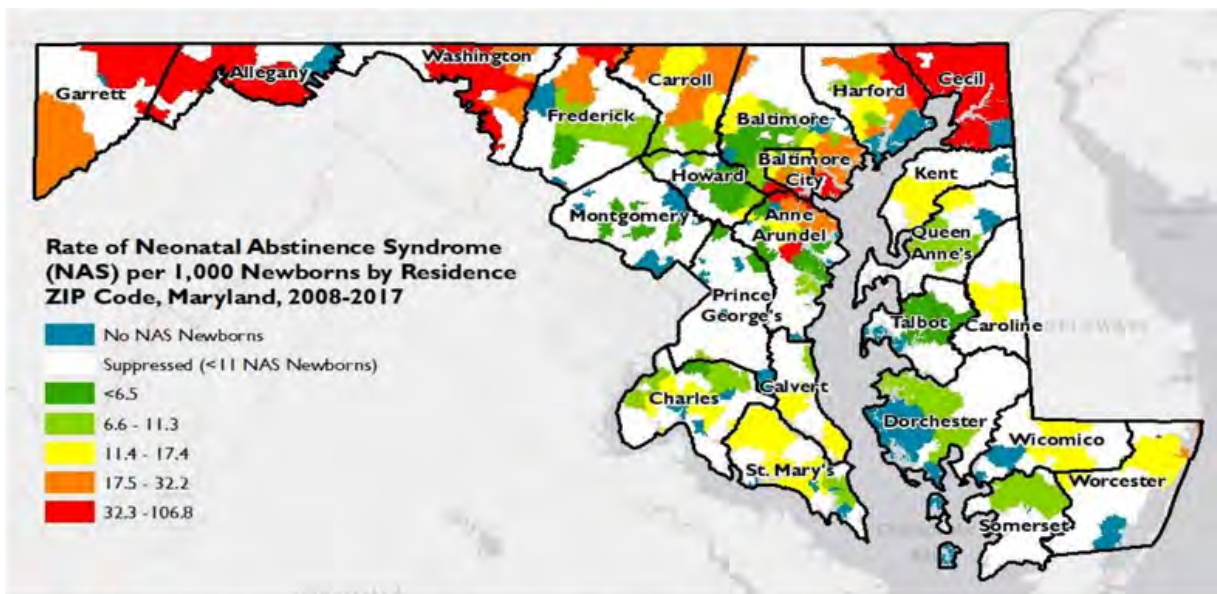


Source: Harford County Sheriff's Office Crime Reports, 2017

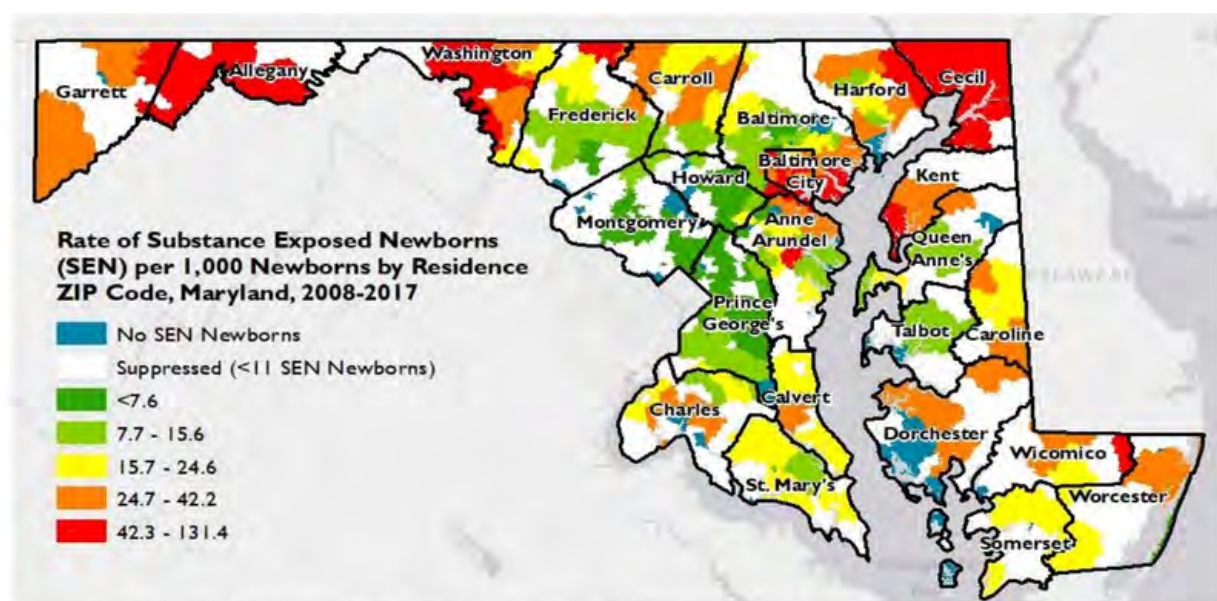
"In my area, we need to clean up the streets, all the needles in the streets and alcohol bottles, especially in Aberdeen."

Neonatal Abstinence Syndrome and Substance Exposed Newborns

Neonatal abstinence syndrome (NAS) refers to the group of conditions an infant experiences from being exposed to addictive opiate drugs in the womb. As a state, Maryland's rate of NAS is increasing, as is the national rate. The map below indicates that Havre de Grace and Darlington have the highest rates of NAS in Harford County. Rates in Aberdeen, Street, and Edgewood follow closely behind. A substance-exposed newborn (SEN) is an infant, under 30 days old, who was exposed to a drug or a substance while in the womb. SEN patterns are consistent with NAS and can be found in the same areas and beyond, making it a growing geographic issue. Locally, Havre de Grace and Darlington are experiencing the highest rates of SEN, while other areas such as Aberdeen, Joppa, Edgewood, Street, and Jarrettsville are right behind them.



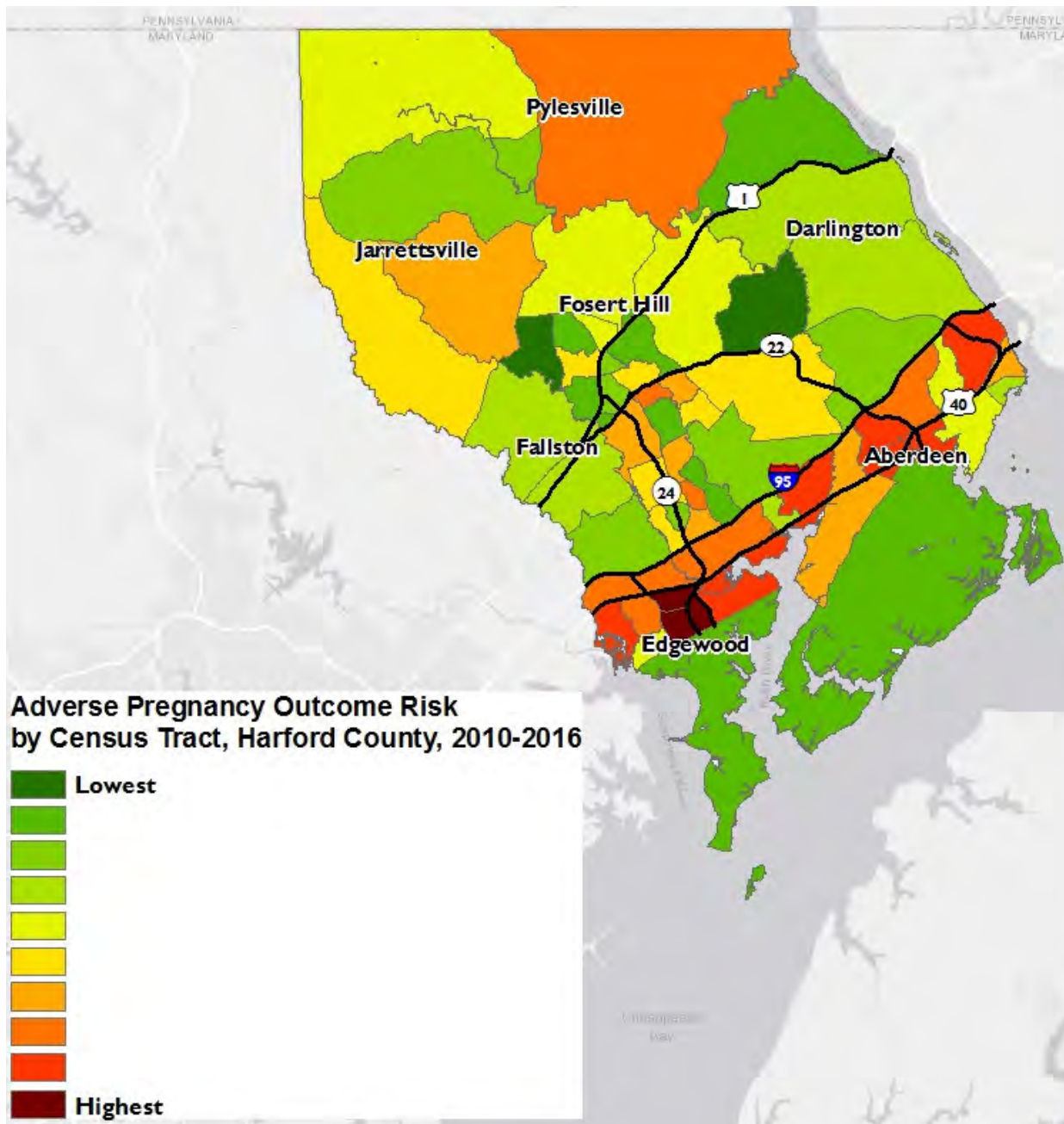
Source: Health Services Cost Review Commission (HSCRC). Data reflect Maryland newborn residents in Maryland hospitals only. NAS based on a diagnosis of the following on the newborn discharge record: ICD-9 779.5; drug withdrawal syndrome in newborn, or ICD-10 P96.1; neonatal withdrawal symptoms from maternal use of drugs of addiction.
Data suppressed for jurisdictions with less than 11 NAS newborns.



Source: Health Services Cost Review Commission (HSCRC). Data reflect Maryland newborn residents in Maryland hospitals only.
SEN based on a diagnosis of the following on the newborn discharge record: ICD-9: 779.5, 760.70, 760.71, 760.72, 760.73, 760.75, 760.77 ICD-10: P96.1, P04.3, P40.41, P04.49, P04.8, P04.9
Changes in NAS coding from ICD-9 to ICD-10 in October 2015 may have influenced the number of SEN in these years.
Data suppressed for jurisdictions with less than 11 NAS newborns.



When examining adverse pregnancy outcome risks as a whole, Edgewood has the highest risk, followed by Havre de Grace, Joppa, and Aberdeen. The adverse pregnancy outcome risk for Non-Hispanic African American/Black infants is higher than White infants in Edgewood and Aberdeen areas. Risk factors such as parental substance abuse can ultimately lead to adverse childhood experiences (ACEs) that affect overall health. ACEs can influence both the mental and physical health of the individual and make them more likely to consider suicide, abuse substances, and have heart disease, stroke, diabetes, and cancer.



Risk represents weighted mean- predicted probability of fetal deaths, neonatal deaths, or very premature births (<1,00 grams & <32 weeks) adjusted for maternal, hospital, and community characteristics stratified by jurisdiction among singleton pregnancies. Lowest and Highest indicate areas whose estimated risks is in the lower 5th and upper 9th percentile of the jurisdiction, respectively.

Maryland Vial Statistics and Maryland Department of Health, Office of Maternal Child Health Epidemiology

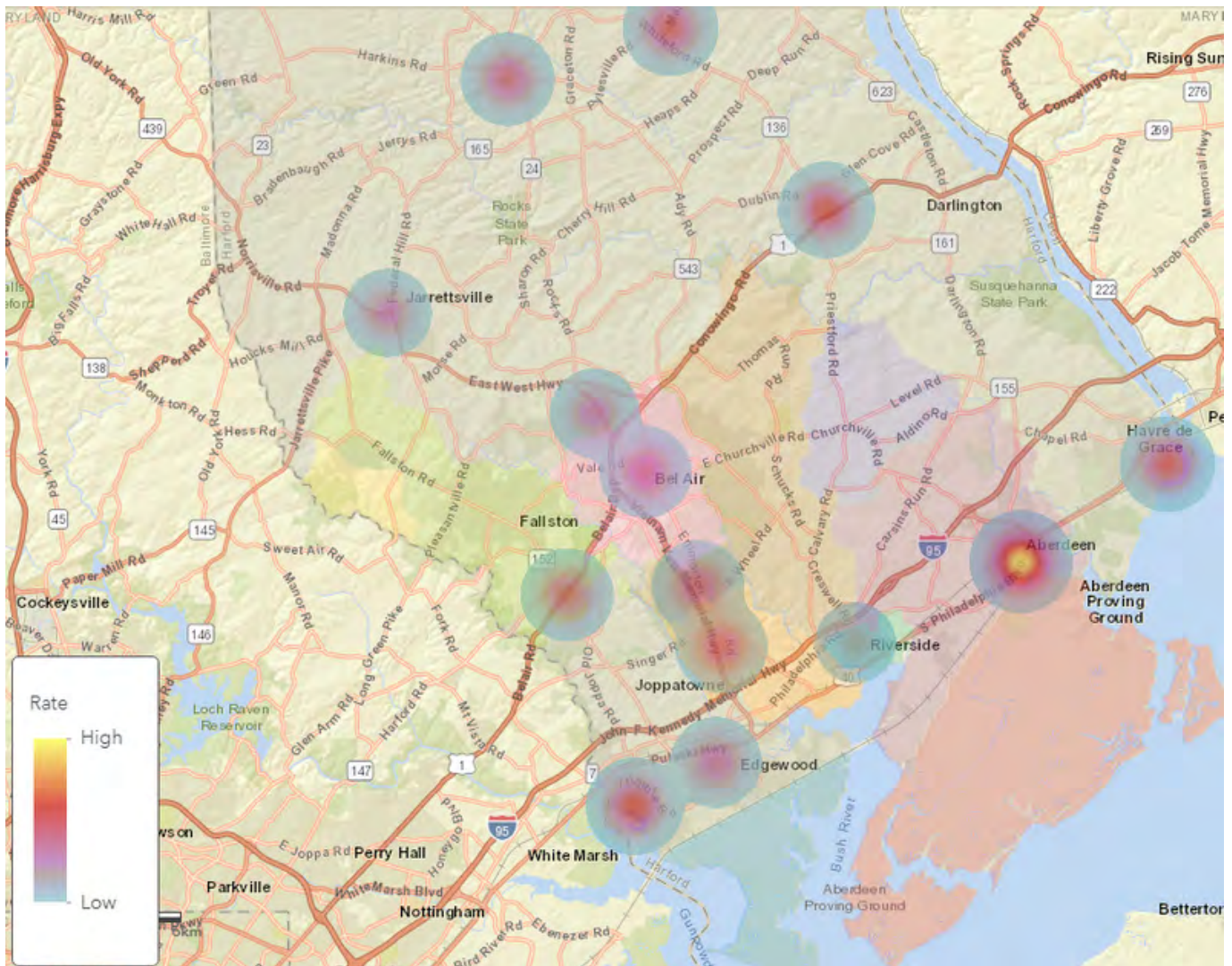
Chronic Diseases

A chronic disease, as defined by the U.S. National Center for Health Statistics, is a disease lasting three months or longer. According to the Centers for Disease Control and Prevention (CDC), chronic diseases are among the most common, costly, and preventable of all health problems. Early detection and screening is an important part of primary prevention. Seven out of the ten leading causes of death in Harford County are chronic diseases: cancer, heart disease, chronic lower respiratory disease, diabetes, stroke, Alzheimer's disease, and kidney diseases.

Cancer

Cancer was the leading cause of death in 2017 and residents with lung cancer had the highest mortality rates. In 2017, the rate of emergency room visits for lung cancer patients was highest in the Aberdeen zip code. This is consistent with the number of hospitalizations related to tobacco use, which is known to cause lung cancer.

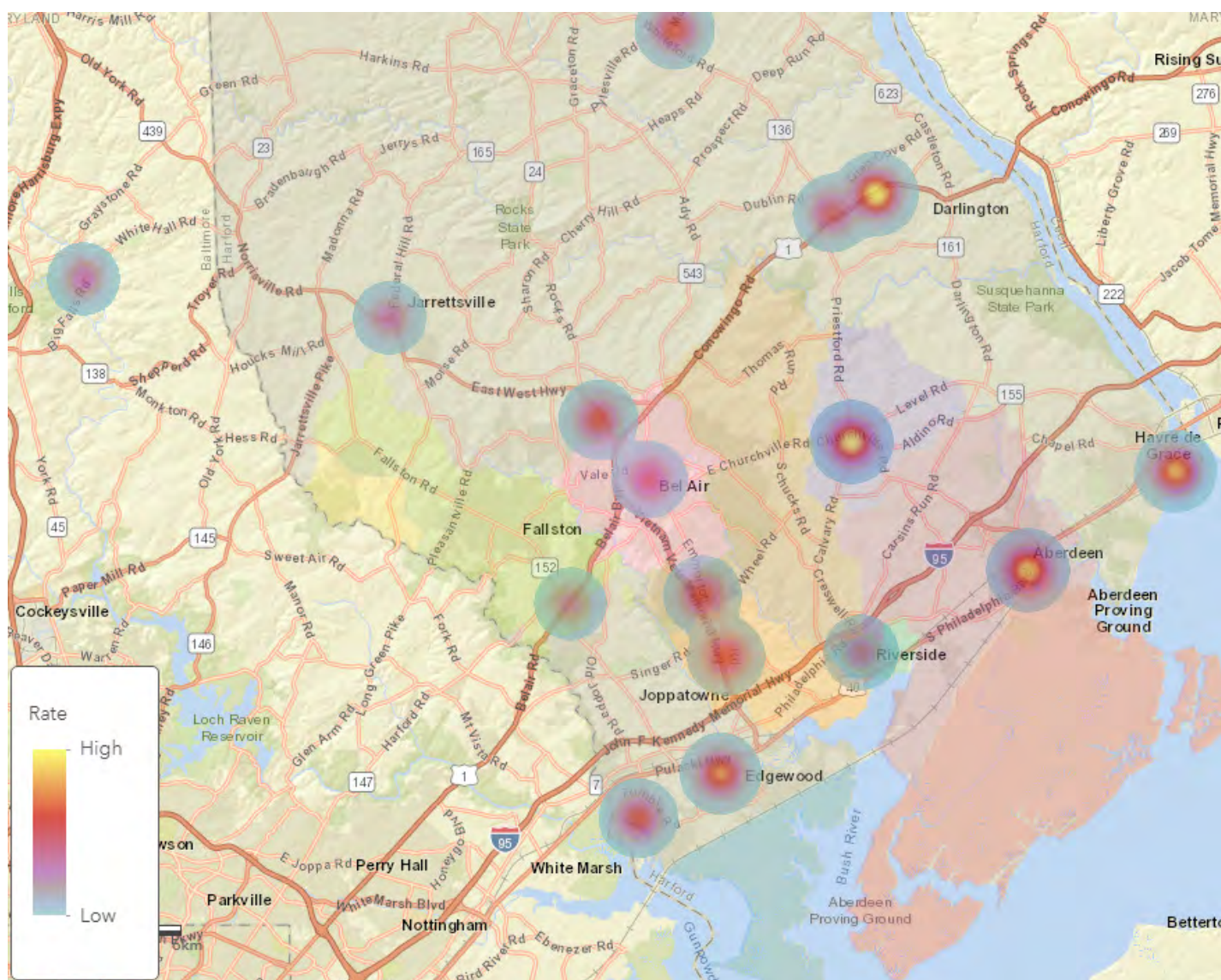
2017 Emergency Department Visits Rate for Lung Cancer per 1,000 Residents in Harford County



2017 CRISP Data

The next leading cause of cancer deaths, colorectal cancer, can be found through early detection and screening efforts. A higher rate of hospitalizations from this cancer can be found in the Darlington area, followed by Aberdeen, Churchville, Havre de Grace, and Edgewood. Increasing physical activity, having a healthy diet, limiting alcohol consumption, and avoiding tobacco are some suggestions for preventing colorectal cancer. African American/Black residents have a higher incidence rate for both colorectal and lung cancer than White residents and the rate is even higher for males compared to females.

2017 Emergency Department Visits Rate for Colorectal Cancer per 1,000 Residents in Harford County



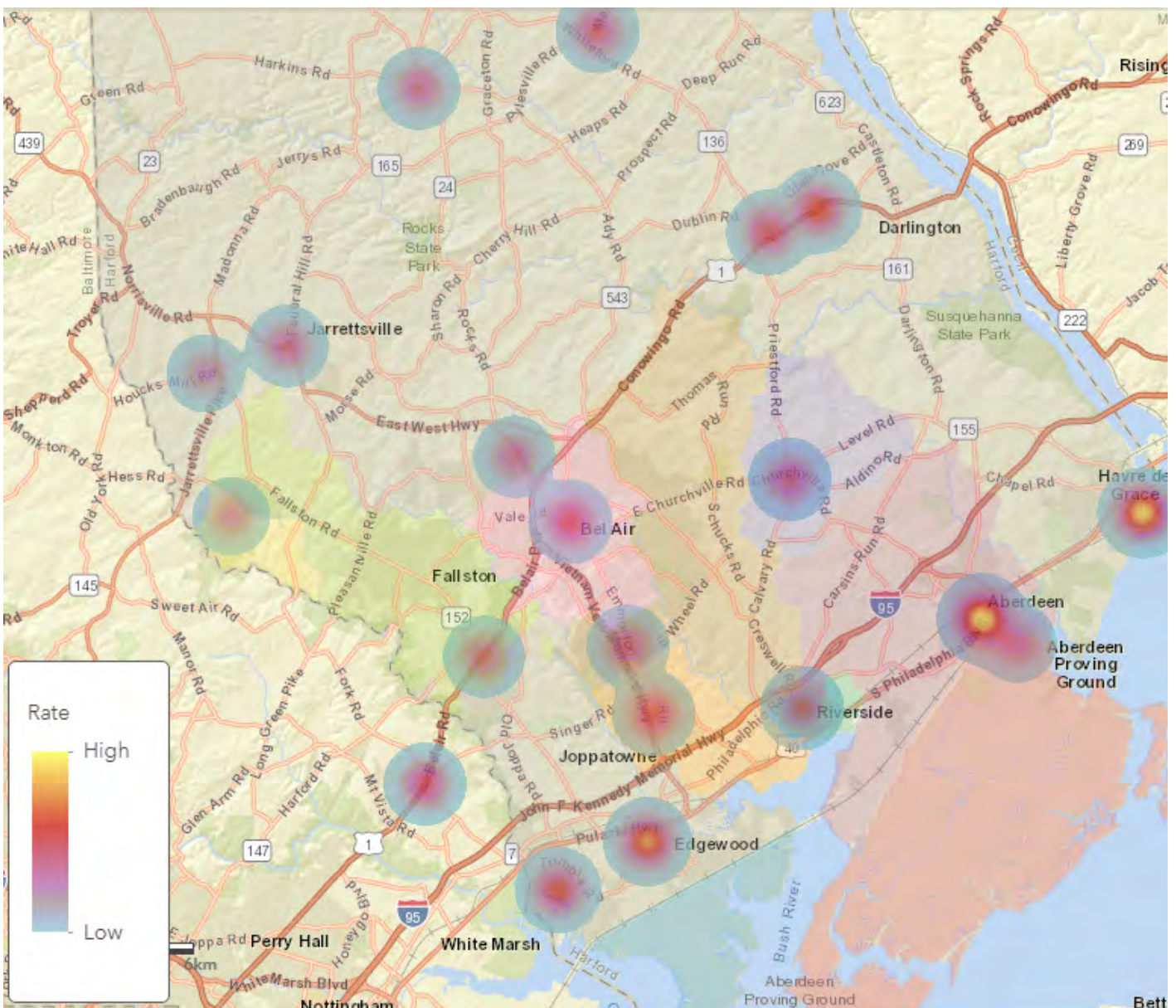
"It seems like everybody (in Harford County) has cancer."

"We need more seminars on heart disease, diabetes, stress, and coping skills."

Hypertension

Hypertension, also known as high blood pressure, is a component of heart disease, which is the number one cause of death in the United States and the number two cause of death in Harford County. Locally, Aberdeen, Havre de Grace, and Edgewood have a higher concentration of adults with hypertension who are going to the emergency department. Hypertension prevalence is higher in White (39%) residents than African American/Black (36%) residents in Harford County.

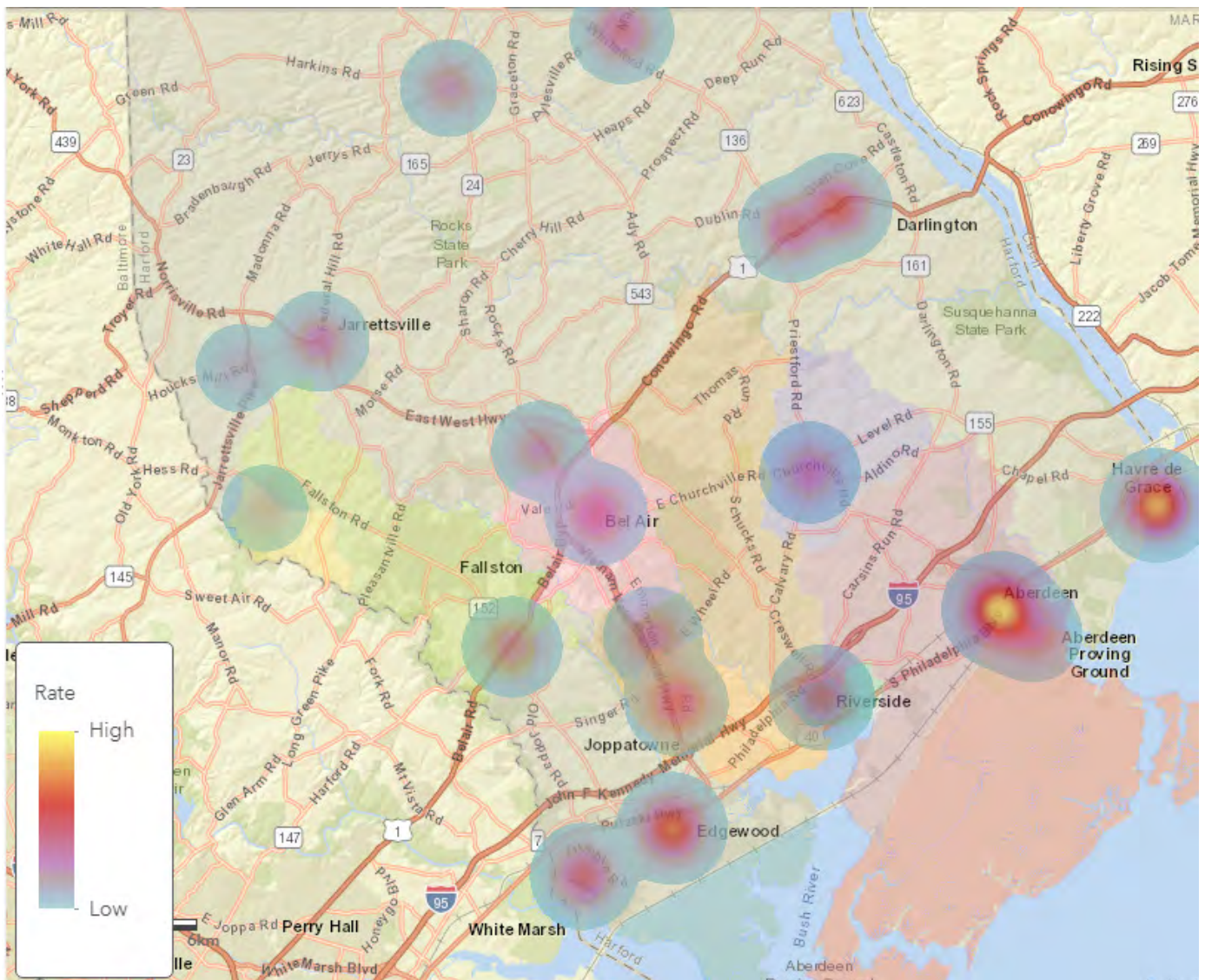
2017 Emergency Department Visits Rate for Hypertension per 1,000 Residents in Harford County



Diabetes

Diabetes is a group of diseases that affect blood sugar levels. There are several types of diabetes, but the two most common are Type 1 and Type 2. Type 1 is a chronic condition in which the pancreas produces little or no insulin. Type 2 is a chronic condition that affects the way the body processes blood sugar and is the most common form of diabetes. Some risk factors for Type 2 diabetes are obesity, a sedentary lifestyle, and physical inactivity. Diabetes was the sixth leading cause of death in the county. Residents in Aberdeen, Havre de Grace, and Edgewood have a higher rate of emergency department visits associated with diabetes. These three areas also have high rates of obesity. Diabetes prevalence is also higher in White residents than African American/Black residents in Harford County.

2017 Emergency Department Visits Rate for Diabetes per 1,000 Residents in Harford County

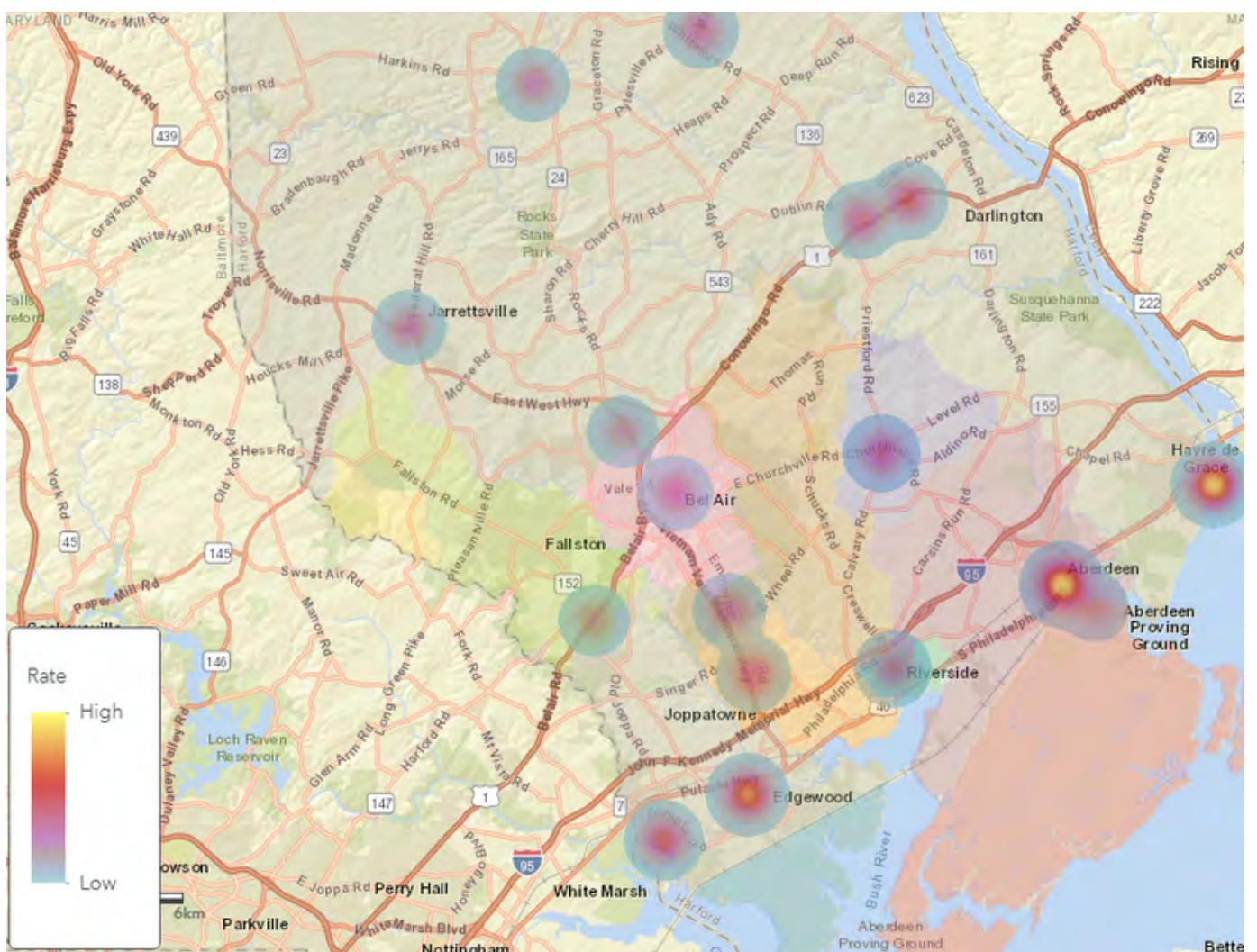


"A priority for health in the community are prescription medications that are affordable, for example for diabetes, heart disease."

Chronic Obstructive Pulmonary Disease

Chronic Obstructive Pulmonary Disease (COPD), a group of diseases that cause airflow blockage and breathing-related problems, is the third leading cause of death among Harford County residents. COPD can include diagnoses of emphysema, chronic bronchitis, and in some cases asthma. Former and current smokers are at risk of developing these diseases. In 2017, COPD was the third overall leading cause of death in the county. Aberdeen, an area with a high percentage of tobacco users, also has a higher rate of emergency visits by residents diagnosed with COPD, with Havre de Grace and Edgewood having the second and third highest rates in the county.

2017 Emergency Department Visits Rate for COPD per 1,000 Residents in Harford County



“To make Harford County a healthier place to live we need more peer recovery coaches and a non-smoking Harford County.”

CONCLUSION

"To have health equity or healthy living in Harford County we need better services like the ones at the health department and more often."

Where do we go from here?

Where you live matters! This report is the first step in understanding health equity in Harford County. Based on the findings of this report, there are health inequities due in geographic factors in Harford County, as evidenced by poorer living conditions, lower health insurance rates, and higher negative risk behaviors and diseases compared to other zip codes in the county. The three priority areas are Aberdeen, Edgewood, and Havre de Grace. This places residents in that area at higher risk for increased morbidity and mortality.

Now that priority areas have been identified, the health department can continue to strengthen cross-sector partnerships with community leaders, increase access to services, and improve health for residents that need the most care. The assessment can also be used to identify which programs need to be expanded in order to increase capacity and educate employees on the importance of health equity. This type of program and policy advocacy will help make Harford County the healthiest community in Maryland.

What can you do?

The first step in achieving health equity is recognizing that health status is very different depending on your location in Harford County. Use this information to shape your work and partner with organizations that can help leverage your goals. Sustainable programs and partnerships are important, and building health equity depends on community-wide collaboration!



Harford County Community Services Resource Guide

A rich source of information for a
wide variety of programs and services



Barry Glassman
Harford County Executive

Amber Shrodes
Director, Community Services

Harford County Department of Community Services

www.harfordcountymd.gov/services 410.638.3389

This document available in alternative format by request. For more
information the Harford County Disabilities Coordinator can be reached
at 410.638.3373 (voice/tty) or disability@harfordcountymd.gov





Harford County Community Services Resource Guide

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This document is also available online at www.harfordcountymd.gov/services

If you would like to make a change, addition, or deletion to our Resource Guide, please contact the Department of Community Services at 410.638.3389 or dcs@harfordcountymd.gov



MESSAGE FROM HARFORD COUNTY EXECUTIVE BARRY GLASSMAN

I am pleased to help connect you to the wealth of opportunities and services available from government agencies and nonprofit organizations outlined in this Community Resource Guide.

Within its pages, this guide offers something for everyone, including information on county libraries, parks, recreation programs and facilities; senior centers and services for seniors; services for children; crisis services and other resources for our neighbors in need, such as food pantries, clothing closets and shelters. I hope you will keep this valuable guide handy throughout the year.

In closing, please join me in thanking the many employees and volunteers who provide these services and programs to help all our citizens lead full and productive lives.

Barry Glassman, County Executive



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Children & Families

The Arc Northern Chesapeake Region

Treatment Foster Care Program
4513 Philadelphia Road
Aberdeen, MD 21001
410.836.7177, ext. 329
fostercare@arcncr.org
www.arcncr.org

The Arc provides a private, non-profit foster care and adoption program that recruits, trains, and supports foster and adoptive parents to care for children with special needs and have been abused and/or neglected. Information sessions are offered monthly.

Big Brothers Big Sisters of the Greater Chesapeake

3600 Clipper Mill Road, Suite 250
Baltimore, MD 21211
410.243.4000
410.889.2239 | Fax
info@biglittle.org
www.biglittle.org

Big Brothers Big Sisters matches volunteers with youth, ages 6–14, in schools and within Central Maryland. Mentoring services and programs are provided in Baltimore City, Harford, Howard, Baltimore, Carroll and Anne Arundel Counties.

Boys and Girls Clubs of Harford County

HEADQUARTERS

15 South Parke Street, Suite 200
P.O. Box 1106
Aberdeen, MD 21001
410.272.0010, 410.272.0012 | Fax
www.bgcharfordco.org

ABERDEEN UNIT

100 E. Bel Air Avenue
Aberdeen, MD 21001
410.272.8233, 410.272.5218
410.272.1708, 410.272.0012 | Fax

BEL AIR UNIT

525 W. MacPhail Road Bel Air, MD 21014
410.838.3354, 410.803.1460
410.838.0544 | Fax

EDGEWOOD UNIT

2002 Cedar Drive, Edgewood, MD 21040
410.676.1020, 410.671.1097
410.676.4639 | Fax

HAVRE DE GRACE UNIT

351 Lewis Lane
Havre de Grace, MD 21078

410.939.0822, 410.939.7899

The Boys and Girls Clubs of Harford County provide development programs and activities for youth after school, on weekends, and during the summer.

Catholic Charities Family Center and Early Head Start

EDGEWOOD

1980 Brookside Drive
Edgewood, MD 21040
410.612.1760
410.612.1763 | Fax

HAVRE DE GRACE

422 South Stokes Street
Havre de Grace, MD 21078
443.526.1940
volunteerheadstartharford@cc-md.org
www.catholiccharities-md.org/services/head-start-early-head-start/harford-county-head-start/

Early Head Start is a child and family development program that enables children from low-income families to be better prepared when entering kindergarten, thereby improving the likelihood of success in school and in life.

Catholic Charities Home-Based Respite

2601 N. Howard Street, 2nd Floor
Baltimore, MD 21218
410.685.2363
Contact: Kevin Mason, ext. 120
kmason@cc-md.org
www.catholiccharities-md.org/mental-health/in-home-support/home-based-respite.html

The Catholic Charities Home Based Respite program provides structured, therapeutic respite activities for families. Available to residents of Baltimore City, Cecil, Harford, and Baltimore Counties.

Center for Infant and Child Loss

737 W. Lombard Street, Room 233
Baltimore, MD 21201
800.808.7437
410.706.5062 | Main
410.328.4474 | Fax
caring@infantandchildloss.org
www.infantandchildloss.org

Provides counsel for any family in Maryland who has lost a child to SIDS or a sudden and unexpected death (up to age 16).

Child Find

Harford County Public Schools
Hickory Elementary School
2100 Conowingo Road
Bel Air, MD 21014
410.638.4386
410.638.4387
www.hcps.org

Child Find is a special education service provided by Harford County Public Schools to identify children ages 3–21 in Harford County who are suspected of having an educational disability and who may be eligible for special education and related services.

Dental Clinic

Harford County Health Department
2204 Hanson Road
Edgewood, MD 21040
443.922.7670
www.harfordcountyhealth.com/clinical-services/dental-clinic/

Serves children ages 1–20 who are on the Maryland Children's Health Program, and pregnant women enrolled in Medical Assistance. The Dental Clinic provides a wide array of comprehensive dental services provided by a dedicated staff of professional hygienists and dentists.

Early Learning Center at Harford Community College

309 Thomas Run Road
Bel Air, MD 21015
443.412.2393
www.harford.edu/continuing-education/youth-programs/early-learning-center.aspx

Harford Community College provides preschool and child care services on campus at our Early Learning Center. We strive to encourage children to develop socially, emotionally, and intellectually while gaining a positive self-image. The Center provides a nurturing environment and academic curriculum, incorporating the latest technology to ensure your child is well prepared for kindergarten.

Extreme Family Outreach

801 Philadelphia Road
Joppa, MD 21085
410.676.1212
marlyn@extremefamilyoutreach.com
www.extremefamilyoutreach.com

Extreme Family Outreach offers after school and children's programs. The "S.C.U.B.E. D.O." Outreach is an intensive community based 501C(3) after school sidewalk program for elementary and middle school aged youth, delivering a holistic approach to character building while providing interactive communication sessions, arts, music and citizenship teachings.

Families Anonymous

St. Margaret Catholic Church
205 Hickory Avenue
Bel Air, MD 21014
443.386.3972

Lsig1@comcast.net

Bel Air meetings are held in the Adult Learning Center (the old white church) Mondays at 7:00 p.m.

Families Anonymous helps concerned family members and friends deal with the desperation and frustration of a loved one's destructive behavior, whether caused by drugs, alcohol or related behavior problems and restore harmony to their relationship(s).

Family Support Network (FSN)

Birth to 3 years/ Preschool Partners (PP)
Harford County Infants & Toddlers
100 Thomas Run Road
Bel Air, MD 21015
410.638.3823
410.638.3825 | Fax
Kelly Nelson, FSN, PP Coordinator
infants.toddlers@hcps.org

FSN was created to meet the needs of Maryland families with children from birth to age three who have been identified as having developmental delays or disabilities. The local FSN provides information to families regarding community services, refers families to local support groups, workshops, and advocacy groups, and provides opportunities for families to network and share ideas.

The Family Tree

Grove Presbyterian Church
50 E. Bel Air Avenue, Suite 203
Aberdeen, MD 21001
410.272.7425
410.272.7427 | Fax
800.243.7337 | Parenting Helpline
info@familytreemd.org
www.familytreemd.org

A statewide nonprofit organization that strengthens families, prevents child abuse and neglect, and offers support, education and nurturing for each individual family. Call for information and parenting support programs. The Helpline is available for crisis intervention.

Harford County Infants and Toddlers Program

John Archer School
100 Thomas Run Road
Bel Air, MD 21015
410.638.3823
410.638.3825 | Fax
www.harfordcountyhealth.com/harford-county-health-department-services/services-for-children/infants-and-toddlers

Provides early intervention services for infants and toddlers with disabilities up to their 3rd birthday and includes their families. Services are provided through a coordinated interagency system.

Harford County Local Management Board (LMB)

125 N. Main Street
Bel Air, MD 21014
410.638.3166
www.harfordcountymd.gov/537/Local-Management-Board

Conducts needs assessments for children and youth in the community and for monitoring State goals for children and youth within Harford County. The Harford County LMB also funds programs that help to address gaps in service needs for children and families.

The Highlands School

2409 Creswell Road
Bel Air, MD 21015
410.836.1415
443.412.1098 | Fax
www.hsmd.org

The Highlands School identifies and serves children in grades K-12 who have the potential for average or above average achievement, but are struggling to learn by conventional methods and manifest learning differences in one or more areas of skill development.

Maryland Department of Juvenile Services

2 S. Bond Street, Suite 201
Bel Air, MD 21014
410.836.4680
410.836.4841 | Fax
www.djs.state.md.us

The Department of Juvenile Services ensures the safety of the community and the well-being and safety of the youth under DJJ care, holds juvenile offenders accountable to victims and communities, and assists youth in developing competency and character to aid them in becoming successful members of society.

Maryland Family Network

1001 Eastern Avenue, 2nd Floor
Baltimore, MD 21202
410.659.7701
410.783.0814 | Fax
www.marylandfamilynetwork.org

A statewide nonprofit that works in collaboration with public and private funders and community-based organizations and residents to support families with young children as they strive to reach their goals for their children and themselves.

Maryland Rural Development Corp. (MRDC) Head Start

410.620.7058, ext. 17
www.mrdc.net/kids

Locations in Harford County

ABERDEEN HEAD START CENTER

100 E. Bel Air Avenue
P.O. Box 1022
Aberdeen, MD 21001
410.272.3520

EDGEWOOD HEAD START CENTER

2002 Cedar Drive
P.O. Box 167
Edgewood, MD 21040
410.612.9001

HAVRE DE GRACE HEAD START CENTER

617 Congress Avenue
Havre de Grace, MD 21078
410.939.5449

Family-focused program designed to meet the needs of low-income families. Head Start offers comprehensive services for children ages 3–5 and their families, with a full program of nutrition, education, and referrals to social service agencies.

Children & Families

Maryland State Dept. of Education (MSDE) Office of Child Care

3105 Emmorton Road, Suite 1 A-B
Abingdon, MD 21009
410.569.2879
800.343.0955
410.569.8658 | Fax
occ11harf@msde.state.md.us

State agency responsible for licensing childcare centers and registering family day care homes providers in Maryland.

Mason-Dixon Community Services

708 Highland Road
P.O. Box 34
Street, MD 21154
410.452.9025
Fax: 410.452.0077
www.mason-dixon.org

Mason-Dixon Community Services offers food assistance, energy assistance, counseling, and information referrals. Its programs for children include home-based Head Start, summer camp, and a mentoring program for residents of northern Harford County. Additional services for Harford County residents include a Holiday Adoption Program for Thanksgiving and Christmas, a winter coat drive, Toys for Tots program, and Fresh Start boxes.

SOUP KITCHEN

3rd Thursday of the month

FOOD PANTRY

Monday–Thursday, 9:00 a.m.–12:00 p.m. Food and nutritional information for women are also provided.

Moms Connect at Mountain Christian Church

1824 Mountain Road
Joppa, MD 21085
410.877.1824
Marybach@mountaincc.org
www.mountaincc.org/momsconnect

Moms Connect provides practical parenting resources and support for moms with children ages birth to preschool, including expectant moms. Meetings include great speakers, fun and food. Register online.

National Center for Missing and Exploited Children Hotline

800.843.5678
800.THE.LOST
www.missingkids.com

This Hotline provides services, resources and technical assistance to child victims of abduction and sexual exploitation, their families and the professionals who serve them.

National Child Safety Council

800.327.5107
www.nationalchildsafetycouncil.org

National Runaway Safeline

800.786.2929
www.1800runaway.org

24-hour hotline offering conference calls to shelters, conflict mediation between parents and children, and crisis intervention

Partners for Success (PFS)

Harford County Public Schools
Roye Williams Elementary
201 Oakington Road
Havre de Grace, MD 21078
410.273.5579
410.273.5599 | Fax
Lori Ginley, PFS Coordinator
partners.success@hcps.org

Partners for Success Resource Centers, established as a part of each local school system in Maryland, are available to parents as a resource and information center. The centers provide information about community services, assist families in resolving concerns, and increase parental involvement in the special education decision-making process.

Purchase of Care Program

Department of Social Services
2 S. Bond Street
Bel Air, MD 21014
410.836.4700
410.836.4945 | Fax
www.dhr.maryland.gov/purchase-of-care

Provides childcare financial assistance to eligible working families. Families receive a voucher from DSS to take to a childcare provider of their choice indicating the DSS subsidiary and the parental-assigned co-payment. DSS subsidiary is paid directly to the provider.

Salvation Army Summer Camp

300 Rear Seneca Avenue
P.O. Box 309
Havre de Grace, MD 21078
410.939.3535
410.939.5641 | Fax

Offers a week-long summer camp for children ages 6–12 in Hedgesville, West Virginia. Salvation Army covers the fee if funding is available. Children must have a physical examination paid for by the parents or insurance. Call in late April or May for an application.

Thursday's Child

800.USA.KIDS
800.872.5437
www.thursdayschild.org

Thursday's Child is a proactive helpline for endangered youth offering solutions, advice and child advocacy with no judgment. Services are free.

Tiny Tot School

Bel Air United Methodist Church
21 Linwood Avenue
Bel Air, MD 21014
410.838.6399
tinytots@baumc.com
www.tinytotsbelair.com

Tiny Tot School offers nursery school and Pre-K programs for children who turn 3 or 4 years old, respectively, by September 1st of the year in which they attend. Visit the website for additional information.

Upper Bay Counseling and Support Services, Inc.

626 Revolution Street
Havre de Grace, MD 21078
410.939.8744
866.939.8744
410.939.8748 | Fax
www.UpperBay.org

Upper Bay Counseling and Support Services provide confidential mental health services to individuals experiencing emotional difficulties, problems with relationships, children, abuse issues, drug/alcohol dependence combined with a mental health problem, and serious and persistent mental illness. Services include outpatient services; assessment and evaluation; individual, family, and group counseling; medication evaluation and management; and school-based services.

Villa Maria Harford County

1301 Continental Drive, Suite 101
Abingdon, MD 21009
667.600.3220
667.600.4045 | Fax

This program provides early screening, intervention and referral for children at risk of abuse and neglect. Participants must be in one of the following Harford County Programs: MD Rural Development Corp., Head Start Aberdeen Family Support Day Center, Infants and Toddlers, Early Head Start, DSS, Family Tree, or Child Find.

Wilson Ministry Center

1024 Main Street
Darlington, MD 21034
410.836.3555
wilsonministrycenter@gmail.com
www.wilsonministrycenter.org

Wilson Ministry provides a variety of educational, support, and outreach programs to the residents of Darlington and the surrounding areas. Offers before and after school care, summer camp programs, senior and teen activities. The Getting There Rideshare program provides seniors a ride to appointments and events. The Deer Creek Coffee House is a musical program provided once a month from September to June. Check website for details.

Women, Infants, and Children (WIC)

Harford County Health Department
2027 Pulaski Highway
Havre de Grace, MD 21078
410.939.6680
410.612.9182 | Fax
www.fns.usda.gov/wic
www.harfordcountyhealth.com/
assistance-programs/wic-program/

WIC is a federally-funded program that provides healthy foods to eligible pregnant women, new mothers, infants, and children up to age five. Vouchers are given to purchase nutritious foods. Counseling for nutrition and breastfeeding are available.

EDUCATION

Arrow Center for Education

214 Creswell Road
Bel Air, MD 21015
877.426.7841
410.734.0560
410.734.0561
www.arrow.org/maryland

Special Education services.

Catholic Charities Family Center and Early Head Start

EDGEWOOD

1980 Brookside Drive
Edgewood, MD 21040
410.612.1760
410.612.1763 | Fax

HAVRE DE GRACE

422 South Stokes Street
Havre de Grace, MD 21078
443.526.1940
volunteerheadstartHarford@cc-md.org
www.catholiccharities-md.org/children-and-families/head-start/harford-county

Early Head Start is a child and family development program that enables children from low-income families to be better prepared when entering kindergarten, thereby improving the likelihood of success in school and in life.

Friends School of Harford

2232 Rock Spring Road
Forest Hill, MD 21050
443.640.6300
www.fshmd.org

Friends School of Harford is a nonprofit, independent private elementary and middle school, K–8th grade, guided by Quaker values. Located just minutes from Bel Air, their rich program of academic and hands-on learning develops the entire child and emphasizes problem-solving and leadership skills.

Harford Community College

401 Thomas Run Road
Bel Air, MD 21015
443.412.2000
www.harford.edu

Offers credit and noncredit courses for academic degrees and for personal enrichment and development. The college also provides general financial

aid information and general educational counseling. The Speakers Bureau is available free of charge to civic groups, nonprofit organizations, and schools.

ADULT BASIC EDUCATION/ LITERACY

443.412.2054
443.412.2616
literacy@harford.edu

This free program is for adults 18 and older who have withdrawn from school and want to improve their basic, reading, writing, and math skills. A one-on-one literacy-tutoring program is offered for beginning readers. Students are able to work at their own pace.

CREDIT BY EXAM

443.412.2352

This program allows adults to receive college credits for life experiences.

DISABILITY SUPPORT SERVICES

443.412.2402
443.412.2199 | TTY

Services are provided to students with documented physical, learning, psychological, or other disabilities. Services include assistive technology, assistance with improving study skills, specialized career counseling, tutoring, and other additional support services.

ENGLISH AS A SECOND LANGUAGE (ESL)

443.412.2152
443.412.2054
literacy@harford.edu

This course is for foreign-born adults ages 16 and over who want to improve their English. Students will have the opportunity to improve their speaking, listening, reading, and writing skills. Classes are free.

FINANCIAL AID OFFICE

443.412.2257
443.412.2169 | Fax
finaid@harford.edu

Offers financial aid, scholarships, and grants to qualifying Harford Community College students.

GED TEST PREPARATION

443.412.2152
literacy@harford.edu

Classes are for people age 16 and over who did not complete high school and want to take the GED exam.

Children & Families

Harford County Council of PTAs

P.O. Box 435
Bel Air, MD 21014
recsec@pta.org
www.hcc-pta.org

Promotes the welfare of children and youth in home, school, community and place of worship

Harford County Education Foundation

260 Gateway Drive, Suite 21 A
Bel Air, MD 21014
connect@harfordeducation.org
www.harfordeducation.org

Provides resources that enhance the education of students of Harford County Public schools. The foundation puts an emphasis on equity of learning, so that all children can find success in school, work, and life.

Harford County Public Schools Board of Education

102 S. Hickory Avenue
Bel Air, MD 21014
410.838.7300
communications@hcps.org
www.hcps.org

Harford County Public Schools Homeless Services Liaison

Office of Pupil Personnel Services
102 S. Hickory Avenue
Bel Air, MD 21014
410.588.5282
www.hcps.org/departments/
studentservices/
HomelessServicesLiaison.aspx

The homeless services liaison serves as one of the primary contacts between homeless families and school staff, district personnel, shelter works and other service providers. The liaison coordinates services to ensure that homeless children and youth enroll in school and have the opportunity to succeed academically.

The Highlands School

2409 Creswell Road
Bel Air, MD 21015
410.836.1415
443.412.1098 | Fax
www.hsmd.org

The Highlands School identifies and serves children who have the potential for average or above average achievement, in grades K–10, who are struggling to learn by conventional methods and who manifest learning differences in one or more areas of skill development.

Huntington Learning Center

565 Baltimore Pike
Bel Air Plaza
Bel Air, MD 21014
410.420.3020
800.CAN.LEARN
www.huntingtonlearning.com

Huntington tailors tutoring programs to fit an individual student's unique needs, academic goals and schedules, and are proven to accelerate academic results to help the student succeed.

The John Archer School

100 Thomas Run Road
Bel Air, MD 21015
410.638.3810
410.638.3840 | Fax
www.hcps.org

This public special education school serves Harford County students with disabilities.

Maryland State Department of Education

Homeless Education Coordinator
200 W. Baltimore Street
Baltimore, MD 21201
410.767.0945
www.marylandpublicschools.org/MSDE

MSDE provides information to parents about the rights of homeless children to an education.

Master Gardeners of Harford County

Harford County Extension Office
2335 Rock Spring Road
P.O. Box 663
Forest Hill, MD 21050
410.638.3255
www.extension.umd.edu/harford-county/
home-gardening/master-gardeners

Maryland Master Gardeners are volunteers trained by the University of Maryland who provide horticultural education services to individuals, groups

and communities. Training to become a Harford County Master Gardener is held once a year. Contact the office for more information.

Oak Grove Classical Christian Academy

2106 E. Churchville Road
Bel Air, MD 21015
410.838.1333
office@oakgroveclassical.org
www.oakgroveclassical.org

PRE-K FOR 3-YEAR-OLDS

Monday & Wednesday 9:00–11:30 a.m.

PRE-K FOR 4-YEAR-OLDS

Tuesday, Thursday & Friday
9:00–11:30 a.m.

KINDERGARTEN

Monday–Friday 9:00 a.m.–3:30 p.m.

GRADES 1–12

Full day, 9:00 a.m.–3:30 p.m.

Sisters Striving for Success

410.273.6367
Sistersstriving4success@yahoo.com

This nonprofit organization provides social, financial, and educational support to the youth in Harford County, guiding them toward academic excellence and improving their overall quality of life. The outreach program provides support to disadvantaged youth to aid them in overcoming difficult and challenging situations.

University Center Northeastern Maryland

1201 Technology Drive
Aberdeen, MD 21001
443.360.9200
443.360.9109 | Fax
jlabe@ucmaryland.com
www.ucmaryland.com

The University Center Northeastern Maryland is located in Aberdeen, MD at the juncture of Interstate 95 and Rt. 22 and provides expanded higher education access to the citizens of northeastern Maryland. Baccalaureate and graduate programs are offered by colleges and universities in support of the educational needs of the region. Visit the website for specific program information.

University of Maryland Extension

Harford County Office
2335 Rock Spring Road
P.O. Box 663
Forest Hill, MD 21050
410.638.3255
www.extension.umd.edu

The University of Maryland Extension “educates people to help themselves” with practical, research-based knowledge. Staff provides assistance and answers to questions regarding horticulture, agriculture, nutrient management, joining 4-H. The Maryland Extension offers educational programs and problem-solving assistance dealing with a number of topics.

University of Maryland University College (UMUC)

STUDENT SERVICES

4305 Susquehanna Avenue
Building 4305
Janet Barr Soldier Support Center,
Room 210
Aberdeen Proving Ground, MD 21005

CLASSROOM BUILDING

3147 Raritan Avenue
Aberdeen Proving Ground, MD 21005
855.655.UMUC
www.umuc.edu/visitors/locations/
aberdeen.cfm

UMUC offers classes and student services on Aberdeen Proving Ground. This site serves the local military as well as civilian students. Please call for information about base access; in some instances, a FERPA waiver form may be required.

Wilson Ministry Center

1024 Main Street
Darlington, MD 21034
410.836.3555
wilsonministrycenter@gmail.com
www.wilsonministrycenter.org

Wilson Ministry provides a variety of educational, support, and outreach programs to the residents of Darlington and the surrounding areas. Offers before and after school care, summer camp programs, senior and teen activities. The Getting There Rideshare program provides seniors a ride to appointments and events. The Deer Creek Coffee

House is a musical program provided once a month from September to June. Check website for details.

PARENTING SUPPORT & CLASSES

Alpha’s Glory Pregnancy Resource Center

219 W. Bel Air Avenue, Suite 2
Aberdeen, MD 21001
410.272.4711
410.272.6442 | Fax
www.alphasglory.org

Alpha’s Glory provides information about pregnancy, adoption, and abortion alternatives; material assistance including baby clothing, diapers and maternity clothing; spiritual and emotional support; abortion recovery; parenting classes; and free pregnancy tests.

Catholic Charities Family Center and Early Head Start

EDGEWOOD

1980 Brookside Drive
Edgewood, MD 21040
410.612.1760
410.612.1763 | Fax

HAVRE DE GRACE

422 South Stokes Street
Havre de Grace, MD 21078
443.526.1940
volunteerheadstartHarford@cc-md.org
www.catholiccharities-md.org/children-
and-families/head-start/harford-
county/#sthash.wCf9nL9b.dpuf

Early Head Start is a child and family development program that enables children from low-income families to be better prepared when entering kindergarten, thereby improving the likelihood of success in school and in life.

The Dresher Family Birthplace

UM Upper Chesapeake Medical Center
500 Upper Chesapeake Drive
Bel Air, MD 21014
800.515.0044
www.umuch.org/programs/
familybirthplace

Offers full-term birth services and prepared childbirth classes, prenatal classes for adolescents, family birthplace tours, sibling classes, prenatal

breastfeeding classes, breastfeeding support groups, newborn baby care including CPR and infant safety, parent groups on various topics, babysitting safety classes, and other services.

The Family Tree

Grove Presbyterian Church
50 E. Bel Air Avenue, Suite
203 Aberdeen, MD 21001
410.272.7425
410.272.7427 | Fax
800.243.7337 | Parenting Helpline
info@familytreemd.org
www.familytreemd.org

A statewide non-profit organization committed to strengthening families by eliminating and preventing child abuse and neglect. This is done by supporting, educating, and nurturing individuals, families and communities. Call for information about parent support groups and positive parenting programs. The Parenting Helpline is available for crisis intervention, information and referrals. There is no charge and childcare is provided.

Harford County Department of Social Services

2 S. Bond Street
Bel Air, MD 21014
410.836.4700
410.836.4945 | Fax
www.dhr.maryland.gov/local-offices/
harford-county

Applicant must receive services from DSS or CPS to qualify for parenting classes.

Villa Maria Safe Start Program

1301 Continental Drive
Abingdon, MD 21009
410.676.4002
www.catholiccharities-md.org/children-
and-families/safe-start.html

This program provides early screening, intervention and referral for children at risk of abuse and neglect. Participants must be in one of the following Harford County Programs: MD Rural Development Corp., Head Start Aberdeen Family Support Day Center, Infants and Toddlers, Early Head Start, DSS, Family Tree, or Child Find.

Community Assistance Resources

CLOTHING

Alpha's Glory Pregnancy Resource Center

219 W. Bel Air Avenue, Suite 2
Aberdeen, MD 21001
410.272.4711
410.272.6442 | Fax
www.alphasglory.org

Alpha's Glory provides information about pregnancy, adoption, and abortion alternatives; material assistance including baby clothing, diapers and maternity clothing; spiritual and emotional support; abortion recovery; parenting classes; and free pregnancy tests.

Goodwill Industries, Inc.

www.goodwill.org
Monday–Saturday, 9:00 a.m.–9:00 p.m.,
Sunday, 11:00 a.m.–6:00 p.m.

ABERDEEN

1A Aberdeen Shopping Plaza
Aberdeen, MD 21001
410.297.9136

BEL AIR

711 Bel Air Road
Bel Air, MD 21014
410.879.8001

CHURCHVILLE

2225 A. Churchville Road
Bel Air, MD 21015
410.734.0612
Sells used clothing, furniture, and household items.

Grove Presbyterian Church

50 E. Bel Air Ave.
Aberdeen, MD 21001
410.272.0896

SOUP KITCHEN

Thursdays, 11:30 a.m.–12:30 p.m.

FOOD PANTRY

Wednesdays, 7:00–8:00 p.m.

THRIFT SHOP

Mondays & Wednesdays, 10:00 a.m.–12:00 noon

Lutheran Mission Society Compassion Place

531 Legion Drive
Havre de Grace, MD 21078
410.939.0879

www.compassionplace.org

Free food and clothing are provided every

Wednesday at 9:30 a.m. after chapel service. The thrift center is open Monday-Saturday, 8:30 a.m.–4:30 p.m. for low-cost housewares, furniture, and clothing.

Oak Grove Baptist Church

2106 E. Churchville Road
Bel Air, MD 21015
410.838.9898

www.oakgrovebaptist.com

CLOTHING CLOSET

Every Thursday from 10:00 a.m.–2:00 p.m.
Every third Saturday of the month
10:00–11:30 a.m.

Tabitha's House

112-D Connolly Road
Fallston, MD 21047
410.877.9730
410.877.9731 | Fax
tabithashouse@aol.com
www.tabithashouse.org

FOOD PANTRY & ASSISTANCE

Assists with food, clothing, household items, school supplies, holiday assistance and referrals. No charge to Harford County residents. Call for an appointment.

THRIFT STORE

Prices are based for low-income individuals. Hours: Tuesday, Wednesday, Friday & Saturday, 9:00 a.m.–4 p.m.;
Thursdays 9:00 a.m.–6:30 p.m.

DONATIONS ACCEPTED

Tuesdays, 10:00 a.m.–3:00 p.m.;
Thursdays, 10:00 a.m.–6:00 p.m. and
Saturdays, 10:00 a.m.–2:00 p.m.

EMPLOYMENT

Harford Community College

Career Services
410 Thomas Run Road
Bel Air, MD 21015
443.412.2301
www.harford.edu/student-services/career-development-services.aspx

Career Service specialists help students explore career options to determine the right academic major or transfer plan as well as assist with job searches, resume building and interview skills.

Harford County Government Employment Opportunities

www.harfordcountymd.gov/307/Job-Seekers

Harford County Government has a fully-integrated, employment application process online.

Jobs for Life

The EPICENTER at Edgewood
1918 Pulaski Highway
Edgewood, MD 21040
410.776.3630
www.epicenteredgewood.com/programs

A faith-based program dedicated to assisting the unemployed and underemployed to reach their potential. Individuals will learn how to build on their gifts, talents and abilities to seek out, obtain and maintain satisfying employment.

Maryland State Department of Education

Division of Rehabilitative Services (DORS)
2 S. Bond Street
Bel Air, MD 21014
410.836.4590
410.836.4583 | TTY
410.836.4584 | Fax
BelAir.dors@maryland.gov
www.dors.state.md.us/dors

DORS promotes leadership and support for the successful employment, economic self-sufficiency, and independence of individuals with disabilities and offers vocational evaluation, skills training, academic preparation, job placement assistance, and independent living programs.

Maryland State Unemployment Benefits

for Harford County Residents
410.853.1600 | Towson Claim Center
877.293.4125 | Toll free in Maryland
www.mdunemployment.com

Harford County residents who are eligible to receive unemployment benefits must apply online or by phone at the Towson Claim Center.

Susquehanna Workforce Network

www.swnetwork.org

The Susquehanna Workforce Network and the Division of Workforce Development and Adult Learning operate the region's three workforce centers in cooperation with partner organizations and agencies. These centers improve access to information about jobs, training and workforce support throughout Maryland.

CORPORATE OFFICE

410 Girard Street
Havre de Grace, MD 21078
410.939.4240
410.939.5171 | Fax

BEL AIR

Mary Risteau Building
2 S. Bond Street
Bel Air, MD 21014
410.836.4603

ELKTON

1275 W. Pulaski Highway
Elkton, MD 21921
410.996.0550

HAVRE DE GRACE

2021 D Pulaski Highway
Havre de Grace, MD 21078
410.72-5400

Tabitha's House

112-D Connolly Road
Fallston, MD 21047
410.877.9730
410.877.9731 | Fax
tabithashouse@aol.com
www.tabithashouse.org

FOOD PANTRY & ASSISTANCE

Provides assistance with food, clothing, household items, school supplies, holiday assistance and referrals. No charge to Harford County residents. Call for an appointment.

THRIFT STORE

Prices are based for low-income individuals. Hours: Tuesday, Wednesday, Friday & Saturday, 9:00 a.m.–4:00 p.m.; Thursdays 9:00 a.m.–6:30 p.m.

DONATIONS ACCEPTED

Tuesdays, 10:00 a.m.–3:00 p.m.;
Thursdays, 10:00 a.m.–6:00 p.m. and
Saturdays, 10:00 a.m.–2:00 p.m.

UM Upper Chesapeake Health Jobline

800.791.9070
www.umuch.org

FAITH BASED RESOURCES

Answered Prayers Ministries

108 S. Stokes Street
Havre de Grace, MD 21078
888.366.5162
877.823.332
www.answeredprayersministry.com

Answered Prayers was started in 2011 with the intentions of helping the homeless and needy families in our community. It is a faith-based organization that provides a variety of services for those in need including food, clothing, school supplies and shelter assistance.

Bel Air United Methodist Church

21 Linwood Avenue
Bel Air, MD 21014
410.879.2797
410.383.5181
410.893.8363 | Fax
www.baumc.com

MANNA HOUSE SOUP KITCHEN

Hot Meals served Wednesdays 11:30 a.m.–1:00 p.m. Bags of food are available

FAMILY FOOD DISTRIBUTION

Groceries are distributed once a month (usually the third Saturday of the month) 9:00 a.m.–Noon. Check website to verify dates or for additional information. Also offer financial assistance, help with eviction prevention, BGE turn-off notices and security deposits to county residents. Open Mondays only from 9:00 a.m.–12:30 p.m. Various support groups meet at this location (See Support Groups, page 37).

Bread of Life Ministries

14 Aberdeen Shopping Plaza
Aberdeen, MD 21001
410.273.1660
www.breadoflifemd.org

*Reaching, Restoring and Renewing.
Bible Study – Wednesdays 7:30 p.m.
Sunday School – Sundays 9:30 a.m.
Church Service – Sundays 11:00 a.m.*

Calvary Baptist Church

206 Courtland Place
Bel Air, MD 21014
410.838.6080
www.calvarybelair.com

HOT MEALS

Mondays, 6:00–7:00 p.m.

FOOD PANTRY

Tuesdays, 9:30 a.m.–3:30 p.m.

Recipients must provide Harford County driver's license or ID. Call for additional assistance or information. Closed on holidays and days Harford County Public Schools are closed due to inclement weather.

Celebrate Recovery

Restore Church
15 N. Earlton Road Extension
Havre de Grace, MD 21078
443.243.4537
celebratercovery@restorechurch.net
www.restorechurch.net/celebrate-recovery/

Celebrate Recovery is a nonprofit recovery program at Restore Church that provides support, prevention, and referral to people who may suffer from hurts, habits, and hang-ups from all forms of addictions. The program provides crisis intervention, and toxicology testing for a fee. Meets Tuesday nights at 6:45 p.m. Childcare is provided.

Chabad of Harford County

15 N. Bond Street
P.O. Box 393
Bel Air, MD 21014
443-353-9718
rabbi@harfordchabad.org
www.harfordchabad.org

Harford Chabad is a family-oriented, full-service Jewish Community Center providing pastoral counseling and lifestyle events with friendship and Torah study.

Community Assistance Resources

Holy Cross Episcopal Church

4603 Rocks Road
P.O. Box 103
Street, MD 21154
410.452.5502
www.holycrossrocks.org

A lunch for seniors in need is held every 3rd Monday of the month.

Hope In Action Ministry of Central Christian Church

Bel Air Armory
37 N. Main Street
Bel Air MD 21014
410.688.4413
www.cclife.tv/belair

FREE HOT MEAL

Sundays 12:30 p.m.

TWO WORSHIP SERVICES

Sundays, 9:30 a.m. and 11:00 a.m.
ALL ARE WELCOME!

Doors open at 8:30 a.m. Kid's World offers daycare and teachings for children of all ages during worship services.

Inner County Outreach

529 Edmund Street
Aberdeen, MD 21001
410.272.3278

Inner County Outreach provides a variety of services for adults, children, and families, with a focus on Aberdeen and surrounding areas.

Jobs for Life

The EPICENTER at Edgewood
1918 Pulaski Highway
Edgewood, MD 21040
410.776.3630
www.epicenteredgewood.com/
programs/

A faith-based program dedicated to assisting the unemployed and underemployed to reach their potential. Individuals will learn how to build on their gifts, talents and abilities to seek out, obtain and maintain satisfying employment.

Mountain Christian Church

1824 Mountain Road
Joppa, MD 21085
410.877.1824
www.mountaincc.org

The church ministers to children with special needs via Sunday school, special events, fellowship events, and Vacation Bible School in the evenings. They also minister to families with special needs via worship services, total communication classes (sign language), and parent support groups.

Pastoral Counseling Services of Maryland

FIRST PRESBYTERIAN CHURCH

224 N. Main Street
Bel Air, MD 21014

ST. MARY'S EPISCOPAL CHURCH

1 St. Mary's Church Road
Abingdon, MD 21009

MAIN OFFICE

5047 N. Charles Street
Baltimore, MD 21771
410.433.8861, ext. 501
800.427.4027
410.433.1249 | Fax
www.inspiritmaryland.org

Nonprofit, community-based organization dedicated to strengthening emotional and spiritual health by providing counseling and psychotherapy services to individuals, couples, families, children, and adolescents.

Salvation Army

300 Rear Seneca Avenue
P.O. Box 309
Havre de Grace, MD 21078
410.939.3535
410.939.5641 | Fax
www.salvationarmy.com

FOOD PANTRY

Tuesday–Thursday, 10:00 –11:45 a.m. & 1:00–2:45 p.m.

Provides help with utilities and rent for court-ordered eviction or foreclosure if funds are available.

St. Francis De Sales Catholic Church

1450 Abingdon Road
Abingdon, MD 21009
410.676.5119
410.676.7520 | Fax
www.stfrancisabingdon.org

FOOD PANTRY

Thursdays, 5:30–6:30 p.m., Saturdays, 9:00–10:00 a.m. Recipients must provide form of ID. Some energy assistance may be available. Call for more information.

St. George's Episcopal Church

1522 Perryman Road
Perryman, MD 21130
410.272.6622

Parish House is open the 2nd Wednesday of the month from 1:00–3:00 p.m. Free food is distributed. Pantry provides non-perishable foods. Fresh produce is available in season. A one time registration with picture identification is required. Call for more information.

St. Joan of Arc Church

222 S. Law Street
Aberdeen, MD 21001
410.272.4535
www.stjoanarc.org

FOOD PANTRY

Wednesdays and Saturdays, 9:30–11:00 a.m.

Through Good Samaritan, volunteers provide emergency aid to individuals or families in need within the Aberdeen, Belcamp, Churchville, Riverside and Perryman areas. Assistance with food, utilities, prescriptions and rent may be available. The church also works with the FISH chapter in Aberdeen to provide similar services.

St. Mary's Episcopal Church

1 St. Mary's Church Road
Abingdon, MD 21001
410.569.0180
www.stmarysharford.org

St. Mary's offers worship, youth ministry and education and is part of the Pastoral Counseling Services of Maryland.

Trinity Evangelical Lutheran Church

1100 Philadelphia Road
Joppa, MD 21085
410.679.4000
www.trinityjoppa.org

FOOD PANTRY

Open every Tuesday from 6:00–7:00 p.m.; Thursday from 3:30–5:00 p.m.; Saturdays 10:00 a.m.–12:00 p.m.

Utility Assistance if funds are available for Joppa & Edgewood residents only.

Urban Impact, Inc.

Rooted Bible Fellowship Church
1605 Waltman Road
Edgewood, MD 21040
410.612.0022
www.rbchurch.com

Urban Impact provides a variety of services for children, adults, and families, with a focus on Edgewood and surrounding areas.

FINANCIAL RESOURCES

Bel Air United Methodist Church

21 Linwood Ave., Bel Air, MD 21014
410.838.5181
410.893.8363 | Fax
www.baumc.com

Bel Air United Methodist offers financial assistance, help with eviction prevention, BGE turn-off notices and security deposits to county residents. Open Mondays only from 9:00 a.m.–12:30 p.m. There are various support groups that meet at this location (See Support Groups under Crisis Resources).

Better Business Bureau of Greater Maryland

502 S. Sharp Street, Suite 1200
Baltimore, MD 21201
410.347.3990
410.347.3936 | Fax
www.baltimore.bbb.org

Processes and mediates written complaints against business firms; investigates fraud and provides information on business firms and charitable solicitations.

Comptroller of Maryland

Upper Chesapeake Corporate Center
103 Chesapeake Boulevard, Suite D
Elkton, MD 21921
410.260.7980
www.marylandtaxes.com
Local office serving Harford, Cecil and Kent Counties.

Consumer Protection Division

Office of the Attorney General
200 St. Paul Place
Baltimore, MD 21202
410.528.8662 | Consumer Hotline
888.743.0023 | Consumer Hotline
887.261.8807 | Medical Billing Complaint Hotline
410.576.6372 | TTD
877.261.8807 | Health Plan Decision Appeals Hotline
consumer@oag.state.md.us
www.oag.state.md.us/consumer

Attorney General's Office processes written complaints dealing with purchases, billing errors, and contracts. Informational brochure is available to assist customers.

Credit Reporting Agencies

EQUIFAX, INC.

P.O. Box 740241
Atlanta, GA 30348
800.685.1111
www.equifax.com

ESPERIAN

P.O. Box 2104
Allen, TX 75013
800.397.3742
www.experian.com

TRANSUNION

For free annual credit report
P.O. Box 105281
Atlanta, GA 30348
877.322.8228
800.916.8800 | Credit Disputes
www.transunion.com

Crisis Assistance Services

Department of Social Services
2 S. Bond Street
Bel Air, MD 21014
410.836.4700
410.836.4945 | Fax
Open 8:00 a.m.–4:30 p.m.
www.dhr.maryland.gov/local-offices/harford-county

Limited funding sources are available each fiscal year to help individuals and families with children who are experiencing certain types of crisis situations. Assistance may be available to help with homelessness, eviction/mortgage foreclosure, utility turn-off, natural disasters, stranded away from home or job, prescription medications, and residents recently released from the Harford County Detention Center.

FISH (Friends In Self-Help)

Two Chapters of Harford County FISH consist of concerned citizens who volunteer their time and talents to minister to various emergency needs of fellow citizens. See locations below for assistance provided at that location. FISH depends solely on the generosity of local churches and civic groups and concerned individuals for funds.

HAVRE DE GRACE / ABERDEEN / BELCAMP

No physical location
410.836.6440

Provide assistance with prescriptions, rent aid, utility cut-offs and other various crisis. Lodging is not provided.

WEST HARFORD FISH

Includes Bel Air, Jarrettsville, Fallston, Churchville, Street, Whiteford, Pylesville, Abingdon, Darlington, and Delta, PA.
P.O. Box 552
Bel Air MD 21014
410.836.6441

FISH provides assistance with prescriptions, rent aid, utility cut-offs, 1–2 nights lodging and other various crisis.

Guidewell Financial Solutions

757 Frederick Road
Baltimore, MD 21228
800.642.2227
410.869.8828 | Fax
www.guidewellfs.org

Accredited non-profit community service organization dedicated to helping individuals and families resolve financial problems. Their goal is to promote the wise use of credit through confidential budget counseling, debt management repayment program, and community education.

Community Assistance Resources

Harford Community Action Agency

Emergency Food Pantry
1321 Woodbridge Station Way, Suite B
Edgewood, MD 21040
410.612.9899 | Food Pantry
410.612.9099, ext. 2204 | All other programs

Emergency and/or supplemental food is available once every 30 days for clients in need of nourishment. Families receive enough wholesome fresh/canned food for 2–3 days based on household size. Current eligibility is 200% of federal poverty guidelines. Community Case Management is also available to connect clients to resources including classes for parenting, food and nutrition, and Supplemental Nutrition Assistance Program (SNAP) benefits. Call for hours of operation and closure information. Contact Kim Neely, kneely@harfordcaa.org for information.

Harford County Community & Economic Development

2021 Pulaski Highway
Havre de Grace, MD 21078
443.866.8595
443.412.2353 | Fax
www.harfordcountymd.gov/2474/Community-Economic-Development

The Harford County Office of Community and Economic Development provides a variety of programs and services to foster business retention, growth and new investment for all size businesses. Business financial and start-up programs include Enterprise Zone tax credits, Technology Opportunities and Incubator program, and Workforce Technical Training program.

Maryland Automobile Insurance

800.492.7114
www.mymarylandauto.com

Formerly MAIF, Maryland Automobile Insurance provides auto insurance to Maryland drivers who are denied by private companies.

Renter's Tax Credit

Maryland Department of
Assessment and Taxation
Taxpayer Service Division
301 W. Preston Street
Baltimore, MD 21201

888.246.5941
800.735.2258 | TTY
www.dat.state.md.us

The Renter's Property Tax Credit Program applies to the permanently disabled; renters aged 60 or over; or renters who are under age 60 with dependent children and meet income requirements.

Salvation Army

300 Rear Seneca Avenue
P.O. Box 309
Havre de Grace, MD 21078
410.939.3535
410.939.5641 | Fax
www.salvationarmymwv.org

FOOD PANTRY

*Tuesday–Thursday, 10:00–11:45 a.m. & 1:00–2:45 p.m.
Provides help with utilities and rent for court-ordered eviction or foreclosure if funds are available.*

St. Francis De Sales Catholic Church

1450 Abingdon Road
Abingdon, MD 21009
410.676.5119
410.676.7520 | Fax
www.stfrancisabingdon.org

FOOD PANTRY

Thursdays, 5:30–6:30 p.m., Saturdays, 9:00–10:00 a.m. Recipients must provide form of ID. Some energy assistance may be available. Call for more information.

St. Joan of Arc Church

222 S. Law Street, Aberdeen, MD 21001
410.272.4535
www.stjoanarc.org

FOOD PANTRY

*Wednesdays and Saturdays,
9:30–11:00 a.m.*

Through Good Samaritan, volunteers provide emergency aid to individuals or families in need within the Aberdeen, Belcamp, Churchville, Riverside and Perryman areas. Assistance with food, utilities, prescriptions, and rent may be available.

Tabernacle of Faith Family Life Center, Inc. Housing Agency

315 A N. Earlton Road
Havre de Grace, MD 21078
410.939.5017
familylifecenterCenter@comcast.net
www.toffamilyLifeCenter.com

Services include credit counseling, foreclosure and default counseling, credit seminars, home ownership classes and counseling. Mission is to reach low to moderate-income individuals who are not being currently served.

Temporary Cash Assistance (TCA)

Department of Social Services
2 S. Bond Street
Bel Air, MD 21014
410.836.4700
410.836.4945 | Fax
www.dhr.maryland.gov/weathering-tough-times/temporary-cash-assistance

Temporary Cash Assistance is a part of Maryland's Temporary Assistance to Needy Families (TANF) program and provides cash assistance to families with dependent children when available resources do not fully address the family's needs. Eligible citizens may apply in person at the Department of Social Services or online at the link above.

Temporary Disability Assistance Program (TDAP)

Department of Social Services
2 S. Bond Street
Bel Air, MD 21014
410.836.4700
410.836.4945 | Fax
www.dhr.maryland.gov/weathering-tough-times/temporary-disability-assistance

This program assists adults with disabilities who do not qualify for other basic assistance benefits. Participants receive limited cash assistance and may also qualify for food stamps, medical assistance, and housing assistance.

Trinity Evangelical Lutheran Church

1100 Philadelphia Road
Joppa, MD 21085
410.679.4000
www.trinityjoppa.org

FOOD PANTRY

Open every Tuesday from 6:00–7:00 p.m.; Thursday from 3:30–5:00 p.m.; Saturdays 10:00 a.m.–12:00 p.m.

Utility Assistance if funds are available for Joppa & Edgewood residents only.

U.S. Department of Labor

Office of Worker's Compensation Programs
866.487.2365
www.dol.gov

FOOD

Bel Air United Methodist Church

21 Linwood Avenue
Bel Air, MD 21014
410.879.2797
410.838.5181
410.893.8363 | Fax
www.baumc.com

MANNA HOUSE SOUP KITCHEN

Hot meals served Wednesdays 11:30 a.m.–1:00 p.m. Food bags are available.

FAMILY FOOD DISTRIBUTION

Groceries are distributed once a month (usually the third Saturday of the month) 9:00 a.m.–Noon. Check website to verify dates or for additional information. Also offer financial assistance, help with eviction prevention, BGE turn-off notices and security deposits to county residents. Open Mondays only from 9:00 a.m.–12:30 p.m.

Calvary Baptist Church

206 Courtland Place
Bel Air, MD 21014
410.838.6080
www.calvarybelair.com

HOT MEALS

Mondays, 6:00–7:00 p.m.

FOOD PANTRY

Tuesdays, 9:30 a.m.–3:00 p.m.

Recipients must provide Harford County driver's license or ID. Call for additional assistance or information. Closed on holidays and days Harford County Public Schools are closed due to inclement weather.

FISH (Friends In Self-Help)

Two Chapters of Harford County FISH consist of concerned citizens who volunteer their time and talents to minister to various emergency needs of fellow citizens. See locations below for assistance provided at that location. FISH depends solely on the generosity of local churches and civic groups and concerned individuals for funds.

HAVRE DE GRACE / ABERDEEN / BELCAMP

No physical location
410.836.6440

Provide assistance with prescriptions, rent aid, utility cut-offs and other various crisis. Lodging is not provided.

WEST HARFORD FISH

Includes Bel Air, Jarrettsville, Fallston, Churchville, Street, Whiteford, Pylesville, Abingdon, Darlington, and Delta, PA.
P.O. Box 552
Bel Air MD 21014
410.836.6441

FISH provides assistance with prescriptions, rent aid, utility cut-offs, 1–2 nights lodging and other various crisis.

Fishers of Men and Women Ministries

443.303.0333
www.fishersofmenandwomen.org

Serving Locations

ST. PAUL'S CHURCH HOT MEAL

201 Mt. Royal Avenue
Aberdeen, MD 21001
Tuesdays, 6:00–7:00 p.m.

FESTIVAL PARK HOT MEALS

Aberdeen, MD
1st & 3rd Saturday,
10:00 a.m.–12:00 p.m.

Food Supplement Program

Department of Social Services
2 S. Bond Street, Bel Air, MD 21014
410.836.4700
410.836.4945 | Fax
www.dhr.maryland.gov/food-supplement-program

Assistance provided to low-income individuals and families to purchase food.

Grace Place

St. John's Episcopal Church

114 Union Avenue
Havre de Grace, MD 21078
410.939.2107
Hot Meal: Tuesdays,
11:15 a.m.–12:30 p.m.

Non-perishable groceries are available.

Grace United Methodist

110 W. Bel Air Avenue
Aberdeen, MD 21001
410.272.0909
www.graceumchurch.org

EMERGENCY FOOD ASSISTANCE

Wednesdays 5:00–6:00 p.m. Must provide photo I.D.

Grove Presbyterian Church

50 E. Bel Air Avenue
Aberdeen, MD 21001
410.272.0896

SOUP KITCHEN

Thursdays, 11:30 a.m.–12:30 p.m.

FOOD PANTRY

Wednesdays, 7:00–8:00 p.m.

THRIFT SHOP

Mondays & Wednesdays,
10:00 a.m.–12:00 p.m.

Harford Community Action Agency

Emergency Food Pantry
1321 Woodbridge Station Way, Suite B
Edgewood, MD 21040
410.612.9899 | Food Pantry
410.612.9099, ext. 2204 | All other programs

Emergency and/or supplemental food is available once every 30 days for clients in need of nourishment. Families receive enough wholesome fresh/canned food for 2–3 days based on household size. Current eligibility is 200% of federal poverty guidelines. Community Case Management is also available to connect clients to resources including classes for parenting, food and nutrition, and Supplemental Nutrition Assistance Program (SNAP) benefits. Call for hours of operation and closure information. Contact Kim Neely, kneely@harfordcaa.org for information.

Community Assistance Resources

Hope In Action Ministry of Central Christian Church

Bel Air Armory
37 N. Main Street
Bel Air MD 21014
410.688.4413
www.cclife.tv/belair

FREE HOT MEAL

Sundays 12:30 p.m.

TWO WORSHIP SERVICES

Sundays, 9:30 a.m. and 11:00 a.m.
ALL ARE WELCOME!

Doors open at 8:30 a.m. Kid's World offers daycare and teachings for children of all ages during worship services.

Inner County Outreach

529 Edmund Street
Aberdeen, MD 21001
410.272.3278

Inner County Outreach provides a variety of services for adults, children, and families, with a focus on Aberdeen and surrounding areas.

Lord of Life Lutheran Church

501 Sequoia Drive
Edgewood, MD 21040
410.676.8063
www.lordoflifeedgewood.org
office@lordoflifeedgewood.org

FOOD PANTRY

1st and 3rd Thursday of the month from 4:30–5:30 p.m., please use fellowship hall doors.

foodpantry@lordoflifeedgewood.org

The Lord of Life Lutheran Church's motto is "Serving Harford County with God's Overflowing Grace", and is a resource for families who have had fires, floods and major crisis by providing food, toiletries and some household items.

Lutheran Mission Society Compassion Place

531 Legion Drive
Havre de Grace, MD 21078
410.939.0879
www.compassionplace.org

Free food and clothing are provided every Wednesday at 9:30 a.m. after chapel service. The thrift center is open Monday-Saturday, 8:30 a.m.-4:30 p.m. for low-cost housewares, furniture, and clothing.

Mason-Dixon Community Services

708 Highland Road
P.O. Box 34
Street, MD 21154
410.452.9025
410.452.0077 | Fax
www.mason-dixon.org

Mason-Dixon Community Services offers food assistance, energy assistance, counseling, and information referrals. Its programs for children include home-based Head Start, summer camp, and a mentoring program for residents of northern Harford County. Additional services for Harford County residents include a Holiday Adoption Program for Thanksgiving and Christmas, a winter coat drive, Toys for Tots program, and Fresh Start boxes.

SOUP KITCHEN

3rd Thursday of the month,
11:00 a.m.-12:00 p.m.

FOOD PANTRY

Monday–Thursday, 9:00 a.m.–12:00 p.m.
Food and nutritional information for women is also provided.

Meals on Wheels

45 N. Main Street, Suite D
Bel Air, MD 21014
410.838.0013
410.879.5814 | Fax
Harford@mow.cm.org
www.mealsonwheelsmd.org

Nutritious meals are delivered to homebound persons unable to shop or prepare meals for themselves. Two meals are delivered on Monday, Wednesday and Friday. Weekend meals are available for clients with special criteria.

Oak Grove Baptist Church

2106 E. Churchville Road
Bel Air, MD 21015
410.838.9898
www.oakgrovebaptist.com

FOOD PANTRY

Every 3rd Saturday of the month from 10:00–11:00 a.m.

CLOTHING CLOSET:

Every Thursday from 10:00 a.m.–2:00 p.m., Every third Saturday of the month 10:00–11:30 a.m.

Salvation Army

300 Rear Seneca Avenue
P.O. Box 309
Havre de Grace, MD 21078
410.939.3535
410.939.5641 | Fax
www.salvationarmy.com

FOOD PANTRY

Tuesday–Thursday, 10:00–11:45 a.m. & 1:00–2:45 p.m.

Provides help with utilities and rent for court-ordered eviction or foreclosure if funds are available.

Senior Citizen Meal Programs

Harford County Office on Aging
145 N. Hickory Avenue
Bel Air, MD 21014
410.638.3025
410.893.3025 | Fax
www.harfordcountymd.gov/1757/Meal-Program-and-Menu

Lunch-time meals are provided Monday–Friday at the County's senior activity centers for a minimal donation. Reservations can be made at your local senior center. Call centers for information.

The Sharing Table at Prince of Peace Church

2600 Willoughby Beach Road
Edgewood, MD 21040
410.679.5912
sharingtableinfo@gmail.com
www.sharingtable.org

The Sharing Table is a collaboration of over twenty civic and religious organizations in Harford County. Our mission is to feed the poor and needy along the Route 40 corridor. A sit-down, hot meal is served every Saturday at Prince of Peace Church in Edgewood from 11:00 a.m.–1:00 p.m. In addition, a bag of non-perishable food items and bread is provided to each adult with additional items for adults who are accompanied by children.

St. Francis De Sales Catholic Church

1450 Abingdon Road
Abingdon, MD 21009
410.676.5119
410.676.7520 | Fax
www.stfrancisabingdon.org

FOOD PANTRY

Thursdays, 5:30–6:30 p.m., Saturdays,
9:00–10:00 a.m.

*Recipients must provide form of ID.
Some energy assistance may be
available. Call for more information.*

St. Joan of Arc Church

222 S. Law Street
Aberdeen, MD 21001
410.272.4535
www.stjoanarc.org

FOOD PANTRY

Wednesdays and Saturdays,
9:30–11:00 a.m.

*Through Good Samaritan, volunteers
provide emergency aid to individuals or
families in need within the Aberdeen,
Belcamp, Churchville, Riverside and
Perryman areas. Assistance with food,
utilities, prescriptions and rent may be
available. The church also works with
the FISH chapter in Aberdeen to provide
similar services.*

St. John's Episcopal Church

114 Union Avenue
Havre de Grace, MD 21078
410.939.2107

ST. JOHN'S CUPBOARD

Food Bank and Hot Meal,
Fridays, 11:00 a.m.–12:00 p.m.

St. Mary's Roman Catholic Church

1021 St. Mary's Road
Pylesville, MD 21132
410.452.5166

FOOD PANTRY

*Open on the 3rd Saturday of the
month (no service in months of
Easter, Thanksgiving, and Christmas)
from 10:00 a.m.–12:00 p.m.*

St. Matthew Lutheran Church

1200 Churchville Road
Bel Air, MD 21014
410.838.3178
www.smlc.org
Friendship and Bible study..

FOOD PANTRY

Thursdays, 6:00–7:30 p.m. and Fridays,
10:30 a.m.–12:00 p.m.

Photo I.D is required.

Tabitha's House

112-D Connolly Road
Fallston, MD 21047
410.877.9730
410.877.9731 | Fax
tabithashouse@aol.com
www.tabithashouse.org

FOOD PANTRY & ASSISTANCE

*Provides assistance with food, clothing,
household items, school supplies, holiday
assistance and referrals. No charge to
Harford County residents. Call for an
appointment.*

THRIFT STORE

Prices are based for low-income
individuals. Hours: Tuesday, Wednesday,
Friday & Saturday, 9:00 a.m.–4 p.m.;
Thursdays 9:00 a.m.–6:30 p.m.

DONATIONS ACCEPTED

Tuesdays, 10:00 a.m.–3:00 p.m.;
Thursdays, 10:00 a.m.–6:00 p.m. and
Saturdays, 10:00 a.m.–2:00 p.m.

Trinity Evangelical Lutheran Church

1100 Philadelphia Road
Joppa, MD 21085
410.679.4000
www.trinityjoppa.org

FOOD PANTRY

Open every Tuesday from 6:00–7:00
p.m.; Thursday from 3:30–5:00 p.m.;
Utility Assistance is offered if funds are
available to Joppa & Edgewood residents
only.

WIC (Women, Infants, and Children)

Harford County Health Department
2027 Pulaski Highway
Havre de Grace, MD 21078
410.939.6680
410.612.9182 | Fax
www.fns.usda.gov/wic
www.harfordcountyhealth.com/
assistance-programs/wic-program/

*WIC is a federally-funded program
that provides healthy foods to eligible
pregnant women, new mothers, infants,
and children up to age five. Vouchers
are given to purchase nutritious foods.
Counseling for nutrition and breastfeeding
are available.*

FURNITURE & HOUSEHOLD

Bel Air United Methodist Church

21 Linwood Avenue Bel Air, MD 21014
410.838.5181
410.893.8363 | Fax
www.baumc.com

*Bel Air United Methodist Church provides
donated furniture to Harford County
residents in need.*

Goodwill Industries, Inc.

www.goodwill.org
Monday–Saturday, 9:00 a.m.–9:00 p.m.,
Sunday, 11:00 a.m.–6:00 p.m.

ABERDEEN

1A Aberdeen Shopping Plaza
Aberdeen, MD 21001
410.297.9136

BEL AIR

711 Bel Air Road
Bel Air, MD 21014 410.879.8001

CHURCHVILLE

2225 A. Churchville Road Bel Air, MD
21015 410.734.0612

*Sells used clothing, furniture, and
household items.*

Tabitha's House

112-D Connolly Road Fallston, MD 21047
410.877.9730
410.877.9731 | Fax
tabithashouse@aol.com
www.tabithashouse.org

FOOD PANTRY & ASSISTANCE

*Provides assistance with food, clothing,
household items, school supplies, holiday
assistance and referrals. No charge to
Harford County residents. Call for an
appointment.*

THRIFT STORE

Prices are based for low-income
individuals. Hours: Tuesday, Wednesday,
Friday & Saturday, 9:00 a.m.–4 p.m.;
Thursdays 9:00 a.m.–6:30 p.m.

DONATIONS ACCEPTED

Tuesdays, 10:00 a.m.–3:00 p.m.;
Thursdays, 10:00 a.m.–6:00 p.m. and
Saturdays, 10:00 a.m.–2:00 p.m.

Community Assistance Resources

IMMIGRATION SERVICES

Asian/Pacific Islander Domestic Violence Resource Project (DVRP)

P.O. Box 14268 Washington, DC 20044
202.833.2232
202.833.2233 | Hotline
www.dvrp.org

DVRP serves Asian/Pacific Islander (A/PI) survivors of domestic violence and sexual assault and provides culturally and linguistically-specific services. Their mission to address, prevent, and end domestic violence and sexual assault in the A/PI community.

Ayuda, Inc.

6925 B. Willow Street, NW
Washington, DC 20012
202.387.4848
202.387.0324 | Fax
www.ayuda.com

Ayuda, Inc. is a nonprofit, legal and social service agency for low-income Latino and foreign-born immigrants. They provide legal advocacy, assistance to victims of domestic violence, policy and advocacy at national and local levels, as well as referrals, community education, and training and technical assistance.

Boat People SOS

6066 Leesburg Pike, Suite
100 Falls Church, VA 22041
703.538.2190
703.538.2191 | Fax
info@bpsos.org
www.bpsos.org

Mission is to provide relief, assistance, and support to Vietnamese refugees and immigrants. Services include domestic violence programs, health and mental health programs, services for children, teenagers, and families, legal services, and translation services.

Immigration Legal Services

Catholic Charities
430 S. Broadway
Baltimore, MD 21231
410.534.8015
410.522.2668
www.catholiccharities-md.org

Low cost legal assistance is provided to Maryland's immigrants, refugees, and their families. Assists with family and employment based immigrant and non-immigrant services.

Immigration Outreach Service Center

5401 Loch Raven Boulevard
Baltimore, MD 21239
410.323.8564
410.323.8598 | Fax
www.ioscbalt.org

The Immigration Outreach Service Center offers assistance for immigrants seeking political asylum, legal representation, and health care services. Also assists with effects of trauma and torture.

LASOS, Inc. Linking All So Others Succeed

31 W. Courtland Street, Bel Air, MD 21014
410.836.0333
www.lasos.org

LASOS's mission is to offer translation and adult literacy services, bilingual youth programs, English as a second language, and to provide a network of providers.

Lutheran Immigration and Refugee Services

700 Light Street, Baltimore, MD 21230
410.230.2700
410.230.2890 | Fax
lirs@lirs.org
www.lirs.org

This organization offers a wide variety of programs and services for immigrants and refugees, including legal services, refugee resettlement services, children's services, and foster care services for unaccompanied refugee minors.

Multi-Ethnic Domestic Violence Project

305 W. Chesapeake Avenue, Suite 201
Towson, MD 21204
410.321.8761 | Multi-lingual voicemail
410.321.0462 | Fax
admin@wlcmd.org
www.wlcmd.org

A project of the Women's Law Center of Maryland, this program focuses on the special needs of foreign-born victims of domestic violence. Assists with filing for protective orders, legal accompaniment,

translator services, referrals, and immigration issues.

TRANSPORTATION

Getting There Ride Share

1024 Main Street, Darlington, MD 21034
410.836.3005
GTRS3005@gmail.com
www.gettingthererideshare.org

Getting There Ride Share provides safe, affordable, and reliable transportation for seniors in the northern part of Harford County. Volunteer drivers transport seniors door-to-door to medical appointments, religious services, grocery shopping, etc. Passengers and drivers are screened and rides are not limited to Harford County.

Harford Transit LINK

Office of Community & Economic Development
410.612.1620
Maryland Relay 711 | TTY
www.harfordtransitlink.org

Harford Transit LINK services are provided to the general public. The fixed route service travels to Aberdeen, Bel Air, Havre de Grace, Riverside, Edgewood, Joppatowne, and Perryville in Cecil County. Demand Response, a curb-to-curb service, is also provided. All Harford Transit LINK's buses are wheelchair accessible. Visit the website or RouteShout app for specific schedule information.

Hart to Heart Transportation

866.276.9554
www.harttohearttransportation.com

Licensed to provide special care transportation, ambulance and wheelchair services in Maryland, Delaware, Pennsylvania and New Jersey.

Medical Assistance Transportation

Harford County Health Department
120 S. Hays Street, Bel Air, MD 21014
410.638.1671
www.harfordcountyhealth.com/
assistance-programs/medical-assistance-transportation/

The Medical Assistance Transportation program coordinates last resort transportation services for Harford

County Medical Assistance recipients and need transportation to access medically necessary services. Rides must be scheduled at least two business days prior to appointment.

Traveler's Aid Program at Samaritan Center

17 W. Franklin Street
Baltimore, MD 21201
410.659.4020 | front desk
www.travelersaid.org

Offers assistance with greyhound vouchers for people stranded in the area. Hours are Monday–Friday from 8:30 a.m. until 1 p.m.

WOMEN'S RESOURCES

Anna's House

P.O. Box 88, Bel Air, MD 21014
410.803.2130
www.catholiccharities-md.org/annas-house

Transitional housing program for homeless women and their children that offers counseling, career skills training, and employment assistance to help them resume independent lives. Residents must be referred by Harford Community Action Agency.

Birthright Pregnancy Center of Bel Air

38 E. Gordon Street, Bel Air, MD 21014
410.838.0443, 800.550.4900
info@birthrightharfordcounty.org
www.birthrightharfordcounty.org
Monday | 10:00 a.m.–4:00 p.m.
Tuesday–Thursday | 10:00 a.m.–4:00 p.m. & 6:00–8:00 p.m.
Friday | 10:00 a.m.–2:00 p.m.
Saturday | 10:00 a.m.–12:00 noon

Birthright is a free, confidential pregnancy help center. No politics, no judgment, no conditions, or selling. Birthright of Bel Air is staffed by trained volunteers who will assess individual situations and help to explore alternatives and resources available for those involved in an untimely pregnancy, regardless of circumstances.

Cancer Prevention Services

Harford County Health Department
1321 Woodbridge Station Way, Suite A
Edgewood, MD 21040
410.612.1780
www.harfordcountyhealth.com/harford-county-health-department-services/services-for-adults/cancer-prevention

Offers no-cost mammograms, pap tests, and breast exams to Harford County women ages 40–64 that are uninsured or under-insured, and meet program eligibility requirements. Additionally, offers no-cost colonoscopies to Harford County residents ages 50–64 who are uninsured or under-insured, and meet program eligibility requirements. Also provides educational presentations on breast, cervical and colorectal cancer to organizations at no cost. Contact the office for services and eligibility.

Chesapeake Mommies

admin@chesapeakemommies.com
www.chesapeakemommies.com

Chesapeake Mommies offers a simple way to connect with local moms for friendship, support and fun. Members meet on our forums to share information on everything from where to get the best haircut to tips on transitioning to a “big kid” bed. Each month, they also offer many face-to-face events for members, their children and their families.

Harford County Commission for Women

Department of Community Services
125 N. Main Street
Bel Air, MD 21014
410.638.4739
www.harfordcountymd.gov/404/Commission-for-Women

The Commission for Women is comprised of 15 volunteer members that assembles, analyzes and disseminates information to help meet the needs of women; studies conditions that demonstrate inequalities and unmet needs; and recommends procedures and legislation to remedy inequalities. Promotes a positive image of women and helps to provide recognition of their accomplishments. Monthly meetings are open to the public; all are welcome. See website for meeting dates.

League of Women Voters of Harford County

P.O. Box 291, Bel Air, MD 21014
410.272.1815
www.lww.org/local-league/lww-harford-county-inc

The League of Women Voters of Harford County is a respected grassroots organization that is strictly nonpartisan. The League is dedicated to providing well-researched and unbiased information so that all voters may become better informed. Services include voter registration and education. Free monthly e-newsletter.

Moms Connect at Mountain Christian Church

1824 Mountain Road
Joppa, MD 21085
410.877.1824, ext. 131
Marybach@mountaincc.org
www.mountaincc.org/momsconnect

Moms connect provides practical parenting resources and support for moms with children ages birth to preschool, including expectant moms. Meetings include great speakers, fun and food. Register online.

Sexual Trauma Treatment & Post Traumatic Stress Disorder for Veterans

ELKTON VETERANS' CENTER
103 Chesapeake Boulevard, Suite A
Elkton, MD 21921
410.392.4485
410.392.6381 | Fax

ABERDEEN VETERANS' CENTER
223 W. Bel Air Avenue
Aberdeen, MD 21001
410.272.6771
410.297.9041 | Fax

Outpatient treatment is provided to all eligible veterans by a team of professionals who have specialized knowledge and experience in understanding the physical and emotional aftermath of sexual trauma. Eligible veterans are those men and women who have been sexually assaulted or harassed while in the military or who have a history of sexual assault rape, or incest. We also treat individuals with Post Traumatic Stress Disorder (PTSD). Call for information on all programs.

Community Assistance Resources

Sisters Striving for Success

410.273.6367

Sistersstriving4success@yahoo.com

This non-profit organization provides social, financial, and educational support to the youth in Harford County, guiding them toward academic excellence and improving their overall quality of life. The outreach program provides support to disadvantaged youth to aid them in overcoming difficult and challenging situations.

Women's Law Center of Maryland

305 W. Chesapeake Avenue, Suite 201

Towson, MD 21204

410.321.8761

410.321.0462 | Fax

admin@wlcmd.org

www.wlcmd.org

877.422.9500 | EMPLOYMENT LAW
HOTLINE

Tuesdays, 9:30 a.m.–1:00 p.m.

800.845.8550 | FAMILY LAW HOTLINE

Monday–Friday 9:30a.m.–4:30 p.m.

800.818.9888 | LEGAL FORMS

HELPLINE

Tuesdays, 9:00 a.m.–4:00 p.m.;

Wednesdays–Fridays,

9:00 a.m.–12:30 p.m.

This center offers a variety of legal services for women including a family law hotline, legal form helpline, advocacy and representation for Protective Orders, the Multi-Ethnic Domestic Violence Project.

Women's Wellness Program

Harford County Health Department

1321 Woodbridge Station Way

Edgewood, MD 21040

410.612.1779

www.harfordcountyhealth.com/clinical-services/family-planning/

Offers basic gynecological services (including STD testing), birth control, a colposcopy clinic for women who have had an abnormal pap smear, walk-in service for emergency contraception, and free pregnancy testing. Services offered on a sliding-fee scale for those uninsured with income verification. The Health Department accepts Medical Assistance and will submit claims to insurance companies

Harford County Youth & Family Resource Festival

Saturday, April 13, 2019 | 9 a.m. - 2 p.m.

Harford Community College – APG Federal Credit Union Arena

This event features public and private resources for youth from birth to young adults of all abilities. Information on services such as summer camps, tutoring, behavioral health, summer employment, college application support, fingerprinting, ID services & more.

Contact us today at scbowker@harfordcountymd.gov.



Barry Glassman
Harford County Executive
Amber Shrodes
Director, Community Services

Harford County Department of Community Services – Local Management Board

Office of Children, Youth & Families

www.harfordcountymd.gov/services/lmb 410.638.3389

211 Maryland

1800 Washington Boulevard, Suite 340
Baltimore, MD 21230
Dial 211 or 800.492.0618
410.685.0525
410.685.2159 | TTY
info@211md.org
www.211md.org

211 Maryland is a partnership working to provide simple access to health and human services information. This simple telephone number connects people with important community services including teen pregnancy, employment, shelter, food stamps, senior and disability services, and other referrals.

Adult Protective Services

Department of Social Services
2 S. Bond Street
Bel Air, MD 21014
410.836.4717
410.836.4943 | Fax
www.dhr.maryland.gov/office-of-adult-services/adult-protective-services

This agency is responsible for investigating abuse, neglect, and exploitation of vulnerable adults.

Ambulance – 911

24-hour service.

American Red Cross

4800 Mt. Hope Drive
Baltimore, MD 21215
800.733.2767 | Blood Donations
410.624.2000
410.764.4914 | Fax
www.redcross.org/gcr

The American Red Cross provides 24-hour crisis assistance. They offer presentations on disaster preparedness, and courses in First Aid, CPR, Water Safety, and Informal Caregivers and Babysitting, as well as help military families secure emergency leave and emergency loans.

Baltimore Child Abuse Center, Inc.

2300 N. Charles Street, Suite 400
Baltimore, MD 21218
410.396.6147
www.bcaci.org

Baltimore Child provides services to

sexually abused children or children exposed to violence including free investigative interviews, mental health services, and medical exams. Must be referred by a child protective services organization or police department.

Birthright Pregnancy Center of Bel Air

38 E. Gordon Street
Bel Air, MD 21014
410.838.0443
800.550.4900
info@birthrightharfordcounty.org
www.birthrightharfordcounty.org
Monday | 10:00 a.m.–4:00 p.m.
Tuesday–Thursday | 10:00 a.m.–4:00 p.m. & 6:00–8:00 p.m.
Friday | 10:00 a.m.–2:00 p.m.
Saturday | 10:00 a.m.–12:00 noon

Birthright is a free, confidential, pregnancy help center with no policies, judgement, conditions or selling. It is staffed by trained volunteers who assess individual situations and help those with an unexpected or untimely pregnancy explore options and resources, regardless of circumstances.

Boys Town National Hotline

800.448.3000
www.boystown.org

Twenty-four hour crisis hotline providing counseling, information, and referrals for all ages for suicide, parenting, children's issues, runaways, and sexual abuse.

Child Protective Services (CPS)

Department of Social Services
Mary E. W. Risteau Building
2 S. Bond Street, Suite 300
Bel Air, MD 21014
410.836.4700, ext. 4
410.838.6600 | Harford County Sheriff's
Office after hours
410.836.4919 | Fax
www.dhr.maryland.gov/local-offices/harford-county

CPS offers services for abused or neglected children their parents or guardians with permanent or temporary custody. The goal is to protect the child while assisting the parent/guardian with providing proper care and decreasing the risk of continuing abuse or neglect. An alternate plan of care is provided when necessary.

Court Appointed Special Advocate (CASA)

101 S. Main Street, Suite 303
Bel Air, MD 21014
410.638.4938
www.casaofharfordcounty.org

Harford County CASA recruits and trains community volunteers to become advocates for children involved in the juvenile court process. CASA volunteers help children, most of whom are victims of abuse and neglect, by speaking up for their best interest in court. Volunteers are screened and trained thoroughly before assigned a child and are asked to be involved with a case for at least one year. Call for more information.

Crisis Assistance Services

Department of Social Services
2 S. Bond Street, Bel Air, MD 21014
410.836.4700
410.836.4945 | Fax
Open 8:00 a.m.–4:30 p.m.
www.dhr.maryland.gov/local-offices/harford-county

Limited funding sources are available each fiscal year to help individuals and families with children who are experiencing certain types of crisis situations. Assistance may be available to help with homelessness, eviction/mortgage foreclosure, utility turn-off, natural disasters, stranded away from home or job, prescription medications, and residents recently released from the Harford County detention center.

Environmental Health

Harford County Health Department
120 S. Hays Street, Bel Air, MD 21014
410.877.2300
www.harfordcountyhealth.com/harford-county-health-department-services/environmental-health-services

Comprised of two divisions, Resource Protection and Consumer Protection, Environmental Health endeavors to safeguard and promote public health and the environment of Harford County through education, community outreach and enforcement.

Crisis Resources

Family and Children's Services

44 E. Gordon Street
Bel Air, MD 21014
410.838.9000
410.838.8953 | Fax
info@fcsmd.org
www.fcsmd.org

This is a nonprofit organization specializing in counseling services for children and adults who are victims of sexual abuse or are struggling with mental health issues such as anxiety, depression, PTSD and stress from life's daily challenges. Services are covered by most insurance and clients are never turned away due to inability to pay.

The Family Tree

Grove Presbyterian Church
50 E. Bel Air Avenue, Suite
203 Aberdeen, MD 21001
410.272.7425
410.272.7427 | Fax
800.243.7337 | Parenting Helpline
info@familytreemd.org
www.familytreemd.org

A statewide nonprofit organization committed to strengthening families by eliminating and preventing child abuse and neglect. This is done by supporting, educating, and nurturing individuals, families and communities. Call for information about parent support groups and positive parenting programs. The Parenting Helpline is available for crisis intervention, information and referrals. There is no charge and childcare is provided.

FISH (Friends In Self-Help)

Two Chapters of Harford County FISH consist of concerned citizens who volunteer their time and talents to minister to various emergency needs of fellow citizens. See locations below for assistance provided at that location. FISH depends solely on the generosity of local churches and civic groups and concerned individuals for funds.

HAVRE DE GRACE / ABERDEEN / BELCAMP

No physical location
410.836.6440

Provide assistance with prescriptions, rent aid, utility cut-offs and other various crisis. Lodging is not provided.

WEST HARFORD FISH

Includes Bel Air, Jarrettsville, Fallston, Churchville, Street, Whiteford, Pylesville, Abingdon, Darlington, and Delta, PA.
P.O. Box 552
Bel Air MD 21014
410.836.6441

FISH provides assistance with prescriptions, rent aid, utility cut-offs, 1–2 nights lodging and other various crisis.

Grassroots Crisis Intervention

6700 Freetown Road
Columbia, MD 21044
410.531.6677 | Crisis Line
800.422.0009 | MD Youth Crisis Hotline
info@grassrootscrisis.org
www.grassrootscrisis.org

Grassroots Crisis Intervention provides free 24-hour telephone and walk-in crisis counseling and an educational resource for all.

Harford Community Action Agency

Emergency Food Pantry
1321 Woodbridge Station Way, Suite B
Edgewood, MD 21040
410.612.9899 | Food Pantry
410.612.9099, ext. 2204 | All other programs

Emergency and/or supplemental food is available once every 30 days for clients in need of nourishment. Families receive enough wholesome fresh/canned food for 2–3 days based on household size. Current eligibility is 200% of federal poverty guidelines. Community Case Management is also available to connect clients to resources including classes for parenting, food and nutrition, and Supplemental Nutrition Assistance Program (SNAP) benefits. Call for hours of operation and closure information. Contact Kim Neely, kneely@harfordcaa.org for information.

Harford County Child Advocacy Center

23 N. Main Street
Bel Air, MD 21014
410.638.3294
410.638.3296 | Fax
www.harfordcac.org

Investigates allegations of child molestation and/or exploitation, assesses and protects the child, and provides services and resources for the abused child and his/her family, minimizing the trauma experienced by the child.

Harford County Department of Emergency Services

2220 Ady Road
Forest Hill, MD 21050
410.638.4900
410.879.2000
eoc@harfordpublicsafety.org
www.harfordpublicsafety.org

Fire, police, and ambulance dispatch for Harford County. Provides emergency planning for the County and operates the hazmat team.

Mason-Dixon Community Services

708 Highland Road
P.O. Box 34
Street, MD 21154
410.452.9025
410.452.0077 | Fax
www.mason-dixon.org

Mason-Dixon Community Services offers food assistance, energy assistance, counseling, and information referrals. Its programs for children include home-based Head Start, summer camp, and a mentoring program for residents of northern Harford County. Additional services for Harford County residents include a Holiday Adoption Program for Thanksgiving and Christmas, a winter coat drive, Toys for Tots program, and Fresh Start boxes.

SOUP KITCHEN

3rd Thursday of the month

FOOD PANTRY

Monday–Thursday, 9:00 a.m.–12:00 p.m. Food and nutritional information for women is also provided.

Mobile Crisis Program

Harford County

410.638.5248
Hours: Everyday 8:00 a.m.–12:00
Midnight

The mobile crisis program provides crisis intervention and emergency mental health care for Harford County residents. Their goal is to provide on-site assessment and crisis stabilization, avoiding hospitalization whenever possible by utilizing community support and resources. The team is available to respond to community incidents to provide support for traumatic events (such as bank robberies, difficult deaths, etc.).

National Center for Missing and Exploited Children Hotline

800.843.5678
800.THE.LOST
www.missingkids.com

This Hotline provides services, resources and technical assistance to child victims of abduction and sexual exploitation, their families and the professionals who serve them.

National Child Safety Council

800.327.5107
www.nationalchildsafetycouncil.org

National Runaway Safeline

800.786.2929
www.1800runaway.org

24-hour hotline offering conference calls to shelters, conflict mediation between parents and children, and crisis intervention.

Parent Aid Program

Department of Social Services
2 S. Bond Street, Bel Air, MD 21014
410.836.4987
410.836.4945 | Fax

A program for parents experiencing difficulty coping with the frustrations of parenthood or who abuse or neglect their children.

The RAACE Foundation

217 E. Jarrettsville Road, Suite 1
Forest Hill, MD 21050
410.893.1001
800.755.KIDS
410.893.1002 | Fax
info@raace.org
www.raace.org

The RAACE Foundation is a nonprofit organization dedicated to fighting the epidemic of child sexual abuse by raising public awareness. The foundation offers free educational resources for parents and adults, children and teens, and survivors as well as how to recognize and report abuse.

Salvation Army

300 Rear Seneca Avenue
P.O. Box 309
Havre de Grace, MD 21078
410.939.3535
410.939.5641 | Fax

www.salvationarmyusa.org
FOOD PANTRY Tuesday–Thursday,
10:00–11:45 a.m. & 1:00–2:45 p.m.

Provides help with utilities and rent for court-ordered eviction or foreclosure if funds are available.

Sexual Assault / Spouse Abuse Resource Center (SARC)

P.O. Box 1207
Bel Air, MD 21014
410.836.8430 | 24-Hour Helpline
410.836.8431 | Administration
410.879.3486 | Baltimore Line
410.838.9484 | Fax
www.sarc-maryland.org

SARC provides confidential domestic violence and sexual assault services in Harford County. Services include a safe house for victims of domestic violence and their children, legal services, individual and group counseling for victims and children, an abuser intervention program, crisis intervention, community outreach, education and professional training, and court and hospital accompaniment.

Survivors of Incest Anonymous

P.O. Box 190
Benson, MD 21018
410.893.3322
www.siaawso.org

12 step, self-help recovery program, modeled after Alcoholics Anonymous, for survivors of child sexual abuse.

Survivorship

Family Justice Center
470 27th Street
Oakland, CA 94612
www.survivorship.org

Organization devoted to the healing of extreme childhood abuse. This includes child pornography, prostitution, repeated sadistic sexual abuse, ritualistic abuse, torture, and mind control.

Thursday's Child

800.USA.KIDS
800.872.5437
www.thursdayschild.org

Thursday's Child is a proactive helpline for endangered youth offering solutions, advice and child advocacy with no judgment. Services are free.

Villa Maria Safe Start Program

1301 Continental Drive
Abingdon, MD 21009
410.676.4002
www.catholiccharities-md.org/children-and-families/safe-start.html

This program provides early screening, intervention and referral for children at risk of abuse and neglect. Participants must be in one of the following Harford County Programs: MD Rural Development Corp., Head Start Aberdeen Family Support Day Center, Infants and Toddlers, Early Head Start, DSS, Family Tree, or Child Find.

Crisis Resources

DOMESTIC VIOLENCE MARYLAND

Asian/Pacific Islander Domestic Violence Resource Project (DVRP)

P.O. Box 14268 Washington, DC 20044
202.833.2232 202.833.2233 | Hotline
www.dvrp.org

DVRP serves Asian/Pacific Islander (A/PI) survivors of domestic violence and sexual assault in the DC metro area. It is the only pan-Asian organization in the region that provides culturally and linguistically specific services to the A/PI community.

CHANA (Counseling, Helpline, and Aid Network for Abused Women)

101 W. Mount Royal Avenue
Baltimore, MD 21201
410.234.0030
www.chanabaltimore.org

CHANA offers a helpline, support group, individual counseling, safe house, legal services, and referrals for Jewish victims of domestic violence.

Deaf Abused Women's Network (DAWN)

5321 First Place NE
Washington, DC 20011
202.559.5366 | Video Phone
202.742.1730 | Fax
hotline@deafdawn.org | 24 hour Hotline
www.deafdawn.org

Services provided include advocacy, referrals, individual and group support, and a 24-hour email address hotline. This crisis hotline serves the deaf, hard of hearing, and deaf/blind victims of domestic violence and sexual assault. Appointments are strongly encouraged before coming to our office.

Family and Children's Services

44 E. Gordon Street
Bel Air, MD 21014
410.838.9000
410.838.8953 | Fax
info@fcsmd.org
www.fcsmd.org

This is a non-profit organization specializing in counseling services for children and adults who are victims of sexual abuse or are struggling with mental health issues such as anxiety, depression, PTSD and stress from life's daily challenges. Services are covered by most insurance and clients are never turned away due to inability to pay.

Maryland Coalition Against Sexual Assault (MCASA)

P. O. Box 8782
Silver Spring, MD 20907
800.983.RAPE
301.328.7023
301.328.7168 | Fax
Info@mcasa.org
www.mcasa.org

MCASA is a statewide collective advocacy voice for accessible, compassionate care for survivors of sexual crimes, and accountability for all offenders.

Maryland Crime Victims' Resource Center, Inc.

MAIN OFFICE

1001 Prince George's Blvd., Suite 750
Upper Marlboro, MD 20774
301.952.0063
877.842.8461
240.929.0526 | Fax

BALTIMORE OFFICE

218 Lexington Street, Suite 401
Baltimore, MD 21202
410.234.9885
www.mdcrimevictims.org

This organization ensures that victims of violent crimes in Maryland receive justice and are treated with dignity and compassion. They provide comprehensive services to victims of all crimes including criminal justice education, support services, legal services, faith services, social work services and advocacy services.

Maryland Network Against Domestic Violence

4601 Presidents Drive, Suite 370
Lanham, MD 20706
800.MD.HELPS
301.429.3601
301.429.3605 | Fax
info@mnadv.org
www.mnadv.org

The Maryland Network Against Domestic Violence strives to eliminate domestic violence in Maryland through education, training, and advocacy. It works together with the local domestic violence programs as well as criminal justice and law enforcement personnel, legal advocates, healthcare and social service providers, clergy, educators, businesses, community groups, and concerned citizens to promote a continuum of services to provide consistent community responses to domestic violence.

MedChi

The Maryland State Medical Society
1211 Cathedral Street
Baltimore, MD 21201
410.539.0872
800.492.1056
410.547.0915 | Fax
info@medchi.org
www.medchi.org

This is a statewide forum for healthcare professionals and domestic violence agencies to work together to reduce the toll of domestic violence. The coalition offers networking and educational opportunities, training programs, and has developed educational materials about the health aspects of domestic violence for both patients and providers.

Mid-Shore Council on Family Violence

8626 Brooks Drive, Suite 102
Easton, MD 21601
410.690.3222
800.927.4673 | 24 Hour Crisis Line
www.msfcv.org

Mid-Shore Council on Family Violence serves families with domestic violence problems. Offers 24-hour helpline, crisis intervention, counseling, legal services, batterers' program, education, training, and referrals.

Multi-Ethnic Domestic Violence Project (MEDOVI)

Women's Law Center of Maryland
305 W. Chesapeake Avenue, Suite 201
Towson, MD 21204
410.321.8761
410.321.0462 | Fax
admin@wlcmd.org
www.wlcmd.org/services/domestic-violence-law

A project of the Women's Law Center of Maryland, MEDOVI provides free immigration assistance to foreign-born victims of domestic violence, sexual assault, intimate partner violence, stalking, and/ or human trafficking. Services include FREE legal assistance with U-Visas, T-Visas, self-petitions, legal permanent residency, and naturalization. Free interpretation services are available.

Sexual Assault / Spouse Abuse Resource Center (SARC)

P.O. Box 1207
Bel Air, MD 21014
410.836.8430 | 24-Hour Helpline
410.836.8431 | Administration
410.879.3486 | Baltimore Line
410.838.9484 | Fax
www.sarc-maryland.org

SARC provides confidential domestic violence and sexual assault services in Harford County. Services include a safe house for victims of domestic violence and their children, legal services, individual and group counseling for victims and children, an abuser intervention program, crisis intervention, community outreach, education and professional training, and court and hospital accompaniment.

Sexual Trauma Treatment & Post Traumatic Stress Disorder for Veterans

ABERDEEN VETERANS' CENTER
223 W. Bel Air Avenue
Aberdeen, MD 21001
410.272.6771
410.297.9041 | Fax

ELKTON VETERANS' CENTER
103 Chesapeake Boulevard, Suite A
Elkton, MD 21921
410.392.4485
410.392.6381 | Fax

Outpatient treatment is provided to all eligible veterans by a team of professionals who have specialized knowledge and experience in understanding the physical and emotional aftermath of sexual trauma. Eligible veterans are those men and women who have been sexually assaulted or harassed while in the military or who have a history of sexual assault rape, or incest. We also treat individuals with Post Traumatic Stress Disorder (PTSD). Call for information on all programs.

Survivors of Incest Anonymous

P.O. Box 190
Benson, MD 21018
410.893.3322
www.siaawso.org

12-step, self-help recovery program, modeled after Alcoholics Anonymous, for survivors of child sexual abuse.

DOMESTIC VIOLENCE NATIONAL

Abuse of Power.info

www.abuseofpower.info

Abuse of Power.info is a website for and by women who have been abused by intimate partners who are police officers.

The National Center for Victims of Crime

2000 M Street NW, Suite 480
Washington, DC 20036
202.467.8700
855.4.VICTIM (855.484.2846) | Hotline
202.467.8701 | Fax
www.victimsofcrime.org

The National Center for Victims of Crime encourages a national commitment to help victims of crime rebuild their lives. The center provides direct services and resources to victims, advocates for passage of laws and public policies that create resources and secure rights and protections for crime victims, and delivers training and technical assistance to victim service organizations, counselors, attorneys, criminal justice agencies, and allied professionals.

National Coalition Against Domestic Violence (NCADV)

One Broadway, Suite B210
Denver, Colorado 80203
303.839.1852
303.831.9251 | Fax
800.799.SAFE | National Domestic Violence Hotline
800.787.3224 | TTY
www.ncadv.org

NCADV collaborates with national organizations to advance transformative work, thinking, and leadership of communities and individuals working to end domestic violence. They build coalitions at local, state, regional, and national levels; support for the provision of community-based, non-violent alternatives (such as safehouses and shelter programs for battered women and their children); public education and technical assistance; policy development and innovative legislation; and efforts to eradicate the conditions that contribute to violence against women and children.

National Crime Victim Bar Association

2000 M Street NW, Suite 480
Washington, DC 20036
202.467.8716
victimbar@ncvc.org
www.victimbar.org

This organization provides technical support to attorneys representing crime victims in civil suits, refers crime victims to lawyers in their local area, and works to increase general awareness about the availability of civil remedies for victims of crime.

National Domestic Violence Hotline

P.O. Box 161810
Austin, Texas 78716
800.799.SAFE (7233)
800.787.3224 | TTY
www.thehotline.org

This hotline offers crisis intervention, information about domestic violence, and referrals to local service providers to victims of domestic violence and those calling on their behalf.

Crisis Resources

National Network to End Domestic Violence

1325 Massachusetts Ave., NW, 7th Floor
Washington, DC 20005
202.543.5566
800.799.SAFE (7233) | Hotline
202.543.5626 | Fax
www.nnedv.org

A social change organization representing state domestic violence coalitions dedicated to creating a social, political, and economic environment in which violence against women no longer exists.

National Organization for Victim Assistance (NOVA)

Courthouse Square
510 King Street, Suite 424
Alexandria, VA 22314
800.879.6682
703.535.NOVA (6682)
703.535.5500 | Fax
www.trynova.org

NOVA promotes rights and services for victims of crime and crisis by providing national advocacy, direct services to victims, assistance to professional colleagues, and membership activities and services.

National Sexual Violence Resource Center

123 N. Enola Drive, Enola, PA 17025
717.909.0710, 877.739.3895
717.909.0715 | TTY
717.909.0714 | Fax
resources@nsvrc.org
www.nsvrc.org

Collection and distribution center for information, statistics, and resources related to sexual violence.

RAINN (Rape, Abuse, and Incest National Network)

1220 L Street, NW, Suite 505
Washington, DC 20005
202.544.1034
800.656.HOPE | National Sexual Assault Hotline
202.544.3556 | Fax
info@rainn.org
www.rainn.org (includes an online-hotline)

An anti-sexual violence organization that carries out programs to prevent sexual assault, helps victims, and ensures that rapists are brought to justice.

SUBSTANCE ABUSE

Addiction Connections Resource, Inc. (ACR)

Family Support and Treatment Resources
1804 Harford Road, Fallston, MD 21047
443.417.7810
410.879.5549 | Fax
acrhelps@gmail.com
www.acr-helps.org

ACR provides information and connections to resources for individuals with substance abuse problems regardless of gender, race, creed, sexual orientation, or financial status. Family assistance is also available. ACR connects with addiction treatment centers, halfway houses, support groups, therapists, and other persons/organizations involved with the initial and extended treatment in an effort to formulate a continuum of care that adequately addresses the holistic needs of the substance abuse population.

Addiction Recovery Systems, LLC (ARS)

24 W. Bel Air Avenue
Aberdeen, MD 21001
410.272.0230
www.arshealth.com

ARS provides specialized behavioral care, Medication Assisted Treatment Technologies (MATT) and supportive services for individuals seeking a solution to opiate addiction. ARS programs include treatment for Methadone, Suboxone, and short and long-term Methadone detoxification, and drug-free outpatient services and counseling. ARS also provides educational groups such as parenting, "baby and me", grief and loss, wellness, nutrition, and pregnancy.

Al-Anon and Alateen Family Group

Greater Baltimore Area
P.O. Box 28259
Baltimore, MD 21234
410.832.7094
800.344.2666
www.al-anon-maryland.org
www.al-anon.org

Support group for friends and family of alcoholics.

Alcoholics Anonymous

Northeastern Maryland
28 Centennial Lane
Aberdeen, MD 21001
410.272.4150
www.aa.org

Self-help group for alcoholics.

Army Substance Abuse Program Division

Bldg 2477
APG, MD 21005
410.278.5319
410.278.4004 | Fax

This program provides confidential evaluation, counseling assistance, and referrals for army employees, retirees, and family members of active duty and civilian employees.

Ashley Addiction Treatment

800 Tydings Lane
Havre de Grace, MD 21078
800.799.HOPE
410.273.6600
410.272.5617 | Fax
www.ashleytreatment.org

Ashley Addiction Treatment uses innovative tools to help patients overcome their substance use disorder. Individual programs are created combining clinical, medical and psychological care to address needs holistically.

Assisted Recovery Centers of America

Mid Atlantic
2021 Emmorton Road
Bldg. A Suite 214
Bel Air, MD 21014
443.619.0083
www.harfordrehab.com

Offers convenient, confidential, and dignified treatment for patients with opioid addiction.

Bergand Group

1803 Harford Road, Fallston, MD 21047
443.299.6766
www.bergandgroup.com

Provides compassionate, effective and individualized treatment for alcohol and drug addiction, mental health, and related disorders.

Changing Turn Community Healthcare Services

500 Edgewood Road
Edgewood, MD 21040
443.402.0172

www.changingturn.org

Provides compassionate, effective, and individualized treatment for alcohol and drug addiction, mental health, and related disorders.

Celebrate Recovery

Restore Church

15 N. Earlton Road Extension
Havre de Grace, MD 21078
443.243.4537

celebratercovery@restorechurch.net
www.restorechurch.net/celebrate-recovery/

Celebrate Recovery is a nonprofit recovery program at Restore Church that provides support, prevention, and referral to people who may suffer from hurts, habits, and hang-ups from all forms of addictions. The program provides crisis intervention, and toxicology testing for a fee. Meets Tuesday nights at 6:45 p.m.. Childcare is provided.

Division of Behavioral Health

Harford County Health Department
120 S. Hays Street, Suite 300
Bel Air, MD 21014
410.877.2340

www.harfordcountyhealth.com/behavioral-health-new-page/behavioral-health-community-based-behavioral-health-treatment-and-support-services/

Services are provided on an outpatient basis to adult and adolescent residents of Harford County. On-site treatment services include psychosocial assessment, treatment planning, group therapy, individual therapy, early intervention and care coordination, urinalysis, breathalyzer testing, family education/ support group, parent group, alumni group, continuing care, suboxone, psychiatrist services, and referrals. Methadone is provided off-site.

Emmorton Psych

3105 Emmorton Road
Abingdon, MD 21009
410.569.5900
410.569.7751 | Fax
www.emmortonpsych.com

Emmorton Psych provides mental health, substance abuse and addiction treatment.

Families Anonymous

St. Margaret Catholic Church
205 Hickory Avenue
Bel Air, MD 21014
443.386.3972
Lsig1@comcast.net

Bel Air meetings are held in the Adult Learning Center (the old white church) Mondays at 7:00 p.m. Families Anonymous helps concerned family members and friends deal with the desperation and frustration of a loved one's destructive behavior, whether caused by drugs, alcohol or related behavior problems and restore harmony to their relationship(s).

Global HealthCare Systems, Inc.

2203 Philadelphia Road
Edgewood, MD 21040
410.612.0275
410.612.0287 | Fax
www.globalhealthcaresystems.org

Global HealthCare Systems provides early intervention with DWI education, outpatient treatment and intensive treatment. Co-occurring treatment, female and male specific programs are also available.

Harford Counseling

1201 Agora Drive, Suite LB-2
Bel Air, MD 21014
410.836.7332
410.836.7422 | Fax
www.harfordcounseling.com

Harford Counseling promotes the well-being of individuals and families in Harford County by providing accessible, quality mental health and substance abuse/addiction care for children, adolescents, adults, and their families, utilizing a service system that emphasizes trust, respect, confidentiality, and compassion.

The Homecoming Project, Inc.

P.O. Box 1190
Bel Air, MD 21014
410.399.2904
www.homecomingrecovery.org

The Homecoming Project is a halfway house for women recovering from alcohol or drug addiction. The goal is to strengthen and empower women to return as fully functioning members of society and offers group therapy, life skills training, and daily meditation.

Joppa Health Services

623 A Pulaski Highway
Joppa, MD 21085
410.538.5809
410.538.4249 | Fax

Joppa Health Services provides physician evaluation and medication management for Methadone and Suboxone treatment.

Key Point Health Services

135 N. Parke Street
Aberdeen, MD 21001
410.625.1600
443.625.1520 | Fax
www.keypoint.org

Key Point Health Services offers outpatient mental health services, residential care, and psychiatric rehabilitation. Services include individual, group, and family counseling, housing assistance, case management, and community outreach programs.

Mann House, Inc.

14 Williams Street
Bel Air, MD 21014
410.879.7619
410.879.2075 | Fax
www.mannhouse.org

Mann House is a halfway house for men recovering from alcohol or drug addiction.

Maryland Community Services Locator (MDCSL)

www.mdcsll.org

MDCSL helps users quickly find a variety of services using a single website, including maps and directions to program sites.

Crisis Resources

Maryland Recovery

21 W. Courtland Street
Bel Air, MD 21014
410.838.3442
877.958.9370 (toll free)
www.marylandrecovery.com

Maryland Recovery is an outpatient rehabilitation center providing specialized services and programs for alcohol and drug addiction, anxiety disorders and mental health issues.

MAT Program

MedMark Treatment Centers

1361A Brass Mill Road
Belcamp, MD 21017
410.273.9700
www.medmarktreatmentcenters.com/
medmark-treatment-centers-belcamp

The MAT Program (medication-assisted treatment) provides early intervention with DWI education, outpatient treatment and opioid maintenance therapy. Services include Methadone and Buprenorphine Treatment Programs and counseling for individuals, group and families. Also provides specific services such as acupuncture, relapse prevention education, referrals to community agencies and discharge planning.

Mosaic Community Services

4 North Avenue
Bel Air, MD 21014
410.272.7292
www.mosaicinc.org

Provides dedicated service to those with mental illness and addiction.

Narcotics Anonymous

Free State Regional Service Center
217 N. Warwick Avenue
Baltimore, MD 21223
410.566.4022
818.773.9999
fstaem@NA.org
www.na.org

Self-help recovery group for people addicted to drugs. Membership is open to all drug addicts, regardless of particular drug or combination of drugs used.

National Clearinghouse for Alcohol and Drug Information (NCADI)

U.S. Department of Health and Human Services

800.729.6686
www.samhsa.gov

NCADI is a one-stop resource for information about substance abuse prevention, intervention, and treatment policies, programs and practices.

Office of Drug Control Policy (ODCP)

Harford County Department of Community Services

125 N. Main Street
Bel Air, MD 21014
410.638.3333
410.638.3329 | Fax
odcp@harfordcountymd.gov
www.harfordcountymd.gov/odcp

The ODCP mission is to promote and provide drug prevention services through strategies utilizing the resources of public/private agencies and citizens. ODCP offers a library of informational brochures and videos for public use at no cost.

Phoenix Recovery Center

107 Edgewood Road
Edgewood, MD 21040
410.671.7374
800.671.9516
www.phoenixrecoverycenter.com

Twenty-six bed facility providing services for those addicted to drugs and alcohol. Services include ambulatory detoxification with extended onsite monitoring, intensive outpatient program with a supervised living environment during non-treatment hours, an outpatient program, family wellness education, and aftercare.

Serenity Health, LLC

780 W. Bel Air Avenue, Suite B
Aberdeen, MD 21001
410.273.1030
410.273.1040 | Fax
www.serenityllc.net

Serenity Health's mission is to improve and empower individuals using scientifically-based treatments for drug and alcohol addiction. The facility provides a continuum of care to end the cycle of addiction to opiates/opioids including early intervention and prevention programs, mental health treatment, one-on-one and group counseling, and short and long-term detoxification.

Therapeutic Living for Families

3425 Sinclair Road
Baltimore, MD 21213
410.366.1151
www.tlffamilyland.org

Therapeutic Living provides comprehensive health services for those with mental illness and addiction.

Tobacco Use Prevention and Cessation Services

Harford County Health Department
1321 Woodbridge Station Way, Suite A
Edgewood, MD 21040
410.612.1781
www.harfordcountyhealth.com/harford-county-health-department-services/services-for-adults/smoking-cessation

Provides no-cost tobacco risk awareness education to schools and community organizations as well as no-cost tobacco use cessation or "quit" classes for the public. Cessation program participants may also qualify to receive no-cost nicotine replacement product.

Together Recovery Works (TRW) Associates

210 N. Tollgate Road, Bel Air, MD 21014
410.879.4532

For over 25 years TRW Associates has been helping people to overcome their problems with alcohol, marijuana, cocaine, heroin and other opiates, and other mind and mood altering drugs. TRW Associates is certified by the Maryland Department of Health and Mental Hygiene and approved by the Courts.

Turning Corners, Inc.

BEL AIR

260 Gateway Drive, Suite 18-A
Bel Air, MD 21014
410.893.3896

BALTIMORE

8831 Satyr Hill Road
Parkville, MD 21234
410.485.8876
www.turningcornersinc.com

Turning Corners is an outpatient alcohol and drug abuse treatment facility offering a wide range of services including DWI, alcohol and drug education, as well as treatment, relapse prevention, family and individual counseling, group therapy, and continuing care services. Urinalysis and alco-sensor screening are also available.

Upper Bay Counseling and Support Services, Inc.

626 Revolution Street
Havre de Grace, MD 21078
410.939.8744
866.939.8744
410.939.8748 | Fax
www.UpperBay.org

Upper Bay Counseling and Support Services provides confidential mental health services to individuals experiencing emotional difficulties, problems with relationships, children, abuse issues, drug/alcohol dependence combined with a mental health problem, and serious and persistent mental illness. Services include outpatient services, assessment and evaluation, individual, family, and group counseling, medication evaluation and management, and school-based services.

Villa Maria of Harford County

1301 Continental Drive, Suite 101
Abingdon, MD 21009
667.600.3220
667.600.4045 | Fax

Provides outpatient services for individual and family therapy.

SUICIDE HOTLINES

Grassroots Crisis Intervention

6700 Freetown Road
Columbia, MD 21044
410.531.6677 | Crisis Line
800.422.0009 | MD Youth Crisis Hotline
info@grassrootscrisis.org
www.grassrootscrisis.org

Grassroots Crisis Intervention provides free 24-hour telephone and walk-in crisis counseling and an educational resource for all.

Hopeline Network

800.SUICIDE
800.784.2433

Maryland Youth Crisis Hotline

800.422.0009
www.help4mdyouth.org

Provides help for youth who are depressed, have family problems, think they are pregnant, are mistreated, or are thinking of leaving home.

SUPPORT GROUPS

Amedisys Hospice of Greater Chesapeake

7106 Ridge Road, Suite 140
Rosedale, MD 21237
410.686.5635
www.amedisys.com

Providing support groups and one-on-one grief counselling. Services are free. The following support groups are offered:

Grief Support Group

Grace United Methodist Church
110 W. Bel Air Avenue
Aberdeen, MD 21001

Held monthly. Dates vary, contact Andrea Yingling at Amedisys for dates and times, and to register. Registration is required.

Grieving Book Club

Fallston Presbyterian Church
The Fellowship Hall
600 Fallston Road
Fallston, MD 21047
410.686.5635

Held quarterly. Contact office for times and information.

Pathways Through Grief Support Group

410.638.5635

6 week facilitator-guided curriculum held in Bel Air, MD; Dates TBD, contact office for information.

Bereaved Parents of USA

443.904.6424

www.bereavedparentsusa.org
Meets the 2nd Thursday of the month, 7:00–9:00 p.m.

St. Ignatius Church

Conference Room of Parish Center
533 E. Jarrettsville Road
Forest Hill, MD 21050

Support group for grieving parents and their families, including grandparents and adult siblings, following the death of a child.

Bereavement Support Group

443.904.6424

410.879.9390

www.goodwordsforgrieving.com
Meets the 1st, 3rd & 5th Monday of the month, 7:00 p.m.

St. Ignatius Church

Conference Room of Parish Center
533 E. Jarrettsville Road
Forest Hill, MD 21050

Support group for all people who are grieving a loss of any kind. Although the group meets at a Catholic Church, we are non-denominational in approach.

Center for Grief and Loss at Stella Maris Hospice

2300 Dulaney Valley Road
Timonium, MD 21903

410.252.4500, ext. 7291

www.stellamaris.org/counseling-services/the-counseling-center

Call for information.

Christian Recovery Biblical Recovery Meetings

Mt. Zion UMC Fellowship Hall
1643 Churchville Road

Bel Air, MD 21015

410.836.7444 | Church office

First Wednesday of the month; 7:00 p.m.

Crisis Resources

Compassionate Friends

Bel Air United Methodist Church
21 Linwood Avenue
Bel Air, MD 21014
410.557.0812 | Christal
tcfofharfordcounty@gmail.com
www.compassionatefriends.org/chapter/
tcf-of-harford-county

Compassionate Friends is a self-help group offering friendship and support to anyone who has experienced the loss of a child, sibling, or immediate family member. Meets at Bel Air UMC the third Wednesday of each month from 7:00-9:00 p.m.

Divorce Care

BEL AIR UNITED METHODIST CHURCH

924 Linwood Avenue, Bel Air, MD 21014
410.838.5181

Support group for those who are divorced. 13 week Bible based study. Wednesdays 6:30 p.m.–8:30 p.m. Call for more information on start dates and to register.

MOUNTAIN CHRISTIAN CHURCH

1824 Mountain Road
Joppa, MD 21085
410.877.1824
www.mountainchristian.org

A 14 week seminar and support group for people who are separated or divorced. Call Mountain Christian Church for details.

Families Anonymous

St. Margaret Catholic Church
205 Hickory Avenue
Bel Air, MD 21014
443.386.3972
Lsig1@comcast.net
Bel Air Meetings are held in the Adult Learning Center (the old white church) Mondays at 7:00 p.m.

Families Anonymous helps concerned family members and friends deal with the desperation and frustration of a loved one's destructive behavior, whether caused by drugs, alcohol or related behavior problems and restore harmony to their relationship(s).

Family and Children's Services

44 E. Gordon Street
Bel Air, MD 21014
410.838.9000
410.838.8953 | Fax
info@fcsmd.org
www.fcsmd.org

This is a nonprofit organization specializing in counseling services for children and adults who are victims of sexual abuse or are struggling with mental health issues such as anxiety, depression, PTSD and stress from life's daily challenges. Services covered by most insurance and clients are never turned away due to inability to pay.

The Family Tree

Grove Presbyterian Church
50 E. Bel Air Avenue, Suite 203
Aberdeen, MD 21001
410.272.7425
410.272.7427 | Fax
800.243.7337 | Parenting Helpline
info@familytreemd.org
www.familytreemd.org

A statewide nonprofit organization committed to strengthening families by eliminating and preventing child abuse and neglect. This is done by supporting, educating, and nurturing individuals, families and communities. Call for information about parent support groups and positive parenting programs. The Parenting Helpline is available for crisis intervention, information and referrals. There is no charge and child care is provided.

Food Addicts in Recovery Anonymous

781.932.6300
www.foodaddicts.org
SATURDAY MEETINGS 8:00–9:30 p.m.
UPPER CHESAPEAKE MEDICAL CENTER
500 Upper Chesapeake Drive
Bel Air, MD 21014
443.834.6715

Food Addicts is a program based on the 12 steps of Alcoholics Anonymous. A fellowship of individuals who are recovering from the disease of food addiction through shared experience and mutual support. Members have maintained normal weights and found freedom from obsession for more than twenty-five years.

Gamblers Anonymous

855.222.5542 | U.S. Hotline
www.gamblersanonymous.org

The twelve-step model is used to overcome an addiction to gambling.

Grandparents Support Group

Bel Air United Methodist Church
Fellowship Room 202
21 Linwood Avenue
Bel Air, MD 21014
410.838.5181
wolf1@baumc.com
www.baumc.com
2nd & 4th Wednesdays of the month
6:30–7:30 p.m.

Support group for grandparents who are raising their grandchildren. Call if child care is needed.

Grief Share

Mountain Christian Church
1824 Mountain Road
Joppa, MD 21085
410.877.1824
www.mountaincc.org/caregroups

A 13 week support/study course is offered. Contact the church for details and current dates and times.

Grief Support

Bel Air United Methodist Church
924 Linwood Avenue
Bel Air, MD 21014 410.838.5181
www.baumc.com

Provides support and encouragement for those who are grieving the death of a loved one. Meetings are held the third Sunday of the month. Specific dates and times can be found on the church calendar located online or by calling.

Hopewell Cancer Support

P.O. Box 755
10628 Falls Road
Lutherville, MD 21093
410.832.2719
410.337.0937 | Fax
www.hopewellcancersupport.org

Weekly and monthly support and networking groups to help cancer patients and their families explore new ways to cope with cancer. Adult and children support groups, exercise and stress reduction classes, and bereavement groups. Welcome/Orientation meetings and brief interview for placement in a support group; pre-registration required. No fees.

Learning Disabilities Association of Harford County (LDAHAC)

2409 Creswell Road
Bel Air, MD 21015
410.836.1415

A parent support group that provides professional information and offers individualized referrals to other professional organizations. Provides speakers on learning disabilities, disability law, and education of the disabled.

MAT/ASAP Program Family Support Group

1361 A Brass Mill Road
Belcamp, MD 21017
410.273.9700

Family Support Group: Tuesday evenings, 6:30 p.m.

Modern Widows Club

Northern Chesapeake Chapter
443.243.5219, Nancy Spence
nancyspence@comcast.net
www.modernwidowsclub.com

The Northern Chesapeake chapter of Modern Widows Club is an open group for women in widowhood of all ages, beliefs, backgrounds and experiences. The group meets from 6:00-9:00 p.m. every 2nd Thursday of the month. Location varies, call for schedule.

Moms Connect at Mountain Christian Church

1824 Mountain Road
Joppa, MD 21085
410.877.1824, ext. 131
Marybach@mountaincc.org
www.mountaincc.org/momsconnect

Moms connect provides practical parenting

Mountain Christian Church

1824 Mountain Road
Joppa, MD 21085
410.877.1824
www.mountaincc.org

The church ministers to children with special needs via Sunday school, special events, fellowship events, and Vacation Bible School in the evenings. They also minister to families with special needs via worship services, total communication classes (sign language), and parent support groups.

National Multiple Sclerosis Society

Maryland Chapter
2219 York Road, Suite 30
Timonium, MD 21093
443.641.1200
443.641.1201 | Fax
info@nmss-md.org
www.nationalmssociety.org/Chapters/
MDM

Provides education about MS, information and referrals, counseling services, support groups, advocacy, short-term respite, recreational programs, and assistance with durable medical equipment to individuals with MS and their families. Educational programs and information about MS available to the community.

Overeaters Anonymous

First Presbyterian Church
224 N. Main Street
Bel Air, MD 21014
410.937.7500 | Michelle
www.aa.org

12 step program for compulsive overeaters.

Parkinson's Disease Community Educational Series

410.955.8795
www.hopkinspdm.org
Meets 3rd Wednesday of the month;
7:00-9:00 p.m.

St. Thomas Episcopal Church

1108 Providence Road
Towson, MD 21286

Open to individuals living with Parkinson's disease and their families. Learn about the disease and gain resources to assist with disease management. Free literature.

Parents, Families, and Friends of Lesbians and Gays (PFLAG)

www.pflag.org

Provides support and education to families and friends of gays and lesbians/ Offers comfort and assistance to lesbians, gays, bisexuals, and transgender individuals.

Stroke Network

www.strokenetwork.org

An online stroke support and information group designed for stroke survivors, their families, caregivers, and health professionals.

Survivors of Incest Anonymous

P.O. Box 190
Benson, MD 21018
410.893.3322
www.siaawso.org

12 step, self-help recovery program, modeled after Alcoholics Anonymous, for survivors of child sexual abuse.

Turning Corners, Inc.

BEL AIR

260 Gateway Drive, Suite 18-A
Bel Air, MD 21014
410.893.3896

BALTIMORE

8831 Satyr Hill Road
Parkville, MD 21234
410.485.8876
www.turningcornersinc.com

Turning Corners is an outpatient alcohol and drug abuse treatment facility offering a wide range of services including DWI, alcohol and drug education, as well as treatment, relapse prevention, family and individual counseling, group therapy, and continuing care services. Urinalysis and alco-sensor screening are also available.

UM Upper Chesapeake HealthLink

Community Outreach
800.515.0044

HealthLink is the community outreach department of UM Upper Chesapeake Health. They offer health screenings; health education programs; children's programs; a HealthLink van; flu vaccination clinics; a community resource library; Dining with Docs (a dinner and lecture followed by a question and answer session with a UM Upper Chesapeake physician on a selected health topic); and a free primary health clinic for county residents. Call for dates, times, and locations.

Wilson Ministry Center

1024 Main Street
Darlington, MD 21034
410.836.3555
wilsonministrycenter@gmail.com
www.wilsonministrycenter.org

Wilson Ministry provides a variety of educational, support, and outreach programs to the residents of Darlington and the surrounding areas. Offers before and after school care, summer camp programs, senior and teen activities. The Getting There Rideshare program provides seniors a ride to appointments and events. The Deer Creek Coffee House is a musical program provided once a month from September to June. Check website for details.

VICTIM RESOURCES

Cosmetic and Reconstructive Support Programs

National Coalition Against Domestic Violence (NCADV)

One Broadway, Suite B210
Denver, CO 80203
303.839.1852
www.ncadv.org/cosmetic-support

NCADV works in partnership with three medical associations to assist survivors of domestic violence who cannot afford the cosmetic and reconstructive surgery and dentistry needed to repair the injuries they have received from a spouse or an intimate partner. Facial plastic surgeons, cosmetic dentists, and dermatological surgeons from across the country volunteer their services to assist survivors in removing the physical scars from abuse. Programs include:

Face to Face: The National Domestic Violence Project

310 S. Henry Street
Alexandria, VA 22314
800.842.4546
info@aafprs.org
www.aafprs.org/face-to-face/national-domestic-violence-project/

Through Face to Face, the American Academy of Facial Plastic and Reconstructive Surgery Foundation assists individuals of domestic violence to break the cycle of violence, enhance self-esteem and rebuild their lives. AAFPRS offers consultation and facial plastic and reconstructive surgery to eligible individuals.

Give Back A Smile (GBAS) Program

4-0 W. Wilson Street
Madison, WI 53703
800.773.GBAS (4227)
800.543.9220
608.222.9540 | Fax
www.aacd.com/aboutGBAS

The Give Back A Smile program is dedicated to providing cosmetic dental care at no cost to all survivors of domestic violence. We do this by raising awareness of domestic violence, providing volunteer members of the American Academy of Cosmetic Dentistry (AACD) the opportunity to give back to the community, and giving survivors hope for a better tomorrow.

Harford County Sheriff's Office Victim Services Unit

45 S. Main Street, Bel Air, MD 21014
410.836.5490
www.harfordsheriff.org

Harford County Sheriff's Office provides information, assistance and support to victims and witnesses of violent crime in Harford County. Services provided by the Victim Services Unit (VSU) include crisis intervention, referrals to the appropriate social services, court and hospital accompaniment, as well as serving as liaison to the Criminal Investigations Division for Crime Victims.

Maryland Crime Victims' Resource Center, Inc.

MAIN OFFICE

1001 Prince George's Blvd., Suite 750
Upper Marlboro, MD 20774
301.952.0063, 877.842.8461
240.929.0526 | Fax

BALTIMORE OFFICE

218 Lexington Street, Suite 401
Baltimore, MD 21202
410.234.9885
www.mdcrimevictims.org

This organization ensures that victims of violent crimes in Maryland receive justice and are treated with dignity and compassion. They provide comprehensive services to victims of all crimes including criminal justice education, support services, legal services, faith services, social work services and advocacy services.

Maryland Criminal Injuries Compensation Board

Suite 206, Plaza Office Center
6776 Reisterstown Road
Baltimore, MD 21215
410.585.3010, 888.679.9347
410.764.3815 | Fax
www.dpscs.maryland.gov/agencies/index.shtml

Financial assistance is provided for innocent victims of crime. The Board may compensate victims who suffer from physical injury by helping with medical expenses and by providing payment for part of their lost wages. In cases of homicide, the Board may assist with funeral expenses and lost support for the victim's dependents.

Maryland Department of Juvenile Services

2 S. Bond Street, Suite 201
Bel Air, MD 21014
410.836.4680
410.836.4841 | Fax
www.djs.maryland.gov

The Department of Juvenile Services ensures the safety of the community and the well-being and safety of the youths under DJS care, holds juvenile offenders accountable to victims and communities, and assists youths in developing competency and character to aid them in becoming successful members of society.

Maryland Division of Parole and Probation

2 S. Bond Street
Bel Air, MD 21014
410.836.4650
410.836.4651
410.836.4668

ABERDEEN FIELD OFFICE

31 W. Bel Air Avenue
Aberdeen, MD 21001
410.297.2200
410.239.9532 | Fax
www.dpscs.maryland.gov/parole_and_probation/

Direct and coordinated services are provided to crime victims whose offenders are under community supervision. Information and referral, victim notification, needs and risk assessment, restitution assistance, victim impact statements, and case status information are also offered as well as assistance to domestic violence victims.

The National Center for Victims of Crime

2000 M Street NW, Suite 480
Washington, DC 20036
202.467.8700
855.4.VICTIM (855.484.2846) | Hotline
202.467.8701 | Fax
www.victimsofcrime.org

The National Center for Victims of Crime encourages a national commitment to help victims of crime rebuild their lives. The center provides direct services and resources to victims, advocates for passage of laws and public policies that create resources and secure rights and protections for crime victims, and delivers training and technical assistance to

victim service organizations, counselors, attorneys, criminal justice agencies, and allied professionals.

National Crime Victim Bar Association

2000 M Street NW, Suite 480
Washington, DC 20036
202.467.8716
victimbar@ncvc.org
www.victimbar.org

This organization provides technical support to attorneys representing crime victims in civil suits, refers crime victims to lawyers in their local area, and works to increase general awareness about the availability of civil remedies for victims of crime.

National Organization for Victim Assistance (NOVA)

Courthouse Square
510 King Street, Suite 424
Alexandria, VA 22314
800.879.6682
703.535.NOVA (6682)
703.535.5500 | Fax
www.trynova.org

NOVA promotes rights and services for victims of crime and crisis by providing national advocacy, direct services to victims, assistance to professional colleagues, and membership activities and services.

Sexual Assault / Spouse Abuse Resource Center (SARC)

P.O. Box 1207
Bel Air, MD 21014
410.836.8430 | 24-Hour Helpline
410.836.8431 | Administration
410.879.3486 | Baltimore Line
410.838.9484 | Fax
www.sarc-maryland.org

SARC provides confidential domestic violence and sexual assault services in Harford County. Services include a safe house for victims of domestic violence and their children, legal services, individual and group counseling for victims and children, an abuser intervention program, crisis intervention, community outreach, education and professional training, and court and hospital accompaniment.

State's Attorney's Office

Circuit Court, 1st Floor
20 W. Courtland Street
Bel Air, MD 21014
410.638.3500
410.838.2023 | Circuit Court Fax
410.638.3195 | District Court Fax
www.harfordcountymd.gov/StatesAttorney

This office is primarily responsible for the investigation and prosecution of criminal cases at the trial level and works with the police in the development of cases, presentations to the Grand Jury, and trial of cases in the Circuit, District or Juvenile Court. The Family Support Division works with the Bureau of Support Enforcement to establish paternity, and set and collect child support. Specialized units dealing with domestic violence, child abuse and victims/witness concerns are available.

Victim Information and Notification Everyday (VINE)

866.MD4VINE (866.634.8463)
www.vinelink.com

VINE provides court case and custody status information for an offender currently involved in the criminal justice system in Maryland. Victims may register to receive telephone notification for certain court cases and custody status events. Available in English and Spanish.

Victim Witness Assistance Unit

Circuit Court, 1st Floor
20 W. Courtland Street
Bel Air, MD 21014
410.638.3243
410.879.3204
410.838.2023 | Fax
www.harfordcountymd.gov/StatesAttorney

Once a criminal case is indicted by the Grand Jury, the Victim Witness Assistance Unit establishes contact with the victim by sending a letter and brochure explaining the rights to which the victim is entitled. Through early contact with the victim, any specialized needs of the victim can be addressed and the trauma of the criminal justice process is minimized.

Whitesell & Associates

900A S. Main Street, Suite 105
Bel Air, MD 21014
410.914.4012

Family and adolescent services.

Disability Resources

211 Maryland

1800 Washington Boulevard, Suite 340
Baltimore, MD 21230
Dial 211 or 800.492.0618
410.685.0525
410.685.2159 | TTY
info@211md.org
www.211md.org

211 Maryland is a partnership working to provide simple access to health and human services information. This simple telephone number connects people with important community services including teen pregnancy, employment, shelter, food stamps, senior and disability services, and other referrals.

Abilities Network

8503 LaSalle Road, Towson, MD 21286
410.828.7700
800.492.2523 | Voice
Maryland Relay 711 | TTY
410.828.7708 | Fax
www.abilitiesnetwork.org

This foundation provides information and referral for those with disabilities. Services are tailored to support each person to live, work, socialize, and to encourage the highest level of participation of each person in his/her community.

Active Day Harford

1361 Brass Mill Road, Suite B/C
Belcamp, MD 21017
410.273.2060
410.273.2404 | Fax
Monday–Friday | 8:00 a.m.–5:00 p.m.
Weekends & Holidays | 9:00 a.m.–3:00 p.m.
www.activebay.com

Active Day provides therapeutic and medically supervised programs for adults with Alzheimer's, related disorders, and developmental disabilities.

Adult Evaluation and Review Services (AERS)

Harford County Health Department
1321 Woodbridge Station Way
Edgewood, MD 21040
410.612.9181 | Fax
www.harfordcountyhealth.com/harford-county-health-department-services/services-for-adults/adult-evaluation-and-review-services

AERS provides assistance to aged and functionally disabled adults who are at risk of institutionalization. AERS staff conducts a comprehensive evaluation to identify services available to help the individual remain in the community, or in the least restrictive environment, while functioning at the highest possible level of independence and personal well-being.

Adult Protective Services

Department of Social Services
2 S. Bond Street
Bel Air, MD 21014
410.836.4717
410.836.4943 | Fax
www.dhr.maryland.gov/office-of-adult-services/adult-protective-services

This agency is responsible for investigating abuse, neglect, and exploitation of vulnerable adults.

Alliance, Inc

Corporate Office
8003 Corporate Drive
Nottingham, MD 21236
410.282.5900
410.282.3083 | Fax
www.allianceinc.org

Vocational Rehabilitation Services

4510 Wharfpoint Court
Belcamp, MD 21017
410.994.0600
410.994.0274 | Fax

Veterans Housing Program

15 S. Parke Street, Suite 400
410.273.1390

Mosaic Community Services

Mental Health
4 North Avenue, Suite 306
Bel Air, MD 21014
410.420.7292

Alliance, Inc. provides community-based services to people living with mental illness and developmental disabilities as well as veterans facing homelessness including vocational rehabilitation and veterans' housing programs. Services for mental illness and developmental disabilities are provided by their affiliate, Mosaic Community Services.

The Arc Northern Chesapeake Region

4513 Philadelphia Road
Aberdeen, MD 21001
410.836.7177, 888.836.7177
410.893.3909 | Fax
www.arcncr.org

The Arc empowers people with differing abilities to live work and play in the community. Provides programs and services including: Supported Employment Services to adults; Family Support Services to individuals age 0-21 and their families; Services for Transitioning Youth; Treatment Foster Care Services to children and their families; Supported Living and Individual Support Services to adults; and Community Partners day program for adults.

Arrow Center for Education

214 Creswell Road
Bel Air, MD 21015
877.426.7841
410.734.0560, 410.734.0561
www.arrow.org/maryland
Special Education services.

Best Buddies Maryland

3500 Boston Street, MS-47, Suite 210
Baltimore, MD 21224
410.327.9812
410.327.9816 | Fax
www.bestbuddiesmaryland.org

Establishing a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment and leadership development for people with intellectual and developmental disabilities.

Boy Scout Troop 4513

Smith's Chapel Church
3109 Churchville Road
Churchville MD, 21028
410.776.3225
gmnasuta@gmail.com
www.troop4513.scoutlander.com/
publicsite/unithome.aspx?UID=13733

Scouting for boys with special needs, Troop 4513 has been serving the Harford district since January 2006. Weekly meetings are held on Thursday evenings from 7:00–8:00 p.m. Activities include scout skills, cooking, camping, hiking and BSA rank advancement. The troop welcomes any boy age 11 and over.

Camp I Can at John Archer School

100 Thomas Run Road
Bel Air, MD 21015
410.638.4899
410.638.2979 | Fax
mdwatkins@harfordcountymd.gov
www.harfordcountymd.gov/225/Parks-Recreation

Program offered through Harford County Department of Parks and Recreation. Provides a 6 week summer day camp for children and young adults ages 3–21 with a developmental disability.

Canine Partners for Life

P.O. Box 170
Cochranville, PA 19330
610.869.4902, ext. 221
Tguy@k94life.org
www.k94life.org

Dedicated to training service dogs, home companion dogs, and residential companion dogs to assist individuals who have a wide range of physical and cognitive disabilities.

Caring Hands, Inc.

41 N. Philadelphia Boulevard
Aberdeen, MD 21001
410.272.4929
410.575.7125
410.273.9736 | Fax
www.caringhandscommunity.com

Caring Hands, Inc. provides permanent residential services for adults with mental and/or physical disabilities. Also provides short-term housing and care through the Respite Care program. Services are for adults only and must be referred by the Developmental Disabilities Administration.

Chesapeake Therapeutic Riding, Inc.

P. O. Box 475
Abingdon, MD 21009
443.528.7793
info@ctrchanginglives.org
www.ctrchanginglives.org

Chesapeake Therapeutic Riding provides horseback riding lessons and horse related activities to individuals with special needs in Harford County.

Child Find

Harford County Public Schools
Hickory Elementary School
2100 Conowingo Road
Bel Air, MD 21014
410.638.4386
410.638.4387
www.hcps.org

Child Find is a special education service provided by Harford County Public Schools to identify children ages 3–21 in Harford County who are suspected of having an educational disability and who may be eligible for special education and related services.

Chimes

4815 Seton Drive
Baltimore, MD 21215
410.358.6400
www.chimes.org

Services provided to assist people with developmental disabilities, mental illness, and other specialized needs in the areas of employment, residential, day habilitation, supported living, senior living services, mental health clinics, and psychiatric rehabilitation services.

Cochlear Implant Information Center

800.216.0228
800.458.4999
www.cochlear.com

Call for information regarding a device for the profoundly deaf.

Creative Options, Inc.

9411 Philadelphia Road, Suite H
Rosedale, MD 21237
410.780.4095
www.creativeopts.org

Adult day support services, community residential support services, and family & individual support services to individuals with developmental and physical disabilities.

Developmental Disabilities Administration

Central Maryland Regional Office

201 W. Preston Street, 4th floor
Baltimore, MD 21201
410.767.5600
877.4MD.DHMH
410.767.5850 | Fax
800.735.2258 | TDD
www.dda.health.maryland.gov/Pages/home.aspx

Provides a coordinated service delivery system so that individuals with developmental disabilities receive appropriate services oriented towards the goal of integration into the community.

Disability Rights Center

1500 Union Avenue, Suite 2000
Baltimore, MD 21211
410.727.6352, 800.233.7201
www.disabilityrightsmd.org/

This center represents persons with developmental disabilities, mental illness, ADA-compliance issues, and other legal issues related to their disability.

Disability Support Services

Harford Community College
401 Thomas Run Road
Bel Air, MD 21015
443.412.2402
443.412.2199 | TTY
443.412.2200 | Fax
www.harford.edu/dss

Services are provided to students with documented physical, learning, psychological, or other disabilities. Services include assistive technology, assistance with improving study skills, specialized career counseling, tutoring, and other additional support services.

Freedom Hills Therapeutic Riding

55 Rolling Hills Ranch Lane
Port Deposit, MD 21904
410.378.3817
www.freedomhills.org

Provides both therapeutic and individual riding lessons to children and adults with disabilities.

Disability Resources

The Harford Center

4 N. Earlton Road
Havre de Grace, MD 21078
410.575.6795, 410.939.1420
410.939.4426 | Fax
kwilkinson@harfordcenter.org
www.harfordcenter.org

The Harford Center is a day habilitation program providing individualized services to persons with developmental disabilities in order to facilitate their personal growth and development.

Harford County Infants and Toddlers Program

John Archer School
100 Thomas Run Road, Bel Air, MD 21015
410.638.3823
410.638.3825 | Fax

Provides early intervention services for infants and toddlers up to their 3rd birthday with disabilities and their families. This program is a partnership with Harford County's Health Department, Public Schools, and Department of Social Services.

Harford County Office of Disability Services & Harford County Commission on Disabilities

125 N. Main Street
Bel Air, MD 21014
410.638.3373
disability@harfordcountymd.gov
www.harfordcountymd.gov/services/disabilities

Mission is to advocate and act as a catalyst for positive change for citizens with disabilities by assessing needs, investigating opportunities for improvements in quality of life, and supporting community participation.

Harford Transit LINK

Office of Community & Economic Development
410.612.1620
Maryland Relay 711 | TTY
www.harfordtransitlink.org

Harford Transit LINK services are provided to the general public. The fixed route service travels to Aberdeen, Bel Air, Havre de Grace, Riverside, Edgewood, Joppatowne, and Perryville in Cecil County. Demand Response, a

curb-to-curb service, is also provided. All Harford Transit LINK's buses are wheelchair accessible. Visit the website or RouteShout app for specific schedule information.

The Highlands School

2409 Creswell Road
Bel Air, MD 21015
410.836.1415
443.412.1098 | Fax
www.hsmd.org

The Highlands School identifies and serves children who have the potential for average or above average achievement, in grades K–12, who are struggling to learn by conventional methods, and who manifest learning differences in one or more areas of skill development.

Home Remodeling for Disability and Special Needs

Expertise.com
www.expertise.com/home-and-garden/home-remodeling-for-disability-and-special-needs

This comprehensive guide provides information for home remodeling for people living with disabilities and/or special needs.

Hospital Outreach Program (HOP)

Harford County Health Department
2015 Pulaski Highway, Suite E
Havre de Grace, MD 21078
410.942.7999
www.harfordcountyhealth.com/assistance-programs/hospital-outreach-program/

HOP is a nursing service that assists individuals over 18 referred by local hospitals or nursing facilities and are at risk for long-term care placement. The HOP nurse locates resources, identifying barriers, and conducting follow-up visits while coordinating with other agencies.

Humanim, Inc.

9380 Gerwig Lane, Columbia, MD 21046
410.381.7171
www.humanim.com

Humanim provides services to individuals with disabilities in the areas of workforce development, human services, and social enterprise.

The IMAGE Center

300 E. Joppa Road, Suite 312
Towson, MD 21286
410.982.6311
Info@imagemd.org
www.imagemd.org

The Image Center supports individuals with disabilities to become independent through offered services of peer mentoring, independent living skills, information and referral, individual advocacy, education transition program, and travel training.

In-Home Aides Services

Maryland Department of Human Resources
Mary E. W. Risteau DC/MSC
2 S. Bond Street, Suite 300
Bel Air, MD 21014
410.836.4987
410.836.4945 | Fax
www.dhr.maryland.gov/office-of-adult-services/in-home-aides

Provides in-home aide services for Adults aged 18 or older who have functional disabilities and need assistance with personal care, chores and other daily activities in order to remain in their homes.

The John Archer School

100 Thomas Run Road
Bel Air, MD 21015
410.638.3810
410.638.3840 | Fax
www.hcps.org

This public special education school serves Harford County students with disabilities.

The League for People with Disabilities, Inc.

1111 E. Coldspring Lane
Baltimore, MD 21239
410.323.0500
410.323.3298 | Fax
Maryland Relay 711 | TTY
www.leagueforpeople.org

Serves people with physical and intellectual disabilities directly and through effective partnerships with community organizations. Facilities consist of a large heated pool and fitness center. Services include workshops, training classes, and adult day care.

LOCATE: Child Care Special Needs Services

Maryland Family Network
410.659.7701, ext. 279
800.999.0120
specialneeds@marylandfamilynetwork.org
www.marylandfamilynetwork.org/
programs-services/locate/

Maryland Family Network is a nonprofit agency that offers LOCATE, which helps families who have children with disabilities locate child care, preschool, school age care, and summer programs.

Maryland Department of Disabilities (MDOD)

217 East Redwood Street, Suite 1300
Baltimore, MD 21202
410.767.3660
Toll free/TTY: 800.637.4113
info.mdod@maryland.gov
www.mdod.maryland.gov

MDOD advances the rights and interests of people with disabilities so they may fully participate in their community.

Maryland Foundation of Dentistry for the Handicapped

8901 Herrmann Drive
Columbia, MD 21045
410.964.1944, 877.337.7746
410.964.9978 | Fax
www.mfdh-dds.org

Provides comprehensive dental care at no charge to people of all ages who, because of a serious disability or impaired health lack adequate income to pay for needed dental care.

Maryland Office of Genetics and People with Special Health Care Needs (OGPSHCN)

201 West Preston Street
Baltimore, MD 21201
800.638.8864
angela.sittler@maryland.gov
www.phpa.health.maryland.gov/genetics/
Pages/home.aspx

Maryland OGPSHCN assures a comprehensive, coordinated, culturally competent and consumer-friendly system of care that meet the needs of Maryland children and youth with special health care needs and their families.

Maryland Relay

State of Maryland Department
of Information Technology
Telecommunications Access of MD (TAM)
301 W. Preston Street, Suite 1008A
Baltimore, MD 21201
Maryland Relay 711 | TTY
www.mdrelay.org

Maryland Relay is a telephone communication system that connects telephone conversations between people who can hear and those who are deaf, hard of hearing, late deafened, deaf-blind, or speech disabled by using text telephones (TTYs). Call for details.

Maryland Society for Sight

1313 W. Old Coldspring Lane
Baltimore, MD 21209
410.243.2020
800.MSS.EYES
410.889.2505 | Fax
www.mdsocietyforsight.org

The Maryland Society for Sight aims to prevent blindness and preserve sight for Marylanders through vision screenings for preschoolers, visual acuity and glaucoma screenings for adults, mobile eye care for the homeless, and eye health and safety education programs.

Maryland State Department of Education Division of Rehabilitative Services (DORS)

2 S. Bond Street
Bel Air, MD 21014
410.836.4590
410.836.4583 | TTY
410.836.4584 | Fax
BelAir.dors@maryland.gov
www.dors.maryland.gov/Pages/default.aspx

DORS promotes leadership and support for the successful employment, economic self-sufficiency, and independence of individuals with disabilities and offers a vocational evaluation, skills training, academic preparation, job placement assistance, and independent living programs.

Maryland State Library for the Blind and Physically Handicapped (LBPH)

415 Park Avenue
Baltimore, MD 21201
800.964.9209
410.230.2424
800.934.2541 | TTY
410.333.8679 | TTY
www.marylandpublicschools.org/about/
Pages/DLDS/LBPH/index.aspx

The LBPH provides comprehensive library services to eligible blind and physically handicapped Maryland residents including Braille, magazines, and large print books to borrowers as well as additional information and referral services.

Maryland Technology Assistance Program (MD TAP)

Maryland Department of Disabilities
2301 Argonne Drive, Rm T-17
Baltimore, MD 21218
800.832.4827
410.554.9230
866.881.7488 | TTY
410.554.9237 | Fax
www.mdod.maryland.gov/mdtap/Pages/
MDTAP-Home.aspx

MD TAP assists with technology referrals, training, demonstrations, and equipment loans.

Meals on Wheels

45 N. Main Street,
Suite D Bel Air, MD 21014
410.838.0013
410.879.5814 | Fax
Harford@mow.cm.org
www.mealsonwheelsmd.org

Nutritious meals are delivered to homebound persons of any age or economic status who are unable to shop or prepare meals for themselves. Two meals are delivered on Monday, Wednesday and Friday. Weekend meals are available for clients who meet special criteria.

Disability Resources

Medicaid Long-Term Care Program

Department of Social Services
2 S. Bond Street
Bel Air, MD 21014
410.836.4700
410.836.4945 | Fax
www.dhr.maryland.gov/weathering-tough-times/medical-assistance

Long Term Care Medical Assistance (LTC), is designed to cover the cost of nursing home care for low income individuals who meet eligibility requirements.

Medical Assistance Transportation

Harford County Health Department
120 S. Hays Street
Bel Air, MD 21014
410.638.1671
www.harfordcountyhealth.com/assistance-programs/medical-assistance-transportation/

The Medical Assistance Transportation program coordinates last-resort transportation services for Harford County Medical Assistance recipients that need transportation to access medically necessary services. Rides must be scheduled at least two business days prior to appointment.

National Multiple Sclerosis Society

Maryland Chapter
2219 York Road, Suite 30
Timonium, MD 21093
443.641.1200
443.641.1201 | Fax
info@nmss-md.org
www.nationalmssociety.org/Chapters/MDM

This organization provides Multiple Sclerosis (MS) education, information and referrals, counseling services, support groups, advocacy, short-term respite, recreational programs, and assistance with durable medical equipment to individuals with MS and their families. Educational programs and general information about MS is also available to the community.

Parents' Place of Maryland

801 Cromwell Park Drive, Suite 103
Glen Burnie, MD 21061
410.768.9100 TDD | Voice
410.768.0830 | Fax
info@ppmd.org
www.ppmd.org

Parents' Place is a statewide, parent-directed, family-centered and cross-disability organization. Their purpose is to enhance the ability of people with disabilities, enabling them to participate as fully as possible in home, school, and community life through education, information and referrals, technical assistance, and support activities designed for guardians and families.

Partners for Success (PFS)

Harford County Public Schools
Roye Williams Elementary
201 Oakington Road
Havre de Grace, MD 21078
410.273.5579
410.273.5599 | Fax
Lori Ginley, PFS Coordinator
partners.success@hcps.org
www.hcps.org

Partners for Success Resource Centers, established as a part of each local school system in Maryland, are available to parents as a resource and information center. The centers provide information about community services, assist families in resolving concerns, and increase parental involvement in the special education decision-making process.

Pathfinders for Autism

443.330.5370 | Administrative Office
443.330.5341 | Help Line
866.806.8400
info@pfamd.org
www.pathfindersforautism.org

Pathfinders for Autism offers free resources, trainings and workshops and family fun events and activities.

Penn-Mar Human Services

Corporate Headquarters
310 Old Freeland Road
Freeland, MD 21053
410.343.1069
888.273.4507
www.penn-mar.org

Penn-Mar provides service to individuals with disabilities and their families in the

areas of residential support, vocational services, supported employment, individual support services, and transportation within Maryland and southern Pennsylvania.

The Radio Reading Network of Maryland

3501 Taylor Avenue
Baltimore, MD 21236
410.779.4969
800.455.5605
officemanager@radioreadingnetwork.org
www.radioreadingnetwork.org

This is a daily service which provides reading from six daily newspapers, 25 magazines, and other information to the blind or the physically disabled.

Richcroft, Inc.

Executive Plaza IV
11350 McCormick Road, Suite 700
Hunt Valley, MD 21031
410.785.3274
800.735.2258 | TDD
410.785.0789 | Fax
www.richcroft.com

Richcroft, Inc. is dedicated to providing person-centered services to people with intellectual and developmental disabilities and their families.

Service Coordination, Inc.

5283 Corporate Drive, Suite 103
Frederick, MD 21703
301.663.8044, 888.240.6835
301.663.9609 | TTY
www.servicecoordinationinc.org

Service Coordination, Inc. is a state-wide service provider that offers case management services for persons with developmental disabilities and home visits for individuals accessing the service system.

Social Security Administration

Supplemental Security Income (SSI)
Supplemental Security Disability Income (SSDI)
800.772.1213
www.ssa.gov

Programs provide monthly income for low-income people who are over age 65, blind, or have a disability. Individual must meet eligibility requirements to receive benefit.

Special Education Citizens Advisory Committee (SECAC)

harfordsecac@gmail.com
www.facebook.com/
HarfordCountySECAC

SECAC is a partnership of students, families, community members and educators that focuses on the enrichment of services and opportunities for students with disabilities in Harford County.

Special Olympics

Harford County, Maryland
443.833.5144
harfordcounty@somd.org
www.somd.org/soha/

Harford County Special Olympics delivers exciting opportunities year-round for athletes, volunteers, coaches, donors, family members and fans.

Temporary Disability Assistance Program (TDAP)

Department of Social Services
2 S. Bond Street
Bel Air, MD 21014
410.836.4700
410.836.4945 | Fax
www.dhr.maryland.gov/weathering-tough-times/temporary-disability-assistance

This program assists adults with disabilities who do not qualify for other basic assistance benefits. Participants receive limited cash assistance and may qualify for food stamps, medical assistance, and housing assistance.

Therapeutic Riding at Normandy Farms, Inc.

3153 Ady Road
Street, MD 21154
410.836.9441
trnfinc@gmail.com
www.normandyfarm.org

Therapeutic Riding at Normandy Farm is a program for children and adults with a variety of challenges to participate in a therapeutic horseback riding experience.

Therapeutic Recreation Programming

Harford County Department of Parks and Recreation
410.638.4899
410.638.2979 | Fax

rikollasch@harfordcountymd.gov
www.harfordcountymd.gov/
TherapeuticRec

Programs offered through Harford County Department of Parks and Recreation provide various recreational opportunities and programs for individuals with disabilities. Examples include bingo, bowling, Camp I Can, "Freaky Friday," social skills, music, "Unique Physique," yoga, and monthly themed dances.

Ticket to Work Program

Social Security Administration
866.968.7842
www.ssa.gov/work

Ticket to Work is an employment program for people with disabilities which increases opportunities and choices for Social Security disability recipients to obtain employment, vocational rehabilitation, and other support services from public and private providers, employers, and other organizations.

Unified Community Connections

11350 McCormick Road, Suite 1100
Hunt Valley, MD 21031
410.484.4540
410.484.1807 | Fax
800.451.2452 | Toll Free & TTY
info@unified.org
www.unified.org

Unified Community Connections provides a variety of services to adults and children with disabilities including day habilitation, medical day care, supported employment, residential services, individual and family support services, educational services, information and referrals, and camp/recreational services.

V-LINC

2301 Argonne Drive
Baltimore, MD 21218
410.554.9134
410.261.2907 | Fax
www.volunteersformedicalengineering.com

V-LINC creates technological solutions to improve the independence and quality of life for individuals of all ages with disabilities in Maryland.



COMMUNITY SERVICES BARRY GLASSMAN, COUNTY EXECUTIVE

125 N. Main Street
Bel Air, MD 21014 410.638.3389
410.638.3391
410.803.0433 | Fax
www.harfordcountymd.gov/services

Develops, implements and coordinates programs which meet the wide and varying human services needs of Harford County citizens. The Department also meets the needs of the community by developing and maintaining close working relationships with other county, state and private agencies.

Divisions within the department include:

Commission for Women
410.638.3150

Office of Disability Services & Disabilities Commission
410.638.3373 (Voice/TTY)

Office of Drug Control Policy
410.638.3333

Office of Mediation & Human Relations
Human Relations
410.638.4739

Mediation Program
410.638.4807

Office of Children Youth & Families
Local Management Board
410.683.3166

Grant-In-Aid Program
410.638.3389

Office on Aging
410.638.3025

Volunteer Harford
410.638.4444

General Community Resources

CIVIC & GOVERNMENTAL RESOURCES

Aberdeen Chamber of Commerce

18 Howard Street, Aberdeen, MD 21001
410.272.2580
www.aberdeenc.org

Works for the advancement of civic, commercial, industrial and agricultural interest for the City of Aberdeen and surrounding communities; the promotion and general welfare of the county and its subdivisions; the stimulation of public sentiment to those ends; and provides and promotes economic and social programs and events.

Animal Control

Harford County Sheriff's Office
45 S. Main Street, Bel Air, MD 21014
410.638.3505
410.838.6600 | After Hours
Office Hours | 8:00 a.m.–4:00 p.m.
www.harfordsheriff.org/services/animal-control/

Bel Air Lions Club

P.O. Box 167, Bel Air, MD 21014
info@belairlions.org
www.belairlions.org
410.879.2914

The Bel Air Lions Club's mission is to empower volunteers to serve their community. This chapter provides financial support for low-income residents to obtain eyeglasses and hearing devices.

City of Aberdeen

60 N. Parke Street, Aberdeen, MD 21001
410.272.1600, 410.273.7402 | Fax
410.272.2121 | After Hours Emergency/
Police
www.aberdeenmd.gov
Open 8:30 a.m.–5:00 p.m.

City of Havre de Grace

711 Pennington Avenue
Havre de Grace, MD 21078
410.939.1800
410.939.2121 | After Hours Emergency/
Police
www.havredegracemd.com

Harford Community College

401 Thomas Run Road
Bel Air, MD 21015
410.836.4000
www.harford.edu

Offers credit and non-credit courses for academic degrees and for personal interest and development. Financial aid information and general educational counseling is available.

Harford County Chamber of Commerce

108 S. Bond Street
Bel Air, MD 21014
410.838.2020
800.682.8536
410.893.4715 | Fax
info@harfordchamber.org
www.harfordchamber.org

A nonprofit organization dedicated to improving and promoting businesses and civic welfare in the community.

Harford County Council

212 S. Bond Street
Bel Air, MD 21014
410.638.3343
www.harfordcountymd.gov/council

The Harford County Council is the legislative branch of government. All council members are elected in district. Six council members must reside in the councilmanic district that they represent. The seventh member of the council is the Council President and may reside anywhere in the county. The council president is elected countywide.

Council Administration and Members |
410.638.3343
Council Attorney | 410.879.7630
Harford Cable Network | 410.638.3899
People's Council Office | 410.638.3349
Zoning Hearing Examiner | 410.638.3349

Harford County Department of Community Services

125 N. Main Street
Bel Air, MD 21014
410.638.3389
410.638.3391
410.803.0433 | Fax
www.harfordcountymd.gov/services

Develops, implements and coordinates programs which meet the wide and varying human services needs of Harford

County citizens. The department also develops and maintains close working relationships with other county, state and private agencies to meet these needs. Divisions within the department include:

Commission for Women | 410.638.3150
Office of Disability Services & Disabilities Commission | 410.638.3373 (Voice/TTY)
Office of Drug Control Policy |
410.638.3333
Office of Mediation & Human Relations
Human Relations | 410.638.4739
Mediation Program | 410.638.4807
Office of Children, Youth & Families
Local Management Board |
410.638.3186
Grant-In-Aid Program | 410.638.3389
Office on Aging | 410.638.3025
Volunteer Harford | 410.638.4444

Harford County Department of Parks and Recreation

Administration
702 N. Tollgate Road, Bel Air, MD 21014
410.638.3570
www.harfordcountymd.gov
410.638.4148 | Amusement Park Ticket
Information Line

Anita C. Leight Estuary Center

700 Otter Point Road
Abingdon, MD 21009
410.612.1688
Parks and Facilities | 410.638.3571
Therapeutic Recreation | 410.638.4899 or
410.638.4999 (TTY)
Recreation and Sports | 410.638.3572

Swan Harbor Farm

401 Oakington Road
Havre de Grace, MD 21078
410.939.6767

Harford County Government Administration

220 S. Main Street, Bel Air, MD 21014
www.harfordcountymd.gov
410.638.3210
410.638.1387 | Fax

Call or visit website for individual department listings.

Harford County Public Library

Administration
1221-A Brass Mill Road
Belcamp, MD 21017
410.273.5600
410.575.6761
www.hcplonline.org

General Community Resources

Provides detailed information about civic, service, social and recreation programs. Volunteer opportunities available at all branches; the library utilizes persons with people, book and computer skills.

ABERDEEN BRANCH

21 Franklin Street
Aberdeen, MD 21001
410.273.5608

ABINGDON BRANCH

2510 Tollgate Road
Abingdon, MD 21009
410.638.3990

BEL AIR BRANCH

100 Pennsylvania Avenue
Bel Air, MD 21014
410.638.3151

DARLINGTON BRANCH

1134 Main Street
Darlington, MD 21134
410.638.3750

EDGEWOOD BRANCH

629 Edgewood Road
Edgewood, MD 21040
410.612.1600

FALLSTON BRANCH

1461 Fallston Road
Fallston, MD 21014
410.638.3003

HAVRE DE GRACE BRANCH

120 N. Union Avenue
Havre de Grace, MD 21078
410.939.6700

JARRETTSVILLE BRANCH

3722 Norrisville Road
Jarrettsville, MD 21084
410.692.7887

JOPPA BRANCH

655 Towne Center Drive
Joppa, MD 21085
410.612.1660

NORRISVILLE BRANCH

5310 Norrisville Road
Whitehall, MD 21161
410.692.7850

WHITEFORD BRANCH

2407 Whiteford Road
Whiteford, MD 21160
410.638.3608

Harford Land Trust

P.O. Box 385
Churchville, MD 21028
www.harfordlandtrust.org

The Harford Land Trust is a nonprofit organization that helps landowners, private and public, to conserve land and protect the natural resources, scenic beauty, rural character, and healthy way of life in Harford County. The Harford Land Trust also provides preserved land for passive recreation, guided hikes, and paddling experiences.

Havre de Grace Chamber of Commerce

450 Pennington Avenue
Havre de Grace, MD 21078
410.939.3303
410.939.3490 | Fax
www.hdgchamber.com

Civic organization devoted to promoting commerce, prosperity, and the business community.

Historical Society of Harford County

143 N. Main Street, Bel Air, MD 21014
410.838.7691
hshcweb@comcast.net
www.harfordhistory.net

Mission is to collect, preserve, present, promote, and interpret the rich and diverse history of the County area, in its regional context, from its prehistoric origins to the present. The Society uses its facilities, library, archives, artifacts, systematic historical research, and creative educational opportunities to ensure that the County's past is accessible to the public today and in the future.

Humane Society of Harford County

2208 Connelly Road, Fallston, MD 21047
410.836.1090
410.877.3788 | Fax
adopt@harfordshelter.org
www.harfordshelter.org

The Humane Society offers a variety of programs and adoption services for animals.

League of Women Voters of Harford County

P.O. Box 291, Bel Air, MD 21014
410.272.1815
www.lwv.org/local-league/lwv-harford-county-inc

The League of Women Voters of Harford

County is a respected grassroots organization that is strictly nonpartisan. The League is dedicated to providing well-researched and unbiased information so that all voters may become better informed. Services include voter registration and education. Free monthly e-newsletter.

Maryland Department of Natural Resources

2 S. Bond Street
Bel Air, MD 21014
410.836.4550
www.dnr.state.md.us

This agency oversees the natural resources and environmental concerns of the state.

Maryland General Assembly

90 State Circle
Annapolis, MD 21401
800.492.7122
www.mlis.state.md.us

This is the center of government for the state of Maryland.

NAACP (National Association for the Advancement of Colored People)

HARFORD COUNTY
P.O. Box 525
Aberdeen, MD 21001
410.272.2131

NATIONAL HEADQUARTERS

4805 Mt. Hope Drive
Baltimore, MD 21215
410.580.5777
877.NAACP.98 | Toll Free
www.naacp.org

The NAACP is an Interracial civil rights organization made up of various ethnic groups dedicated to the preservation of equal rights for all Americans and unity to preserve the Constitution of the United States. Call for further information.

Newcomers of Harford County

P.O. Box 115
Bel Air, MD 21014
harfordnewcomers@gmail.com
www.newcomersofharfordcounty.com

This social club welcomes all Harford County residents and helps newcomers get to know the community.

General Community Resources

Town of Bel Air

39 N. Hickory Avenue
Bel Air, MD 21014
410.638.4561
410.638.4500 |
After hours emergency, Police
www.belairmd.org

U.S. General Services Administration

800.488.3111
www.gsa.gov

Information regarding services, programs, regulations, and opportunities within the Federal government.

Vital Records

Harford County Health Department
120 S. Hays Street
Bel Air, MD 21014
410.838.1500
410.638.4952 | Fax
www.harfordcountyhealth.com/harford-county-health-department-services

Residents can obtain a copy of Maryland birth and/or death certificates. Offices are open Monday–Friday 8:00 a.m.–12:00 p.m.

Volunteer Harford

Harford County Dept. of Community Services
125 N. Main Street
Bel Air, MD 21014
410.638.4444
www.volunteerharford.org

Volunteer Harford provides a listing of many volunteer service opportunities available in Harford County for individuals, groups, and families who want to meet important community needs.

Voter Registration

Harford County Board of Elections
133 Industry Lane
Forest Hill, MD 21050
410.638.3565
www.harfordvotes.info/

Registration is available online. The Harford County Board of Elections provides information for voters, candidates, and general information.

RECREATION GROUPS

4-H and Youth of Harford County

2335 Rock Spring Road
P.O. Box 663
Forest Hill, MD 21050 410.638.3255
www.extension.umd.edu/topics/youth

The Maryland 4-H Youth Development program provides a supportive and inclusive setting for all youth to reach their fullest potential in a diverse society. Youth learn beneficial and cognitive life skills through community-focused, research-based experiential education programs.

Archeological Society of the Northern Chesapeake, Inc.

www.marylandarcheology.org/chapters
Dan Coates, President
dancoates@comcast.net

Boy Scouts of America

Baltimore Area Council
701 Wyman Park Drive
Baltimore, MD 21211
443.573.2500
www.baltimorebsa.org

Boys and Girls Clubs of Harford County

HEADQUARTERS
15 South Parke Street, Suite 200
P.O. Box 1106, Aberdeen, MD 21001
410.272.0010, 410.272.0012 | Fax
www.bgcharfordco.org

ABERDEEN UNIT
100 E. Bel Air Avenue
Aberdeen, MD 21001
410.272.8233, 410.272.5218
410.272.1708, 410.272.0012 | Fax

BEL AIR UNIT
525 W. MacPhail Road
Bel Air, MD 21014
410.838.3354, 410.803.1460
410.838.0544 | Fax

EDGEWOOD UNIT
2002 Cedar Drive, Edgewood, MD 21040
410.676.1020, 410.671.1097
410.676.4639 | Fax

HAVRE DE GRACE UNIT
351 Lewis Lane
Havre de Grace, MD 21078
410.939.0822, 410.939.7899

The Boys and Girls Clubs of Harford County provide development programs and activities for youth after school, on weekends, and during the summer.

Girl Scouts of Central Maryland, Inc.

4086 Seton Drive, Baltimore, MD 21215
410.358.9711, 800.492.2521
410.359.9918 | Fax
www.gscm.org

Harford County Department of Parks and Recreation

Administration
702 N. Tollgate Road
Bel Air, MD 21014
410.638.3570
www.harfordcountymd.gov

AMUSEMENT PARK TICKET INFORMATION LINE
410.638.4148

PARKS AND FACILITIES
410.638.3571

THERAPEUTIC RECREATION
410.638.4899 | 410.638.4999, TTY

RECREATION AND SPORTS/PARKS AND FACILITIES
410.638.3571, 410.638.3572

ANITA C. LEIGHT ESTUARY CENTER
700 Otter Point Road
Abingdon, MD 21009
410.612.1688

SWAN HARBOR FARM
401 Oakington Road
Havre de Grace, MD 21078
410.939.6767

Master Gardeners of Harford County

Harford County Extension Office
2335 Rock Spring Road, P.O. Box 663
Forest Hill, MD 21050
410.638.3255
www.extension.umd.edu/harford-county/home-gardening/master-gardeners

Maryland Master Gardeners volunteers are trained by the University of Maryland Extension and provide horticultural education. Training to become a Harford County Master Gardener is held once a year. Contact the office for information.

HARFORD COUNTY HEALTH DEPARTMENT PROGRAMS & SERVICES

Administrative Care Coordination Unit (ACCU)

Harford County Health Department and
Maryland Department of Health & Mental
Hygiene
2015 Pulaski Highway, Suite E
Havre de Grace, MD 21078
410.942.7999
[www.harfordcountyhealth.com/
assistance-programs/administrative-care-
coordination-unit/](http://www.harfordcountyhealth.com/assistance-programs/administrative-care-coordination-unit/)

The ACCU assists with questions about HealthChoice, the Maryland Children's Health Program. The unit also assists with choosing a Managed Care Organization (MCO); choosing a doctor; Medical Assistance benefits; accessing care; and locating services such as mental health, substance abuse treatment, dental, specialty providers and care coordination for medical assistance.

Cancer Prevention Services

Harford County Health Department
1321 Woodbridge Station Way, Suite A
Edgewood, MD 21040
410.612.1780
[www.harfordcountyhealth.com/harford-
county-health-department-services/
services-for-adults/cancer-prevention](http://www.harfordcountyhealth.com/harford-county-health-department-services/services-for-adults/cancer-prevention)

Offers no-cost mammograms, pap tests, and breast exams to Harford County women ages 40–64 that are uninsured or under-insured, and meet program eligibility requirements. Additionally, offers no-cost colonoscopies to Harford County residents ages 50–64 who are uninsured or under-insured, and meet program eligibility requirements. Also provides educational presentations on breast, cervical and colorectal cancer to organizations at no cost. Contacts for services and eligibility should be made by calling the office.

Dental Clinic

Harford County Health Department
2204 Hanson Road
Edgewood, MD 21040
443.922.7670
[www.harfordcountyhealth.com/clinical-
services/dental-clinic/](http://www.harfordcountyhealth.com/clinical-services/dental-clinic/)

Serves children ages 1–20 who are on the Maryland Children's Health Program, and pregnant women enrolled in Medical Assistance. The Dental Clinic provides a wide array of comprehensive dental services provided by a dedicated staff of professional hygienists and dentists.

Division of Behavioral Health

Harford County Health Department
120 S. Hays Street, Suite 300
Bel Air, MD 21014
410.877.2340
[www.harfordcountyhealth.com/behavioral-
health-new-page/behavioral-health-
community-based-behavioral-health-
treatment-and-support-services/](http://www.harfordcountyhealth.com/behavioral-health-new-page/behavioral-health-community-based-behavioral-health-treatment-and-support-services/)

Services are provided on an outpatient basis to adult and adolescent residents of Harford County. On-site treatment services include psychosocial assessment, treatment planning, group therapy, individual therapy, early intervention and care coordination, urinalysis, breathalyzer testing, family education/ support group, parent group, alumni group, continuing care, Suboxone, psychiatrist services, and referrals. Methadone is provided off-site.

Healthy Families

Harford County Health Department
2015 Pulaski Highway
Havre de Grace, MD 21078
410.942.7999
[www.harfordcountyhealth.com/harford-
county-health-department-services/
services-for-adults/healthy-families/](http://www.harfordcountyhealth.com/harford-county-health-department-services/services-for-adults/healthy-families/)

Healthy Families is a free, home-visiting program to provide early start education and support before, during, and after a child's birth.

HIV/AIDS Services

Harford County Health Department
1 N. Main Street, Suite 2
Bel Air, MD 21014
410.638.3060
410.638.4927 | Fax
[www.harfordcountyhealth.com/clinical-
services/hiv/aids/](http://www.harfordcountyhealth.com/clinical-services/hiv/aids/)

HIV/AIDS patient services, HIV testing, prevention education, information, and referrals. Patient services include case management, seropositive clinic, and support groups.

Hospital Outreach Program (HOP)

Harford County Health Department
2015 Pulaski Highway, Suite E
Havre de Grace, MD 21078
410.942.7999
[www.harfordcountyhealth.com/
assistance-programs/hospital-outreach-
program/](http://www.harfordcountyhealth.com/assistance-programs/hospital-outreach-program/)

HOP is a nursing service that assists individuals over 18 referred by local hospitals or nursing facilities and are at risk for long-term care placement. The HOP nurse locates resources, identifying barriers, and conducting follow-up visits while coordinating with other agencies.

Maryland Children's Health Program (MCHP) and Medical Assistance for Families

Harford County Health Department
2015 Pulaski Highway
Havre de Grace, MD 21078
410.942.7999
[www.harfordcountyhealth.com/harford-
county-health-department-services/
services-for-adults/maryland-childrens-
health-program](http://www.harfordcountyhealth.com/harford-county-health-department-services/services-for-adults/maryland-childrens-health-program)

MCHP provides full benefits to: children up to age 19; pregnant women whose income is at or below 200 percent of the Federal poverty level; and the uninsured. Medical Assistance for Families will provide the same comprehensive health care as MCHP, but to more parents and family members caring for children.

Medical Assistance Personal Care (MAPC) Services

Harford County Health Department
www.harfordcountyhealth.com/harford-county-health-department-services/medical-services

Assistance is provided for activities of daily living to Medicaid recipients who have a chronic illness, medical condition or disability. Personal care services are provided by self-employed or agency-employed providers, who are approved and monitored by a registered nurse. Services are provided in the eligible individual's place of work, home or community residence. Health Department staff provide orientation and assist the potential personal care provider with Department of Health and Mental Hygiene enrollment, as well as process the care provider's billing.

Medical Assistance Transportation

Harford County Health Department
120 S. Hays Street
Bel Air, MD 21014
410.638.1671
www.harfordcountyhealth.com/assistance-programs/medical-assistance-transportation/

The Medical Assistance Transportation program coordinates last resort transportation services for Harford County Medical Assistance recipients and need transportation to access medically necessary services. Rides must be scheduled at least two business days prior to appointment.

Temporary Disability Assistance Program (TDAP)

Department of Social Services
2 S. Bond Street
Bel Air, MD 21014
410.836.4700
410.836.4945 | Fax
www.dhr.maryland.gov/weathering-tough-times/temporary-disability-assistance

This program assists adults with disabilities who do not qualify for other basic assistance benefits. Participants receive limited cash assistance and may also qualify for food stamps, medical assistance, and housing assistance.

Tobacco Use Prevention and Education Services

Harford County Health Department
1321 Woodbridge Station Way, Suite A
Edgewood, MD 21040
Bel Air, MD 21014
410.612.1781
www.harfordcountyhealth.com/community-health/tobacco-use-prevention-education/

Provides no-cost, tobacco risk awareness education to schools and community organizations as well as no-cost tobacco use cessation or "quit" classes for the public. Cessation program participants may also qualify to receive no-cost nicotine replacement product.

Women's Wellness Program

Harford County Health Department
1321 Woodbridge Station Way, Suite A
Edgewood, MD 21040
410.612.1779
www.harfordcountyhealth.com/clinical-services/family-planning/

Offers basic gynecological services (including STD testing), birth control, a colposcopy clinic for women who have had an abnormal pap smear, walk-in service for emergency contraception, and free pregnancy testing. Services offered on a sliding-fee scale for those uninsured with income verification. The Health Department accepts Medical Assistance and will submit claims to insurance companies

MEDICAL PROGRAMS AND SERVICES

Alzheimer's Association Greater Maryland Chapter

1850 York Road, Suite D
Timonium MD 21093
410.561.9099. 800.272.3900 | Helpline
410.561.3433 | Fax
www.alz.org/maryland

Dedicated to finding prevention methods, treatments and an eventual cure for Alzheimer's and providing essential services for those affected, the Alzheimer's Association provides a broad range of programs and services for people living with the disease, families, caregivers, residential care professionals and professional healthcare providers.

American Cancer Society (ACS)

800.227.2345 | 24 Hour Information Line
Maryland Division
405 Williams Court, Suite 120
P.O. Box 43025
Baltimore, MD 21236
410.931.6850
www.cancer.org

ACS offers a variety of programs and services to cancer patients and their families:

CAN SURMOUNT

888.227.6333

Patient resource center.

I CAN COPE

800.515.0044

410.515.0044

UM Upper Chesapeake HealthLink Community Outreach offers a free, six-session educational and support program for cancer patients and their families.

Please call to see when the next session will be offered.

LOOK GOOD, FEEL BETTER

800.515.0044

410.515.0044

Free program to help women in cancer treatment enhance their appearance and increase self-esteem and overall well-being.

Quick and easy makeup tricks and the use of wigs and other head coverings will help participants look and feel better.

MID-ATLANTIC DIVISION VOLUNTEER OPPORTUNITIES

888.670.0427

Many volunteer opportunities to assist cancer patients with everyday activities. Please call if interested.

REACH TO RECOVERY

888.227.6333

Reach to Recovery is a rehabilitation program for women who have had breast cancer and is designed to help women meet the emotional, physical, and cosmetic needs related to their disease and/or its treatment. Also provides information and support to loved ones and friends.

ROAD TO RECOVERY

888.227.6333

Assists patients and family members in trips to and from treatment.

American Diabetes Association

2451 Crystal Drive, Suite 900
Arlington, VA 22202
800.DIABETES
800.342.2383
www.diabetes.org

American Lung Association of Maryland, Inc.

211 E. Lombard Street, Suite 260
Baltimore, MD 21202
302.565.2073
www.lung.org/about-us/local-associations/maryland.html

A wide array of services and programs are provided that contribute to the fight against lung disease and to the improvement of the quality of life of the lung disease patient.

American Red Cross

4800 Mt. Hope Drive
Baltimore, MD 21215
800.733.2767 | Blood Donations
410.624.2000
410.764.4914 | Fax
www.redcross.org/gcr

The American Red Cross provides 24-hour crisis assistance. They offer presentations on disaster preparedness, and courses in First Aid, CPR, Water Safety, and Informal Caregivers and Babysitting, as well as help military families secure emergency leave and emergency loans.

Arthritis Foundation

9891 Broken Land Parkway, Suite 101
Columbia, MD 21046
443.948.6809
844.571.4357
www.arthritis.org

Offers a 6 week exercise program for arthritis patients sponsored by UM Upper Chesapeake Health and the Arthritis Foundation; a six-week arthritis self-help group designed to teach patients to better manage their arthritis; and a support group for patients, their family, and friends to learn more about arthritis and share with others encouragement, helpful hints, and support.

Asthma and Allergy Foundation of America

1498 Reisterstown Road, Suite 324
Baltimore, MD 21208
410.484.2054
410.484.2043 | Fax
info@aafa-md.org
www.aafa-md.org

Foundation offers monthly meetings September through April.

Bel Air Lions Club

P.O. Box 167
Bel Air, MD 21014
info@belairlions.org
www.belairlions.org
410.879.2914

The Bel Air Lions Club's mission is to empower volunteers to serve their community. This chapter provides financial support for low-income residents to obtain eyeglasses and hearing devices.

Cholesterol Testing

UM Upper Chesapeake Medical Center
500 Upper Chesapeake Drive
Bel Air, MD 21014
800.515.0044
www.umuch.org/about-us/community/wellness

Free cholesterol tests are held regularly by appointment. Call UM Upper Chesapeake HealthLink Community Outreach.

Cochlear Implant Information Center

800.216.0228
800.458.4999
www.cochlear.com

Call for information regarding a device for the profoundly deaf.

Cosmetic and Reconstructive Support Programs

National Coalition Against Domestic Violence (NCADV)

One Broadway, Suite B210
Denver, CO 80203
303.839.1852
www.ncadv.org/cosmetic-support

NCADV works in partnership with three medical associations to assist survivors of domestic violence who cannot afford the cosmetic and reconstructive surgery

and dentistry needed to repair the injuries they have received from a spouse or an intimate partner. Facial plastic surgeons, cosmetic dentists, and dermatological surgeons from across the country volunteer their services to assist survivors in removing the physical scars from abuse. Programs include:

Face to Face: The National Domestic Violence Project

310 S. Henry Street
Alexandria, VA 22314
800.842.4546
info@aafprs.org
www.aafprs.org/face-to-face/national-domestic-violence-project/

Through Face to Face, the American Academy of Facial Plastic and Reconstructive Surgery Foundation assists individuals of domestic violence to break the cycle of violence, enhance self-esteem and rebuild their lives. AAFPRS offers consultation and facial plastic and reconstructive surgery to eligible individuals.

Give Back A Smile (GBAS) Program

402 W/ Wilson Street
Madison, WI 53703
800.773.GBAS (4227)
800.543.9220
608.222.9540 | Fax
www.aacd.com/aboutGBAS

The Give Back A Smile program is dedicated to providing cosmetic dental care at no cost to all survivors of domestic violence. We do this by raising awareness of domestic violence, providing volunteer members of the American Academy of Cosmetic Dentistry (AACD) the opportunity to give back to the community, and giving survivors hope for a better tomorrow.

Financial Assistance with Hospital Bills

UM Upper Chesapeake Medical Center
500 Upper Chesapeake Drive
Bel Air, MD 21014
443.843.5092
443.843.7984 | Fax
www.umuch.org/patients/financial-assistance

UM UCMC has a financial assistance program to help with medical bills. The bill must be received before it is turned over to a collection agency.

GBMC Community Resource Center

6701 N. Charles Street, Suite 1542
Baltimore, MD 21204
443.849.3301
www.gbmc.org

GBMC CRC provides psychosocial support, education, and information about health and related concerns. Many support groups and educational classes are available. Call for details and scheduling information.

Gilchrist Hospice Centers

11311 McCormick Road, Suite 350
Hunt Valley, MD 21031
888.823.8880
www.gilchristcares.org

Provides counseling and support, elder medical care, and hospice care to individuals diagnosed with a serious illness. A full range of services are offered including hospice in-patient care. Medicare and Medicaid certified.

Harford Lyme Advocates (HLA)

harfordlymeadvocates@gmail.com
www.natcaplyme.org/support-groups/#maryland

HLA offers patients and caregivers a supportive, compassionate, safe environment to learn and share information about Lyme disease and co-infections.

Healthy Harford Healthy Cecil

UM Upper Chesapeake
Klein Ambulatory Center
520 Upper Chesapeake Drive, Ste. 405
Bel Air, MD 21014
443.643.3875
info@healthyharford.org
www.healthyharford.org

Healthy Harford Healthy Cecil is a Healthy Communities initiative for Harford and Cecil Counties geared at improving health and wellness by promoting healthy lifestyles, building community partnerships, and providing care coordination.

HIV/AIDS Maryland Hotline

800.638.6252

HIV/AIDS National Hotline

800.342.AIDS

KeraLinks International

5520 Research Park Drive, Suite 400
Baltimore, MD 21228
410.752.3800
443.498.0097
www.keralink.org/where-we-serve/mid-atlantic

Formerly Tissue Bank International, KeraLink International serves the state of Maryland and District of Columbia's needs for ocular transplants including recovery, processing, and distribution.

Leukemia and Lymphoma Society

Maryland Chapter
100 Painters Mill Road, Suite 800
Owings Mills, MD 21117
443.471.1600
www.lls.org

The mission of the Leukemia & Lymphoma Society (LLS) is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families.

Maryland Cancer Information Line

800.477.9774

Referral line for low-cost mammograms and PAP smears. Recipients must be between the ages of 40–64 and income-eligible with no health insurance. Open Monday through Friday, 8:30 a.m.–5:00 p.m.

Maryland Foundation of Dentistry for the Handicapped

8901 Herrmann Drive
Columbia, MD 21045
410.964.1944
877.337.7746
410.964.9978 | Fax
www.mfdh-dds.org

Provides comprehensive dental care at no charge to people of all ages who, because of a serious disability or impaired health lack adequate income to pay for needed dental care.

Maryland Lupus Foundation of America, Inc.

DC/MD/VA Chapter
2121 K Street NW, Suite 200
Washington, DC 20037
202.349.1155
800.558.0121
info@lupusdmv.org
www.lupus.org/dmv

Provides Lupus information and referrals.

Maryland Medicaid Pharmacy Program

P.O. Box 2158
Baltimore, MD 21203
800.492.5231, option 3
410.333.5398 | Fax
www.mmcp.health.maryland.gov/pap/pages/paphome.aspx

The Maryland Medicaid Pharmacy Program offers two programs: The Maryland Pharmacy Assistance Program and the Maryland Discount Pharmacy Program. These programs provide assistance with prescription drugs for low-income people who do not qualify for medical assistance.

Maryland Poison Information

800.492.2414 | 24 Hour Hotline

Hotline provides telephone assistance to individuals of suspected poisons. Will advise emergency first aid, and provides written poison prevention materials and referrals to treatment facilities.

Medicaid Long-Term Care Program

Department of Social Services
2 S. Bond Street
Bel Air, MD 21014
410.836.4700
410.836.4945 | Fax
www.dhr.maryland.gov/weathering-tough-times/medical-assistance

Long Term Care Medical Assistance (LTC), is designed to cover the cost of nursing home care for low-income individuals who meet eligibility requirements.

Medicaid Program (Medical Assistance)

Department of Social Services
2 S. Bond Street

Bel Air, MD 21014
410.836.4700; 410.836.4945 | Fax
www.dhr.maryland.gov/weathering-tough-
times/medical-assistance

State administered assistance for needy and low-income individuals which provides for payment of medical bills from Federal and State funds.

MedStar Franklin Square Medical Center

9000 Franklin Square Drive
Baltimore, MD 21237
410.933.2424

One of the top 25 community teaching hospitals in the United States, MedStar Franklin Square offers leading-edge levels of care and is committed to ensuring the best services to all. Patients who are uninsured patients and lack financial resources are provided access to their financial assistance program and may qualify for free or reduced cost medically necessary care.

Mesothelioma Group

888.708.5660
www.mesotheliomagroup.com

Provides step-by-step guidance, caregiving support, and invaluable resources and information.

Mesothelioma Web

877.708.5660
www.mesotheliomaweb.org

Provides facts about palliative care, nutrition, and chemotherapy, as well as information on clinical trials.

Muscular Dystrophy Association

8501 LaSalle Road, Suite 106
Towson, MD 21286
410.494.7106
www.mdausa.org

Pleural Mesothelioma

844.443.0934
webmaster@pleuralmesothelioma.com
www.pleuralmesothelioma.com

Website provides comprehensive information about Pleural Mesothelioma. Includes information ranging from a complete list of symptoms, to treatment options, and steps to take after diagnosis.

Senator Bob Hooper House

2007 Klein Plaza Drive
Forest Hill, MD 21050
410.809.2191
www.bobhooperhouse.org

A member of UM Upper Chesapeake Health, this residential hospice house provides compassion and care for end of life needs.

Seedco Maryland Health Connection

2830 Churchville Road
Churchville, MD 21028
866.492.6057
www.seedco.org/affordable-health-care-maryland

Seedco provides free, confidential assistance with health insurance benefits including medical assistance eligibility, account updates, and qualified health plan enrollment to MD residents under 65.

University of Maryland Dental School

650 W. Baltimore Street
Baltimore, MD 21201
410.706.7101
410.706.7063
www.dental.umaryland.edu/patients/
clinical-services

Dental and dental hygiene students provide reduced-cost dental care. Fees are approximately 30–50 percent less than a dental office.

UM Upper Chesapeake Health

UM Upper Chesapeake Health is a Harford County-based, not-for-profit healthcare organization providing health services and programs to community residents throughout all stages of their lives. Upper Chesapeake owns and operates the following:

UM Harford Memorial Hospital

501 S. Union Avenue
Havre de Grace, MD 21078
443.843.5000
www.umuch.org/about-us/our-campuses/
um-harford-memorial

UM Upper Chesapeake Medical Center

500 Upper Chesapeake Drive
Bel Air, MD 21014
443.643.1000
www.umuch.org

These acute care, community hospitals provide comprehensive medical/surgical care, emergency care, coronary/intensive care, women and children's services, and outpatient services and is a member of UM Upper Chesapeake Health.

UM Upper Chesapeake HealthLink Community Outreach

800.515.0044
www.umuch.org/about-us/community
HealthLink offers health screenings and education programs; children's programs; a HealthLink van; flu vaccination clinics; a community resource library; Dining with Docs (dinner/lecture with questions and answers to a UM Upper Chesapeake physician); and a free primary health clinic for county residents. Call 443.643.3460 for information.

Upper Chesapeake Health Foundation

520 Upper Chesapeake Drive, Suite 405
Bel Air, MD 21014
443.643.3460

Vascular Surgery Associates, LLC

Klein Ambulatory Care Center
520 Upper Chesapeake Drive, Suite 306
Bel Air, MD 21014
410.879.2006
410.879.0248 | Fax

Vascular Surgery Associates provides personalized, cutting-edge treatment for diseases that affect arteries and veins throughout the body.

WATCH Program

Wellness Action Teams in Cecil & Harford Counties

Healthy Harford Healthy Cecil
520 Upper Chesapeake Drive, Ste. 405
Klein Ambulatory Building
Bel Air, MD 21014
800.515.0044
443.643.3875
443.643.3316 | Fax
www.HealthyHarford.org

This free program provides short-term, in-home visits for people with chronic illnesses on Medicare. A team of nurses, health and social workers, and pharmacist help residents reach health and wellness goals to prevent re-hospitalization through care coordination, health education, and resource support.

EATING DISORDERS

The Center for Eating Disorders at Sheppard Pratt

Physicians Pavilion North
6535 N. Charles Street, Suite 300
Baltimore, MD 21204
410.938.5252
410.938.5250 | Fax
eatingdisorderinfo@sheppardpratt.org
www.eatingdisorder.org

The Center for Eating Disorders offers one of the nation's most comprehensive programs for the treatment of anorexia nervosa, bulimia and binge eating disorders. The Center includes inpatient, outpatient, support group and community outreach components.

Johns Hopkins Eating Disorders Program

Department of Psychiatry and Behavioral Science
Johns Hopkins Hospital
600 N. Wolfe Street, Meyer 101
Baltimore, MD 21287
410.955.3863
www.hopkinsmedicine.org/psychiatry/specialty_areas/eating_disorders

The Johns Hopkins Eating Disorders Program, located in The Johns Hopkins Hospital in Baltimore offers three levels of care for patients with eating disorders, all of which incorporate the results of the latest research on these conditions.

National Eating Disorders Hotline

www.nationaleatingdisorders.org/find-help-support
800.931.2237

MENTAL HEALTH PROGRAMS AND SERVICES

Alliance, Inc

Corporate Office
8003 Corporate Drive
Nottingham, MD 21236
410.282.5900
410.282.3083 | Fax
www.allianceinc.org

Vocational Rehabilitation Services

4510 Wharfpoint Court
Belcamp, MD 21017
410.994.0600
410.994.0274 | Fax

Veterans Housing Program

15 S. Parke Street, Suite 400
410.273.1390

Mosaic Community Services

Mental Health
4 North Avenue, Suite 306
Bel Air, MD 21014
410.420.7292

Alliance, Inc. provides community-based services to people living with mental illness and developmental disabilities as well as veterans facing homelessness including vocational rehabilitation and veterans' housing programs. Services for mental illness and developmental disabilities are provided by their affiliate, Mosaic Community Services.

Amedisys Hospice of Greater Chesapeake

7106 Ridge Road, Suite 140
Rosedale, MD 21237
410.686.5635
www.amedisys.com

Providing support groups and one-on-one grief counseling. Services are free. The following support groups are offered:

Grief Support Group

Grace United Methodist Church
110 W. Bel Air Avenue
Aberdeen, MD 21001

Held monthly. Dates vary, contact Andrea Yingling at Amedisys for dates and times. Registration is required.

Grieving Book Club

Fallston Presbyterian Church
The Fellowship Hall
600 Fallston Road
Fallston, MD 21047
410-686-5635

Held quarterly. Contact office for times and information.

Pathways Through Grief Support Group

410.638.5635

6 week facilitator-guided curriculum held in Bel Air, MD; Dates TBD, contact office for information.

Ashley Addiction Treatment

800 Tydings Lane

Havre de Grace, MD 21078
800.799.HOPE
410.273.6600
410.272.5617 | Fax
www.ashleytreatment.org

Ashley Addiction Treatment uses innovative tools to help patients overcome their substance use disorder. Individual programs are created combining clinical, medical and psychological care to address needs holistically.

Bay Counseling Services

2107 Laurel Bush Road, Suite 209
Bel Air, MD 21015
410.569.5000
410.569.6500 | Fax

Bay Counseling Services offers a variety of psychiatric, psychological, counseling and evaluative services. Children, adolescents, families, adults and seniors are welcome.

Caring Hands, Inc.

41 N. Philadelphia Boulevard
Aberdeen, MD 21001
410.272.4929
410.575.7125
410.273.9736 | Fax
www.caringhandscommunity.com

Caring Hands, Inc. provides permanent residential services for adults with mental and/or physical disabilities. Also provides short-term housing and care through the Respite Care Program. Services are for adults only and must be referred by the Developmental Disabilities Administration.

Chimes

4815 Seton Drive
Baltimore, MD 21215
410.358.6400
www.chimes.org

Services provided are to assist people with developmental disabilities, mental illness, and other specialized needs in the areas of employment, residential, day habilitation, supported living, senior living services, mental health clinics, and psychiatric rehabilitation services.

Compassionate Friends

877.969.0010
www.compassionatefriends.org

Grievance hotline for those who have lost a child.

Emmorton Psych

3105 Emmorton Road, Suite 2D
Abingdon, MD 21009
410.569.5900
www.emmortonpsych.com

Emmorton Psych provides mental health, substance abuse and addiction treatment.

Empowering Minds Resource Center

1883 A. Pulaski Highway
Edgewood, MD 21040
443.484.2306
www.emrcgroup.org

This certified mental health agency provides direct mental health, and substance abuse and community support to adults, adolescents, children and families through community based and on-site services including mental health, housing, employment, entitlements and other community resources.

Families Anonymous

St. Margaret Catholic Church
205 Hickory Avenue
Bel Air, MD 21014
443.386.3972
Lsig1@comcast.net
Bel Air meetings are held in the Adult Learning Center (the old white church) Mondays at 7:00 p.m.

Families Anonymous helps concerned family members and friends deal with the desperation and frustration of a loved one's destructive behavior, whether caused by drugs, alcohol or related behavior problems and restore harmony to their relationship(s).

Family and Children's Services

44 E. Gordon Street
Bel Air, MD 21014
410.838.9000
410.838.8953 | Fax
info@fcsmd.org
www.fcsmd.org

This is a nonprofit organization specializing in counseling services for

children and adults who are victims of sexual abuse or are struggling with mental health issues such as anxiety, depression, PTSD and stress from life's daily challenges. Services are covered by most insurance and clients are never turned away due to inability to pay.

Family & Couple Therapy Services, Inc. (FACTS)

2018 Rock Spring Road, Suite A6
Forest Hill, MD 21050
410.838.2493
www.familyandcouple.com

FACTS offers individuals, couples and family counseling for clients from elementary school to senior adults.

Gambling Addiction Helpline

University of Maryland School of Medicine
800.GAMBLER (800.426.2537)

24-hour helpline, free and confidential.

Harford Counseling

1201 Agora Drive, Suite LB-2
Bel Air, MD 21014
410.836.7332
410.836.7422 | Fax
www.harfordcounseling.com

Harford Counseling promotes the well-being of individuals and families in Harford County by providing accessible, quality mental health and substance abuse/addiction care for children, adolescents, adults, and their families, utilizing a service system that emphasizes trust, respect, confidentiality, and compassion.

Harford Psychological Services

2021 A Emmorton Road, Suite 120
Bel Air, MD 21015
410.569.5001
www.harfordpsychological.com

Harford Psychological Services offers psychological counseling, testing and consulting for individuals, couples and families.

Homecoming Counseling for Veterans

877.334.4334
www.homecoming4veterans.org

Provides free counseling services for veterans.

Key Point Health Services

135 N. Parke Street
Aberdeen, MD 21001
443.625.1590
443.625.1595 | Fax
www.keypoint.org

Key Point Health Services offers outpatient mental health services, residential care, and psychiatric rehabilitation. Services include individual, group, and family counseling, housing assistance, case management, and community outreach programs.

Leg-Up Counseling

26 S. Main Street, 2nd Floor
Bel Air, MD 21014
443.655.7164
www.legupcounseling.com

Leg-Up Counseling utilizes brief, intense counseling techniques involving a collaboration of horses, a licensed therapist and a horse professional. Specializing with adolescents, therapy is also provided for adults, couples and families.

Marriage Works of Maryland

P.O. Box 202
Perryman, MD 21130
410.671.9056
www.marriageworksmd.org
Location:
MedStar Health
12 Med Star Blvd
Bel Air, MD 21014

This faith-based coalition is made of leaders from business, government, and faith-based and civic organizations working to strengthen marriages and keep families together. Meets the first Tuesday of each month.

Maryland Coalition of Families

10632 Little Patuxent Parkway, Suite 234
Columbia, MD 21044
410.730.8267
800.422.0009 | Hotline
410.730.8331 | Fax
www.mdcoalition.org

Maryland Coalition provides information, referral, outreach, and case management to families with mental health, substance use and/or gambling issues.

Maryland Crisis Hotline

800.422.0009

Crisis hotline for youth and adults available 24 hours a day.

Mental Health Association of Maryland (MHAMD)

Heaver Plaza
1301 York Road, Suite 505
Lutherville, MD 21093
443.901.1550
410.901.0038 | Fax
info@mhamd.org
www.mhamd.org

MHAMD provides a wide array of information about mental health and mental illness services available in Maryland.

Mobile Crisis Program

Harford County
410.638.5248
Hours: Everyday 8:00 a.m.–12:00
Midnight

The Mobile Crisis program provides crisis intervention and emergency mental health care for Harford County residents. Their goal is to provide on-site assessment and crisis stabilization, avoiding hospitalization whenever possible by utilizing community support and resources. The team is available to respond to community incidents to provide support for traumatic events (such as bank robberies, difficult deaths, etc.).

My Sister's Place Women's Center

111 W. Mulberry Street
Baltimore, MD 21201
667.600.2130
<https://www.catholiccharities-md.org/services/my-sisters-place-womens-center/>

My Sister's Place Women's Center is a transitional housing program in Baltimore City which provides case management and other support services to formerly homeless, mentally ill women to help them return to self-sufficiency and permanent housing.

National Alliance on Mental Illness (NAMI)

Harford County Chapter
410.884.8691
800.950.NAMI | Helpline
namiharfordcounty@gmail.com
www.nami.org

NAMI provides information, resources and support for families of persons with a mental illness. NAMI Connection groups meet the second and fourth Wednesday of each month in Bel Air. Family support groups meet every fourth Thursday.

New Genesis Consulting Services

Bel Air Location
112 W. Pennsylvania Avenue, Suite 100
Bel Air, MD 21014
410.987.1036 | Office
888.224.0984 | Fax

Provides client-based, clinical services for the entire family. Staff includes a range of practitioners with over 20 years of progressive experience in psychological assessment, parent and child competency, child custody evaluations, behavioral analysis, technical training and development, program development, and research and evaluation.

North Park Family Consultation Center, LLC

4 C North Avenue, Suite 403
Bel Air, MD 21014
410.638.7088

North Park provides therapy for children and adolescents.

Office of Mental Health

Core Service Agency of Harford County
125 N. Main Street, Rear
Bel Air, MD 21014
410.803.8726
410.803.8732 | Fax
www.harfordmentalhealth.org
Open Monday–Friday
8:30 a.m.–4:30 p.m.

The Core Service Agency of Harford County (CSA) is responsible for the development, planning and management of the local mental health system in Harford County. Its purpose is to ensure culturally competent, efficient, coordinated, and effective mental health services to the Harford County

community. Services include information and referral, advocacy, emergency assistance for prescriptions, and eviction prevention.

OIC Counseling Services

336 S. Main Street, Suite 1-C
Bel Air, MD 21014
410.836.0820
443.403.0734 | Fax
www.oiccounselingservices.com

OIC Counseling Services provides psychotherapy and medication management services to children, adults and families.

Pastoral Counseling Services of Maryland

FIRST PRESBYTERIAN CHURCH
224 N. Main Street
Bel Air, MD 21014

ST. MARY'S EPISCOPAL CHURCH
1 St. Mary's Church Road
Abingdon, MD 21009

MAIN OFFICE
5407 N. Charles Street
Baltimore, MD 21771
410.433.8861, ext. 501
800.427.4027
410.433.1249 | Fax
www.inspiritmaryland.org

Nonprofit, community-based organization dedicated to strengthening emotional and spiritual health by providing counseling and psychotherapy services to individuals, couples, families, children, and adolescents.

The Pro Bono Counseling Project

110 West Road, Suite 202
Towson, MD 21204
410.825.1001
www.probonocounseling.org

This project links uninsured, low-income individuals and families throughout Maryland with licensed mental health professionals at no cost.

Project HOME

2 S. Bond Street
Bel Air, MD 21014
410.836.4760
410.836.4943 | Fax
www.dhr.maryland.gov/office-of-adult-services/project-home

Provides help for mentally ill adults who need supportive housing arrangements in order to reside in the community.

Rockford Center

100 Rockford Drive
Newark, DE 19713
302.996.5480
866.847.4357
302.996.0269 | Fax
www.rockfordcenter.com

Delaware's first private psychiatric facility evolving to meet the complex behavioral healthcare needs of the community. Most major health insurance plans accepted.

Safe Harbor

BEL AIR COUNSELING OFFICE

Freedom Church
1705 Conowingo Road
Bel Air, MD 21014

EMMORTON ROAD OFFICE

2227 Old Emmorton Road,
Suites 115 & 119
Bel Air, MD 21015
410.893.4600
www.safeharbor1.com

Safe Harbor provides Christian-based, clinically sound counseling so that people experience the recovery of their hearts. A unique approach to marriage counseling, family counseling and individual counseling includes offering an inviting atmosphere to promote healing relationships.

Teen Diversion

Harford County Health Department
253 Paradise Road
Aberdeen, MD 21001
410.273.5681
www.harfordcountyhealth.com/teen-diversion

Mental health treatment focused on diverting adolescents from a more restrictive therapeutic or educational placement and reintegrating them back into the community.

Therapeutic Living for Families

3425 Sinclair Road, Baltimore, MD 21213
410.366.1151
410.366.0032 | Fax
www.tlffmaryland.org

Therapeutic Living provides comprehensive health services for those with mental illness and addiction.

Ticket to Work Program

Social Security Administration
866.968.7842
www.ssa.gov/work

Ticket to Work is an employment program for people with disabilities which increases opportunities and choices for Social Security disability recipients to obtain employment, vocational rehabilitation, and other support services from public and private providers, employers, and other organizations.

UM Harford Memorial Hospital

501 S. Union Avenue
Havre de Grace, MD 21078
443.843.5000
www.umms.org/uch/health-services/behavioral-health

This acute care, community hospital provides comprehensive medical/surgical care, emergency care, critical care, behavioral health services, and outpatient services. Harford Memorial Hospital is a member of UM Upper Chesapeake Health.

Upper Bay Counseling and Support Services, Inc.

626 Revolution Street
Havre de Grace, MD 21078
410.939.8744
866.939.8744
410.939.8748 | Fax
www.UpperBay.org

Upper Bay Counseling and Support Services provide confidential mental health services to individuals experiencing emotional difficulties, problems with relationships, children, abuse issues, drug/ alcohol dependence combined with a mental health problem, and serious and persistent mental illness. Services include outpatient services, assessment and evaluation, individual, family, and group counseling, medication evaluation and management, and school-based services.

Villa Maria Harford County

1301 Continental Drive, Suite 101
Abingdon, MD 21009
667.600.3220, 667.600.4045 { Fax

Provides behavioral health services to individuals, children, and families with the overall goal of enhancing skills required to be successful at school or work, build more successful relationships, and exercise better problem-solving skills at home, school, or work. Services include Safe Start Early Intervention Program, individual, family, and group therapy, parenting skills, case management, psychiatric evaluations, medication management, school-based behavioral services, and referrals.

PREGNANCY, FAMILY PLANNING & CHILDBIRTH

Alpha's Glory Pregnancy Resource Center

219 W. Bel Air Avenue, Suite 2
Aberdeen, MD 21001
410.272.4711, 410.272.6442 | Fax
www.alphasglory.org

Alpha's Glory provides information about pregnancy, adoption, and abortion alternatives; material assistance including baby clothing, diapers and maternity clothing; spiritual and emotional support; abortion recovery; parenting classes; and free pregnancy tests.

Birthright Pregnancy Center of Bel Air

38 E. Gordon Street Bel Air, MD 21014
410.838.0443, 800.550.4900
info@birthrightharfordcounty.org
www.birthrightharfordcounty.org
Monday | 10:00 a.m.–4:00 p.m.
Tuesday–Thursday | 10:00 a.m.–4:00 p.m. & 6:00–8:00 p.m.
Friday | 10:00 a.m.–2:00 p.m.
Saturday | 10:00 a.m.–12:00 noon

Birthright is a free, confidential pregnancy help center. No politics, no judgment, no conditions or selling. Birthright of Bel Air is staffed by trained volunteers who will assess individual situations and help to explore alternatives and resources available for those involved in an untimely pregnancy, regardless of circumstances.

The Dresher Family Birthplace

UM Upper Chesapeake Medical Center
500 Upper Chesapeake Drive
Bel Air, MD 21014
800.515.0044
www.umuch.org/programs/familybirthplace

Offers full-term birth services and prepared childbirth classes, prenatal classes for adolescents, family birthplace tours, sibling classes, prenatal breastfeeding classes, breastfeeding support groups, newborn baby care including CPR and infant safety, parent groups on various topics, babysitting safety classes, and other services.

The Family Tree

Grove Presbyterian Church
50 E. Bel Air Avenue, Suite 203
Aberdeen, MD 21001
410.272.7425
410.272.7427 | Fax
800.243.7337 | Parenting Helpline
info@familytreemd.org
www.familytreemd.org

A statewide non-profit organization committed to strengthening families by eliminating and preventing child abuse and neglect. This is done by supporting, educating, and nurturing individuals, families and communities. Call for information about parent support groups and positive parenting programs. The parenting helpline is available for crisis intervention, information and referrals. There is no charge and child care is provided.

Gabriel Network

P.O. Box 2116
Bowie, MD 20718
800.264.3565
www.gabrielnetwork.org

The Gabriel Network provides a loving and secure environment for young, unmarried pregnant women.

Maryland Children's Health Program (MCHP) and Medical Assistance for Families

Harford County Health Department
2015 Pulaski Highway
Havre de Grace, MD 21078
410.942.7999

www.harfordcountyhealth.com/harford-county-health-department-services/services-for-adults/maryland-childrens-health-program

MCHP provides full benefits to: children up to age 19; pregnant women whose income is at or below 200 percent of the Federal Poverty level; and the uninsured. Medical Assistance for Families will provide the same comprehensive health care as MCHP, but to more parents and family members caring for children.

Medicaid Program (Medical Assistance)

Department of Social Services
2 S. Bond Street
Bel Air, MD 21014
410.836.4700
410.836.4945 | Fax
www.dhr.maryland.gov/weathering-tough-times/medical-assistance

State administered assistance for needy and low-income individuals which provides for payment of medical bills from Federal and State funds.

Nancy Freeman Operation Special Delivery

nancyfreeman@doulas.com
www.operationspecialdelivery.com

Volunteer labor doulas are provided to women who cannot afford to hire a doula and will be alone during childbirth because their husband or partner is on military deployment.

Planned Parenthood of Maryland

1714 Joan Avenue
Baltimore, MD 21234
410.576.1414
410.665.6524 | Fax
www.plannedparenthood.org/maryland

Planned Parenthood offers comprehensive gynecological exams, birth control, pregnancy tests, diagnosis and treatment of sexually transmitted diseases and urinary tract infections, and STD testing and treatment for males.

WIC (Women, Infants, and Children)

Harford County Health Department
2027 Pulaski Highway
Havre de Grace, MD 21078
410.939.6680
410.612.9182 | Fax
www.fns.usda.gov/wic
www.harfordcountyhealth.com/assistance-programs/wic-program/

WIC is a federally-funded program that provides healthy foods to eligible pregnant women, new mothers, infants, and children up to age five. Vouchers are given to purchase nutritious foods. Counseling for nutrition and breastfeeding are available.

Women's Wellness Program

Harford County Health Department
1321 Woodbridge Station Way, Suite A
Edgewood, MD 21040
410.612.1779
www.harfordcountyhealth.com/clinical-services/family-planning/

Offers basic gynecological services (including STD testing), birth control, a colposcopy clinic for women who have had an abnormal pap smear, walk-in service for emergency contraception, and free pregnancy testing. Services offered on a sliding-fee scale for those uninsured with income verification. The Health Department accepts Medical Assistance and will submit claims to insurance companies

Habitat for Humanity Susquehanna, Inc.

205 S. Hays Street
Bel Air, MD 21014
410.638.4434
www.habitatsusq.org

Habitat for Humanity Susquehanna, Inc. builds, repairs and rehabs homes in Harford and Cecil counties for families of modest means. Approved homebuyer families must volunteer 250 hours per adult. Critical repairs include: roof, interior, HVAC and accessible ramps. Volunteers welcome at all skill levels, in office and on committees. Contact us by phone or web to apply for programs or to volunteer.

Harford County Community & Economic Development

Housing Agency
15 S. Main Street
Bel Air, MD 21014
410.638.3045
Homeless Services | 443.456.3629
www.harfordhousing.org

Housing & Community Development works to provide affordable housing opportunities for low and moderate-income residents of Harford County. We administer a range of Federal, State, and County funded programs providing opportunities for affordable home ownership, loans and grants for special needs housing programs, rental assistance, renter protection through Livability Code enforcement, first-time homebuyer, housing preservation, foreclosure prevention, economic mobility, family self-sufficiency, and financial literacy. Community Development aids in finding resources available to allow public service needs, neighborhood revitalization, capital projects, and human service needs to be addressed in our county.

Havre de Grace Housing Authority

101 Stansbury Court
Havre de Grace, MD 21078
410.939.2097
410.939.6053 | Fax
www.hdggha.org

The Havre de Grace Housing Authority (HDGHA) was established to provide affordable housing for low to moderate income families in Harford County. The

HDGHA is the only public housing facility in Harford County, with 50 single-family townhomes and 10 elderly/disabled townhomes. The HDGHA offers a range of programs specifically for low income, homeless, disabled, children and elderly persons such as Family Self-Sufficiency program (FSS), Homeownership program and Housing Opportunities for Persons with Disabilities.

Home Partnership, Inc.

626 Towne Center Drive, Suite 102
Joppa, MD 21085
410.679.3200
410.679.3208 | Fax
www.homepartnershipinc.org

Home Partnership assists residents of Harford County with homebuyer education, pre-purchase and post-purchase counseling, default/delinquency and foreclosure prevention, budget and credit counseling and down payment and closing cost assistance. Housing development with newly constructed and rehabilitated housing is also available and a variety of grants to eligible homeowners.

Project HOME

2 S. Bond Street
Bel Air, MD 21014
410.836.4760
410.836.4943 | Fax
www.dhr.maryland.gov/office-of-adult-services/project-home

Provides help for mentally ill adults who need supportive housing arrangements in order to reside in the community.

SHELTERS & TRADITIONAL HOUSING

The Harford Community Action Agency (HCAA) is the provider for Harford County for homeless screening services. HCAA screens homeless individuals for placement in the Welcome One Emergency Shelter and many of the transitional housing opportunities listed in this section. The public is welcome to come to the main agency building, 1321 B. Woodbridge Station, Edgewood or the satellite office, 1010 Gateway Road, Edgewood from 8:00 a.m.–5:00 p.m. Monday through Friday. Please

call the office at 410.612.9909 for any weather related closures. Contact Brit Ayers, bayers@harfordcaa.org for more information.

Anna's House

P.O. Box 88
Bel Air, MD 21014
410.803.2130
www.catholiccharities-md.org/services/annas-house/

Transitional housing program for homeless women and their children that offers counseling, career skills training, and employment assistance to help them resume independent lives. Residents must be referred by Harford Community Action Agency.

Baltimore Rescue Mission

4 N. Central Avenue
Baltimore, MD 21202
410.342.2533
410.342.2534
KARIS HOUSE (Women's Division)
1228 E. Baltimore Street
Baltimore, MD 21203
410.342.1323
410.342.0325 | Fax
www.facebook.com/baltimorerescuemission

The Baltimore Rescue Mission offers emergency shelter, meals, and counseling for women and children. Also provides free serviceable used clothing, a detoxification unit for drug and alcohol abusers, and a medical clinic.

Housing

Harford Family House

53 E. Bel Air Avenue, Apt 3
Aberdeen, MD 21001
410.273.6700
www.harfordfamilyhouse.org

Harford Family House is a Christian ministry that provides transitional, long-term housing and emergency shelter to homeless families with children. Residents must be referred by the Harford Community Action Agency.

The Homecoming Project, Inc.

P.O. Box 1190
Bel Air, MD 21014
410.399.2904
www.homecomingrecovery.org

The Homecoming Project is a halfway house for women recovering from alcohol or drug addiction. The goal is to strengthen and empower women to return as fully functioning members of society and offers group therapy, life skills training, and daily meditation.

Mann House, Inc.

14 Williams Street
Bel Air, MD 21014
410.879.7619
410.879.2075 | Fax
www.mannhouse.org

Mann House is a halfway house for men recovering from alcohol or drug addiction.

Marian House

949 Gorsuch Avenue
Baltimore, MD 21218
410.467.4121
410.467.6709 | Fax
www.marianhouse.org

Marian House is transitional housing that offers long-term support to homeless women and their children referred by drug treatment centers, correctional agencies, psychiatric facilities, emergency shelters, and domestic violence programs. Services include personal counseling, employment readiness training, GED instruction, drug/alcohol screening, addictions recovery supervision, financial counseling, legal advocacy, training for job advancement, scholarship aid, mentoring opportunities, assistance in obtaining permanent housing, and referrals for community-based services.

Meeting Ground

P.O. Box 808
Elkton, MD 21922
410.620.3218
www.meetingground.org

This 20-acre residential facility offers emergency and transitional housing for men, women, and children.

My Sister's Place Women's Center

17 W. Franklin Street
Baltimore, MD 21201
410.727.3523
www.catholiccharities-md.org/my-sisters-place

My Sister's Place Women's Center provides three meals a day and access to services such as case management, education, and job training to women in Baltimore City.

Peaceful Waters

P.O. Box 1192
Edgewood, MD 21040
410.671.5777
www.thepeacefulwaters.com

Peaceful Waters is a halfway house for women recovering from alcohol or drug addiction.

Safe Sober Recovery

25 N. Philadelphia Boulevard
Aberdeen, MD 21001
410.272.8755

Safe Sober Recovery is a halfway house for men recovering from alcohol or drug addiction.

Sexual Assault / Spouse Abuse Resource Center (SARC)

P.O. Box 1207
Bel Air, MD 21014
410.836.8430 | (24-hour helpline)
410.836.8431 | Administration
410.879.3486 | Baltimore Line
410.838.9484 | Fax
www.sarc-maryland.org

SARC provides confidential domestic violence and sexual assault services in Harford County. Services include a safe house for victims of domestic violence and their children, legal services, individual and group counseling for victims and children, an abuser

intervention program, crisis intervention, community outreach, education and professional training, and court and hospital accompaniment.

Shreffler House

First Presbyterian Church
224 N. Main Street
Bel Air, MD 21014
410.838.8157

Shreffler House is short-term housing serving one family at a time. Residents must be referred by Harford Community Action Agency.

Tabernacle of Faith Family Life Center, Inc. Housing Agency

315 A N. Earlington Road
Havre de Grace, MD 21078
410.939.5017
familylifecenterCenter@comcast.net
www.toffamilyLifeCenter.com

Services include credit counseling, foreclosure and default counseling, credit seminars, home ownership classes and counseling. Mission is to reach low to moderate-income individuals who are not being currently served.

Wayfarer's House

107 Delaware Avenue
Elkton, MD 21921
410.398.4381

Wayfarer's House provides housing for up to 15 women with or without school-age children.

Welcome One Emergency Shelter

Faith Communities & Civic Agencies United (FCCAUI)
1221 C Brass Mill Road
Belcamp MD 21017
410.272.2229
410.272.2236 | Fax
www.welcomeoneshelter.com

Welcome One is a full-service emergency homeless shelter that serves 31 homeless men and women each night. Located in the Riverside Business Park, Welcome One is operated by Faith Communities and Civic Agencies United, Inc. a 501 (c) 3 charitable organization. Residents of Welcome One receive three meals daily, transportation, laundry and shower facilities, recreation, life skills classes and

case management to help them return to an independent life. Residents must be referred by Harford Community Action Agency.

SUBSIDIZED HOUSING

These apartment communities accept Section 8 vouchers or have their own Section 8 programs.

Aberdeen Senior Housing

901 Barnett Lane
Aberdeen, MD 21001
410.273.0435

Abingdon Senior Housing

3001 St. Clair Drive
Abingdon, MD 21009
410.569.3630

Burton Manor

601 Cornell Street
Aberdeen, MD 21001
410.272.7250

The Graw

100 Revolutions Street
Havre de Grace, MD 21078
410.939.2736

Harford Senior Housing

300 Sunflower Drive
Bel Air, MD 21014
410.879.4450

Harford Senior Housing II

300 Sunflower Drive
Bel Air, MD 21014
410.879.4450

North Post Commons

4 Taft Street
Aberdeen, MD 21001
410.272.1111

Old Post Apartments

101 Hanover Street
Aberdeen, MD 21001
410.272.1630

Perrywood Garden Apartments

301 Mayberry Drive, Suite 102
Aberdeen, MD 21001
410.272.6046

St. John's Commons

601 Pennington Avenue
Havre de Grace, MD 21078
410.942.0520

St. John's Towers

505 Congress Avenue
Havre de Grace, MD 21078-3044
410.939.5040

Village at Lakeview

833 Fishermans Lane
Edgewood, MD 21040-1948
410.679.5888

Windsor Valley Apartments, Section I

570 Meadowood Drive
Edgewood, MD 21040-2318
410.679.6233

UTILITY SERVICES

Crisis Assistance Services

Department of Social Services
2 S. Bond Street
Bel Air, MD 21014
410.836.4700
410.836.4945 | Fax
Open 8:00 a.m.–4:30 p.m.
www.dhr.maryland.gov/local-offices/harford-county

Limited funding sources are available each fiscal year to help individuals and families with children who are experiencing certain types of crisis situations. Assistance may be available to help with homelessness, eviction/mortgage foreclosure, utility turn-off, natural disasters, stranded away from home or job, prescription medications, and residents recently released from the Harford County Detention Center.

FISH (Friends In Self-Help)

Two Chapters of Harford County FISH consist of concerned citizens who volunteer their time and talents to minister to various emergency needs of fellow citizens. See locations below for assistance provided at that location. FISH depends solely on the generosity of local churches and civic groups and concerned individuals for funds.

HAVRE DE GRACE / ABERDEEN / BELCAMP

No physical location
410.836.6440

Provide assistance with prescriptions, rent aid, utility cut-offs and other various crisis. Lodging is not provided.

WEST HARFORD FISH

Includes Bel Air, Jarrettsville, Fallston, Churchville, Street, Whiteford, Pylesville, Abingdon, Darlington, and Delta, PA.
P.O. Box 552
Bel Air MD 21014
410.836.6441

FISH provides assistance with prescriptions, rent aid, utility cut-offs, 1–2 nights lodging and other various crisis.

Fuel Fund of Maryland

1800 Washington Boulevard, 410 A
Baltimore, MD 21230
410.235.9080
www.fuefundmaryland.org

The Fuel Fund of Maryland provides resources to vulnerable Maryland families for heat and home utility needs. Applications for assistance can be submitted online.

Maryland Energy Assistance Program (MEAP)

Harford Community Action Agency
1321 B Woodbridge Station Way
Edgewood, MD 21040
410.612.9899

Assistance is provided to Maryland's low-income households to make energy costs more affordable and with the prevention of loss and restoration of home energy service. Call for hours of operation and closure information. Contact Lisa Zimmerman, lzimmerman@harfordcaa.org for information.

Housing

Maryland Housing Rehabilitation Program

Harford County Housing & Community Development
15 S. Main Street, Bel Air, MD 21014
410.638.3045
410.879.7148
www.harfordhousing.org

Provides funds to limited-income homeowners to improve the basic livability of a home. May provide for structural repairs and installation of energy efficiency measures. Funds are available for single-family owner-occupied units and rental properties of one to four units.

Mason-Dixon Community Services

708 Highland Road, P.O. Box 34
Street, MD 21154
410.452.9025
Fax: 410.452.0077
www.mason-dixon.org

Mason-Dixon Community Services offers food assistance, energy assistance, counseling, and information referrals. Its programs for children include home-

based Head Start, summer camp, and a mentoring program for residents of northern Harford County. Additional services for Harford County residents include a Holiday Adoption Program for Thanksgiving and Christmas, a winter coat drive, Toys for Tots program, and Fresh Start boxes.

SOUP KITCHEN

3rd Thursday of the month

FOOD PANTRY

Monday–Thursday, 9:00 a.m.–12:00 p.m. Food and nutritional information for women is also provided.

Salvation Army

300 Rear Seneca Avenue
P.O. Box 309
Havre de Grace, MD 21078
410.939.3535
410.939.5641 | Fax
www.salvationarmy.com
FOOD PANTRY Tuesday–Thursday,
10:00–11:45 a.m. & 1:00–2:45 p.m.

Provides help with utilities and rent for court-ordered eviction or foreclosure if funds are available.

Trinity Evangelical Lutheran Church

1100 Philadelphia Road
Joppa, MD 21085
410.679.4000
www.trinityjoppa.org
FOOD PANTRY

Open every Tuesday from 6:00–7:00 p.m.; Thursday from 3:30–5:00 p.m.; Utility Assistance is offered if funds are available to Joppa & Edgewood residents only.

Weatherization Program

Community Assistance Network
7900 E. Baltimore Street
Baltimore, MD 21224
410.285.4674
855.583.8976 | Toll Free

Program that helps reduce the use of energy. Services are free to eligible households and may help reduce the amount of energy used by 10-40 percent. Services include air leakage and furnace testing plus advice on the most cost-efficient energy conservation measures.

Safely Dispose of Unwanted Prescription Drugs

Permanent drop-off boxes

No questions asked when medications are turned in!

7 locations now available in Harford County for safe drug disposal:

SHERIFF'S MAIN OFFICE 45 S. Main Street, Bel Air

SHERIFF'S NORTHERN PRECINCT 3724 Norrisville Rd, Jarrettsville

SHERIFF'S SOUTHERN PRECINCT 1305 Pulaski Highway, Edgewood

STATE POLICE BEL AIR BARRACK 1401 Belair Rd, Bel Air

ABERDEEN POLICE DEPT. 60 N. Parke St, Aberdeen

BEL AIR POLICE DEPT. 39 N. Hickory Avenue, Bel Air

HAVRE DE GRACE POLICE DEPT. 715 Pennington Ave, Havre de Grace

No
Liquids

Information: 410.638.3333 or
odcp@harfordcountymd.gov

Protect the environment!

*Flushing medicines down
the toilet or sink poses a
risk to human health and
the environment.*



BARRY GLASSMAN
Harford County Executive
AMBER SHRODES
Director, Community Services



Office of Drug Control Policy

Harford County Department of Community Services
www.harfordcountymd.gov/services 410.638.3389

LEGAL RESOURCES

American Civil Liberties Union

3600 Clipper Mill Road, Suite 350
Baltimore, MD 21211
410.889.8555
410.366.7838 | Fax
www.aclu-md.org

Dedicated to the freedom to speak, print and assemble, separation of church and state, the right to privacy, voting rights, and due process of the law.

Civil Justice, Inc.

520 W. Fayette Street, Suite 410
Baltimore, MD 21201
410.706.0174
410.706.3196 | Fax
www.civiljusticenetwork.org

Provides free attorney referrals to low and moderate income clients in Maryland and Washington, DC. Clients are referred to a solo or small firm lawyer in the network who has agreed to provide legal services at reduced fees in most cases. The client and attorney decide on fee arrangements and representation. Some forms of representation require upfront fees or a retainer. Members are qualified to represent clients in a broad range of practice areas.

Equal Employment Opportunity Commission (EEOC)

MAIN OFFICE

131 M Street, NE
Washington DC 20507
202.663.4900
703.997.4890 | Fax

BALTIMORE FIELD OFFICE

City Crescent Building
10 S. Charles Street, 3rd Floor
Baltimore, MD 21201
800.669.4000
www.eeoc.gov

The EEOC investigates charges of discrimination in areas of employment based upon age, gender, color, religion, national origin, retaliation, and disability.

Family Services Association

718 N. Bridge Street
Elkton, MD 21921
410.398.4060

Family Services Association offers a safe and neutral location for separated and divorced parents to exchange their children for the purpose of visitation as well as supervised visitation when the safety of the child is in question.

Harford County Bar Foundation Legal Referral Service

18 Office Street
Bel Air, MD 21014
410.836.0123
www.harfordcountybarfoundation.org

The Harford County Bar Foundation is a nonprofit community resource providing educational and referral services. It provides placement of income-qualified individuals and their families with qualified attorneys who provide pro bono legal services. It also places qualified individuals with Harford County attorneys who will represent them on a reduced-fee basis.

Harford County Community Mediation Program (HCCMP)

Harford County Department of
Community Services
125 N. Main Street
Bel Air, MD 21014
410.638.4807
www.harfordcountymd.gov/services/
mediation

HCCMP was created by the Harford County Government to provide an affordable, informal, expedient alternative dispute resolution service for the citizens of Harford County. HCCMP will not mediate divorces, custody disputes, or domestic violence cases.

Harford County Office of Human Relations

Harford County Department of
Community Services
125 N. Main Street
Bel Air, MD 21204
410.638.4739
www.harfordcountymd.gov/services/
HumanRelations

Investigates cases of alleged discrimination in employment, housing,

public accommodations, credit, administration of justice, and related areas. Also deals with alleged sexual harassment. Call for an appointment.

House of Ruth Legal Clinic

2201 Argonne Drive
Baltimore, MD 21218
410.544.8463
888.880.7884
410.889.7884 | 24 Hour Hotline
410.889.0840 | Administrative Office
410.243.3014 | Fax
info@hruth.org
www.hruth.org

Staff attorneys provide both civil and criminal legal representation to help women obtain protective orders, peace orders, divorce decrees, custody, and child support.

Immigration Legal Services

Catholic Charities
430 S. Broadway
Baltimore, MD 21231
410.534.8015
410.522.2668
www.catholiccharities-md.org/services/
esperanza-center/legal-services/

Provides low-cost legal counseling and representation in humanitarian and family-based immigration matters.

Immigration Outreach Service Center (IOSC)

5401 Loch Raven Boulevard
Baltimore, MD 21239
410.323.8564
410.323.8598 | Fax
www.ioscbaltimore.org

IOSC offers assistance for immigrants seeking political asylum, legal representation, and health care services and assists immigrants in dealing with the effects of trauma and torture.

Maryland Crime Victims' Resource Center, Inc.

MAIN OFFICE

1001 Prince George's Blvd., Suite 750
Upper Marlboro, MD 20774
301.952.0063
877.842.8461
240.929.0526 | Fax

Legal Resources

BALTIMORE OFFICE

218 Lexington Street, Suite 401
Baltimore, MD 21202
410.234.9885
www.mdcrimevictims.org

This organization ensures that victims of violent crimes in Maryland receive justice and are treated with dignity and compassion. They provide comprehensive services to victims of all crimes including criminal justice education, support services, legal services, faith services, social work services and advocacy services.

Maryland Criminal Injuries Compensation Board

Plaza Office Center
6776 Reisterstown Road Suite 206
Baltimore, MD 21215
410.585.3010
888.679.9347
410.764.3815 | Fax
www.dpscs.maryland.gov/victimservs/cicb/index.shtml

The Maryland Criminal Injuries Compensation Board provides financial assistance for innocent victims of crime including medical expenses and payment for part of lost wages. In cases of homicide, funeral expenses and lost support may be provided for the victim's dependents.

Maryland Division of Parole and Probation

2 S. Bond Street
Bel Air, MD 21014
410.836.4650
410.836.4651
410.836.4668

ABERDEEN FIELD OFFICE

31 W. Bel Air Avenue
Aberdeen, MD 21001
410.297.2200
410.239.9532 | Fax
www.dpscs.maryland.gov/parole_and_probation/

Direct and coordinated services are provided to crime victims whose offenders are under community supervision. Information and referral, victim notification, needs and risk assessment, restitution assistance, victim impact statements, and case status information are also offered as well as assistance to domestic violence victims.

Maryland Legal Aid

Northeastern Maryland
103 S. Hickory Avenue
Bel Air, MD 21014
410.836.8202
410.836.7117 | Fax
www.mdlab.org

This nonprofit law firm provides legal services for low-income individuals and families, but does not handle criminal or fee-generating cases. Services include advice and referral, negotiation, litigation, pro se training and client education, and pro bono coordination.

Maryland Legal Aid Elder Rights

866.635.2948 | Maryland Senior Legal Hotline
866.MD LAW 4U

Maryland Legal Aid provides free legal advice and referrals for seniors age 60 and over.

Maryland People's Law Library

www.peoples-law.org

A legal information and self-help website supported by Maryland's non-profit legal service providers in partnership with the courts. Offered as a service to the public, they provide legal and self-help information on Maryland and federal law affecting low- and moderate-income Marylanders and their families.

Maryland Volunteer Lawyers Service

1 N. Charles Street, Suite 222
Baltimore, MD 21201
410.547.6537
410.539.6800 | Administration
800.510.0050
443.451.4072 | Fax
www.mvlslaw.org

Provides free or reduced-fee representation to low-income individuals who have civil legal problems in Maryland, except in Montgomery, Anne Arundel, or Prince George's Counties.

NAACP (National Association for the Advancement of Colored People)

HARFORD COUNTY

P.O. Box 525
Aberdeen, MD 21001
410.272.2131

NATIONAL HEADQUARTERS

4805 Mt. Hope Drive
Baltimore, MD 21215
410.580.5777
877.NAACP.98 | Toll Free
www.naacp.org

The NAACP is an Interracial civil rights organization made up of various ethnic groups dedicated to the preservation of equal rights for all Americans and unity to preserve the Constitution of the United States. Call for further information.

The National Center for Victims of Crime

2000 M Street NW, Suite 480
Washington, DC 20036
202.467.8700
855.4.VICTIM (855.484.2846) | Hotline
202.467.8701 | Fax
www.victimsofcrime.org

The National Center for Victims of Crime encourages a national commitment to help victims of crime rebuild their lives. The center provides direct services and resources to victims, advocates for passage of laws and public policies that create resources and secure rights and protections for crime victims, and delivers training and technical assistance to victim service organizations, counselors, attorneys, criminal justice agencies, and allied professionals.

National Labor Relations Board

Bank of America Center, Tower II
100 S. Charles Street, 6th Floor
Baltimore, MD 21201
410.962.2822
410.962.2198 | Fax
www.nlr.gov

Handles complaints from citizens who feel their union is not fairly representing them or is discriminating against them. Hours of operation are 8:15 a.m.–4:45 p.m.

National Organization for Victim Assistance (NOVA)

Courthouse Square
510 King Street, Suite 424
Alexandria, VA 22314
800.879.6682
703.535.NOVA (6682)
703.535.5500 | Fax
www.trynova.org

NOVA promotes rights and services for victims of crime and crisis by providing national advocacy, direct services to victims, assistance to professional colleagues, and membership activities and services.

Pro Se Forms Assistance Project

Harford County Circuit Court
20 W. Courtland Street, 2nd Floor
Bel Air, MD 21014
410.638.4916
www.courts.state.md.us

Nonprofit program designed to enable people to file their own uncontested domestic cases without an attorney. Cases include divorce, custody, visitation, modification of custody or visitation, modification of child support, contempt for failure to provide visitation, and contempt for failure to pay child support. Open 9:00 a.m.–4:00 p.m. No appointment needed.

Public Defender's Office

2 S. Bond Street
Bel Air, MD 21014
410.836.4880
877.430.5187
410.836.4904 | Fax
www.opd.state.md.us

This office provides legal representation to people unable to afford an attorney and handles any criminal case carrying a possible jail sentence or a fine greater than \$500. Clients must apply at least ten business days before date of trial.

Sexual Assault / Spouse Abuse Resource Center (SARC)

P.O. Box 1207
Bel Air, MD 21014
410.836.8430 | (24-Hour Helpline)
410.836.8431 | Administration
410.879.3486 | Baltimore Line
410.838.9484 | Fax
www.sarc-maryland.org

SARC provides confidential domestic violence and sexual assault services in Harford County. Services include a safe house for victims of domestic violence and their children, legal services, individual and group counseling for victims and children, an abuser intervention program, crisis intervention, community outreach, education and professional training, and court and hospital accompaniment.

State's Attorney's Office

Harford County Circuit Court
20 W. Courtland Street, 1st Floor
Bel Air, MD 21014
410.638.3500
410.838.2023 | Circuit Court Fax
410.638.3195 | District Court Fax
www.harfordcountymd.gov/StatesAttorney

This office is primarily responsible for the investigation and prosecution of criminal cases at the trial level and works with the police in the development of cases, presentations to the Grand Jury, and trial of cases in the Circuit, District or Juvenile Court. The Family Support Division works with the Bureau of Support Enforcement to establish paternity, set and collect child support. Specialized units dealing with domestic violence, child abuse and victims/witness concerns are available.

Women's Law Center of Maryland

305 W. Chesapeake Avenue,
Suite 201, Towson, MD 21204
410.321.8761
410.321.0462 | Fax
admin@wlcmd.org
www.wlcmd.org

EMPLOYMENT LAW HOTLINE

877.422.9500
Tuesdays, 9:30 a.m.–1:00 p.m.

FAMILY LAW HOTLINE

800.845.8550
Monday–Friday 9:30a.m.–4:30 p.m.

LEGAL FORMS HELPLINE

800.818.9888
Tuesdays, 9:00 a.m.–4:00 p.m.;
Wednesdays– Fridays,
9:00 a.m.–12:30 p.m.

This center offers a variety of legal services for women including a family law hotline, legal form helpline, advocacy and representation for protective orders, the Multi-Ethnic Domestic Violence Project.

POLICE & LAW ENFORCEMENT RESOURCES

Aberdeen Police Department

60 N. Parke Street
Aberdeen, MD 21001
410.272.2121
410.272.6632 | Fax
www.aberdeenpolice.org

Bel Air Police Department

39 N. Hickory Avenue
Bel Air, MD 21014 410.638.4500
410.838.2721 | Fax
www.belairmd.org/175/Police

FBI (Federal Bureau of Investigation)

35 Fulford Avenue, Suite 200
Bel Air, MD 21014
www.fbi.gov
410.879.5240
www.fbi.gov

Harford County Circuit Court

20 W. Courtland Street
Bel Air, MD 21014
410.638.3000
410.638.3426
www.courts.state.md.us/clerks/harford

Harford County Detention Center

1030 N. Rock Spring Avenue
Bel Air, MD 21014
410.638.3140
410.638.4896 | Fax
www.harfordsheriff.org/detention/welcome

Harford County District Court

2 S. Bond Street
Bel Air, MD 21014
410.838.4545
800.943.6344

Harford County District Court Commissioner

1030 N. Rock Spring Avenue
P.O. Box 1245
Bel Air, MD 21014
410.638.4770
410.638.4771
410.638.0740 | Fax

Legal Resources

Harford County Sheriff's Office

45 S. Main Street
Bel Air, MD 21014
410.838.6600 | Main
410.879.2782 | Fax
www.harfordsheriff.org

NORTHERN PRECINCT

3726 Norrisville Road
Jarrettsville, MD 21084
410.692.7880
410.836.5411

SOUTHERN PRECINCT

1305 Pulaski Highway
Edgewood, MD 21040
410.612.1717

Havre de Grace Police Department

715 Pennington Avenue
Havre de Grace, MD 21078
410.939.2121
410.939.2641 | Fax
www.havredegracemd.com/police

Maryland Department of Juvenile Services

2 S. Bond Street, Suite 201
Bel Air, MD 21014
410.836.4680
410.836.4841 | Fax
www.djs.state.md.us

The Department of Juvenile Services ensures the safety of the community and the well-being and safety of the youths under DJS care, holds juvenile offenders accountable to victims and communities, and assists youths in developing competency and character to aid them in becoming successful members of society.

Maryland Division of Parole and Probation

2 S. Bond Street
Bel Air, MD 21014
410.836.4650
410.836.4651
410.836.4668

ABERDEEN FIELD OFFICE

31 W. Bel Air Avenue
Aberdeen, MD 21001
410.297.2200
410.239.9532 | Fax
www.dpscs.maryland.gov/parole_and_probation/

Direct and coordinated services are provided to crime victims whose offenders are under community supervision. Information and referral, victim notification, needs and risk assessment, restitution assistance, victim impact statements, and case status information are also offered as well as assistance to domestic violence victims.

Maryland State Police

Benson Barracks
1401 Belair Road
Bel Air, MD 21014
410.879.2101
410.838.4101
www.mdsp.maryland.gov

Public Defender's Office

2 S. Bond Street
Bel Air, MD 21014
410.836.4880
877.430.5187
410.836.4904 | Fax
www.opd.state.md.us

This office provides legal representation to people unable to afford an attorney and handles any criminal case carrying a possible jail sentence or a fine greater than \$500.00. Clients must apply at least ten business days before date of trial.

State's Attorney's Office

Harford County Circuit Court
20 W. Courtland Street, 1st Floor
Bel Air, MD 21014
410.638.3500
410.838.2023 | Circuit Court Fax
410.638.3195 | District Court Fax
www.harfordcountymd.gov/StatesAttorney

This office is primarily responsible for the investigation and prosecution of criminal cases at the trial level and works with the police in the development of cases, presentations to the Grand Jury, and trial of cases in the Circuit, District or Juvenile Court. The Family Support Division works with the Bureau of Support Enforcement to establish paternity, set, and collect child support. Specialized units dealing with domestic violence, child abuse and victims/witness concerns are available.

MILITARY AND VETERAN RESOURCES

Aberdeen Veterans' Center

Department of Veterans Affairs
223 W. Bel Air Avenue
Aberdeen, MD 21001
410.272.6771

The center's mission is to assist veterans suffering life readjustment problems related to combat experiences or sexual assault or harassment while on active duty. Active duty service members and their family are eligible. Centers provide counseling for successful readjustment to civilian life. Services include individual, group and family counseling.

Alliance, Inc

Corporate Office

8003 Corporate Drive
Nottingham, MD 21236
410.282.5900
410.282.3083 | Fax
www.allianceinc.org

Vocational Rehabilitation Services

4510 Wharfpoint Court
Belcamp, MD 21017
410.994.0600
410.994.0274 | Fax

Veterans Housing Program

15 S. Parke Street, Suite 400
410.273.1390

Mosaic Community Services

Mental Health
4 North Avenue, Suite 306
Bel Air, MD 21014
410.420.7292

Alliance, Inc. provides community-based services to people living with mental illness and developmental disabilities as well as veterans facing homelessness including vocational rehabilitation and veterans' housing programs. Services for mental illness and developmental disabilities are provided by their affiliate, Mosaic Community Services.

American Red Cross

4800 Mt. Hope Drive
Baltimore, MD 21215
800.733.2767 | Blood Donations
410.624.2000, 410.764.4914 | Fax
www.redcross.org/gcr

Military and Veteran Resources

The American Red Cross provides 24-hour crisis assistance. They offer presentations on disaster preparedness, and courses in First Aid, CPR, Water Safety, and Informal Caregivers and Babysitting, as well as help military families secure emergency leave and emergency loans.

Army Community Services

Bldg 2503
APG, MD 21005
410.278.7572
410.278.7474
410.278.9685 | Fax
www.aberdeens.armymwr.com/programs
Open 8:00 a.m.–4:30 p.m.

Army Community Services provides telephone information and referrals for various problems and questions for active and retired military personnel and their family members, as well as DOD civilians and contractors.

Army Substance Abuse Program Division

Bldg 2477
APG, MD 21005
410.278.5319
410.278.4004 | Fax

This program provides confidential evaluation, counseling assistance, and referrals for army employees, retirees, and family members of active duty and civilian employees.

Department of Veterans Affairs

2 S. Bond Street
Bel Air, MD 21014
410.836.4900
800.446.4926 | Main Office
www.mdva.state.md.us

The Department of Veterans Affairs assists veterans and their families with benefits, claims, replacing papers, and any additional questions about VA benefits. Open the first and third Wednesday of the month from 8:00 a.m.–3:30 p.m. civilian employees.

EX-POSE

Ex-Partners of Service-members for Equality
P.O. Box 11191
Alexandria, VA 22312-0191
703.941.5844
www.ex-pose.org

National nonprofit, volunteer organization dedicated to improving the lives of former spouses/widows of military personnel.

Harford County Commission on Veteran Affairs

212 S. Bond Street
Bel Air, MD 21014
410.638.3523, 410.893.4972 | Fax

This commission establishes a forum for all Harford County veterans, provides communication with community partners, and ensures the adequate consideration of veterans for employment, education, training, and public programs.

JAG Office

Aberdeen Proving Ground
410.278.1583

Nancy Freeman Operation Special Delivery

nancyfreeman@doulas.com
www.operationspecialdelivery.com

Volunteer labor doulas are provided to women who cannot afford to hire a doula and will be alone during childbirth because their husband or partner is on military deployment.

National Military Family Association

3601 Eisenhower Avenue, Suite 425
Alexandria, VA 22304
703.931.6632, 800.260.0218
info@militaryfamily.org
www.militaryfamily.org

A private nonprofit association organized to improve the quality of family life of all military personnel.

Perry Point VAMC Programs for Women

Perry Point Medical Center
Perry Point, MD 21902
410.624.2411, 800.949.1003
www.maryland.va.gov/publications/PatientResourceGuide/perrypoint.asp

Perry Point Women's Program and its community outreach clinics are committed to serving the healthcare needs of women veterans. They offer general health assessment and treatment including GYN services (mammography and cervical cancer screenings), STDs, hormone

therapy, cardiopulmonary disorders (including hypertension), colorectal cancer, osteoporosis, incontinence, immunizations, psychiatric disorders, addictions, nutritional counseling, and smoking cessation. Also offers pastoral and individual counseling, Women in Recovery support group, and sexual trauma treatment.

Sexual Trauma Treatment & Post Traumatic Stress Disorder for Veterans

ABERDEEN VETERANS' CENTER

223 W. Bel Air Avenue
Aberdeen, MD 21001
410.272.6771
410.297.9041 | Fax

ELKTON VETERANS' CENTER

103 Chesapeake Boulevard, Suite A
Elkton, MD 21921
410.392.4485
410.392.6381 | Fax

Outpatient treatment is provided to all eligible veterans by a team of professionals who have specialized knowledge and experience in understanding the physical and emotional aftermath of sexual trauma. Eligible veterans are those men and women who have been sexually assaulted or harassed while in the military or who have a history of sexual assault rape, or incest. We also treat individuals with Post Traumatic Stress Disorder (PTSD). Call for information on all programs.

U.S. Office of Personnel Management

1900 E Street NW
Washington, DC 20415
202.606.1800
202.606.2532 (TTY)
www.opm.gov
www.harfordsheriff.org

Government employment information including veterans' programs.

Veterans Hotline

877.VET.2VET
877.838.2838

If you are a veteran or know someone who came back from active duty and has trouble with memories and experiences of war, please call.

Senior Citizen Resources

SENIOR CITIZEN RESOURCES

AARP (American Association of Retired Persons)

200 St. Paul Place, Suite 2510
Baltimore, MD 21202
866.542.8163 | MD State
www.local.aarp.org/bel-air-md/local-services/

AARP's mission is to empower people to choose how they live as they age. Membership includes educational seminars, lectures, trips, and discounts. Call for meeting dates and times.

Active Day Harford

1361 Brass Mill Road, Suite B/C
Belcamp, MD 21017
410.273.2060
410.273.2404 | Fax
Monday–Friday | 8:00 a.m.–5:00 p.m.
Weekends & Holidays
9:00 a.m.–3:00 p.m.
www.activeday.com

Active Day provides therapeutic and medically supervised programs for adults with Alzheimer's, related disorders, and developmental disabilities.

Chimes

4815 Seton Drive, Baltimore, MD 21215
410.358.6400, 410.358.0031
www.chimes.org

Services provided are to assist people with developmental disabilities, mental illness, and other specialized needs in the areas of employment, residential, day habilitation, supported living, senior living services, mental health clinics, and psychiatric rehabilitation services.

Getting There Ride Share

1024 Main Street, Darlington, MD 21034
410.836.3005
GTRS3005@gmail.com
www.gettingthererideshare.org

Getting There Ride Share provides safe, affordable and reliable transportation for seniors in the northern part of Harford County. Volunteer drivers transport seniors door-to-door to medical appointments, religious services, grocery shopping, etc. All passengers and drivers are screened and rides are not limited to Harford County.

Gilchrist Hospice Centers

11311 McCormick Road, Suite 350
Hunt Valley, MD 21031
888.823.8880
www.gilchristcares.org/

Provides counseling and support, elder medical care, and hospice care to individuals diagnosed with a serious illness. A full range of services are offered including hospice in-patient care. Medicare and Medicaid certified.

Harford Community College Programs for Seniors

401 Thomas Run Road
Bel Air, MD 21015
443.412.2376
443.412.2383 | Fax
www.harford.edu/continuing-education/community-education/over-55.aspx

Harford Community College offers a variety of non-credit, continuing education courses for senior adults including AARP Smart Driving, Current Issues and Political History, Healthy Living for Older Adults, Internet for Senior Adults, Introduction to Computers, iPad – Beyond the Basics, Learn to Use our iPad/iPhone, Senior Aquatic Wellness, Zumba Gold and more.

Harford County Office on Aging

Department of Community Services
145 N. Hickory Avenue
Bel Air, MD 21014
410.638.3025
410.893.2371 | Fax
www.harfordcountymd.gov/services/aging

Provides information, referrals, SHIP (Senior Health Insurance Counseling Program), case management services for those needing assisted living or nursing home care, home delivered meals, transportation services, senior programs and activities.

Harford County Office on Aging Senior Activity Centers

Harford County's senior activity centers offer a wide variety of recreational, educational, and social programs for seniors.

ABERDEEN SENIOR ACTIVITY CENTER

7 Franklin Street, Aberdeen, MD 21001
410.273.5666

EDGEWOOD SENIOR ACTIVITY CENTER

1000 Gateway Road
Edgewood, MD 21040
410.612.1622

FOREST HILL/HICKORY SENIOR ACTIVITY CENTER

Satellite Location
2213 Commerce Drive
Forest Hill, MD 21050
410.638.3616

HAVRE DE GRACE ACTIVITY CENTER

351 Lewis Lane
Havre de Grace, MD 21078
410.939.5121

McFAUL ACTIVITY CENTER

525 W. MacPhail Road, Bel Air, MD 21014
410.638.4040

VERONICA "RONI" CHENOWITH ACTIVITY CENTER

1707 Fallston Road, Fallston, MD 21047
410.638.3260

Harford Transit LINK

Office of Community & Economic Development
410.612.1620
Maryland Relay 711 | TTY
www.harfordtransitlink.org

Harford Transit LINK services are provided to the general public. The fixed route service travels to Aberdeen, Bel Air, Havre de Grace, Riverside, Edgewood, Joppatowne, and Perryville in Cecil County. Demand Response, a curb-to-curb service, is also provided. All Harford Transit LINK's buses are wheelchair accessible. Visit the website or RouteShout app for specific schedule information.

Hospital Outreach Program (HOP)

Harford County Health Department
2015 Pulaski Highway, Suite E
Havre de Grace, MD 21078
410.942.7999
www.harfordcountyhealth.com/assistance-programs/hospital-outreach-program/

HOP is a nursing service that assists individuals over 18 referred by local hospitals or nursing facilities and are at risk for long-term care placement. The HOP nurse locates resources, identifying barriers, and conducting follow-up visits while coordinating with other agencies.

Maryland Foundation of Dentistry for the Handicapped

8901 Herrmann Drive
Columbia, MD 21045
410.964.1944, 877.337.7746
410.964.9978 | Fax
www.mfdh-dds.org

Provides comprehensive dental care at no charge to people of all ages who, because of a serious disability or impaired health lack adequate income to pay for needed dental care.

Maryland Legal Aid Northeastern Maryland

103 S. Hickory Avenue
Bel Air, MD 21014
410.836.8202
410.836.7117 | Fax
www.mdlab.org

This nonprofit law firm provides legal services for low-income individuals and families, but does not handle criminal or fee-generating cases. Services include advice and referral, negotiation, litigation, pro se training and client education, and pro bono coordination.

Maryland Legal Aid Elder Rights

866.635.2948 | Maryland Senior Legal Hotline
866.MD LAW 4U

Maryland Legal Aid provides free legal advice and referrals for seniors age 60 and over.

Maryland Medicaid Pharmacy Program

P.O. Box 2158
Baltimore, MD 21203
800.492.5231, option 3
410.333.5398 | Fax
www.mmcp.health.maryland.gov/pap/pages/paphome.aspx

The Maryland Medicaid Pharmacy Program offers two programs: The Maryland Pharmacy Assistance Program and the Maryland Discount Pharmacy Program. These programs provide assistance with prescription drugs for low-income people who do not qualify for medical assistance.

Meals on Wheels

45 N. Main Street, Suite D
Bel Air, MD 21014
410.838.0013
410.879.5814 | Fax
Harford@mow.cm.org
www.mealsonwheelsmd.org

Nutritious meals are delivered to homebound persons of any age or economic status who are unable to shop or prepare meals for themselves. Two meals are delivered on Monday, Wednesday and Friday. Weekend meals are available for clients who meet special criteria.

Medicaid Long-Term Care Program

Department of Social Services
2 S. Bond Street, Bel Air, MD 21014
410.836.4700
410.836.4945 | Fax
www.dhr.maryland.gov/weathering-tough-times/medical-assistance

Long Term Care Medical Assistance (LTC), is designed to cover the cost of nursing home care for low income individuals who meet eligibility requirements.

Medical Assistance Transportation

Harford County Health Department
120 S. Hays Street, Bel Air, MD 21014
410.638.1671
www.harfordcountyhealth.com/assistance-programs/medical-assistance-transportation/

The Medical Assistance Transportation program coordinates last resort transportation services for Harford County Medical Assistance recipients and need transportation to access medically necessary services. Rides must be scheduled at least two business days prior to appointment.

Senior Citizen Meal Programs

Harford County Office on Aging
145 N. Hickory Avenue
Bel Air, MD 21014
410.638.3025, 410.893.3025 | Fax
www.harfordcountymd.gov/1757/Meal-Program-and-Menu

Lunch time meals are provided Monday–Friday at each of Harford County’s senior

activity centers for a minimal donation. Reservations can be made at your local senior center. Call centers for information. (See Office on Aging Senior Center entry for a list of centers).

The Senior Community Service Employment Program

Maryland Dept. of Labor, Licensing & Regulation
Susquehanna Workforce Network
www.swnetwork.org

The Susquehanna Workforce Network and the Division of Workforce Development and Adult Learning operate the region’s three workforce centers in cooperation with partner organizations and agencies. These centers improve access to information about jobs, training and workforce support throughout Maryland.

CORPORATE OFFICE

410 Girard Street
Havre de Grace, MD 21078
410.939.4240,
410.939.5171 | Fax

BEL AIR

Mary Risteau Building
2 S. Bond Street, Bel Air, MD 21014
410.836.4603

ELKTON

1275 W. Pulaski Highway
Elkton, MD 21921
410.996.0550

Social Security Administration

Supplemental Security Income (SSI)
Supplemental Security Disability Income (SSDI)
800.772.1213
www.ssa.gov

Programs provide monthly income for low-income people who are over age 65, blind, or have a disability. Individual must meet eligibility requirements to receive benefit.

Supplemental Security Income (SSI)

3435A Box Hill Corporation Center Drive
Abingdon, MD 21009
800.772.1213
www.socialsecurity.gov

Provides monthly income for low-income people who are over age 65, blind, or disabled.

Senior Citizen Resources

TAP (Telephone Assurance Program)

Citizens Care Center
415 S. Market Place
Havre de Grace, MD 21078
410.939.5500, ext. 243
410.939.3471 | Fax
www.citizenscarecenter.com

A daily communication service for those who live alone and who may need prompt help in case of an emergency.

Tax Counseling

Harford County Office on Aging
410.638.3425
www.aarp.org/money/taxaide

Volunteer, seasonal service that assists seniors and other income-eligible people in filling out their taxes free of charge.

VNA Home Health of Maryland

7008 Security Boulevard
Windsor Mill, MD 21244
888.523.5000
www.vnamd.com

VNA Home Health of Maryland is a Medicare Certified Home Care Agency and provides skilled nursing care and physical, occupational, and speech therapy to Harford County residents.

Wilson Ministry Center

1024 Main Street
Darlington, MD 21034
410.836.3555
wilsonministrycenter@gmail.com
www.wilsonministrycenter.org

Wilson Ministry provides a variety of educational, support, and outreach programs to the residents of Darlington and the surrounding areas. Offers before and after school care, summer camp programs, senior and teen activities. The Getting There Rideshare program provides seniors a ride to appointments and events. The Deer Creek Coffee House is a musical program provided once a month from September to June. Check website for details.

AFFORDABLE HOUSING

Burton Manor

601 Cornell Street
Aberdeen, MD 21001
410.272.7250

Housing is for senior citizens or people with disabilities only.

The Graw

100 Revolution Street
Havre de Grace, MD 21078
410.939.2736

Housing is for senior citizens or people with disabilities only.

Harborside Village Apartments

626 Towne Center Drive
Joppa, MD 21085
410.679.1130
410.538.8133 | Fax

Harford Senior Housing

300 Sunflower Drive
Bel Air, MD 21014
410.836.7009, 410.879.4450
410.879.4451
410.879.0054 | Fax

Housing is for senior citizens only. Last three years landlord references required

Perryman Station Senior Apartments

1222 Perryman Road
Aberdeen, MD 21001
410.273.9301

Affordable one and two-bedroom apartments for seniors 62 and older.

St. John's Commons

601 Pennington Avenue
Havre de Grace, MD 21078
410.942.0520
410.942.0524 | Fax

St. John's Towers

505 Congress Avenue
Havre de Grace, MD 21078
410.939.5040
410.939.6156 | Fax

Housing is for senior citizens only. Last three years landlord references required.

HARFORD COUNTY DEPARTMENT
OF COMMUNITY SERVICES

OFFICE ON AGING

The Harford County Department of Community Services' Office on Aging provides support to persons age 55 and over to live full, productive and satisfying lives.

Direct Numbers for Office on Aging Programs

Aging & Disability Resource Center (ADRC)
410-638-3303

Caregiver Program
410-638-3303

Guardianship Program
410-638-4283

Medicaid Waiver Program
410-638-4283

Ombudsman Program
410-638-3577

Outreach Programs
410-638-3303

Senior Care Program
410-638-3303

Senior Activity Centers
410-638-3032

State Health Insurance Program
410-638-3577

Senior Medicare Patrol Program
410-638-3577

[www.harfordcountymd.gov/
services/aging](http://www.harfordcountymd.gov/services/aging)
410.638.3025

Barry Glassman
Harford County Executive

Amber Shrodes
Director, Community Services

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"When 'I' is replaced by 'We', illness becomes wellness."

- Shannon L. Adler