

Has a doctor ever told you that you have diabetes?

Yes

What type of diabetes?

Type 1 or 2

Type 2

Is this a new diagnosis?

OR

Do you need assistance with medical management, such as keeping blood sugar under control, help with an insulin pump or glucose monitor?

Do you want to feel more confident about taking care of your diabetes?

OR

Are you without medical insurance or have trouble with your copay?

Diabetes Self-Management Education (DSME)

Living Well with Diabetes - A Diabetes Self-Management Program (DSMP)

No

Has a doctor ever told you that you have prediabetes or gestational diabetes?

No OR Unsure

Take the online quiz [here](#).

Are you at risk?

Yes

No

Yes

Diabetes Prevention Program (DPP)

If yes, Diabetes Prevention program (DPP).

If no, keep living a healthy lifestyle.