

2021 Maryland Reproductive Health Roundtable Virtual Series

The 2021 Maryland Reproductive Health Roundtable Virtual Learning Series (RHR) is a statewide, multiple-session series spanning across summer 2021 to share education and information around reproductive health and family planning in the state of Maryland. These sessions invited public health professionals and clinical providers from city, county, and state agencies as well as health care institutions, community-based organizations, and academic partners. Below you will find recordings of the sessions as well as corresponding resources. The topics addressed were based on priority challenges and opportunities in reproductive health care.

The Series was hosted by the Maryland Department of Health in partnership with the Baltimore City Health Department. Special thanks to Healthy Teen Network for technical assistance with the series. For additional resources, please check out the Maryland Family Planning and Reproductive Health page: https://phpa.health.maryland.gov/mch/Pages/fp_home.aspx.

Video recordings and materials are available by clicking the links below.

[Preconception Care and Family Planning Counseling in the Time of COVID-19 and Beyond](#)

Session 1: Tuesday May 25, 2021

This “keynote conversation” connects leaders of health organizations from federally qualified health centers (FQHCs) to Title X clinics to facilitate a virtual conversation about what they have experienced providing reproductive health care during COVID and what they envision reproductive health care after COVID can look like in Maryland.

- [Dr. Raegan McDonald-Mosley](#) - CEO, Power to Decide
- [Sonja Bachus](#) - CEO, Greater Baden Medical Services
- Dr. Anish Patel - CMO, Greater Baden Medical Services
- [Alicia Tomlinson](#) - Nurse Practitioner, Greater Baden Medical Services

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[Screening, Brief Intervention, and Referral to Treatment \(SBIRT\) Trainings and Interventions in Maryland](#)

Session 2: Tuesday June 8, 2021

This session discusses SBIRT evidence-based training, leadership development, and technical assistance to behavioral healthcare providers and consumers to enhance prevention, health promotion, and treatment and recovery services. This session will highlight the work being done with the healthcare workforce in Maryland to develop the knowledge, attitude, and skills to deliver SBIRT in caring for diverse populations across the continuum of substance use.

- [Brianna Deko](#) - Clinical Education and Training, Planned Parenthood of Maryland

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INTERACTIVE CASE STUDY IN REPRODUCTIVE HEALTH - SESSION A

Tuesday June 15, 2021

This interactive session centers on motivational interviewing and the application of this practice into patient-centered sexual and reproductive health care. Motivational Interviewing (MI) is an evidence-based approach to behavior change through a collaborative, goal-oriented style of communication with particular attention to the language of change. It is designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the person's own reasons for change within an atmosphere of acceptance and compassion.

- Dr. Nishant Shah and [Guli Fager](#) – UCSF Bixby Beyond the Pill Trainers

Maryland Maternal and Child Health Outcomes

Session 3: Tuesday June 22, 2021

This is a presentation on the state and impact of maternal and child health (MCH) programming in Maryland. The Maternal and Child Health Bureau works to promote and improve the health and well-being of women, children, and families to reduce inequities and improve outcomes in Maryland. MCH programs strengthen and support the maternal and child health system of care to ensure the availability and accessibility of high-quality preventive, primary, and specialty care services.

- [Dr. Shelly Choo](#) - Director of the Maternal and Child Health Bureau, Maryland Department of Health

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Mental Health During COVID - Coping Strategies and Referral to Care for Staff and Patients

Session 4: Tuesday July 6, 2021

This session centers on providing an overview and creating a discussion around the mental health effects of loss (life, normalcy, expectations, etc.) as a result of the COVID-19 pandemic. Dr. Laretta Halstead provides coping strategies for health care providers and their patients to use during and following the pandemic.

- [Dr. Laretta Halstead](#) - Author and member of Black Mental Health Alliance

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INTERACTIVE CASE STUDY IN REPRODUCTIVE HEALTH - SESSION B

Tuesday July 13, 2021

This interactive session centers on implicit bias and its impact on the quality of care a patient may receive in sexual and reproductive health care settings. In Maryland, and across the US, people of color face disparities in access to health care, the quality of care received, and health outcomes. The attitudes and behaviors of health care providers have been identified as one of many factors that contribute to health disparities. Implicit attitudes are thoughts and feelings that often exist outside of conscious awareness, and thus are difficult to consciously acknowledge and control. These attitudes are often automatically activated and can influence human behavior without conscious volition.

- Dr. Nishant Shah and Guli Fager – UCSF Bixby Beyond the Pill Trainers

[Intimate Partner Violence and Reproductive Coercion During COVID](#)

Session 5: Tuesday July 20, 2021

The COVID-19 pandemic has exacerbated domestic violence in Maryland and across the US. This session provides an overview of intimate partner violence and reproductive coercion, as well as how healthcare professionals can screen for it in clinics and provide appropriate support for their patients. The presentation will include suggestions for how family planning professionals can mitigate this urgent issue during telemedicine visits or in-person clinical visits.

- [Lindsay Roemer](#) - Education Manager, Planned Parenthood of Maryland

[Intimate Partner Violence During Covid Resource Sheet](#)

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[Mandated Reporting in Maryland](#)

Session 6: Tuesday August 3, 2021

This presentation is facilitated by the Baltimore Child Abuse Center (BCAC). They provide content on best practices, better laws, and proper responses when abuse is suspected, in order to best prepare professionals and community members in Baltimore and beyond to identify and report suspected abuse. BCAC's mission is to provide victims of child sexual abuse, trauma, and other adverse childhood experiences (ACEs) in Baltimore and their non-offending caretakers with comprehensive forensic interviews, medical treatment, and mental health treatment, with a goal of preventing future trauma.

- [Dr. Wendy Gwartzman Lane](#) - Medical Director, Baltimore Child Abuse Center

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[INTERACTIVE CASE STUDY IN REPRODUCTIVE HEALTH - SESSION C](#)

Tuesday August 10, 2021

This interactive session centers on how to support adolescent health, access to health care, and other health education engagement during the COVID-19 pandemic and beyond. The pandemic has affected adolescents directly and indirectly. Beyond getting sick, the social, emotional, and mental well-being of many adolescents has been impacted by the pandemic. Trauma faced at this developmental stage may have long-term consequences across their lifespan. It is important to ensure that adolescents receive continuity of health care.

- Dr. Nishant Shah and Guli Fager – UCSF Bixby Beyond the Pill Trainers

[Sexual Health Care and Expedited Partner Therapy](#)

Session 7: Tuesday August 17, 2021

This presentation talks about the services of expedited partner therapy (EPT) available in Maryland and how to support patients and their partners in safe and healthy sexual health practices. EPT helps to reduce the likelihood of repeat infection in the index patient and to prevent the further spread of infection. It serves as a valuable option for treating partners who are unlikely or unable to seek medical care.

- [Elisabeth Liebow](#) - Chief of Division of Policy, Planning and Communication at Maryland Department of Health Center for STI Prevention

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50th Anniversary of Title X and the Importance of Family Planning Health Care and Services

Session 8: Tuesday August 31, 2021

This session is the culmination of the virtual learning series and highlights all of the achievements and hard work of the healthcare professionals who are part of and connected to Title X family planning and reproductive health care services. The federally-funded Title X program supports high-quality, culturally sensitive family planning services and other preventive health care for low-income, under-insured, and uninsured individuals who may otherwise lack access to health care.

- [Clare Coleman](#) - President & CEO, National Family Planning & Reproductive Health Association (NFPRHA)

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