

Maryland

MARYLAND

OVERALL RANK:

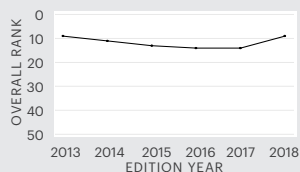
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Change: ▲ 5

Determinants Rank: **12**

Outcomes Rank: **12**



Strengths:

- High percentage of HAI reporting policies
- High percentage of able-bodied seniors
- Low prevalence of smoking

Challenges:

- Low community support expenditures
- High prevalence of physical inactivity
- Low home health care worker rate

Highlights:

- In the past year, four- or five-star rated nursing home beds increased 12% from 41.5% to 46.4% of certified nursing home beds
- In the past year, poverty increased 12% from 7.3% to 8.2% of adults aged 65+
- In the past two years, low-care nursing home residents decreased 14% from 7.4% to 6.4% of residents
- In the past four years, falls increased 22% from 23.4% to 28.6% of adults aged 65+
- In the past four years, suicide increased 16% from 11.8 to 13.7 deaths per 100,000 adults aged 65+
- In the past five years, smoking decreased 22% from 9.2% to 7.2% of adults aged 65+

Ranking:

Maryland is ninth this year; it was 14th in 2017. The state ranks 16th for general population health and 16th for the health of women and children.

State Health Department Website:
dhmh.maryland.gov

	Rating	2018 Value	2018 Rank	No. 1 State
Behaviors				
Dental Visit (% of adults aged 65+)	++++	70.3	16	77.9
Excessive Drinking (% of adults aged 65+)	++++	6.1	20	2.6
Obesity (% of adults aged 65+)	+++	29.2	30	16.0
Pain Management (% of adults aged 65+ with arthritis)	+++++	60.8	2	62.8
Physical Inactivity (% of adults aged 65+ in fair or better health)	+++	29.6	26	19.1
Smoking (% of adults aged 65+)	+++++	7.2	7	3.7
Behaviors Total*	+++++	0.136	6	0.297

	Rating	2018 Value	2018 Rank	No. 1 State
Community & Environment				
Nursing Home Quality (% of four- & five-star beds)	++	46.4	36	65.2
Poverty (% of adults aged 65+)	++++	8.2	20	4.2
Volunteering (% of adults aged 65+)	+++	25.4	26	45.9
Community & Environment—Macro Total*	+++	0.013	26	0.139
Community Support (dollars per adult aged 60+ in poverty)	++	\$280	40	\$3,675
Food Insecurity (% of adults aged 60+)	++++	11.2	12	6.1
Home-delivered Meals (Meals per 100 adults aged 60+ with independent living difficulty)	+	4.7	47	42.0
Community & Environment—Micro Total*	+++	-0.002	27	0.182
Community & Environment Total*	+++	0.011	28	0.296

	Rating	2018 Value	2018 Rank	No. 1 State
Policy				
Geriatrician Shortfall (% of geriatricians needed)	+++++	39.6	3	22.7
Health Care Associated Infection (HAI) Policies (% of policies in place)	+++++	83.3	1	83.3
Low-care Nursing Home Residents (% of residents)	+++++	6.4	6	3.8
Prescription Drug Coverage (% of Medicare enrollees aged 65+)	+	76	50	89
SNAP Reach (participants per 100 adults aged 60+ living in poverty)	++++	82.1	13	126.2
Policy Total*	+++++	0.085	8	0.178

	Rating	2018 Value	2018 Rank	No. 1 State
Clinical Care				
Dedicated Health Care Provider (% of adults aged 65+)	+++++	96.1	5	97.1
Diabetes Management (% of Medicare enrollees aged 65 to 75)	++++	79.9	19	84.8
Flu Vaccine (% of adults aged 65+)	++++	61.2	17	67.5
Health Screenings (% of seniors with recommended screenings)	+++++	74.5	16	80.0
Home Health Care (number of workers per 1,000 adults aged 75+)	+	72.8	43	264.2
Hospice Care (% of Medicare decedents aged 65+)	++	49.3	32	65.8
Hospital Deaths (% of Medicare decedents aged 65+)	++	22.5	36	14.3
Hospital Readmissions (% of hospitalized Medicare enrollees aged 65+)	+++++	0.0	0	12.2
Preventable Hospitalizations (discharges per 1,000 Medicare enrollees)	++++	46.7	20	23.3
Clinical Care Total*	+++	0.006	21	0.086
All Determinants*	++++	0.238	12	0.549

	Rating	2018 Value	2018 Rank	No. 1 State
Outcomes				
Able-bodied (% of adults aged 65+)	+++++	68.7	4	69.0
Early Death (deaths per 100,000 adults aged 65 to 74)	+++	1,740	24	1,357
Falls (% of adults aged 65+)	++++	28.6	15	24.8
Frequent Mental Distress (% of adults aged 65+)	++++	6.8	16	4.2
High Health Status (% of adults aged 65+)	++++	45.0	17	52.0
Hip Fractures (hospitalizations per 1,000 Medicare enrollees)	++++	5.3	18	3.2
ICU Use (% of Medicare decedents aged 65+)	+++	11.0	22	4.4
Teeth Extractions (% of adults aged 65+)	+++++	11.3	9	5.6
All Outcomes*	++++	0.141	12	0.288
OVERALL*	+++++	0.378	9	0.737

* Value indicates z score. Negative scores are below U.S. value; positive scores are above U.S. value. For complete definitions of measures including data sources and years, see Table 7.

