

Care Transitions Steering Committee

March 31, 2014

Mark Luckner
Executive Director
Maryland Community Health
Resources Commission
mark.luckner@maryland.gov

1

BACKGROUND ON THE COMMISSION

- **Community Health Resources Commission (CHRC) was created by the Maryland General Assembly in 2005 to expand access to health care for low-income Marylanders and underserved communities in the state.**
- **The CHRC is a quasi-independent agency operating within the Maryland Department of Health and Mental Hygiene. Its 11 members are appointed by the Governor.**
- **Since its inception, the CHRC has awarded 142 grants totaling approximately \$41.3 million supporting programs in all 24 jurisdictions in Maryland. These programs have collectively served more than 139,000 Marylanders.**
- **Grantees have utilized CHRC grant funding to leverage \$13.4 million in additional federal and private/non-profit resources.**

2

PRIMARY ACTIVITIES OF THE COMMISSION



1. **Issue annual Call for Proposals and award grants to expand access to care in underserved areas to improve population health**
2. **Support the State Health Improvement Process (SHIP) and Local Health Improvement Coalitions (LHIC); 24 grants totaling \$1.9 million**
3. **Implement Health Enterprise Zones (HEZs)**
 - \$4 million per year, four-year duration of the program
 - 1 urban, 2 rural, 2 suburban Zones designated
 - 47 new practitioners hired; 87 jobs added

3

SUPPORTING LHICS THROUGH GRANT AWARDS



- **Invested \$1.35 million to support SHIP and LHICs in FY 2014**

• Allegany County Health Department	\$185,048
• Cecil County Health Department	\$120,000
• The Partnerships for a Healthier Charles County	\$125,000
• Harford County Health Department	\$200,000
• Howard County Health Department	\$275,000
• Montgomery County Dept. of HHS	\$200,000
• Tri-County/Worcester County Health Department	\$250,000
- **These grants have supported the following activities in local communities:**
 - Development of new Patient-Centered Medical Homes (PCMHs)
 - Establish Community Health Worker (CHW) programs
 - Develop and implement regional diabetes care management teams
 - Support hospital ED diversion programs and identify primary and preventative care services in the community

4

FY 2014 CALL FOR PROPOSALS



- The FY 2014 Call for Proposals was designed to support proposals that support the state's ongoing efforts to:
 - (1) Expand access and build capacity;
 - (2) Address health disparities; and
 - (3) Reduce hospital admissions and readmissions.
- The FY 2014 Call for Proposals targeted six types of projects:
 - Infant mortality
 - Dental care
 - Expanding primary care
 - Behavioral health integration
 - Building safety net provider capacity
 - Childhood obesity
- The Call for Proposals generated 66 applications requesting \$27.1 million.
- The Commission awarded 20 grants for \$2.85 million projected to serve an estimated 50,000 individuals.

5

FY 2014 GRANT AWARDS



INFANT MORTALITY

- Access to Wholistic and Productive Living (\$50,000)
- Mary's Center (\$200,000)
- Calvert County Health Department (\$85,000)
- Planned Parenthood-Maryland (\$125,000)

BEHAVIORAL HEALTH

- Frederick Mental Health Association (\$120,000)
- Mosaic (\$300,000)
- Worcester County Health Department (\$250,000)

DENTAL CARE

- Allegany Health Right (\$45,000)
- Charles County Health Department (\$100,000)
- Frederick Community Action Agency (\$90,000)

CAPACITY OF SAFETY NET PROVIDERS

- Access Carroll (\$125,000)
- Health Partners (\$110,000)
- Allegany County Health Department (\$30,000)

ACCESS TO PRIMARY CARE

- West Cecil Community Health Center (\$180,000)
- Health Care for the Homeless (HCH) (\$140,000)
- Mobile Medical Care Aspen Hill Multicultural Clinic (\$180,000)
- Health Care Access Maryland (\$200,000)

CHILDHOOD OBESITY

- University of Maryland-Baltimore Department of Pediatrics (\$195,000)
- Baltimore City Health Department (\$275,000)
- Somerset County Health Department (\$50,000)

6

CHRC GRANT: MOSAIC'S NEXT GENERATION OF INTEGRATED HEALTH



- Focus on high need & high cost consumers in public mental health and addictions system and safety net providers
- Designing best practices in both primary care and behavioral health for integrated health; builds on EBPs and best practices
- Optimize ideal locus of care for consumers
- All individuals screened for somatic and BH needs
- Bi-directional – BH practitioners in somatic settings and PCPs in BH settings
- Utilizes the health home concept of population management-nurse care manager
- Provides integrated care training to practitioners
- Utilizes CRISP data to measure outcomes
- Optimizes the strengths of two successful organizations

7

MOSAIC COMMUNITY SERVICES



- BMS will place a primary care practitioner at the Charles Street location to augment primary care and BH practice at Mosaic
- All Mosaic BH clinicians will be screening for primary health and linking consumers to primary health needs
- Mosaic clinicians will have access to real time consultation and training with primary care practitioners on and off Mosaic site
- RN care manager will alert practitioners to at-risk clients needing additional intervention

8

BALTIMORE MEDICAL SYSTEMS



- Mosaic will place BH practitioners in 3 BMS sites
- Positive BH screen – immediate assessment by BH practitioner
- The BH assessment will determine need for short- or long-term intervention and specialty BH services
- PCPs will have access to real time consultation and training with psychiatrists and psych NPs
- RN care manager will alert practitioners to at-risk clients needing additional intervention

9

HEALTHCARE ACCESS MARYLAND



- Specializes in connecting Maryland residents to needed health services
- Intensive Care Coordination for the most vulnerable populations
- Targets those who experience homelessness, pregnant women and children, addiction treatment, and immigrant populations
- Access Health
- Embedded care coordinators onsite at Sinai Hospital
- Three care coordinators
- One program director

10

THE GOAL



FIND COST-EFFECTIVE WAYS TO:

- Reduce readmissions
- Eliminate unnecessary emergency room visits
- Control costs
- Improve health

ENGAGE COMMUNITY:

- Link patients to necessary primary and specialty care
- Cut across demographic lines
- Assist in system navigation
- Tear down environmental barriers for our clients

11

TARGETED SERVICES

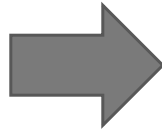


- Provides new access points for those with health disparities
- Expands primary care
- Reduces infant mortality
- Facilitates enrollment into Medical assistance
- Reduces hospital admissions/ readmissions
- Reduces visits to ED
- Patients being d/c meeting high utilizer criteria including:
 - Frequent visits
 - Unmanaged chronic conditions
 - Non-compliant w meds
- Non-emergency
- Uninsured requiring assistance in QHP

12

EXPECTED NUMBER SERVED

2,700 people
per year



Total reduction of ED visits by those with 4+ visits per year from 18,857 to 9,429 = 50% reduction.

EXPECTED OUTCOMES

- Increase access points to safety net providers for preventive and chronic conditions
- Increased % of pregnant mothers that access and engage in prenatal care to reduce infant mortality
- Reduce readmission rates for the target population
- Reduce high utilizer ED visits
- Increase proportions of person with health insurance to access primary health care