"Working Together for Hope, Health, and Recovery: Honoring 25 Years of Supporting our Rural Communities. Maryland Rural Health Association

October 19, 2020

"Community Health Workers: Increasing in Strength and Capacity."

> Elizabeth Chung, Executive Director Asian American Center of Frederick

### History of Community Health Workers in Maryland

#### ▶ 2012

Maryland Community Health Resource Commission (CHRC) funded CHW programs as part of the Health Enterprise Zone (HEZ) Initiative

#### ➤ 2014 - 2015 HB 856/SB 592

Maryland General Assembly mandated the creation of a stakeholder workgroup regarding the Workforce Development for CHW in Maryland

#### > 2018 SB 163 (Chapter 441)

State Community Health Workers Advisory Committee is launched.

#### > 2019, Code of Maryland Regulations (COMAR) 10.68.01 and 10.68.02

Maryland established requirements for the MHD to certify CHWs and the accreditation of CHW certification programs.



## Perspectives of Community Health Resource Commission

## Since 2013:

14 past and current programs that expand the roles of CHWs for vulnerable, underserved individuals in urban and rural areas.

## **CHWs through CHRC grant funding:**

- Address gaps in the access to community services
- Provide care coordination across health care providers
- Provide clients with basic health education and health literacy; and
- Contribute to improving population health outcomes



The roles of CHW, as We Learned:

#### Based on Services provided by the program -

Advocacy

- Outreach and Enrollment
- Navigation
  Social-Emotional Support
  - Education Health Services

#### Based on CHW skills and background -

Education

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- Certification
- Training
- Communication

- Interpersonal & Relationship-Building
- Advocacy & Capacity-Building
- Facilitation and Motivational
  Interviewing
- Cultural Competence

## What happened in March 2020? Expanded CHWs Roles



# **COMMUNITY HEALTH PROGRAM MANAGEMENT**



MIMI-Rx is capable of managing, tracking, and providing reports on the performance of various community health programs within all socially determined categories such as:

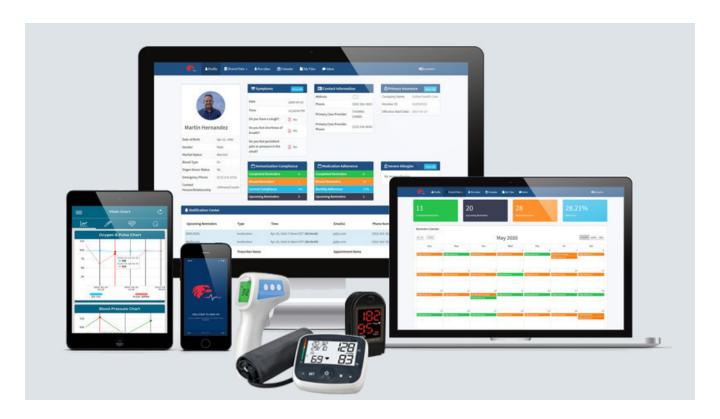
- Chronic Care Management (CCM)
- Diabetes Prevention Program (DPP)
- BehavioralHealth(PEARLS,HealthyIdeas)
- Nutrition Management (Meals On Wheels)

Holistic community health tracking and assessments, social determinant identification



## TELEHEALTH

# Complete interconnectivity and interoperability with all medical devices, platforms, and systems





# The expansion of CHW roles post COVID:

- Community Health Based Health
  Programs
- Chronic Disease Management
- Stroke, Diabetes, early detection
- Remote Check-Ins
- eVisits
- Physiological Screening
- Contact Tracing



## **Working with Physicians and Telehealth**

- Persistent Monitoring & Telehealth
- Referral to Sub-Specialist
- Active Monitoring for Chronic Disease Management
- Genomics insights, medication coordination, adherence tracking, drug-drug interactions and conflict alerts





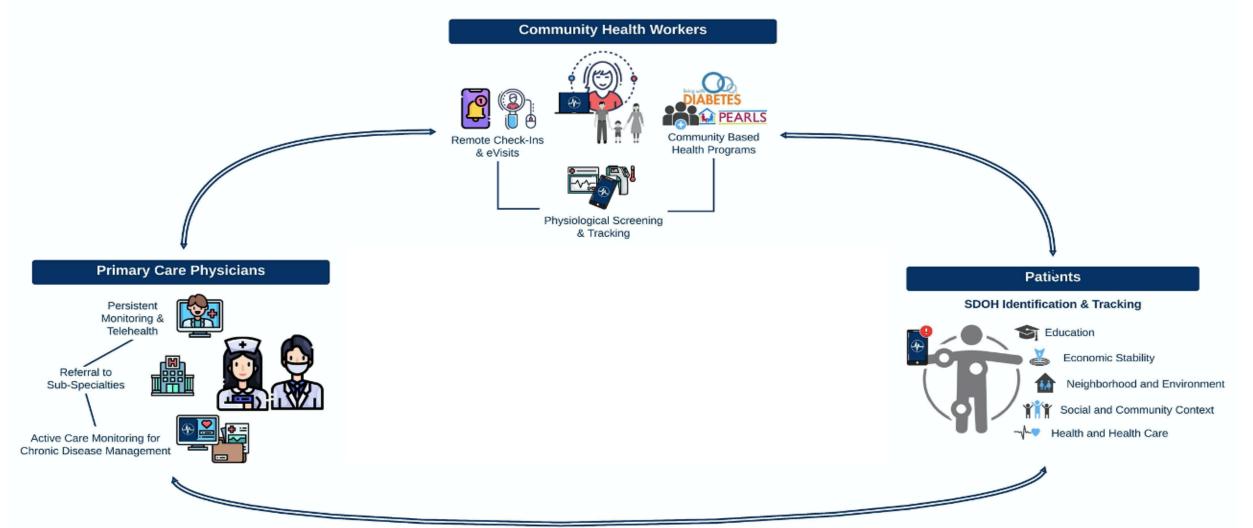
# **Working with Patients and Telehealth**

- SODH Identification & Tracking
- Education
- Economic Stability
- Neighborhood and Environment
- Social and Community Contact
- Health Equity
- Health Disparities
- Health Care











# THANK YOU!

