

Office for Genetics and People with Special Health Care Needs
Maryland Department of Health
Prevention and Health Promotion Administration



TRAINING TOPICS

FAMILY PERSPECTIVE

Participants will be able to describe and have increased sensitivity to how families with CYSHCN are impacted by their child's special needs, from the perspective of a parent.

CAREGIVER STRESS

Participants will be able to explain caregiver stress, its causes, and learn some ways to help relieve the stress.

FINANCIAL STRESSORS

Participants will learn about the financial losses and expenses associated with having a child with special health care needs.

THE JOYS OF SPECIAL NEEDS CHILDREN

Highlights what parents of special needs children already know: How these children can be a joy and blessing to their families!

Do you work with children and youth with special health care needs (CYSHCN) and their families?

If so, we offer **FREE** trainings for employees in your organization:

- Trainings are geared to help your employees better understand the CYSHCN population and to develop a strong family professional partnership
- Each training can be done in as little as an hour, though one and a half hours would be ideal
- Trainings can be easily modified to fit your organization's needs and goals
- We can come to you, or hold the training by webinar, whatever is most convenient for you

Presenter: Parent Resource Coordinator Angela Sittler, has more than 15 years of experience working with CYSHCN and she is the parent to two children with special needs. If you are interested in one of the trainings we offer, or would like more information, please contact Angela at 410-767-1063.

Visit us at: <https://phpa.health.maryland.gov/genetics/Pages/home.aspx>

Resource Locator: specialneeds.dhmh.maryland.gov