

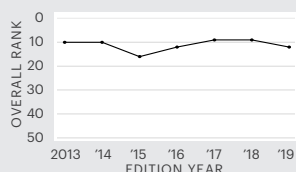
Maryland

MARYLAND

OVERALL RANK:
12



Change: ▼ 3
Determinants Rank: **13**
Outcomes Rank: **11**



Strengths:

- High flu vaccination coverage
- High prevalence of seniors with a dedicated provider
- High percentage of volunteerism

Challenges:

- Low percentage of home-delivered meals
- Low home health care worker rate
- Low community support expenditures

Highlights:

- In the past five years, obesity increased 19% from 26.2% to 31.2% of adults aged 65+
- In the past three years, community support decreased 25% from \$358 to \$270 per adult aged 60+ in poverty
- In the past year, SNAP reach increased 11% from 86.0 to 95.6 participants per 100 adults aged 60+ in poverty
- In the past six years, hospice care use increased 63% from 32.6% to 53.0% of Medicare decedents aged 65+
- In the past four years, ICU use in the last six months of life decreased 14% from 12.5% to 10.7% of decedents aged 65+
- In the past six years, depression increased 55% from 9.2% to 14.2% of adults aged 65+

Ranking:

Maryland is 12th this year; it was ninth in 2018. The state ranks 19th for general population health and 16th for the health of women and children.

State Health Department Website:
health.maryland.gov

	Rating	2019 Value	2019 Rank	No. 1 State
Behaviors				
Arthritis Management (% of adults aged 65+ with arthritis)	+++++	56.4	6	60.0
Dental Visit (% of adults aged 65+)	++++	70.3	16	77.9
Excessive Drinking (% of adults aged 65+)	++++	6.3	15	3.4
Obesity (% of adults aged 65+)	++	31.2	37	19.8
Physical Inactivity (% of adults aged 65+ in fair or better health)	+++	29.6	22	20.0
Smoking (% of adults aged 65+)	++++	8.2	15	5.1
Behaviors Total*	++++	0.079	12	0.274

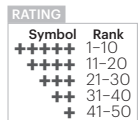
	Rating	2019 Value	2019 Rank	No. 1 State
Community & Environment				
Nursing Home Quality (% of four- & five-star beds)	+++	50.6	28	67.9
Poverty (% of adults aged 65+)	++++	7.9	16	5.8
Volunteerism (% of adults aged 65+)	+++++	38.2	4	44.6
Community & Environment—Macro Total*	++++	0.096	12	0.166
Community Support (dollars per adult aged 60+ in poverty)	++	\$270	40	\$3,048
Food Insecurity (% of adults aged 60+)	++++	11.4	16	5.8
Home-delivered Meals (% of adults aged 60+ with independent living difficulty)	+	4.6	48	37.5
Community & Environment—Micro Total*	++	-0.015	33	0.156
Community & Environment Total*	+++	0.081	22	0.246

	Rating	2019 Value	2019 Rank	No. 1 State
Policy				
Geriatrician Shortfall (% of geriatricians needed)	+++++	39.6	3	22.7
Health Care Associated Infection (HAI) Policies (% of policies in place)	+++++	83.3	1	83.3
Low-care Nursing Home Residents (% of residents)	+++++	6.9	6	3.8
Prescription Drug Coverage (% of Medicare enrollees aged 65+)	+	76	50	89
SNAP Reach (participants per 100 adults aged 60+ in poverty)	++++	95.6	11	100.0
Policy Total*	+++++	0.088	7	0.191

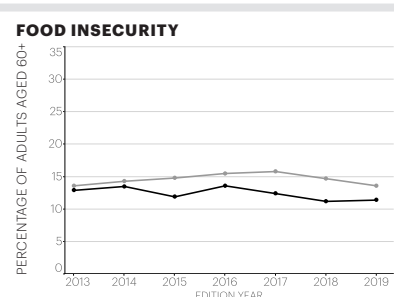
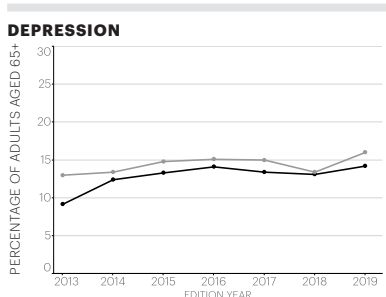
	Rating	2019 Value	2019 Rank	No. 1 State
Clinical Care				
Dedicated Health Care Provider (% of adults aged 65+)	+++++	96.1	4	97.2
Diabetes Management (% of Medicare enrollees aged 65 to 75)	++++	79.9	19	84.8
Flu Vaccine (% of adults aged 65+)	+++++	66.8	3	68.5
Health Screenings (% of seniors with recommended screenings)	++++	74.5	16	80.0
Home Health Care Workers (number of workers per 1,000 adults aged 75+)	+	75.4	42	263.9
Hospice Care (% of Medicare decedents aged 65+)	+++	53.0	30	67.1
Hospital Deaths (% of Medicare decedents aged 65+)	++	22.0	35	14.1
Hospital Readmissions (% of hospitalized Medicare enrollees aged 65+)	+++++	0.0	0	12.2
Preventable Hospitalizations (discharges per 1,000 Medicare enrollees)	++++	46.7	20	23.3
Clinical Care Total*	++++	0.023	17	0.095

All Determinants* +++++ 0.271 13 0.512

	Rating	2019 Value	2019 Rank	No. 1 State
Outcomes				
Able-bodied (% of adults aged 65+)	+++++	68.8	7	71.2
Early Death (deaths per 100,000 adults aged 65 to 74)	+++	1,725	23	1,415
Falls (% of adults aged 65+)	++++	28.6	15	24.8
Frequent Mental Distress (% of adults aged 65+)	+++	7.4	23	4.8
High Health Status (% of adults aged 65+)	++++	43.9	17	51.9
Hip Fractures (hospitalizations per 1,000 Medicare enrollees)	++++	5.3	18	3.2
ICU Use (% of Medicare decedents aged 65+)	+++	10.7	21	4.6
Teeth Extractions (% of adults aged 65+)	+++++	11.3	9	5.6
All Outcomes*	++++	0.135	11	0.288
OVERALL*	++++	0.406	12	0.778



* Value indicates z score. Negative scores are below U.S. value; positive scores are above U.S. value.



Supplemental measure, see website for data