



MARYLAND Department of Health

Larry Hogan, Governor • Boyd Rutherford, Lt. Governor • Robert R. Neall, Secretary

The services and facilities of the Maryland Department of Health are operated on a non-discriminatory basis. This policy prohibits discrimination on the basis of race, color, sex, or national origin and applies to the provisions of employment and granting of advantages, privileges and accommodations.

The Department, in compliance with the Americans With Disabilities Act, ensures that qualified individuals with disabilities are given an opportunity to participate in and benefit from Department of Health services, programs, benefits, and employment opportunities.



Maryland Medicaid Home and Community-Based Long Term Care Services

2019



MARYLAND Department of Health

This guide describes Medicaid services that are designed to help individuals who are either interested in leaving an institution or who are at risk for institutionalization to remain in their homes. This guide describes the range of home and community-based services available through Medicaid and can help consumers, families, and health care professionals make informed decisions about long-term care services.

Maryland Medicaid offers home and community-based services for:

- Older adults;
- Persons with disabilities; and
- Children with chronic illnesses.

Maryland Medicaid's home and community-based services are offered through the regular Medicaid program and special Medicaid programs called "waivers." Each waiver has different eligibility criteria and target a different population, such as older adults or people with a certain disability.

For more information, visit:

<https://mmcp.health.maryland.gov/longtermcare/Pages/Home.aspx>.

Request more booklets by calling 410-767-5220.

Table of Contents

General Waiver Information	1
Waiver Information for Nursing Home Residents	3
Waivers	
The Brain Injury Waiver	5
The Community Pathways Waiver	7
The Community Supports Waiver	9
The Family Supports Waiver	11
The Home and Community-Based Options Waiver	13
The Medical Day Care Services Waiver	14
The Model Waiver for Medically Fragile Children	15
The Waiver for Children with Autism Spectrum Disorder	17
Programs and Services	
The Community First Choice Program (CFC)	19
The Community Personal Assistance Services Program (CPAS)	20
The Employed Individuals with Disabilities Program (EID)	21
Increased Community Services	22
Program of All-Inclusive Care for the Elderly (PACE)	23

Who is eligible for waiver services?

Individuals must meet medical, financial, and technical criteria to qualify for Medicaid-funded services. This guide outlines the basic eligibility criteria for each waiver program.

Financial Eligibility

Financial eligibility is based on both income and assets. Certain waiver programs may accept individuals with a different level of income than other traditional Medicaid programs. In these waivers, the monthly income limit in 2019 is \$2,313. Assets may not exceed \$2,000 or \$2,500, depending on eligibility category. The income standard is updated annually.

Income includes, but is not limited to:

- Wages, social security benefits, veteran’s benefits, pensions, annuities, self-employment income, and disability benefits.

Assets include, but are not limited to:

- Cash, bank accounts, stocks, bonds, mutual funds, and life insurance.

An individual’s home value may also be considered when calculating assets.

Individuals should not try to determine eligibility for waiver programs or any other Medical Assistance program based on the information provided in this booklet.

Trained Eligibility Case Managers make the final eligibility determination.

Medical Eligibility

Medical and functional needs will be assessed during the application process. For some programs, a trained professional can go to an individual’s home to assess health status and need for services.

Technical Eligibility

Most waivers target a specific age group or persons with a particular disability. Maryland Medicaid programs are available only to Maryland residents.

What services are available?

For each program described in this guide, there is a list of services unique to that program. All waiver participants also have access to traditional Medicaid services, including prescription drugs, physician care and hospital services.

Waiver Registry

There is a limit on the total number of participants who can be served in each waiver. When the waiver is at maximum capacity, the waiver will be closed to community applicants. In the event that a waiver has reached maximum capacity, interested persons may place themselves on the Waiver Services Registry or the Developmental Disabilities Administration’s Waiting List.

For the Community Options Waiver, call Maryland Access Point at 1-844-627-5465.

For the Autism Waiver, call 1-866-417-3480.

For the Community Pathways, Community Supports, and Family Supports Waivers, call your Developmental Disabilities Administration Regional Office noted on the following pages.

For the Model Waiver, call The Coordinating Center (TCC) at 410-987-1048 or 1-800-296-2242.

As spaces in the waiver program reopen, persons on the Waiver Services Registry or Waiting List will be notified in turn.

More Information

See the description for each waiver program in the pages that follow for information on who to contact regarding questions and additional information.

You may also visit:

<https://mmcp.health.maryland.gov/waiver/programs/Pages/Home.aspx>.

Waiver Information for Nursing Home Residents

Individuals who currently reside in nursing homes may also apply for waiver services. Eligibility for a waiver program depends on the specific eligibility requirements for each waiver.

Special Exception for Nursing Home Residents

Each waiver program has a maximum number of participants who can be served. In some cases, a waiver program may have met maximum capacity and may not accept new applicants.

An individual who is a resident of a nursing facility with at least 30 consecutive days of the individual's nursing facility stay, eligible to be paid for by Medicaid, can apply from the nursing facility for the following waivers:

- Brain Injury Waiver
- Community Options
- Community Pathways
- Community Supports Waiver
- Family Supports Waiver

Persons may apply even if waivers reach their maximum capacity.



The Brain Injury Waiver

The Brain Injury Waiver provides services to individuals who are currently residing in state psychiatric hospitals, state-owned and operated facilities, chronic hospitals that are accredited for brain injury rehabilitation, or for whom Maryland is paying for services in an out-of-state facility.

Services that may be provided include:

- Case management
- Day habilitation
- Individual support services
- Medical day care
- Residential habilitation
- Supported employment
- All other standard Medicaid services

Technical Eligibility

Age 22 to 64. The brain injury must have occurred after the age of 17.

Financial Eligibility

Eligibility for Medicaid depends on an individual's income and assets. Individuals are encouraged to apply so that financial eligibility may be determined.

Medical Eligibility

Individuals must be diagnosed with a brain injury and meet the level of care required to qualify for nursing facility or chronic hospital services.

More Information

Contact the Behavioral Health Administration at:

- 410-402-8476
- TTY: 1-800-735-2258

You may also contact the Brain Injury Resource Coordinator at 410-448-2924 or 1-800-221-6443.



The Community Pathways Waiver

The Community Pathways Waiver is administered by the Developmental Disabilities Administration and provides services and supports in the community for individuals with developmental disabilities. Services are delivered under the self-directed or traditional service delivery models provided by qualified providers (i.e., individuals, community-based service agencies, vendors and entities) throughout the state.

Services that may be provided include:

- Assistive technology and services
- Behavioral support services
- Career exploration
- Community development services
- Community living — enhanced supports
- Community living — group home
- Day habilitation
- Employment discovery and customization
- Employment services
- Environmental assessment
- Environmental modifications
- Family and peer mentoring supports
- Family caregiver training and empowerment
- Fiscal management services*
- Housing support services
- Individual and family directed goods and services*
- Live-in caregiver supports
- Medical day care
- Nurse consultation
- Nurse health case management
- Nurse case management and delegation
- Participant education, training and advocacy supports
- Personal Supports
- Remote support services
- Respite care services
- Shared living
- Support broker services*
- Supported employment
- Supported living
- Transition services
- Transportation
- Vehicle modifications
- All other standard Medicaid services

Technical Eligibility
No age limitation.

*Available to people using the self-directing services delivery model.

Financial Eligibility
Eligibility for Medicaid depends on an individual’s income and assets. Individuals are encouraged to apply so that financial eligibility may be determined.

Medical Eligibility
Individuals must meet the level of care required to qualify for services in an

intermediate care facility for individuals with intellectual disabilities.

More Information

Contact your Developmental Disabilities Administration Regional Office:

Central Maryland 410-234-8200
Anne Arundel County Toll-free 1-877-874-2494
Baltimore City TTY: 1-800-735-2258
Baltimore County
Harford County
Howard County

Southern Maryland 301-362-5100
Calvert County Toll-free: 1-888-207-2479
Charles County TTY: 1-800-735-2258
Montgomery County
Prince George’s County
St. Mary’s County

Eastern Shore 410-572-5920
Caroline County Toll-free: 1-888-219-0478
Cecil County TTY: 1-800-735-2258
Dorchester County
Kent County
Queen Anne’s County
Somerset County
Talbot County
Wicomico County
Worcester County

Western Maryland 301-791-4670
Allegany County Toll-free: 1-888-791-0193
Carroll County TTY: 1-800-735-2258
Frederick County
Garrett County
Washington County

The Community Supports Waiver

The Community Supports Waiver is administered by the Developmental Disabilities Administration and provides services and supports in the community for individuals with developmental disabilities. Services are delivered under either the self-directed or traditional service delivery models provided by qualified providers (i.e., individuals, community-based service agencies, vendors and entities) throughout the state.

Services that may be provided include:

- Assistive technology and services
- Behavioral support services
- Career exploration
- Community development services
- Day habilitation
- Employment discovery and customization
- Employment services
- Environmental assessments
- Environmental modifications
- Family caregiver training and empowerment
- Family and peer mentoring supports
- Housing support services
- Individual and family-directed goods and services
- Medical day care
- Nurse consultation
- Nurse health case management
- Nurse case management and delegation
- Participant education, training and advocacy supports
- Personal supports
- Respite care services
- Support broker services*
- Supported employment
- Transportation
- Vehicle modifications

*Available to people using the self-directing services delivery model.

Technical Eligibility

No age limitation.

Financial Eligibility

Eligibility for Medicaid depends on an individual’s income and assets. Individuals are encouraged to apply so that financial eligibility may be determined.

Medical Eligibility

Individuals must need the level of care required to qualify for services in an intermediate care facility for individuals with intellectual disabilities.

More Information

Contact your Developmental Disabilities Administration Regional Office:

Central Maryland

Anne Arundel County
 Baltimore City
 Baltimore County
 Harford County
 Howard County

410-234-8200

Toll-free: 1-877-874-2494
 TTY: 1-800-735-2258

Southern Maryland

Calvert County
 Charles County
 Montgomery County
 Prince George’s County
 St. Mary’s County

301-362-5100

Toll-free: 1-888-207-2479
 TTY: 1-800-735-2258

Eastern Shore

Caroline County
 Cecil County
 Dorchester County
 Kent County
 Queen Anne’s County
 Somerset County
 Talbot County
 Wicomico County
 Worcester County

410-572-5920

Toll-free: 1-888-219-0478
 TTY: 1-800-735-2258

Western Maryland

Allegany County
 Carroll County
 Frederick County
 Garrett County
 Washington County

301-791-4670

Toll-free: 1-888-791-0193
 TTY: 1-800-735-2258

The Family Supports Waiver

The Family Supports Waiver is administered by the Developmental Disabilities Administration and provides individual and family supports for children birth up to 22 years with a developmental disability. Services are delivered using either the self-directed or traditional service delivery models provided by qualified providers (i.e., individuals, community-based service agencies, vendors, and entities) throughout the state.

Services that may be provided include:

- Assistive technology services
- Behavioral support services
- Environmental assessments
- Environmental modifications
- Family caregiver training and empowerment
- Family and peer monitoring supports
- Fiscal management services*
- Housing support services
- Individual and family-directed goods and services
- Nurse consultation
- Nurse case management and delegation
- Participant education, training and advocacy supports
- Personal supports
- Respite care services
- Supports Broker Services*
- Transportation
- Vehicle modifications

*Available to people using the self-directing services delivery model.

Technical Eligibility

Children and young adults 21 years and younger.

Financial Eligibility

Eligibility for Medicaid depends on an individual's income and assets. Individuals are encouraged to apply so that financial eligibility may be determined.

Medical Eligibility

Individuals must need the level of care required to qualify for services in an intermediate care facility for individuals with intellectual disabilities .

More Information

Contact your Developmental Disabilities Administration Regional Office:

Central Maryland

Anne Arundel County
 Baltimore City
 Baltimore County
 Harford County
 Howard County

410-234-8200

Toll-free: 1-877-874-2494
 TTY: 1-800-735-2258

Southern Maryland

Calvert County
 Charles County
 Montgomery County
 Prince George's County
 St. Mary's County

301-362-5100

Toll-free: 1-888-207-2479
 TTY: 1-800-735-2258

Eastern Shore

Caroline County
 Cecil County
 Dorchester County
 Kent County
 Queen Anne's County
 Somerset County
 Talbot County
 Wicomico County
 Worcester County

410-572-5920

Toll-free: 1-888-219-0478
 TTY: 1-800-735-2258

Western Maryland

Allegany County
 Carroll County
 Frederick County
 Garrett County
 Washington County

301-791-4670

Toll-free: 1-888-791-0193
 TTY: 1-800-735-2258

The Home and Community-Based Options Waiver

The Home and Community-Based Options Waiver provides services for older adults and individuals with physical disabilities in order for them to live at home or an assisted living facility instead of a nursing facility. The Maryland Department of Health administers this waiver.

Services that may be provided include:

- Assisted living services (not including room and board)
- Behavior consultation services
- Case management
- Dietitian and nutritionist services
- Medical day care
- Senior Center Plus
- All other standard Medicaid Services, including Community First Choice, if living at home

Technical Eligibility

Age 18 and older.

Financial Eligibility

Eligibility for Medicaid depends on an individual’s income and assets. Individuals are encouraged to apply so that financial eligibility can be determined.

Medical Eligibility

Individuals must need the level of care required to qualify for nursing facility services.

More Information

Contact the Maryland Access Point at 1-844-627-5465.

The Medical Day Care Services Waiver

The Medical Day Care Services Waiver is administered by the Maryland Department of Health and offers qualified Medicaid participants services in a community-based day care center. Day care centers operate five to seven days a week providing services four to twelve hours per day.

Services that may be provided include:

- Activity programs
- Daily living skills enhancement
- Daily living skills training
- Meals
- Medication monitoring
- Nutrition services
- Personal care
- Skilled nursing and nursing assessments
- Social work services
- Therapy
- Transportation

Technical Eligibility

Individuals must be at least 16 years old and must not be enrolled in another Home and Community-Based Services waiver.

Financial Eligibility

Individuals must qualify for community Medicaid.

Medical Eligibility

Individuals must meet the level of care required to qualify for nursing facility services.

More Information

Contact the Maryland Department of Health at:

- 410-767-1444 or
- TTY: 1-800-735-2258

The Model Waiver for Medically Fragile Children

The Model Waiver for Medically Fragile Children is administered by the Maryland Department of Health and allows children with complex medical needs to receive medical care in their homes instead of in a hospital, nursing facility or other long-term care facility.

Services that may be provided include:

- Case management
- Home health aide assistance
- Medical day care
- Physician participation in the plan of care development
- Private duty nursing
- All other standard Medicaid services

Technical Eligibility

Birth through age 21.

Financial Eligibility

Financial eligibility is based on the income and assets of the child alone without consideration of the parents' financial status.

Medical Eligibility

The child must have complex medical needs, be at risk of long-term hospitalization and need the level of care required to qualify for either nursing facility or chronic hospital services.

More Information

Contact the The Coordinating Center (TCC) at:

- 410-987-1048 or 301-621-7830; or
- Toll-free: 1-800-296-2242; or
- TTY: 1-800-735-2258



The Waiver for Children with Autism Spectrum Disorder

The Waiver for Children with Autism Spectrum Disorder is administered by the Maryland State Department of Education. The local school systems provide or arrange for case management services, called service coordination. The local lead agencies and school systems help individuals access many of the community services offered through this waiver.

Services that may be provided include:

- Adult life planning
- Environmental accessibility adaptations
- Family consultation
- Intensive individual support services
- Intensive residential habitation
- Respite care
- Service coordination
- Residential habitation
- Therapeutic integration
- Intensive therapeutic integration
- All other standard Medicaid services

Technical Eligibility

Children/young adults must be between ages one through the end of the school year in which the youth turns 21 years old. Children must have an Individualized Family Service Plan (IFSP) or an Individualized Education Plan (IEP) and be receiving at least 15 hours of special education services per week.

Financial Eligibility

Financial eligibility is based on the income and assets of the child or young adult alone without consideration of parents' financial status.

Medical Eligibility

Children/young adults who are diagnosed with Autism Spectrum Disorder are eligible. These children must meet the institutional level of care criteria and must be able to live

in the community with the services available under this waiver.

More Information

Contact your local school system and ask to speak to the Autism Waiver Coordinator.

You may also call the Maryland State Department of Education at:

- 410-767-1446;
- Toll-free: 1-888-246-0016; or

Interested persons may place their name on the Waiver Services Registry by calling 1-866-417-3480.



The Community First Choice Program

The Community First Choice Program provides home and community-based services to older adults and individuals with disabilities. This program is administered by the Maryland Department of Health.

Services that may be provided include:

- Personal assistance
- Personal emergency response system
- Home-delivered meals
- Items that substitute for human assistance
- Environmental assessments and adaptations
- Consumer training
- Nurse monitoring of personal assistants
- Supports planning services

Technical Eligibility

There is no age limitation. Individuals must reside in a community setting.

Financial Eligibility

Individuals must qualify for Medicaid in the community.

Medical Eligibility

Individuals must meet the institutional level of care.

More Information

Contact Maryland Access Point at 1-844-627-5465.

The Community Personal Assistance Services Program

The Community Personal Assistance Services Program provides in-home personal assistance services to older adults and individuals with disabilities. Services may be provided in the workplace. The Maryland Department of Health administers this program.

Technical Eligibility

There is no age limitation.

Financial Eligibility

Individuals must qualify for Medicaid in the community.

Medical Eligibility

An individual must require assistance to perform activities of daily living.

More Information

Contact Maryland Access Point at 1-844-627-5465.

The Employed Individuals with Disabilities Program

The Employed Individuals with Disabilities Program expands traditional fee-for-service Medicaid to individuals with disabilities who are working. The Employed Individuals with Disabilities Program is administered by the Maryland Department of Health.

Technical Eligibility

This program is for individuals, age 18 to 64 years, with disabilities, who are citizens or qualified aliens and are currently employed.

Financial Eligibility

Income is at or below 300 percent of the Federal Poverty Level (if applicable, spouse's income is included) and assets that do not exceed \$10,000 for an individual and \$15,000 for a couple.

For certain individuals, enrollment is free. For others, a small fee of \$25 to \$55 a month will be charged, based on income.

Fee-for-Service Medicaid includes:

- Inpatient hospital services
- Outpatient services
- Physician and clinic visits
- X-rays and lab tests
- Prescription drugs subject to co-pays
- Personal care services in the home and workplace

More Information

Call toll free 1-866-373-9651 or 1-866-373-9652 (TTY).

Increased Community Services (ICS)

The Increased Community Services program allows eligible individuals in nursing facilities to return to their homes and communities and receive specific waiver and Medicaid services, as long as it is cost-neutral.

Services that may be provided include:

- Assisted living
- Assistive technology
- Behavioral consultation services
- Dietitian/nutrition services
- Environmental assessment
- Environmental accessibility adaptation
- Family training
- Home-delivered meals
- Medical day care
- Personal assistance
- Personal emergency response system
- Supports planning
- Senior Center Plus

Technical Eligibility

Individuals must be 18 years of age or older, reside in a nursing facility for at least 90 days prior to application and meet eligibility guidelines before transitioning to the community. Individuals currently receiving services through the Home and Community-Based Options Waiver whose income exceeds the income eligibility threshold by no more than five percent may also apply.

Financial Eligibility

Individuals living in nursing facilities with incomes above 300 percent of Supplemental Security Income may move into the community while also permitting them to keep income up to 300 percent of Social Security Income.

Medical Eligibility

Individuals must meet nursing facility level of care.

More Information

Contact Maryland Access Point at 1-844-627-5465.

The Program of All-Inclusive Care for the Elderly (PACE)

The Program of All-Inclusive Care for the Elderly provides comprehensive medical and social services to older adults. The PACE program is jointly administered through the Centers for Medicare and Medicaid Services and the Maryland Department of Health.

PACE is designed to provide and coordinate all needed preventive, primary, acute and long-term care services so that older individuals can continue living in the community. PACE program services are offered through Hopkins ElderPlus, located on the campus of Johns Hopkins Bayview Medical Center.

Services that may be provided include:

- Adult day care
- Case management
- Home health care
- Meals
- Medical equipment
- Nursing facility services
- Nutritional counseling
- Personal and supportive services
- Prescription medications
- Physician services
- Restorative therapies
- Recreational therapy
- Social services
- Transportation
- All other standard Medicaid services and/or Medicare services (if eligible)

Technical Eligibility

Age 55 and older. Participants must have the potential to live safely in the community with Hopkins ElderPlus assistance.

If you are eligible for Medicare and/or Medicaid, PACE takes the place of the standard Medicare and/or Medicaid Programs.

Enrollment in the PACE program results in dis-enrollment from any other Medicare or Medicaid plan.

Participants must also live within one of the following service area zip codes:

21202	21214	21220	21227
21205	21217	21221	21231
21206	21218	21222	21237
21213	21219	21224	21052

Financial Eligibility

Eligibility for Medicaid depends on an individual’s income and assets. Individuals are encouraged to apply so that financial eligibility may be determined. For individuals who do not meet the Medicaid financial eligibility requirements, there is the option to pay privately.

Medical Eligibility

Individuals must need the level of care required to qualify for nursing facility services.

Other Requirements

Participants must receive all of their health care through the PACE program, except for emergency services.

More Information

Contact Hopkins ElderPlus: 410-550-7044 or 410-550-0316 (TTY).

